

Meet Info

ASHLAND MS INVITATIONAL

May 7th, 2026 3:00 PM



ORDER OF EVENTS

Attending Schools: Ashland, Bucklin, Cimarron, Hodgeman County, Ingalls, Kiowa County, Meade, Minneola, South Central, and Satanta.

Starting Times: Coaches' Meeting (north grandstands) 2:30 PM

Field Events 3:00 PM

3200m Run 4:30 PM

Girls 100m Hurdles 5:15 - 5:30 PM

Entry Fee: \$140 per school (\$70 for each boys & girls team) OR \$15 per athlete.

B Teams will be an additional \$40 per team (for each boys & girls B team).

Please make checks payable to **Ashland High School**.

Timing & Starter: FAT Dog Timing with Starter Nick Leon.

Entries

- Entries for the meet will be done via Kansas MileSplit. Entries must be completed by **9:00 AM on Thursday, May 7th**.
- The meet may be found on MileSplit by following [this link](#), searching for "Ashland MS Invitational 2025", or on the calendar tab under May 7th, 2025.
 - Only substitutions and scratches will be allowed the day of the meet. **Additions will NOT be allowed!**
 - Substitutions must be made at the Coaches' Meeting. **Athletes may NOT substitute at the event.**
 - Field event scratches may be made at the event. Running event scratches should be made at the Coaches' Meeting.
 - Entries with no time or distance will be placed in the slowest heats or the weakest flights.
- All athletes are allowed to enter up to 4 events.
- Each team will be allowed to enter 3 athletes per event and 1 relay team.

Event Information

- Field events will begin at 3:00 PM.
 - Field events will be conducted as finals. No prelims will be held.
 - 4 throws will be given in the Shot Put & Discus.
 - 4 jumps will be given in the Long Jump & Triple Jump.
 - 3 attempts per height will be given in the High Jump & Pole Vault.
 - High Jump & Pole Vault will take priority over all other field events.
 - Starting heights for High Jump & Pole Vault will be determined at the Coaches' Meeting.

Event Information (cont.)

ASHLAND MS INVITATIONAL

May 8th, 2025

3:00 PM

MEET INFORMATION

- Running events will begin at 4:30 PM with the 3200m Run.
- **If there are few entries in the 3200m, the boys & girls heats may run together.** Coaches will be informed at or before the Coaches' Meeting.
- Running events will be conducted as finals. No prelims will be held.
- Running events will take priority over field events.
- After the 3200m Relays, a 30 minute break will be held to allow field events to be completed.
- Throwers 4×100m Relay is a medaled, coed event, but will *not* count for team points.

Facility Information

- Spikes longer than ¼" are prohibited on rubberized track & jump runway surfaces.
- Shot Put & Discus rings are northeast of the track. The throwing rings are concrete.
- Long Jump is northwest of the track & will run east-to-west.
- Long Jump boards are **4.5, 8, and 12.5** feet from the pit.
- Triple Jump is west of the track & will run north-to-south.
- Triple Jump boards are **15, 20, 24, 28, and 32** feet from the pit.
- High Jump & Pole Vault are northwest of the track & will run south-to-north.
- **No team camps will be allowed in the infield.**
- The infield area is for athletes, coaches, & meet officials only.
- Throwing implements, footballs, and other non-track related items are prohibited on the infield.

Additional Information

- All teams (A and B) are competing in the same division.
- Medals will be awarded for 1st - 6th in BOTH individual events AND relays. Medals will be available for pickup at the press box at the conclusion of the meet.
- A meal will be provided for all coaches, bus drivers, administrators, & meet helpers. The meal will be served in the cafeteria located inside the school building southeast of the track facility. Serving will be from 4:30 - 6:30 PM.
- A concession stand will be available for participants & spectators.
- Buses may be parked in the lot west of the swimming pool or along the road south of the track.
- Be sure to bring your Sportsmanship & Legal Uniform Verification cards to the meet.
- Pole Vault Weight Verification forms may be emailed to Giles Fox (gfox@usd220.net) or brought to the meet.

Giles Fox
(620)-635-0844
gfox@usd220.net

Jon Schnable
(620)544-5766
jschnable@usd220.net

Order of Events(Judges)

ASHLAND MS INVITATIONAL

May 7th, 2026 3:00 PM



ORDER OF EVENTS

FIELD EVENTS - 3:00 PM

High Jump

- Girls followed by Boys

Long Jump (North Pit)

- Girls followed by Boys

Triple Jump (West Pit)

- Boys followed by Girls

Shot Put

- Boys: North Ring
- Girls: South Ring

Discus (North of Shop)

- Boys followed by Girls

Pole Vault

- Boys followed by Girls
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RUNNING EVENTS - 4:30 PM

Girls followed by Boys

3200m Run

30 minute break

Girls 100m Hurdles (30")

Boys 100m Hurdles (33")

100m Dash

1600m Run

4×100m Relay

Throwers 4×100m Relay

400m Dash

4×200m Relay

800m Run

200m Hurdles (30")

200m Dash

800m Sprint Medley Relay

Meet Officials

Giles Fox	620-635-0844
Ben Fox	620-635-0488
Jon Schnable	620-544-5766

Press Box

Paula Rice	316-789-3672
Katrina Krier	620-626-5051
Becky Luerman	620-635-0369

Order of Events(Coaches

ASHLAND MS INVITATIONAL

May 7th, 2026 3:00 PM



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FIELD EVENTS - 3:00 PM

High Jump

- Girls followed by Boys

Long Jump (North Pit)

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- Boys followed by Girls

Shot Put

- Boys: North Ring
- Girls: South Ring

Discus (North of Shop)

- Boys followed by Girls

Pole Vault

- Boys followed by Girls
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RUNNING EVENTS - 4:30 PM

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Girls 100m Hurdles (30")

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1600m Run

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400m Dash

4×200m Relay

800m Run

200m Hurdles (30")

200m Dash

800m Sprint Medley Relay

Meet Officials

Giles Fox	620-635-0844
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Jon Schnable	620-544-5766

Scratch/Sub

Coaches Meeting

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- Substitutions must be made at the Coaches' Meeting. **Athletes may NOT substitute at the event.**
- Field event scratches may be made on the Field Event Performance List at the Coaches' Meeting OR at the event. Running event scratches should be made at the Coaches' Meeting via the Scratch/Substitution Form.

Event Information

- **Field Events**
 - 4 throws/jumps NO FINALS. (3 attempts per height in HJ & PV).
 - Long Jump: **4.5, 8, and 12.5** feet from the pit.
 - Triple Jump: **15, 20, 24, 28, and 32** feet from the pit.
 - High Jump & Pole Vault will take priority over all other field events.
 - **High Jump**
 - 23 Boys & 17 Girls → **5-Alive** until there are 10 or so remaining.
 - **Starting Height?** **Girls'** lowest seed height: 3-8 **Boys'** lowest seed height: 3-6
 - **Pole Vault**
 - **Starting Height?** **Girls'** lowest seed height: 4-6 **Boys'** lowest seed height: 5-3
 - Pole Vault Weight Verification forms?
 - Sportsmanship/Legal Uniform Verification forms?
- **Running Events**
 - **3200m:** 11 Boys & 4 Girls Separate? Together?
 - **1600m:** 22 Boys & 9 Girls 2 Heats of Boys, 1 Heat of Girls
 - **800m:** 27 Boys & 21 Girls 2 Heats of Boys, 2 Heats of Girls
 - Approximately 30-minute break after the 3200m Run (before Girls 100m Hurdles).
 - A meal will be served in the cafeteria for all coaches, bus drivers, administrators, & meet helpers from approximately 4:30 - 6:30 PM.
 - Begin running event scratches/substitutions.

Meet Officials

Giles Fox	620-635-0844
Ben Fox	620-635-0488
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