



FOSSIL RIDGE HIGH SCHOOL | PANTHERS

Coaches,

The Fossil Ridge High School Track & Field program would like to thank you for choosing to participate in the 4th Annual Fossil Ridge All Comers Meet on Saturday, May 9th. We look forward to hosting a great meet for all of our track and field athletes.

Divisions for the meet include All Age Divisions Boys and Girls. Medals will be awarded to the top three participants in each division.

SPORTSYOU: Code ECEX-NY47 coaches please join by May 2nd 2026

Gates open: 7:00am.

LOCATION: Fossil Ridge HS Stadium (4101 Thompson Rd, Fort Worth, TX 76244)

REGISTRATION: registration will take place online through <https://tx.milesplit.com/meets/722458-fossil-ridge-all-comers-meet-2026>

LATE REGISTRATION:

Will take place at the entrance gate of Fossil Ridge Field House Friday May 8th at 6pm-8pm

ENTRY FEES:

COST: \$20 per runner will be collected online or at packet pick up.

Can be paid online through milesplit for athletes up to May 8 at 6:00pm.

PACKET PICK UP:

May 8th: 6pm-8pm (last opportunity for entry fees to be collected)

SPECTATOR FEE:

COST: \$10 per spectator collected cash or card at the gate.

TENT SETUP:

May 8th: 6pm-8pm (Tents will only be allowed on the top rows of the home side and any available spots on the visitors side stands and outside of the fenced area around the track and field)

Thank you,

Head Girls Coach Brandi Watkins email: brandi.watkins@kellerisd.net cell: 832.266.8015

Head Boys Coach Laarius Chambers email: ladarius.chambers@kellerisd.net cell: 214.738.2852



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2026 Fossil Ridge All Comers Meet May 9, 2026
******Entries are due by Friday, May 8th @6pm on Milesplit.com All entries**
will be locked at that time****

May 8th 8:00 PM Coaches Meeting (zoom link will be posted to Sportsyou

All divisions will have 3 attempts per field event
(except for the Vertical jumps)

9:00 AM Field Events

Pole Vault **13-14 G/B, 15 - 16 G/B, 17/18 G/B**

High Jump **9-10 G/B, 11-12 G/B, 13-14 G/B, 15-16 G/B, 17-18**

Long Jump **8 under G/B, 11-12 G/B, 13-14 G/B, 15-16 G/B, 17-18**

Triple Jump **13-14 G/B, 15-16 G/B, 17-18** (*start at conclusion of Long Jump*)

Shot Put **Ring A (North Ring) Girls: 8 under, 11-12, 13-14, 15-16 , 17-18**
Ring B (South Ring) Boys: 8 under, 11-12, 13-14, 15-16 , 17-18

Discus **Ring A (North Ring) Girls: 17-18, 15-16, 13-14 , 11-12**
Ring B (South Ring) Boys: 17-18, 15-16, 13-14 , 11-12



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All running events will be run as finals.

Order of Events

8:30 AM RUNNING EVENTS

- **3200M 11-12, 13-14, 15-16, 17-18 G/B**
- **4x100 Meter Relay All Age Division**
- **800 Meter All Age Division**
- **110 Meter Hurdles 39" (Boys) 15-16, 17-18**
- **100 Meter Hurdles 30" 13-14 G/B, 33" 15-16 G,**
- **80 Meter Hurdles 30" 11-12 G/B**
- **50 Meters 5 & under**
- **100 Meters All Age Division**
- **400 Meters All Age Division**
- **300 Meter Hurdles 30" 15-16 G, 17-18 G, 36" 15-16 B, 17-18 B**
- **200 Meters All Age Division**
- **1600 Meter All Age Division**
- **4x400 Meter Relay All Age Division**

8 under age group	2018+
9-10 age group	2016-2017
11-12 age group	2014-2015
13-14 age group	2012-2013
15-16 age group	2010-2011
17-18 age group	2008-2009

