

# **BIG COUNTRY RELAYS**

Saturday, March 21, 2026

## **SCHEDULE OF EVENTS**

### **Field Events:**

#### **10:00 AM**

Long Jump (VB, VG, JVB, JVG)  
Pole Vault (VG, JVG, VB, JVB)  
Discus (VG, JVG, VB, JVB)  
High Jump (JVB, VB, JVG, VG)  
Triple Jump (JVG, JVB, VG, VB)  
Shot Put (VB, JVB, VG, JVG)

### **Running Events:**

#### **10:30 AM**

3200M Run (*Girls followed by Boys*)

**4:30 PM** *or 30 minutes following the completion of field events.*

(We will follow a rolling schedule)

4x100m Relay  
800m Run  
100m Hurdles (girls)  
110m Hurdles (boys)  
100 Dash  
4x200m Relay  
400m Dash  
300m Hurdles  
200m Dash  
1600m Run  
4x400m Relay