

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#9 Girls 4x800 Relay Varsity Finals

🕒 9:15 AM

1	CHRISTIANSBURG	'A'	10:10.24
1)	#154 Nicholson, Abbey	2)	#159 Saia, Madeline
3)	#163 Williams, Zoiee	4)	#152 Larimer, Riley
2	CAVE SPRING	'A'	10:44.08
1)	#102 Daniels, Addison	2)	#107 Kidd, Abbie
3)	#120 Wilsher, Kaylee	4)	#114 Sarabia, Caroline
3	ABINGDON	'A'	10:55.05
1)	#31 Morrow, Lily	2)	#27 Duke, Hannah
3)	#29 Hubbard, Aubrey	4)	#32 Smith, Reagan
4	NORTHSIDE	'A'	12:22.04
1)	#256 Handy, Braelyn	2)	#262 Markham, Ariana
3)	#259 Kellar, Rihanna	4)	#260 Knoblock, Emily

#10 Boys 4x800 Relay Varsity Finals

🕒 9:30 AM

1	LORD BOTETOURT	'A'	8:20.88
2	ABINGDON	'A'	8:25.50
1)	#6 Brown, Charlie	2)	#12 Hunter, Bennett
3)	#18 Pillion, George	4)	#2 Ailshie, Eamon
3	HIDDEN VALLEY	'A'	8:46.54
1)	#166 Coniglione, Enzo	2)	#177 Ross, Griffin
3)	#165 Beale, Wyatt	4)	#178 Stewart, Noah
4	WILLIAM BYRD	'A'	9:01.90
1)	#335 Ward, Camden	2)	#333 Sotherden, Colton
3)	#330 Petersen, Jack	4)	#329 Pandolfini, Giovanni
5	CHRISTIANSBURG	'A'	9:13.94
1)	#135 Hamlin, Tyler	2)	#137 Hill, Cameron
3)	#143 Semones, Wyatt	4)	#126 Craig, Max
6	CAVE SPRING	'A'	9:26.00
1)	#75 Bell, Parker	2)	#95 Whited, Chase
3)	#92 Sanderson, Logan	4)	#77 Brady, Anthony
7	NORTHSIDE	'A'	9:35.68
1)	#237 Jenkins, Romie	2)	#239 Lam, Alan
3)	#245 Ramirez, Josue	4)	#248 Waweru, Sean
8	PULASKI COUNTY	'A'	9:46.80
1)	#271 Black, Cecil	2)	#283 Richardson, Carson
3)	#282 Posillico, Asher	4)	#275 Hayes, Mason
9	BASSETT	'A'	9:48.60
1)	#60 Saligan, Giovanni	2)	#40 Berent, David
3)	#44 Draper, Preston	4)	#43 Delgado-Gomez, Jeddin

#11 Girls 55m Hurdles Varsity Finals

🕒 9:45 AM

1	#189 Shepard, Isley	10	HIDDEN VALLEY	9.06
2	#257 Harrelson, Kylin	11	NORTHSIDE	9.16
3	#207 Jensen, Ratie	12	LORD BOTETOURT	9.64
4	#343 Perez, Lily	12	WILLIAM BYRD	9.69
5	#296 King, Olivia	11	PULASKI COUNTY	9.78
6	#36 Stoakley, Campbell	9	ABINGDON	9.85
7	#158 Saia, Jenna	12	CHRISTIANSBURG	10.13
8	#109 Otey, Zoey	9	CAVE SPRING	10.26
9	#103 Daniels, Elanah	9	CAVE SPRING	10.36
10	#111 Pietravallo, Olivia	9	CAVE SPRING	10.84
11	#342 Michalski, Mallory	10	WILLIAM BYRD	10.88
12	#340 Krawczyk, Shelby	12	WILLIAM BYRD	11.44
13	#33 Snead, Bentlea	10	ABINGDON	11.89
14	#209 Morgan, Riley	10	LORD BOTETOURT	

#12 Boys 55m Hurdles Varsity Finals

🕒 10:00 AM

1	#194 Graves, Triston	12	LORD BOTETOURT	7.63
2	#196 Miller, Caleb	12	LORD BOTETOURT	7.96
3	#62 Snider, Caiden	11	BASSETT	8.29
4	#133 Gaston, Tyler	11	CHRISTIANSBURG	8.62
5	#20 Stacy, Aaden	12	ABINGDON	8.64
6	#3 Baxter, Lincoln	11	ABINGDON	8.69
7	#1 Adams-Propst, Jere...	10	ABINGDON	9.06
8	#289 Stacy, Ty	10	PULASKI COUNTY	9.44
9	#64 Webster, AJ	11	BASSETT	9.45
10	#190 Boston, Aman	11	LORD BOTETOURT	9.46
11	#57 Morrison, Gavin	12	BASSETT	9.52
12	#269 Aviles, Jayden	10	PULASKI COUNTY	9.61
13	#86 Myrie, Yahshua	9	CAVE SPRING	10.14
14	#284 Sargent, Xander	9	PULASKI COUNTY	12.37
15	#232 Dempsey, Kayden	11	NORTHSIDE	

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#13 Girls 55 Meter Varsity Finals

🕒 10:30 AM

1	#255	Hale, Amaya	11	NORTHSIDE	7.49
2	#26	Chapman, Riley	12	ABINGDON	7.62
3	#261	Kuilan, Aliyana	11	NORTHSIDE	7.71
4	#30	Irfan, Muniba	12	ABINGDON	7.73
5	#119	Welsh, Madison	11	CAVE SPRING	7.74
6	#211	Wilmer, Morgan	12	LORD BOTETOURT	7.76
7	#115	Scott, Maekayla	12	CAVE SPRING	7.78
8	#97	Bayrer, Brennan	11	CAVE SPRING	7.78
9	#344	Ruble, Ellie	10	WILLIAM BYRD	7.79
10	#224	Hairston, McKenzie	11	MAGNA VISTA	7.86
11	#189	Shepard, Isley	10	HIDDEN VALLEY	7.97
12	#38	Vossen, Elizabeth	11	ABINGDON	7.98
13	#258	Jordan, Destiny	10	NORTHSIDE	8.03
14	#69	Herndon, Nyasia	12	BASSETT	8.04
15	#148	Daby, Adeline	11	CHRISTIANSBURG	8.05
16	#222	Carter, Jaydah	12	MAGNA VISTA	8.11
17	#203	Buyalos, Analise	10	LORD BOTETOURT	8.17
18	#72	Moore, Alyna	12	BASSETT	8.27
19	#204	Compton, Janai	12	LORD BOTETOURT	8.30
20	#338	Gates, Peyton	10	WILLIAM BYRD	8.48
21	#184	Henk, Kaitlyn	10	HIDDEN VALLEY	8.54
22	#348	Tuck, Sydney	11	WILLIAM BYRD	8.55
23	#155	Odiembo, Jeanelle	9	CHRISTIANSBURG	8.71
24	#68	Hairston, Alyasia	11	BASSETT	8.83
25	#313	Kitchens, Braylie	10	STAUNTON RIVER	9.34
26	#317	Short, Rebekah	9	STAUNTON RIVER	10.15
27	#226	Preston, Saahleah	9	MAGNA VISTA	

#14 Boys 55 Meter Varsity Finals

🕒 10:45 AM

1	#241	Muse, Jden	11	NORTHSIDE	6.44
2	#332	Smith, James	12	WILLIAM BYRD	6.52
3	#91	Powell, Dominic	11	CAVE SPRING	6.59
4	#88	Nowocin, Tristen	9	CAVE SPRING	6.64
5	#21	Stanley, Tyler	12	ABINGDON	6.69
6	#290	Toney, Tanner	11	PULASKI COUNTY	6.73
7	#87	Nowocin, Aiden	11	CAVE SPRING	6.73
8	#219	Scott, Asantee	11	MAGNA VISTA	6.80
9	#288	Squires, Jackson	10	PULASKI COUNTY	6.81
10	#213	Dukes, Ethan	12	MAGNA VISTA	6.81
11	#334	Toler, Jamez	12	WILLIAM BYRD	6.84
12	#15	Muncy, Christian	12	ABINGDON	6.87
13	#169	Emory, Lucas	11	HIDDEN VALLEY	6.88
14	#51	Hodges, Braden	12	BASSETT	6.90
15	#238	King, Chris	12	NORTHSIDE	6.91
16	#221	Swanson, Ja'mari	12	MAGNA VISTA	6.92
17	#170	Greene, Malachi	11	HIDDEN VALLEY	6.93
18	#286	Snell, Brayden	10	PULASKI COUNTY	6.97
19	#134	Hagler, Logan	11	CHRISTIANSBURG	6.98
20	#247	Tucker, Kamden	12	NORTHSIDE	7.05
21	#129	Evans, Benjamin	11	CHRISTIANSBURG	7.06
22	#63	Tatum, Marquez	11	BASSETT	7.06
23	#201	Windsor, Jayden	10	LORD BOTETOURT	7.11
24	#331	Sigafoes, Mitchell	12	WILLIAM BYRD	7.15
25		Stancill, Cameron	10	CHRISTIANSBURG	7.19
26	#190	Boston, Aman	11	LORD BOTETOURT	7.25
27	#17	Nunley, Parker	10	ABINGDON	7.28
28	#193	Gore, Tanner	10	LORD BOTETOURT	7.33
29	#61	Scales, Kamron	10	BASSETT	7.63
30	#306	Rife, Tucker	12	STAUNTON RIVER	8.29
31	#173	Ison, Gage	10	HIDDEN VALLEY	

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#5 Girls 4x200 Relay Varsity Finals

🕒 11:00 AM

1	CAVE SPRING	'A'	1:48.18
1)	#109 Otey, Zoey	2)	#117 Viele, Mia
3)	#119 Welsh, Madison	4)	#113 Potgieter, Dinel
2	ABINGDON	'A'	1:54.22
1)	#28 Gillenwater, Madison	2)	#34 Stanley, Madison
3)	#38 Vossen, Elizabeth	4)	#30 Irfan, Muniba
3	NORTHSIDE	'A'	1:55.07
1)	#261 Kuilan, Aliyana	2)	#257 Harrelson, Kylin
3)	#264 Prophet, Allison	4)	#258 Jordan, Destiny
4	LORD BOTETOURT	'A'	1:55.51
5	HIDDEN VALLEY	'A'	1:55.84
6	MAGNA VISTA	'A'	2:01.38
1)	#224 Hairston, McKenzie	2)	#226 Preston, Saâ€™leah
3)	#223 Ganes, Jaleah	4)	#222 Carter, Jaydah
7	WILLIAM BYRD	'A'	2:01.45
1)	#344 Ruble, Ellie	2)	#343 Perez, Lily
3)	#339 Hamlar, Michal	4)	#346 Strother, Brooklyn
8	CHRISTIANSBURG	'A'	2:01.74
1)	#160 Salomon, Emerald	2)	#161 Tyler, Kaylyn
3)	#164 Willis, Aundrea	4)	#147 Couch, Chloe
9	STAUNTON RIVER	'A'	2:09.99
1)	#312 Kasey, Aaliyah	2)	#315 Lazzaro, Jazzlyn
3)	#316 Moore, Madelynn	4)	#320 Walters, Emily

#6 Boys 4x200 Relay Varsity Finals

🕒 11:15 AM

1	CAVE SPRING	'A'	1:31.67
1)	#87 Nowocin, Aiden	2)	#81 Harvard, Magnus
3)	#88 Nowocin, Tristen	4)	#91 Powell, Dominic
2	NORTHSIDE	'A'	1:31.90
1)	#238 King, Chris	2)	#233 Dudley, Carmelo
3)	#227 Addison, Parker	4)	#241 Muse, Jden
3	ABINGDON	'A'	1:33.16
1)	#21 Stanley, Tyler	2)	#14 Mollinary, Payton
3)	#13 Lyman, Glennel	4)	#15 Muncy, Christian
4	LORD BOTETOURT	'A'	1:33.46
5	PULASKI COUNTY	'A'	1:33.69
1)	#290 Toney, Tanner	2)	#277 Merchant, Braxton
3)	#280 Nottingham, Bryant	4)	#288 Squires, Jackson
6	BASSETT	'A'	1:34.03
1)	#45 Duvernay, Marquez	2)	#63 Tatum, Marquez
3)	#62 Snider, Caiden	4)	#51 Hodges, Braden
7	MAGNA VISTA	'A'	1:36.67
1)	#220 Stockton, Ian	2)	#214 Eggleston, Jaethon
3)	#212 Butts, Jaidian	4)	#216 Harris, Timaris
8	WILLIAM BYRD	'A'	1:37.79
1)	#334 Toler, Jamez	2)	#332 Smith, James
3)	#331 Sigafoes, Mitchell	4)	#327 Leonard, Carter
9	HIDDEN VALLEY	'A'	1:37.91
10	CHRISTIANSBURG	'A'	1:39.78
1)	#141 McMurray, Sean	2)	#133 Gaston, Tyler
3)	#136 Henry, Jack	4)	#134 Hagler, Logan

#1 Girls 1600 Meters Varsity Finals

🕒 11:30 AM

1	#157 Reed, Mariah	10	CHRISTIANSBURG	5:06.28
2	#39 Whitson, Avery	10	ABINGDON	5:06.42
3	#151 Larimer, Kaylin	11	CHRISTIANSBURG	5:34.29
4	#24 Bakker, Clara	10	ABINGDON	5:38.32
5	#319 Waldron, Riley	12	STAUNTON RIVER	5:45.91
6	#260 Knoblock, Emily	11	NORTHSIDE	6:03.46
7	#180 Bryant, Maggie	11	HIDDEN VALLEY	6:13.03
8	#256 Handy, Braelyn	11	NORTHSIDE	6:15.34
9	#308 Cook, Brylynn	10	STAUNTON RIVER	6:17.05
10	#29 Hubbard, Aubrey	10	ABINGDON	6:26.39
11	#116 Tang, Julianna	9	CAVE SPRING	6:30.80
12	#292 Bucey-card, Nina	9	PULASKI COUNTY	6:31.68
13	#262 Markham, Ariana	12	NORTHSIDE	7:22.67
14	#66 Cordova, Berenice	11	BASSETT	
15	#105 Kadolph, Grace	10	CAVE SPRING	
16	#112 Plocher, Sierra	11	CAVE SPRING	

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#2 Boys 1600 Meters Varsity Finals

🕒 11:45 AM

1	#12	Hunter, Bennett	12	ABINGDON	4:22.74
2	#198	Thorne, Ethan	12	LORD BOTETOURT	4:22.98
3	#192	Duncan, Eric	12	LORD BOTETOURT	4:23.87
4	#22	Staton, Parley	11	ABINGDON	4:55.90
5	#8	Dorn, Luke	9	ABINGDON	4:58.98
6	#130	Fentress, Patriot	10	CHRISTIANSBURG	4:59.33
7	#75	Bell, Parker	11	CAVE SPRING	5:03.62
8	#237	Jenkins, Romie	9	NORTHSIDE	5:05.42
9	#77	Brady, Anthony	11	CAVE SPRING	5:10.10
10	#145	Williams, Carson	11	CHRISTIANSBURG	5:16.72
11	#127	Dunn, Samuel	10	CHRISTIANSBURG	5:19.54
12	#92	Sanderson, Logan	10	CAVE SPRING	5:21.31
13	#303	Haas, Carter	12	STAUNTON RIVER	5:38.19
14	#53	Kuczinski, Colton	10	BASSETT	5:44.60
15	#323	Gonzales, Chase	12	WILLIAM BYRD	5:45.62
16	#271	Black, Cecil	9	PULASKI COUNTY	5:50.36
17	#275	Hayes, Mason	9	PULASKI COUNTY	5:56.25
18	#49	Graham, Zane	10	BASSETT	6:29.27
19	#195	Lee, Archer	10	LORD BOTETOURT	
20	#54	Lopez, Skyler	11	BASSETT	

#17 Girls 500 Meters Varsity Finals

🕒 12:00 PM

1	#26	Chapman, Riley	12	ABINGDON	1:23.18
2	#185	Hieber, Charlotte	10	HIDDEN VALLEY	1:23.70
3	#154	Nicholson, Abbey	9	CHRISTIANSBURG	1:24.00
4	#255	Hale, Amaya	11	NORTHSIDE	1:25.61
5	#35	Stewart, Elyanna	12	ABINGDON	1:26.07
6	#296	King, Olivia	11	PULASKI COUNTY	1:27.24
7	#107	Kidd, Abbie	12	CAVE SPRING	1:27.77
8	#114	Sarabia, Caroline	9	CAVE SPRING	1:28.18
9	#345	St. clair, Jady	11	WILLIAM BYRD	1:28.31
10	#102	Daniels, Addison	12	CAVE SPRING	1:29.83
11	#336	Emery, Keeli	10	WILLIAM BYRD	1:32.15
12	#188	Ramey, Fiona	11	HIDDEN VALLEY	1:34.15
13	#70	Lizana, Cora	10	BASSETT	1:37.39
14	#186	Knowles, Maddison	10	HIDDEN VALLEY	1:37.76
15	#337	Fitzgerald, Alanna	10	WILLIAM BYRD	1:39.03
16	#208	Moore, Maddie	10	LORD BOTETOURT	1:42.80
17	#73	Norman, Ilenia	11	BASSETT	1:43.15
18	#254	Fuqua, Farrah	9	NORTHSIDE	1:47.37
19	#206	Fadai, Brooklyn	9	LORD BOTETOURT	1:47.95
20	#297	Morales, Brisa	9	PULASKI COUNTY	2:11.33
21	#263	Preston, Alieyah	12	NORTHSIDE	
22	#153	Linkous, Reagan	10	CHRISTIANSBURG	

#18 Boys 500 Meters Varsity Finals

🕒 12:15 PM

1	#227	Addison, Parker	12	NORTHSIDE	1:08.10
2	#6	Brown, Charlie	11	ABINGDON	1:08.15
3	#197	Moughrabi, John	11	LORD BOTETOURT	1:08.21
4	#329	Pandolfini, Giovanni	11	WILLIAM BYRD	1:09.71
5	#273	Flores, Alex	11	PULASKI COUNTY	1:10.28
6	#80	Flanary, Cael	11	CAVE SPRING	1:11.40
7	#328	Mills, Collin	12	WILLIAM BYRD	1:11.61
8	#330	Petersen, Jack	10	WILLIAM BYRD	1:12.26
9	#301	Burtner, Logan	10	STAUNTON RIVER	1:14.50
10	#191	Carswell, Lucas	11	LORD BOTETOURT	1:14.87
11	#245	Ramirez, Josue	10	NORTHSIDE	1:15.40
12	#177	Ross, Griffin	12	HIDDEN VALLEY	1:15.43
13	#248	Waweru, Sean	12	NORTHSIDE	1:16.21
14	#172	Hello, Wren	9	HIDDEN VALLEY	1:17.05
15	#78	Busch, Oliver	10	CAVE SPRING	1:17.29
16	#270	Barton, Gaige	11	PULASKI COUNTY	1:18.05
17	#122	Borkowski, Devon	9	CHRISTIANSBURG	1:18.13
18	#123	Bradley, Beau	12	CHRISTIANSBURG	1:18.13
19	#168	Decker, Ben	9	HIDDEN VALLEY	1:19.33
20	#41	Canty, Travian	11	BASSETT	1:19.44
21	#281	Patel, Milan	11	PULASKI COUNTY	1:19.45
22	#215	Favero-Wylie, Colbert	10	MAGNA VISTA	1:19.94
23	#304	Harris, James	11	STAUNTON RIVER	1:19.96
24	#300	Amos, Jonathan	10	STAUNTON RIVER	1:22.78
25	#65	Woodward, Ammon	10	BASSETT	1:26.27
26	#52	Hundley, Andrew	10	BASSETT	1:26.63
27	#5	Bodenhorst, Max	9	ABINGDON	
28	#74	Allran, Gage	11	CAVE SPRING	
29	#19	Rainey, Aulden	10	ABINGDON	

#19 Girls 1000 Meters Varsity Finals

🕒 12:30 PM

1	#39	Whitson, Avery	10	ABINGDON	3:01.92
2	#151	Larimer, Kaylin	11	CHRISTIANSBURG	3:14.39
3	#183	Harding, Lilah	9	HIDDEN VALLEY	3:16.90
4	#319	Waldron, Riley	12	STAUNTON RIVER	3:24.44
5	#163	Williams, Zoiee	10	CHRISTIANSBURG	3:26.62
6	#120	Wisher, Kaylee	12	CAVE SPRING	3:27.97
7	#350	Whitenack, Lucy	12	WILLIAM BYRD	3:29.20
8	#27	Duke, Hannah	9	ABINGDON	3:33.38
9	#308	Cook, Brylynn	10	STAUNTON RIVER	3:36.88
10	#116	Tang, Julianna	9	CAVE SPRING	3:37.53
11	#260	Knoblock, Emily	11	NORTHSIDE	3:39.17
12	#256	Handy, Braelyn	11	NORTHSIDE	3:46.09
13	#293	Carroll, Dani	11	PULASKI COUNTY	3:47.54
14	#347	Thierry, Emma	10	WILLIAM BYRD	3:58.64
15	#205	Edwards, Karis	9	LORD BOTETOURT	4:03.12
16	#99	Bratton, Annabelle	9	CAVE SPRING	4:06.84
17	#71	Medrano, Vanessa	11	BASSETT	4:08.71
18	#208	Moore, Maddie	10	LORD BOTETOURT	4:15.67
19	#181	Couch, Allison	10	HIDDEN VALLEY	4:21.65
20	#182	Couch, Lauren	10	HIDDEN VALLEY	4:22.98
21	#262	Markham, Ariana	12	NORTHSIDE	

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#20 Boys 1000 Meters Varsity Finals

🕒 12:45 PM

1	#2	Ailshie, Eamon	12	ABINGDON	2:31.21
2	#12	Hunter, Bennett	12	ABINGDON	2:35.93
3	#126	Craig, Max	12	CHRISTIANSBURG	2:39.44
4	#192	Duncan, Eric	12	LORD BOTETOURT	2:40.00
5	#276	Linkous, Tanner	12	PULASKI COUNTY	2:40.34
6	#198	Thorne, Ethan	12	LORD BOTETOURT	2:41.78
7	#143	Semones, Wyatt	11	CHRISTIANSBURG	2:46.46
8	#166	Coniglione, Enzo	11	HIDDEN VALLEY	2:46.92
9	#60	Saligan, Giovanni	10	BASSETT	2:50.76
10	#10	Gibson, Luke	12	ABINGDON	2:51.63
11	#77	Brady, Anthony	11	CAVE SPRING	2:54.14
12	#301	Burtner, Logan	10	STAUNTON RIVER	2:56.39
13	#75	Bell, Parker	11	CAVE SPRING	2:58.44
14	#239	Lam, Alan	12	NORTHSIDE	2:59.48
15	#176	Prosser, Micah	12	HIDDEN VALLEY	3:00.11
16	#218	Penn, Elijah	10	MAGNA VISTA	3:02.71
17	#125	Coggins, Campbell	9	CHRISTIANSBURG	3:03.03
18	#40	Berent, David	11	BASSETT	3:03.96
19	#335	Ward, Camden	11	WILLIAM BYRD	3:05.52
20	#237	Jenkins, Romie	9	NORTHSIDE	3:06.72
21	#92	Sanderson, Logan	10	CAVE SPRING	3:07.49
22	#283	Richardson, Carson	9	PULASKI COUNTY	3:15.80
23	#47	Garrido-Funes, Jaime	10	BASSETT	3:23.41
24	#282	Posillico, Asher	10	PULASKI COUNTY	3:27.72
25	#240	Morales, William Cano	11	NORTHSIDE	
26	#199	Tuck, Mason	10	LORD BOTETOURT	

#15 Girls 300 Meters Varsity Finals

🕒 1:00 PM

1	#26	Chapman, Riley	12	ABINGDON	41.59
2	#255	Hale, Amaya	11	NORTHSIDE	43.17
3	#108	Lexima, Lindsay	11	CAVE SPRING	43.39
4	#30	Irfan, Muniba	12	ABINGDON	44.05
5	#97	Bayrer, Brennan	11	CAVE SPRING	44.17
6	#261	Kuilan, Aliyana	11	NORTHSIDE	44.57
7	#339	Hamlar, Michal	10	WILLIAM BYRD	44.74
8	#115	Scott, Maekayla	12	CAVE SPRING	44.91
9	#203	Buyalos, Analise	10	LORD BOTETOURT	45.76
10	#265	Sandoval, Elysia	11	NORTHSIDE	47.25
11	#346	Strother, Brooklyn	10	WILLIAM BYRD	47.87
12	#67	Dawson, Reniyah	9	BASSETT	47.93
13	#33	Snead, Bentlea	10	ABINGDON	48.49
14	#336	Emery, Keeli	10	WILLIAM BYRD	48.76
15	#184	Henk, Kaitlyn	10	HIDDEN VALLEY	49.18
16	#164	Willis, Aundrea	9	CHRISTIANSBURG	50.14
17	#161	Tyler, Kaylyn	9	CHRISTIANSBURG	51.02
18	#316	Moore, Madelynn	9	STAUNTON RIVER	53.20
19	#146	Barker, Emmalyn	10	CHRISTIANSBURG	57.92
20	#297	Morales, Brisa	9	PULASKI COUNTY	58.92
21	#314	Laginess, Eva	11	STAUNTON RIVER	1:02.57
22	#298	O'Dell, Madison	10	PULASKI COUNTY	
23	#71	Medrano, Vanessa	11	BASSETT	
24	#223	Garnes, Jaleah	9	MAGNA VISTA	
25	#185	Hieber, Charlotte	10	HIDDEN VALLEY	
26	#72	Moore, Alyn	12	BASSETT	
27	#189	Shepard, Isley	10	HIDDEN VALLEY	

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#16 Boys 300 Meters Varsity Finals

🕒 1:15 PM

1	#14	Mollinary, Payton	12	ABINGDON	35.68
2	#88	Nowocin, Tristen	9	CAVE SPRING	36.10
3	#288	Squires, Jackson	10	PULASKI COUNTY	36.23
4	#216	Harris, Timaris	11	MAGNA VISTA	36.35
5	#233	Dudley, Carmelo	11	NORTHSIDE	36.58
6	#194	Graves, Triston	12	LORD BOTETOURL	36.58
7	#241	Muse, Jden	11	NORTHSIDE	36.87
8	#87	Nowocin, Aiden	11	CAVE SPRING	36.94
9	#91	Powell, Dominic	11	CAVE SPRING	37.17
10	#179	Tabor, Charles	11	HIDDEN VALLEY	37.67
11	#15	Muncy, Christian	12	ABINGDON	38.07
12	#273	Flores, Alex	11	PULASKI COUNTY	38.47
13	#331	Sigafoes, Mitchell	12	WILLIAM BYRD	38.79
14	#214	Eggleston, Jaethon	12	MAGNA VISTA	38.87
15	#228	Bryant, Jaiden	12	NORTHSIDE	39.64
16	#327	Leonard, Carter	12	WILLIAM BYRD	39.79
17	#302	Frink, Harmon	10	STAUNTON RIVER	39.83
18	#136	Henry, Jack	10	CHRISTIANSBURG	40.00
19	#325	Hippeau Coltat, Jules	11	WILLIAM BYRD	40.19
20	#56	Mitchell, Skyler	10	BASSETT	40.29
21	#141	McMurray, Sean	12	CHRISTIANSBURG	40.34
22	#270	Barton, Gaige	11	PULASKI COUNTY	40.45
23	#142	Nolen, Jackson	11	CHRISTIANSBURG	40.69
24	#212	Butts, Jaidian	10	MAGNA VISTA	41.92
25	#41	Canty, Travian	11	BASSETT	43.84
26	#55	Martin, Noah	12	BASSETT	44.19
27	#306	Rife, Tucker	12	STAUNTON RIVER	45.56
28	#173	Ison, Gage	10	HIDDEN VALLEY	
29	#7	Chisholm, Alistair	9	ABINGDON	
30	#196	Miller, Caleb	12	LORD BOTETOURL	
31	#174	Pennix, Trevin	12	HIDDEN VALLEY	

#3 Girls 3200 Meters Varsity Finals

🕒 1:30 PM

1	#157	Reed, Mariah	10	CHRISTIANSBURG	10:58.57
2	#24	Bakker, Clara	10	ABINGDON	11:51.66
3	#185	Hieber, Charlotte	10	HIDDEN VALLEY	11:53.16
4	#32	Smith, Reagan	11	ABINGDON	11:57.91
5	#152	Larimer, Riley	12	CHRISTIANSBURG	12:06.49
6	#31	Morrow, Lily	9	ABINGDON	12:30.87
7	#159	Saia, Madeline	9	CHRISTIANSBURG	12:55.30
8	#98	Bills, Ruby	11	CAVE SPRING	14:12.62
9	#205	Edwards, Karis	9	LORD BOTETOURL	14:37.15

#4 Boys 3200 Meters Varsity Finals

🕒 1:50 PM

1	#46	Fulcher, Thomas	11	BASSETT	9:40.79
2	#178	Stewart, Noah	10	HIDDEN VALLEY	10:07.25
3	#18	Pillion, George	10	ABINGDON	10:07.29
4	#165	Beale, Wyatt	10	HIDDEN VALLEY	10:09.55
5	#200	Vaughn, Preston	11	LORD BOTETOURL	10:13.92
6	#22	Staton, Parley	11	ABINGDON	10:25.52
7	#8	Dorn, Luke	9	ABINGDON	10:27.65
8	#131	Fraser, Jack	9	CHRISTIANSBURG	10:30.60
9	#130	Fentress, Patriot	10	CHRISTIANSBURG	10:31.28
10	#333	Sotherden, Colton	11	WILLIAM BYRD	11:22.04
11	#58	Nolan, Xavier	9	BASSETT	
12	#278	Morales, Juan	10	PULASKI COUNTY	
13	#95	Whited, Chase	12	CAVE SPRING	
14	#195	Lee, Archer	10	LORD BOTETOURL	
15	#279	Morgan, Jonah	11	PULASKI COUNTY	
16	#93	Selvia, Wyatt	11	CAVE SPRING	
17	#199	Tuck, Mason	10	LORD BOTETOURL	
18	#49	Graham, Zane	10	BASSETT	
19	#135	Hamlin, Tyler	10	CHRISTIANSBURG	
20	#78	Busch, Oliver	10	CAVE SPRING	

#7 Girls 4x400 Relay Varsity Finals

🕒 2:10 PM

1	ABINGDON	'A'	4:18.18
1)	#35 Stewart, Elyanna	2)	#25 Berry, Anna
3)	#39 Whitson, Avery	4)	#28 Gillenwater, Madison
2	CAVE SPRING	'A'	4:19.04
1)	#97 Bayrer, Brennan	2)	#107 Kidd, Abbie
3)	#115 Scott, Maekayla	4)	#108 Lexima, Lindsay
3	CHRISTIANSBURG	'A'	4:26.89
1)	#154 Nicholson, Abbey	2)	#148 Daby, Adeline
3)	#163 Williams, Zoiee	4)	#151 Larimer, Kaylin
4	WILLIAM BYRD	'A'	4:46.01
1)	#339 Hamlar, Michal	2)	#343 Perez, Lily
3)	#344 Ruble, Ellie	4)	#345 St. clair, Jadyn
5	NORTHSIDE	'A'	4:56.56
1)	#253 Dogan, Oliviamae	2)	#254 Fuqua, Farrah
3)	#259 Kellar, Rihanna	4)	#265 Sandoval, Elysia
6	STAUNTON RIVER	'A'	4:57.43
1)	#308 Cook, Brylynn	2)	#315 Lazzaro, Jazzlyn
3)	#319 Waldron, Riley	4)	#320 Walters, Emily
7	BASSETT	'A'	5:18.40
1)	#70 Lizana, Cora	2)	#66 Cordova, Berenice
3)	#67 Dawson, Reniyah	4)	#73 Norman, Ilenia

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#8 Boys 4x400 Relay Varsity Finals

🕒 2:20 PM

1	PULASKI COUNTY	'A'	3:26.03
1)	#269 Aviles, Jayden	2)	#289 Stacy, Ty
3)	#281 Patel, Milan	4)	#270 Barton, Gaige
2	ABINGDON	'A'	3:31.18
1)	#14 Mollinary, Payton	2)	#6 Brown, Charlie
3)	#13 Lyman, Glennel	4)	#2 Ailshie, Eamon
3	CAVE SPRING	'A'	3:40.94
1)	#80 Flanary, Cael	2)	#74 Allran, Gage
3)	#83 Lamour, Langston	4)	#96 Wilson, Camden
4	WILLIAM BYRD	'A'	3:43.10
1)	#329 Pandolfini, Giovanni	2)	#328 Mills, Collin
3)	#332 Smith, James	4)	#330 Petersen, Jack
5	NORTHSIDE	'A'	3:46.30
1)	#233 Dudley, Carmelo	2)	#244 Preston-Hairston, Octavian
3)	#245 Ramirez, Josue	4)	#227 Addison, Parker
6	CHRISTIANSBURG	'A'	3:50.25
1)	#128 Durbin, Finnegan	2)	#133 Gaston, Tyler
3)	#126 Craig, Max	4)	#134 Hagler, Logan
7	BASSETT	'A'	3:53.15
1)	#63 Tatum, Marquez	2)	#59 Ratcliffe, Austin
3)	#64 Webster, AJ	4)	#45 Duvernay, Marquez
8	STAUNTON RIVER	'A'	3:58.50
1)	#300 Amos, Jonathan	2)	#301 Burtner, Logan
3)	#302 Frink, Harmon	4)	#304 Harris, James
9	LORD BOTETOURT	'A'	

#23 Girls Shot Put Varsity Finals

🕒 9:00 AM

1	#37 Trivette, Annsley	12	ABINGDON	40-11.25
2	#26 Chapman, Riley	12	ABINGDON	40-01.75
3	#210 Perkey, Abigail	12	LORD BOTETOURT	34-10.75
4	#149 Haley, Ayva	11	CHRISTIANSBURG	32-07.00
5	#156 Redd, Addison	10	CHRISTIANSBURG	30-09.75
6	#250 Alexis, Rachelle	12	NORTHSIDE	28-10.75
7	#101 D'Elicio, Elena	12	CAVE SPRING	28-10.50
8	#294 Fiscal-Ambros, Violeta	11	PULASKI COUNTY	28-07.75
9	#299 Saige, Hutton	11	PULASKI COUNTY	28-00.50
10	#118 Wander, Tanya	10	CAVE SPRING	27-10.50
11	#310 Dolan, Grace	9	STAUNTON RIVER	27-06.75
12	#349 Watkins, Kara	11	WILLIAM BYRD	27-06.25
13	#309 Dickerson, Elizabeth	12	STAUNTON RIVER	27-03.50
14	#295 Hayden, Evonnia	10	PULASKI COUNTY	26-02.00
15	#100 Craft, Grace	10	CAVE SPRING	24-08.75
16	#341 Lorton, Ava	10	WILLIAM BYRD	23-10.50
17	#160 Salomon, Emerald	12	CHRISTIANSBURG	22-10.00
18	#266 Tishman, Harriet	10	NORTHSIDE	22-03.00
19	#252 Burch, Selena	11	NORTHSIDE	20-03.75
20	#311 Hart, Riley	9	STAUNTON RIVER	18-07.25

#26 Boys High Jump Varsity Finals

🕒 9:00 AM

1	#246 Stovall, Gavin	12	NORTHSIDE	6-02.00
2	#45 Duvernay, Marquez	12	BASSETT	6-02.00
3	#139 King, Mason	12	CHRISTIANSBURG	6-00.00
4	#133 Gaston, Tyler	11	CHRISTIANSBURG	6-00.00
5	#137 Hill, Cameron	12	CHRISTIANSBURG	6-00.00
6	#277 Merchant, Braxton	12	PULASKI COUNTY	5-10.00
7	#144 Stilwell, Samuel	10	CHRISTIANSBURG	5-10.00
8	#89 Obimo, Cyrille	12	CAVE SPRING	5-10.00
9	#124 Bush, Max	12	CHRISTIANSBURG	5-08.00
10	#201 Windsor, Jayden	10	LORD BOTETOURT	5-08.00
11	#13 Lyman, Glennel	12	ABINGDON	5-08.00
12	#90 Pickering, Franklin	11	CAVE SPRING	
13	#268 Allen, Noah	9	PULASKI COUNTY	
14	#196 Miller, Caleb	12	LORD BOTETOURT	
15	#194 Graves, Triston	12	LORD BOTETOURT	
16	#242 Nguyen, Kevin	9	NORTHSIDE	
17	#172 Hello, Wren	9	HIDDEN VALLEY	
18	#269 Aviles, Jayden	10	PULASKI COUNTY	
19	#83 Lamour, Langston	12	CAVE SPRING	

#27 Girls Pole Vault Varsity Finals

🕒 9:00 AM

1	#158 Saia, Jenna	12	CHRISTIANSBURG	10-06.00
2	#30 Irfan, Muniba	12	ABINGDON	9-06.00
3	#151 Larimer, Kaylin	11	CHRISTIANSBURG	9-00.25
4	#34 Stanley, Madison	10	ABINGDON	9-00.00
5	#25 Berry, Anna	11	ABINGDON	8-03.00
6	#162 Webb, Grace	12	CHRISTIANSBURG	8-00.50
7	#202 Brown, Karleigh	12	LORD BOTETOURT	8-00.00
8	#150 Hudson, Breeley	12	CHRISTIANSBURG	7-06.50
9	#97 Bayrer, Brennan	11	CAVE SPRING	7-06.50
10	#104 Hicks, Alice	9	CAVE SPRING	6-06.00
11	#254 Fuqua, Farrah	9	NORTHSIDE	

#29 Girls Long Jump Varsity Finals

🕒 9:00 AM

1	#26 Chapman, Riley	12	ABINGDON	17-05.00
2	#343 Perez, Lily	12	WILLIAM BYRD	16-08.00
3	#115 Scott, Maekayla	12	CAVE SPRING	16-01.25
4	#344 Ruble, Ellie	10	WILLIAM BYRD	15-08.25
5	#69 Herndon, Nyasia	12	BASSETT	15-06.50
6	#148 Daby, Adeline	11	CHRISTIANSBURG	15-02.25
7	#34 Stanley, Madison	10	ABINGDON	14-09.75
8	#257 Harrelson, Kylin	11	NORTHSIDE	14-00.50
9	#109 Otey, Zoey	9	CAVE SPRING	13-10.00
10	#28 Gillenwater, Madison	10	ABINGDON	13-09.25
11	#267 Tomblin, Mya	10	NORTHSIDE	12-08.75
12	#184 Henk, Kaitlyn	10	HIDDEN VALLEY	12-07.25
13	#251 Beckner, Jaylyn	9	NORTHSIDE	
14	#203 Buyalos, Analise	10	LORD BOTETOURT	

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#30 Boys Long Jump Varsity Finals

🕒 9:00 AM

1	#45	Duvernay, Marquez	12	BASSETT	22-09.50
2	#21	Stanley, Tyler	12	ABINGDON	22-05.00
3	#286	Snell, Brayden	10	PULASKI COUNTY	20-03.00
4	#13	Lyman, Glennel	12	ABINGDON	19-11.00
5	#3	Baxter, Lincoln	11	ABINGDON	19-10.00
6	#229	Copeland, Jaewon	12	NORTHSIDE	19-08.25
7	#133	Gaston, Tyler	11	CHRISTIANSBURG	19-07.00
8	#230	Crump, Cam	11	NORTHSIDE	19-03.75
9	#201	Windsor, Jayden	10	LORD BOTETOURT	19-01.75
10	#235	Hall, Casey	11	NORTHSIDE	18-09.50
11	#144	Stilwell, Samuel	10	CHRISTIANSBURG	18-04.00
12	#85	Murphy, James	12	CAVE SPRING	18-01.75
13	#179	Tabor, Charles	11	HIDDEN VALLEY	17-06.25
14	#280	Nottingham, Bryant	12	PULASKI COUNTY	17-05.00
15	#132	Friend, Jackson	10	CHRISTIANSBURG	16-10.25
16	#175	Princely, Omega	10	HIDDEN VALLEY	15-10.25
17	#79	Carroll, Will	9	CAVE SPRING	14-08.25
18	#196	Miller, Caleb	12	LORD BOTETOURT	
19	#194	Graves, Triston	12	LORD BOTETOURT	
20	#277	Merchant, Braxton	12	PULASKI COUNTY	
21	#82	Hollins, Jaden	11	CAVE SPRING	

#24 Boys Shot Put Varsity Finals

🕒 10:30 AM

1	#11	Greer, Peyton	11	ABINGDON	48-11.00
2	#84	Mather, Logan	11	CAVE SPRING	46-00.00
3	#138	Hubble, Reece	12	CHRISTIANSBURG	45-09.50
4	#285	Slaughter, Anius	11	PULASKI COUNTY	45-07.75
5	#321	Beatty, Titus	12	WILLIAM BYRD	44-01.00
6	#291	Wright, Colin	9	PULASKI COUNTY	41-02.50
7	#121	Altis, Jacob	11	CHRISTIANSBURG	39-11.00
8	#42	Coles, Caleb	10	BASSETT	39-10.00
9	#274	Hayden, Chris	11	PULASKI COUNTY	39-09.00
10	#322	Carroll, Ryan	9	WILLIAM BYRD	38-06.50
11	#326	Hodges, Logan	Sr	WILLIAM BYRD	36-11.25
12	#16	Nunley, Ethan	10	ABINGDON	36-09.75
13	#4	Blackmon, Daniel	11	ABINGDON	36-04.25
14	#90	Pickering, Franklin	11	CAVE SPRING	35-11.75
15	#243	Pate, Kareem	12	NORTHSIDE	35-05.50
16	#129	Evans, Benjamin	11	CHRISTIANSBURG	35-02.50
17	#50	Hairston, Ka'Marius	11	BASSETT	32-10.75
18	#167	Croteau, Vincent	11	HIDDEN VALLEY	31-11.00
19	#305	Mitchell, Logan	10	STAUNTON RIVER	31-04.75
20	#48	George, Richard	11	BASSETT	25-08.25
21	#171	Heard, Richard	11	HIDDEN VALLEY	

#25 Girls High Jump Varsity Finals

🕒 10:30 AM

1	#343	Perez, Lily	12	WILLIAM BYRD	5-01.00
2	#152	Larimer, Riley	12	CHRISTIANSBURG	4-11.00
3	#207	Jensen, Ratie	12	LORD BOTETOURT	4-09.00
4	#36	Stoakley, Campbell	9	ABINGDON	4-08.00
5	#28	Gillenwater, Madison	10	ABINGDON	4-06.00
6	#106	Kelley, Chloe	10	CAVE SPRING	
7	#110	Penn, Osonte	10	CAVE SPRING	
8	#209	Morgan, Riley	10	LORD BOTETOURT	
9	#187	Kochenderfer, Lucy	11	HIDDEN VALLEY	

#28 Boys Pole Vault Varsity Finals

🕒 10:30 AM

1	#231	Davis, Carson	12	NORTHSIDE	15-06.00
2	#81	Harvard, Magnus	11	CAVE SPRING	15-01.00
3	#9	Duke, Mason	12	ABINGDON	11-06.00
4	#123	Bradley, Beau	12	CHRISTIANSBURG	9-00.25
5	#82	Hollins, Jaden	11	CAVE SPRING	8-06.25
6	#239	Lam, Alan	12	NORTHSIDE	8-00.50
7	#76	Bouchard, Clayton	9	CAVE SPRING	7-06.50
8	#234	Gallimore, Jackson	9	NORTHSIDE	
9	#23	Stoakley, Henry	10	ABINGDON	

#31 Girls Triple Jump Varsity Finals

🕒 10:30 AM

1	#343	Perez, Lily	12	WILLIAM BYRD	34-01.50
2	#26	Chapman, Riley	12	ABINGDON	34-01.50
3	#296	King, Olivia	11	PULASKI COUNTY	32-09.50
4	#149	Haley, Ayva	11	CHRISTIANSBURG	31-11.50
5	#109	Otey, Zoey	9	CAVE SPRING	30-06.75
6	#36	Stoakley, Campbell	9	ABINGDON	28-09.75
7	#103	Daniels, Elanah	9	CAVE SPRING	28-02.00
8	#257	Harrelson, Kylin	11	NORTHSIDE	
9	#73	Norman, Ilenia	11	BASSETT	

Region 3D Championships

Roanoke College | Sat, Feb 21, 2026

Performance List

#32 Boys Triple Jump Varsity Finals

🕒 10:30 AM

1	#3	Baxter, Lincoln	11	ABINGDON	43-02.75
2	#246	Stovall, Gavin	12	NORTHSIDE	42-05.50
3	#59	Ratcliffe, Austin	11	BASSETT	41-08.25
4	#13	Lyman, Glennel	12	ABINGDON	41-05.00
5	#85	Murphy, James	12	CAVE SPRING	41-02.00
6	#236	Harrelson, Braylen	11	NORTHSIDE	40-08.25
7	#144	Stilwell, Samuel	10	CHRISTIANSBURG	40-07.75
8	#287	Souder, Cade	10	PULASKI COUNTY	36-11.00
9	#82	Hollins, Jaden	11	CAVE SPRING	35-05.25
10	#175	Princely, Omega	10	HIDDEN VALLEY	35-02.75
11	#272	Burton, Zaccarion	10	PULASKI COUNTY	35-00.25
12	#268	Allen, Noah	9	PULASKI COUNTY	34-05.50
13	#172	Hello, Wren	9	HIDDEN VALLEY	34-03.25
14	#132	Friend, Jackson	10	CHRISTIANSBURG	34-03.25
15	#79	Carroll, Will	9	CAVE SPRING	31-03.50
16	#21	Stanley, Tyler	12	ABINGDON	
17	#201	Windsor, Jayden	10	LORD BOTETOURT	
18	#244	Preston-Hairston, Oc...	11	NORTHSIDE	