

**23th ANNUAL  
JAMES McMILLAN  
REBEL RELAYS  
APRIL 24, 2026**

Thank you for coming to the Rebel Relays. You will find that we have a facility you will enjoy very much. Below I have listed some things that will answer most of your questions, but if you have any concerns please give me a call.

**GENERAL INFORMATION:**

1. We will be using FAT Dog timing out of Tribune.  
James McMillan Rebel Relays 2026 - Meet Information. will be used to make your entries.  
The dead line to make entries is Thursday, April 23, 1:00 pm. You should be able to make most of your changes by this time.  
At the track meet we will only take scratches and substitutions (no additions).
2. The entry fee is \$130.00, \$65.00 per team. Makes checks payable to South Gray HS.
3. 2:15PM - Coaches meeting  
Bring your Scratch/Substitution sheet to the bus barn (west of the track)  
The field event sheets will be at the bus barn until 2:30. Please make any scratches at this time on these sheets.  
All scratches and substitutions in the running events can be made on the scratch sheets in the bus barn. Coaches will still be able to scratch an athlete at the field event.  
3:00pm - Start all field events  
5:00pm - Prelims for the running events  
45 Min after the prelims - Finals
4. Points will be scored 10-8-6-4-2-1. Medals will be awarded to the first six places.  
A plaque will be awarded to the 1st place teams.
5. All field events will have four attempts (except for the HJ, and PV)
6. Pole Vault forms are to be submitted at the event.
7. Please bring your own equipment such as discus, vaulting poles etc..... South Gray will provide the starting blocks.
8. No participant will be allowed to compete in more than four events - this includes relays. Each school may enter a maximum of three contestants in each event, and only one team in each relay.
9. Have your athletes come dressed in their uniforms.
10. There will be a concession stand available.
11. There will be a hospitality room available in the bus barn for the coaches, administrators, bus drivers, and workers.
12. **BUS PARKING: We have parking for busses on the south side of the football field in the gravel and grass area. Suburbans and vans will be able to park on the west end football field, and on the street.**



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