

St. Francis High School Invitational Track Meet
April 28, 2026 - 3:00 p.m. CT

Teams invited: Atwood-Rawlins County, Brewster, Cheylin, Golden Plains, Goodland, Oberlin-Decatur Community, Sharon Springs-Wallace County, St. Francis, Triplains, Weskan, Colby

Entry Fee: \$150 total (boys and girls combined) or \$8 per athlete (Whichever is less).

Entries: <https://ks.milesplit.com/meets/725725-st-francis-invitational-2026>

Entries will close at 9:00 a.m. on the 28th. The meet is now listed, and entries may begin at any time. Each participant may enter a maximum of 4 events. Each team may enter 4 contestants in Javelin, Pole Vault, High Jump, Triple Jump and Long Jump, and 6 contestants in Shot Put, Discus and all Running events.

Team Scoring: 10-8-6-4-2-1

Awards: Medals through 4 places in all individual events.
Medals through 3 places in relays.

Local Information: We have an issue with lane 6 on the east side of the track. Because of this. We will only run 5 lanes in the 300 hurdles, 400M Dash, 4x100 and 4x400.
Park buses at the south end of track. No larger than ¼" spikes;
Starting blocks will be provided.
Please keep field-event implements off the football field.
We will have concession stand vouchers for coaches and bus drivers.

Schedule and Order of Events on Next Page:

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°COACHES MEETING: IN THE WEIGHT ROOM STARTING AT 2:15 p.m. CT
(Scratches/Substitutions only - no additions, please)

°ORDER OF FIELD EVENTS - All events begin at 3:00 p.m. CT (4 attempts, no finals. HJ & PV 3 attempts at each height until a height is missed.)

Shot (West Ring)	Shot (East Ring)	Discus (West Ring)	Discus (East Ring)
Girls	Boys	Girls	Boys

Javelin (South side of practice field) Grass Runway
Cafeteria Style
Girls followed by Boys.

Long Jump	Triple Jump	High Jump	Pole Vault
South Runway	North Runway	-(Starting heights TBD)-	
Girls	Boys	Boys	Girls
Boys	Girls	Girls	Boys

(approx 4:30 p.m. CT) ORDER OF RUNNING EVENTS (Girls followed by Boys):

4 x 800 M Relay
100/110 M Hurdles
100 M
1600 M
4 x 100 M Relay
400 M
300 M Hurdles
800 M
200 M
3200 M
4 x 400 M Relay