



4th Annual Neville Plummer Memorial Invitational

Hosted by Somerville High School

Saturday, April 18th 2026 @ 9AM & 7:30 Arrival

Email Pat Manna (pmanna@somervilleschools.org) for the password, questions or additional information.

General Information

- ¼ spikes only
- DO NOT bring blocks, they will be provided
- Girls first followed by Boys, Slowest to fastest
- Open heights (see below)
- Top 7 Make Finals for Throw / Jumps
- No admissions cost for spectators

This meet will follow all rules and regulations as cited in the NFHS rule book

Order of Events

4x100m

400 Hurdles

100m Dash (Trials)

100/110 Hurdles

1600m (Trials)

100m Dash (Final)

100/110

Hurdles(Final)

400m

800m

200m

3200m

4x400m

Field

Events Shot

Put

Javelin

High Jump

Triple Jump

Long Jump

Pole Vault

No Discus Event

*****Athletes should report to their event 15 minutes prior to the start**

8:15am - 9am: Run throughs for Long Jump

9am - 11am: Open pit (Boys and Girls) Long Jump

11:am - 11:30am: Long Jump FINALS (Girls than Boys)

11:30am - 12:15pm Run throughs for Triple Jump

12:15pm - 2:15pm: Open pit (Boys and Girls) Triple Jump

2:15:pm - 2:45pm: Triple Jump FINALS (Girls than Boys)

9am: Boys High Jump followed by Girls upon completion (Opening - 4ft Girls 5ft Boys)
Girls Pole Vault followed by Boys upon completion (Opening - 9ft Boys 7ft Girls)

9am: Girls Shot Put followed by Boys upon completion
Boys Javelin followed by Girls upon completion

****Throwing events will be put into flights by seed (8-10 athletes per)*

Entries and Awards

- **\$375 entry fee for Girl's Team, \$375 entry fee for Boy's Team**
- **\$35 Entry Fee for an Individual Event or Relay Team**
- All track events with have a limit of 4 entries
 - 2 entries for relays
- Field events will have a limit of 3 entries
- Long Jump / Triple Jump will have 3 jumps. Top 7 Get 3 Jumps in Finals
- Throw events will have 3 throws , Top 7 Get 3 throws in Finals
- Top 6 advance to finals in the 100m Dash and 100/110m Hurdles
- Medals will be given to Top 3 in each event
- Trophy will be awarded to the highest scoring team in the Boy's and Girl's division
- Scoring is on 10 - 8 - 6 - 4 - 2 - 1 Basis. (Top 6)

1. NJSIAA rules will govern the meet.

2. The Meet Referee and Games Committee will review any protests.

3. The meet will be held rain or shine. In the event that the weather conditions become too severe, the meet will be suspended at the discretion of the officials. If an event cannot be contested, it will be dropped from the team scoring.

4. Please instruct your bus drivers to drop off at Drop off Location provided at the bottom in the picture below. After please have them park **at Somerville Middle School** accessible from Davenport Street.

Payment

Please send checks to:

Attn: SHS Track & Field Booster Club
39 Centers Rd. Branchburg , NJ 08876

Make checks payable to ***SHS Track & Field Booster Club***

Fully Automatic Timing (FAT): LF RACING

The meet will be pre-seeded and we will not use cards for the RUNNING EVENTS. Please enter an accurate seed time for each relay you enter and the athletes you expect to run on the relay.

Athlete Sheets will be preprinted for FIELD EVENTS . HJ and PV will have athletes' names affixed to a card. In order for your field athlete to be on the sheets , you must enter him/her in the event.

When you fill in the athletes for each event you are creating your TEAM ROSTER. Make sure you enter all the names of athletes competing that day.



Bathrooms located in two parts as indicated on the map - there will also be porta potties setup. The Snack Stand will be open with food and beverages for all in attendance. **The infield of the track will be closed for coaches and officials - please instruct your athletes to use the warm up area indicated on the map.**