

TRIBUNE JH BORDER RELAYS
Thursday, May 7th, 2026
12:00 PM MT or 1:00 PM CT

- Divisions: We will run the meet with four divisions, 6th/7th grade boys and girls, 8th grade boys and girls.
- Schedule: Starting time – 12:00 PM MT - 1:00 PM CT. The 3200M Run – will be held as soon as the HJ event is completed. The rest of the running events will begin around 2:00 PM MT (or when the rest of the field events are done) and will follow in normal order on a rolling schedule. Some races may/probably will be run together if approved by all coaches.
- Awards: Ribbons for the top 5 places in individual events. Ribbons for the top 3 places in relays. \$75 per school entry fee.
- Scoring: Individual events – 10-8-6-4-2-1; relays – 10-8-6-4-2-1
- Entries: Entries will be made on-line at <https://ks.milesplit.com/meets/725735-tribune-jh-border-relays-2026> **No limit on entries per event, including relays. With no limit on entries, please make sure you get the kids in the proper divisions.** Only one set of relays, relay teams can be made up of kids from either/both divisions. Call if you have any questions. Entries must be in by **8:00 am MT – 9:00 am CT on Thursday, May 7th.** Relays can be made up of kids from either division, but will count towards 8th grade team scores.
- Events: Long Jump, Triple Jump, Shot Put, Javelin (600 gram) and Discus will be 3 attempts with no finals. High Jump and Pole Vault will be run as normal. No preliminaries, all races will be finals.

There will be a very short coaches meeting at 11:30 am MT/12:30 pm CT where coaches will need to look over the entries for a final time.

Please contact me if you have any questions: gregcook@tribuneschools.org

Greg Cook
Greeley County Schools
400 West Lawrence
Tribune, KS 67879
School: 620-376-4265 Ext. 711
Cell: 620-376-8012

Schedule of Events

Tribune JH Border Relays

Field Events Will Start at 12:00 PM MT/1:00 PM CT.

South Discus Cage

6th/7th boys
8th boys

North Discus Cage

8th girls
6th/7th girls

West High Jump Pit

8th girls
6th/7th girls

East Shot Put

6th/7th girls (6 lb. shot)
8th girls (6 lb. shot)

West Shot Put

8th boys (4K shot)
6th/7th boys (4K shot)

East High Jump Pit

6th/7th boys
8th boys

Long Jump Runway

South Pit

8th boys Long Jump
6th/7th boys Long Jump

North Pit

6th/7th girls Long Jump
8th girls Long Jump

North of Water Tower

East Javelin

6th/7th girls
8th girls

Triple Jump Runway

South Pit

6th/7th boys Triple Jump
8th boys Triple Jump

North Pit

8th girls Triple Jump
6th/7th girls Triple Jump

North of Water Tower

West Javelin

6th/7th boys
8th boys

Pole Vault – West side of football field

All Girls followed by All Boys

Running Events Will Start at 2:00 PM MT.

Running Events – (Races will be run 6th/7th girls, 6th/7th boys, 8th girls, then 8th boys)

3200 m run when HJ is over hopefully around 11:30 am MT. **May combine some divisions.**

2:00 PM MT/3:00 PM CT

800 m medley relay (100-100-200-400)

100 m hurdles – will run 7th girls; 8th girls (30") 7th boys; 8th boys (33")

100 m dash

1600 m run - **May combine some divisions.**

4x100 m relay

400 m dash

4x200 m relay

800 m run

200 m hurdles 30" (200 m start line hurdles on the 300 m hurdle markings – 5 hurdles)

200 m dash

4x400 m relay