

Wichita County Jr/Sr High School

Haydon Parks, AD

800 West Broadway, Leoti KS. 67861

(620) 375-2213 school

(620) 375-4958 fax

TO: Track Coaches

FROM: Haydon Parks AD

RE: Wichita County JH Invitational

WHEN: April 16th, 2026

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JH Coaches Meeting **12:15 PM** (shed east of the track)

Field Events **1:00 PM (CST)**

ENTRY FEE: \$150 Per School

AWARDS: Medals for 1st-3rd places

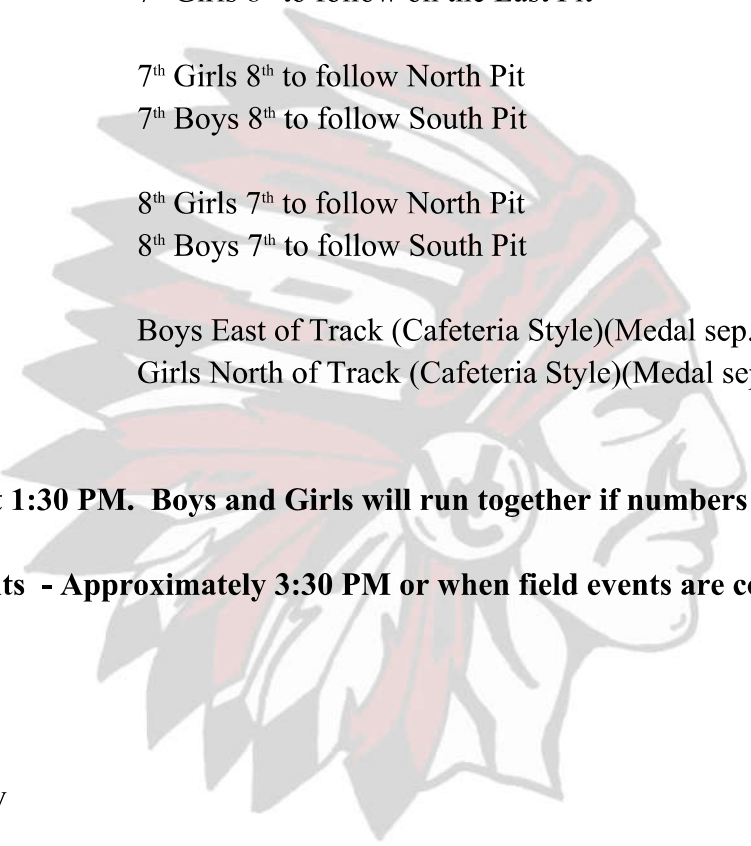
SCORING: JH: 10-8-6-4-2-1. Relays will also be scored 10-8-6-4-2-1.

TEAMS: Elkhart, Lakin, Greeley County, Scott City, Southwestern Heights, Stanton County, Sublette, Syracuse, Wallace County, Weskan, and Wichita County.

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ORDER OF EVENTS

Junior High - Field Events – 1:00 PM (CST) (three attempts, NO FINALS)



Pole Vault	All Girls Followed by all Boys (medal separately 7 th & 8 th)
Long Jump	8 th Boys 7 th to follow on the middle runway 7 th Girls 8 th to follow on the west runway
Triple Jump	East Runway - Cafeteria Style
High Jump	7 th Boys 8 th to follow on the West Pit 7 th Girls 8 th to follow on the East Pit
Shot Put	7 th Girls 8 th to follow North Pit 7 th Boys 8 th to follow South Pit
Discus	8 th Girls 7 th to follow North Pit 8 th Boys 7 th to follow South Pit
Turbo Javelin	Boys East of Track (Cafeteria Style)(Medal sep. 7th & 8th) Girls North of Track (Cafeteria Style)(Medal sep. 7th & 8th)

3200 Meter will be run at 1:30 PM. Boys and Girls will run together if numbers are low.

Junior High -Track Events - Approximately 3:30 PM or when field events are completed.

100 Meter Hurdles
100 Meter Dash
1600 Meter Run
4X100 Meter Relay
400 Meter Dash
4X200 Meter Relay
800 Meter Run
200 Meter Hurdles (5 hurdles)
200 Meter Dash
4X400 Meter Relay

Wichita County Invitational Track Meet
Thursday, Apr 16, 2026

Track Coaches and Athletic Directors:

- 1. At the coaches meeting (12:15 P.M. CST Junior High) scratches and substitutions will be done. The coach's meeting will be in the shed east of the track.**
 - 2. Remember, a participant can only be in four events in total.**
 - 3. You may enter 4 participants per event.**
 - 4. Medals will be awarded to the top three places in all individual events, and the top three places in all relays. Scoring for the JH meet will be 10-8-6-4-2-1.**
 - 5. Opening heights for High Jump and Pole Vault will be determined at the coach's meeting.**
 - 6. Entry fees: \$150 Per School**
 - 7. There will be 7th Grade, and 8th Grade Divisions. Entries are 4 per event per school. 1 relay team per division from each school.**
 - 8. Entries will be submitted online at <https://ks.milesplit.com/meets/725716-wichita-county-jh-invitational-2026>**
- The entry deadline is 8:00 AM on April 16th. Please have all your entries submitted at that time. Scratches and substitutions will be allowed before the meet.**
- 9. Long jump, triple jump, shot put, and discus, turbo jav. will be three attempts with no finals. High jump and Pole Vault will be three attempts at each height until missed.**
 - 10. Pole Vault will be offered at this meet.**
 - 11. A hospitality room will be in the track shed for coaches, bus drivers and administrators.**
 - 12. Restrooms located behind the home stands west of the football field and in the northeast entrance to the dome of the school.**
 - 13. Visitor parking is located in the parking lot west of the track. Buses may unload at the gate on the south end of the track and then continue to the west parking lot to park.**
 - 14. Team camps may not be on the field or around the field events. Camps can be on the south end of the track.**