

King of the West 2026 - 3/28/2026
Hosted by Central-Tuscaloosa HS
Coach Lue C. Mims Athletic Complex
Meet Program - Track Events

Event 23 Girls 4x800 Meter Relay Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 11:19.30 3/31/2018 Landmark Christian School**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Meridian Mid		14:04.60
2	Hale County		14:45.13

Event 123 Girls 4x800 Meter Relay High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 10:15.91 4/1/2023 Northridge High School****M Collins, K Hales, L Gould, L Boulware**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Holy Spirit		10:53.94
4	Meridian Hig		11:18.26
5	Demopolis		11:25.33
6	American Chr		12:48.54
7	Greensboro H		15:03.96

Event 73 Boys 4x800 Meter Relay Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 9:43.37 3/31/2018 Landmark Christian School**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Tuscaloosa C		9:21.37
2	Hale County		10:17.70
3	Meridian Mid		10:36.15
4	Demopolis		11:09.11
5	Hale County	B	11:20.00

Event 223 Boys 4x800 Meter Relay High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 8:11.85 4/9/2016 Northside****A King, J Lagrone, T King, J Brinyark**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
6	Meridian Hig		8:48.52
7	Northside		8:51.19
8	Demopolis		9:09.11
9	Tuscaloosa C		9:21.37
10	Greensboro H		10:19.77
11	Holy Spirit		NT

Event 7 Girls 100 Meter Hurdles Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 16.23 3/31/2018 Olivia Powell**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Sanders, Kaniaya	Meridian Mid	24.28
2	Hunter, Destiny	Selma	20.29
3	Wright, Talayla	Selma	19.39
4	Landrum, Imoni	Meridian Mid	16.86
5	Stewart, Jamirra	Meridian Mid	18.54
6	Bell, Zeria	Selma	19.64
7	Suttles, Ja'Nyla	Selma	22.19

Event 107 Girls 100 Meter Hurdles High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 14.70 4/2/2022 Rashni Walker**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
2	James, Mariah	Demopolis	18.27
3	Crooks, Zy' lona	Holt	16.10
4	Arrington, Kyndal	Meridian Hig	15.53
5	Hill, Amia	Meridian Hig	15.80
6	Knott, Xzavionna	Meridian Hig	17.50
7	Bishop-Colvin, A'Nyla	Sipsey Valle	18.36

Section 2 of 2 Finals

2	Cooper, Ty	Holt	21.52
3	Prude, Sahara	Brookwood	18.83
4	Holcombe, Jada	Brookwood	18.47
5	Prewitt, Kynnedi	Ramsay	18.61
6	Willis, Katelan	Ramsay	20.11

Event 57 Boys 110 Meter Hurdles Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 18.12 4/1/2023 Grant Hill**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
2	Lanier, Jaquez	Meridian Mid	20.74
3	Long, Telly	Hale County	19.78
4	Neely, Jeremiah	Sipsey Valle	18.01
5	Robinson, Marcus	Selma	18.69
6	Reese, Cristian	Selma	19.80
7	Houston, Derrick	Meridian Mid	22.08

Section 2 of 2 Finals

2	Turner, Corey	Central - Tu	NT
3	Williams, Xzavier	Holt	29.36
4	Jones, Kyler	Meridian Mid	23.31
5	Webb, Jayden	Meridian Mid	23.34
6	Ray, Ahdeverrette	Meridian Mid	NT
7	Preskitt, Kolson	American Chr	NT

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Event 207 Boys 110 Meter Hurdles High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 15.02 3/31/2018 Hunter Appling**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Billingsley, Kemarion	Central - Tu	18.79
2	Powell, Xzavion	Meridian Hig	16.70
3	Cowan, Dayton	Holt	15.85
4	Wilson, Stephen	Meridian Hig	14.72
5	Clark, Jaden	Meridian Hig	15.65
6	Jordan, Daitwan	Holt	16.61
7	Warren, Tarmarus	Central - Tu	18.30

Section 2 of 2 Finals

1	Cooke, Jaylin	Hillcrest HS	NT
2	Bailey, Jailyln	Greensboro H	21.40
3	Giles, Traylien	Central - Tu	19.87
4	James, Carlow	Demopolis	18.92
5	Williams, Jâ€™montay	Greensboro H	19.76
6	Hurt, Jacouri	Greensboro H	21.37
7	Norfleet, Khylan	Hillcrest HS	NT

Event 1 Girls 100 Meter Dash Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 12.96 4/1/2023 Jaliyah Coleman**

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Wilson, Cailyn	Hale County	14.08
2	Brown, Jakiara	Central - Tu	13.93
3	Leatherwood, Aubrey	Central - Tu	13.60
4	McClelland, Julie	Meridian Mid	13.26
5	Bester, Raneisha	Meridian Mid	13.31
6	Hurt, JaQueria	Hale County	13.63
7	Hill, BraLeigh	Hale County	14.00
8	Jackson, Paris	Tuscaloosa C	14.27

Section 2 of 3 Finals

1	Ray, Madison	American Chr	15.13
2	Stabler, Alana	Hillcrest HS	14.63
3	Stephens, Leah	Hale County	14.59
4	Byrd, Khi	Selma	14.46
5	Johnson, Ivy	Holy Spirit	14.59
6	Evans, Markia	Selma	14.62
7	Jones, Alana	Hillcrest HS	14.84
8	Bester, TeLaysia	Hale County	15.14

Section 3 of 3 Finals

2	Rogers, Jriyah	Selma	NT
3	Boyd, Kirsten	Selma	18.20
4	Hall, Samaria	Holt	15.25
5	Collins, Kadence	Hillcrest HS	15.64
6	Chaney, Jalyia	Selma	NT
7	Taylor, Maddie Claire	Holy Spirit	NT

Event 51 Boys 100 Meter Dash Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 11.06 4/6/2024 Erius Hamilton**

Lane	Name	School	Seed Time
Section 1 of 5 Finals			
1	Atchenson, Exavier	Central - Tu	12.03
2	Lowe, Jaiden	Hale County	11.97
3	Simmons, Michael	Hale County	11.70
4	Scott, Ziaylon	Hale County	11.31
5	Sterling, JaQuan	Hale County	11.35
6	Ware, Jermaine	Central - Tu	11.96
7	Wilson, Kaden	Hale County	11.98
8	Robinson, Marcus	Selma	12.09

Section 2 of 5 Finals

1	Barnette, Evan	Holy Spirit	12.60
2	McDaniel, Britten	Sipsey Valle	12.36
3	Campbell, Robert	Meridian Mid	12.26
4	Greenwood, Umair	Selma	12.09
5	Spencer, Jaden	Meridian Mid	12.11
6	Johnson, Aiden	American Chr	12.31
7	Savage, Joshua	Hillcrest HS	12.58
8	Teel, Carson	American Chr	12.62

Section 3 of 5 Finals

1	Blevins, Corjae	Selma	12.81
2	Price, Keyon	Central - Tu	12.74
3	Lott, Dionte	Hillcrest HS	12.66
4	Taylor, Anthony	Tuscaloosa C	12.64
5	Agnew, Christopher	Tuscaloosa C	12.64
6	Moore, Malike	Meridian Mid	12.70
7	Gee, Kaden	Holt	12.74
8	Wilson, Tavon	Hillcrest HS	12.81

Section 4 of 5 Finals

2	Ember, Josh	American Chr	14.73
3	Craig, Kylan	Holy Spirit	13.62
4	Nickerson, Camden	Central - Tu	12.83
5	Curtis, Walter	Selma	12.88
6	Stidham, Porter	Northside	14.37
7	Sellers, Cooper	American Chr	NT
8	Sanders, DeShon	Holt	NT

Section 5 of 5 Finals

2	Diggins, Taj	Hillcrest HS	NT
3	Williams, Xzavier	Holt	NT
4	Hall, Noah	Demopolis	NT
5	Rightlinger, Alex	Northside	NT
6	Reese, Cristian	Selma	NT
7	McClain, Michael	Central - Tu	NT

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Event 101 Girls 100 Meter Dash High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 12.14 4/1/2017 Jasmine Riley**

Lane	Name	School	Seed Time	
Section 1 of 5 Finals				
1	Stewart, Cerenity	Hillcrest HS	13.17	_____
2	Howard, Ambrasia	Demopolis	12.68	_____
3	Holifield, Laila	Ramsay	12.29	_____
4	Clark, Zaurie	Meridian Hig	11.88	_____
5	Boyd, Makilah	Meridian Hig	12.22	_____
6	Merriweather, Alaysha	Central - Tu	12.66	_____
7	Richey, Tarlaysia	Central - Tu	13.17	_____
8	Samuel, Camya	Holt	13.19	_____
Section 2 of 5 Finals				
1	Simmons, Jaidyn	Demopolis	13.62	_____
2	Eatmon, Rayne	Tuscaloosa C	13.50	_____
3	Stevenson, Dymond	Holt	13.36	_____
4	Crooks, Zy' Iona	Holt	13.27	_____
5	Dumas, Ava	Ramsay	13.36	_____
6	Gray, Montaeja	Central - Tu	13.46	_____
7	Hughes, Kiyah	Aliceville	13.51	_____
8	Briggs, Asharia	Greensboro H	13.71	_____
Section 3 of 5 Finals				
1	Riley, Markiyah	Tuscaloosa C	13.96	_____
2	Burrell, Dionna	Tuscaloosa C	13.90	_____
3	Feagan, Zoey	Ramsay	13.87	_____
4	Spencer, Freya	Pickens Coun	13.84	_____
5	Nall, Bailee	Hillcrest HS	13.85	_____
6	Luogon, Salima	Holy Spirit	13.88	_____
7	Chapman, Carleigh	Greensboro H	13.92	_____
8	King, Emily	Holy Spirit	14.42	_____
Section 4 of 5 Finals				
1	Crummie, Londyn	Brookwood	15.42	_____
2	Dunn, Sydney	Brookwood	15.19	_____
3	Davis, Kiona	Greensboro H	14.61	_____
4	Bishop-Colvin, A'Nyla	Sipsey Valle	14.50	_____
5	Washington, Anesia	Pickens Coun	14.59	_____
6	Granger, Kennidi	Hillcrest HS	14.64	_____
7	Simmons, Alyssia	Sipsey Valle	15.32	_____
8	Kendrick, Mary Ella	Northside	15.66	_____
Section 5 of 5 Finals				
2	Baker, Abigail	Brookwood	NT	_____
3	Hall, TadLashia	Hale County	20.00	_____
4	Billups, McKenzie	Hale County	17.00	_____
5	Anderson, CorDaejah	Hale County	17.16	_____
6	Jones, Kaitlyn	Pickens Coun	NT	_____
7	Jones, Eva	Northside	NT	_____

Event 201 Boys 100 Meter Dash High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 10.78 4/9/2016 Okeem Moore**

Lane	Name	School	Seed Time	
Section 1 of 5 Finals				
1	Charleston, Emonte	Demopolis	11.13	_____
2	Freeman, James	Central - Tu	11.10	_____
3	Wade, Omyri	Meridian Hig	10.85	_____
4	Boyd, Chad	Meridian Hig	10.66	_____
5	Fowler, Levi	American Chr	10.84	_____
6	Lake, Anthony	Tuscaloosa C	10.94	_____
7	Aldridge, Fred	Demopolis	11.13	_____
8	Winfield, Micheal	Meridian Hig	11.13	_____
Section 2 of 5 Finals				
1	Morris, Logan	American Chr	11.67	_____
2	Jones, Christian	Demopolis	11.66	_____
3	Woods, Jarvis	Central - Tu	11.53	_____
4	Hill, Anquian	Central - Tu	11.28	_____
5	Marshall, Dee	Tuscaloosa C	11.49	_____
6	Robertson, Keith	Hillcrest HS	11.64	_____
7	Prince, Patrick	Hillcrest HS	11.66	_____
8	Seay, Nygel	Holy Spirit	11.69	_____
Section 3 of 5 Finals				
1	Simmons, KaDamion	Holt	11.97	_____
2	Smith, Kaden	Greensboro H	11.93	_____
3	Cockrell, Jaquaryist	Holt	11.88	_____
4	Hines, Caleb	American Chr	11.78	_____
5	Witherspoon, James	Brookwood	11.86	_____
6	Lopacki, Riley	Holy Spirit	11.91	_____
7	Williams, Jâ€™vontay	Greensboro H	11.93	_____
8	Edwards, LeeSamuel	Greensboro H	11.99	_____
Section 4 of 5 Finals				
1	Burrell, DeAndre	Holt	12.31	_____
2	Stewart, LaDerrick	Pickens Coun	12.22	_____
3	Williams, Kj	Tuscaloosa C	12.06	_____
4	Campbell, Jaylen	Brookwood	12.01	_____
5	Gladden, Arkell	Hillcrest HS	12.01	_____
6	Holst, Jordan	Brookwood	12.12	_____
7	Jimenez, Levi	Northside	12.30	_____
8	Veillion, Kasen	Holy Spirit	12.50	_____
Section 5 of 5 Finals				
2	Kightlinger, Austin	Northside	NT	_____
3	Smith, Nick	Hale County	15.00	_____
4	Manley, Bobby	Northside	13.00	_____
5	Underwood, Brian	Hale County	15.00	_____
6	Archibald, Zaiden	Hale County	15.00	_____
7	Latham, Quincy	Pickens Coun	NT	_____

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Event 5 Girls 1600 Meter Run Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 5:45.62 3/31/2018 Maggie Jones**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	DiChiara, Mary Jewel	Holy Spirit	5:50.01
2	Brak, Anna	Holy Spirit	6:24.51
3	Jones, Tansley	American Chr	7:14.95
4	Blue, Molly	American Chr	7:32.21
5	Dawson, Serenity	Meridian Mid	9:29.77

Event 55 Boys 1600 Meter Run Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 5:03.85 4/2/2022 Anglin Young**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Parker, Jase	Northside	5:15.75
2	Coster, Bretton	Hale County	5:42.22
3	Burrage, Lajaveious	Meridian Mid	5:46.76
4	Parker, Jaxson	Northside	5:48.83
5	Cormier, Wilkes	Sipsey Valle	5:49.57
6	Lewis, Zion	Hale County	5:55.10
7	Wallace, Joshua	Hale County	5:55.61
8	Hudson, Iain	Hale County	5:58.55
9	Campos, Samuel	Tuscaloosa C	6:00.84
10	Williams, Joshua	Tuscaloosa C	6:06.17
11	Shuttlesworth, Conner	Tuscaloosa C	6:06.27
12	Goree, Preston	Northside	6:06.87
13	Wallace, Devin	Meridian Mid	6:13.50
14	Williams, Brayden	Tuscaloosa C	6:24.39
15	Marsh, Zaiden	Meridian Mid	6:27.16
16	Grissett, Sawyer	Northside	6:31.58
17	Shumpert, Zahmad	Tuscaloosa C	6:36.06
18	Gowdy, Elijah	Hale County	6:49.64

Event 105 Girls 1600 Meter Run High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 5:08.00 3/31/2018 Presley Miles**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Patton, Katelyn	Northside	5:33.54
2	Moore, Chloe	Holy Spirit	5:43.08
3	Austin, Kylie	Tuscaloosa C	5:44.00
4	McNaughton, Niamh	Central - Tu	5:57.08
5	Mowry, Madeline	Holy Spirit	6:05.27
6	Coma, Ciel	Holy Spirit	6:09.19
7	Parker, Charlie	Brookwood	6:28.70
8	Lightsey, Reagan	American Chr	6:35.04
9	Walker, Adilyn	Tuscaloosa C	6:36.88
10	Contreras, Allison	Demopolis	6:39.77
11	Tran, Tori	American Chr	6:40.79
12	McKinney, Madeleine	American Chr	6:41.95
13	Nail, Hallie	Tuscaloosa C	6:57.97
14	Smith, Clarissa	Demopolis	7:15.86
15	Randle, Layla	Meridian Hig	7:33.97
16	Kephart, Mari Jayne	Meridian Hig	NT

Event 205 Boys 1600 Meter Run High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 4:26.68 4/9/2016 James Patrick Brinyark**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Senkbeil, Nigel	Holy Spirit	4:28.10
2	Mosley, Jordan	Meridian Hig	4:37.78
3	Coma, Iolo	Holy Spirit	4:44.41
4	James, Gabe	Northside	4:45.22
5	Scholz, Jack	Tuscaloosa C	4:54.63
6	Richardson, Canyon	Northside	5:03.05
7	Harbin, Brody	Northside	5:07.81
8	Greene, Caleb	American Chr	5:10.07
9	Lake, Clover	Tuscaloosa C	5:20.23
10	Reynolds, Webb	Demopolis	5:23.74
11	Lynch, William	Holy Spirit	5:24.90
12	Bucural, Tyson	Demopolis	5:30.36
13	Shumpert, Zaydon	Tuscaloosa C	5:38.83
14	Wilson, Dylan	Demopolis	5:41.40
15	Naylor, Thomas	Meridian Hig	5:45.75
16	Owens, Joshua	Greensboro H	5:55.68
17	Green, Isaiah	Brookwood	6:39.41
18	Blazer, Caleb	Brookwood	6:46.13
19	Heartsill, Isaiah	Greensboro H	6:53.30
20	Ramos, Ramier	Meridian Hig	NT

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Event 3 Girls 400 Meter Dash Junior Varsity

Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 1:03.13 4/6/2024		Ja'Kaelyn King	
Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Suttles, Ja'Nyla	Selma	1:12.95
2	Hayes, Brianna	Central - Tu	1:10.61
3	Warbington, Lou	Holy Spirit	1:09.41
4	Jackson, Paris	Tuscaloosa C	1:06.83
5	Wright, Talayla	Selma	1:09.28
6	Stabler, Alana	Hillcrest HS	1:10.14
7	Beasley, Lilla	American Chr	1:12.67
8	Grace, Kihiya	Meridian Mid	1:14.00
Section 2 of 3 Finals			
1	Collins, Kadence	Hillcrest HS	1:18.63
2	Jones, Jalaya	Demopolis	1:16.54
3	Naylor, Derriona	Meridian Mid	1:15.76
4	Horne, Carley	Hale County	1:14.16
5	Perry, Makayla	Demopolis	1:14.42
6	Smith, Destiny	Meridian Mid	1:16.27
7	Jones, Alana	Hillcrest HS	1:18.36
8	Crowell, Leah	Hillcrest HS	1:19.52
Section 3 of 3 Finals			
1	Cone, Jordan	Selma	NT
2	Bester, TeLaysia	Hale County	1:25.88
3	Anderson, CorDaejah	Hale County	1:25.63
4	Byrd, Khi	Selma	1:22.33
5	Billups, McKenzie	Hale County	1:25.32
6	Hall, TadLashia	Hale County	1:25.76
7	Evans, Markia	Selma	NT
8	Myles, Kerriana	Tuscaloosa C	NT

Event 53 Boys 400 Meter Dash Junior Varsity

Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 53.22 4/6/2024		Martez Phillips	
Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	Savage, Joshua	Hillcrest HS	58.03
2	Dixon, Ben	Hillcrest HS	57.30
3	Williams, Walter	Hale County	56.71
4	Greenwood, Umair	Selma	55.08
5	Gregory, Alden	Sipsey Valle	55.22
6	Robinson, Marcus	Selma	56.92
7	Benton, Corey	Hale County	57.58
Section 2 of 4 Finals			
1	Glenn, Caiden	Demopolis	1:03.58
2	Huff, Evan	Central - Tu	1:01.24
3	Archibald, Zaiden	Hale County	1:00.25
4	Cousette, Kendrick	Hale County	58.19
5	Wilson, Tavon	Hillcrest HS	59.25
6	Weatherspoon, Jaden	Hale County	1:01.21
7	Rhone, Johnathan	Demopolis	1:03.21

Section 3 of 4 Finals

1	Turner, Corey	Central - Tu	NT
2	Lewis, Jordan	Meridian Mid	NT
3	Blake, Tristan	Demopolis	1:12.31
4	Marsh, Zaiden	Meridian Mid	1:06.00
5	Rodriguez, Jaxon	Northside	1:06.64
6	Franklin, Jayden	Meridian Mid	1:32.08
7	Dearing, Levi	American Chr	NT

Section 4 of 4 Finals

2	Agnew, Christopher	Tuscaloosa C	NT
3	Hall, Noah	Demopolis	NT
4	Hanks, Jordan	Sipsey Valle	NT
5	Hill, Marcheâ€™	Meridian Mid	NT
6	Taylor, Anthony	Tuscaloosa C	NT
7	Dearing, Logan	American Chr	NT

Event 103 Girls 400 Meter Dash High School

Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 55.99 4/1/2017		Olivia Knox	
Lane	Name	School	Seed Time
Section 1 of 5 Finals			
1	Hobbs, Emma Grace	Northside	1:05.47
2	Brown, Jakiara	Central - Tu	1:03.54
3	Clark, Zaurie	Meridian Hig	1:03.21
4	Stewart, Cerenity	Hillcrest HS	57.88
5	Clark, Foster	Tuscaloosa C	59.80
6	Gray, Montaeja	Central - Tu	1:03.30
7	Nall, Bailee	Hillcrest HS	1:05.07
8	Case, Jenna	Northside	1:05.54
Section 2 of 5 Finals			
1	Gray, Jennifer	American Chr	1:08.70
2	London, Cameron	Tuscaloosa C	1:07.00
3	Leatherwood, Aubrey	Central - Tu	1:06.57
4	Dunn, Mckinnley	Meridian Hig	1:05.74
5	Archibald, Morgan	Tuscaloosa C	1:06.00
6	Portis, Tyliah	Meridian Hig	1:06.79
7	Murphy, Sha'Keithia	Demopolis	1:07.83

Section 3 of 5 Finals

1	Woods, Makayla	Demopolis	1:12.58
2	Davis, DeAsia	Holt	1:11.88
3	Riddle, Genesis	Greensboro H	1:11.74
4	Prude, Sahara	Brookwood	1:09.03
5	Black, Piper	Demopolis	1:10.03
6	Nicholson, Malia	Holy Spirit	1:11.87
7	Granger, Kennidi	Hillcrest HS	1:12.03

Section 4 of 5 Finals

2	Stewart, Janiyah	Ramsay	1:22.28
3	Matthews, Madyson	Greensboro H	1:20.52
4	Barnes, Aaliyah	Ramsay	1:12.80
5	Travis, Akira	Greensboro H	1:14.75
6	Rojas, Mia	Holt	1:21.84
7	Akins, Charlee	Northside	1:24.88

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Section 5 of 5 Finals...(Event 103 Girls 400 Meter Dash High School)			
2	Jacox, Aaliyah	Brookwood	NT
3	Webb, Mika	Hale County	1:52.85
4	Lewis, Matila	Ramsay	1:25.10
5	Webb, Shamyia	Holt	1:35.64
6	Coley, Kensley	Brookwood	NT

Event 203 Boys 400 Meter Dash High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		48.93	3/31/2018 Xavier Rogers
Lane	Name	School	Seed Time
Section 1 of 5 Finals			
1	Turner, Laquavion	Meridian Hig	53.89
2	Tate, Jaylen	Meridian Hig	53.16
3	Eatmon, La'Quintin	Central - Tu	52.37
4	Mosley, Cameron	Meridian Hig	51.19
5	Gladden, Arkell	Hillcrest HS	52.16
6	Bryant, Kobe	Tuscaloosa C	52.50
7	Farris, Paxton	Tuscaloosa C	53.70
8	Atchenson, Exavier	Central - Tu	54.08

Section 2 of 5 Finals			
1	Lodree, Aeneas Jermaine	Holy Spirit	56.44
2	Stringer, Joshua	Hillcrest HS	55.88
3	Walker, Zhaelyn	Demopolis	55.00
4	Prince, Patrick	Hillcrest HS	54.28
5	Burrel, DeAndre	Holt	54.50
6	White, E'Maurie	Demopolis	55.32
7	Charleston, Floyd	Demopolis	56.25
8	Bell, Aidan	Tuscaloosa C	56.66

Section 3 of 5 Finals			
1	Veillion, Kasen	Holy Spirit	1:00.71
2	Morgan, Kendrick	Central - Tu	59.40
3	Agnew, Aiden	Greensboro H	58.69
4	Dickinson, Max	American Chr	58.20
5	Campbell, Jaylen	Brookwood	58.64
6	Carlisle, Calyxx	Greensboro H	58.77
7	Owens, Joshua	Greensboro H	1:00.34

Section 4 of 5 Finals			
2	Sanders, DeShon	Holt	1:05.88
3	Washington, Tamarkis	Pickens Coun	1:04.80
4	Larkin, Tate	Northside	1:01.39
5	Randolph, Colton	Brookwood	1:04.38
6	Burroughs, Thomas	Holt	1:05.24
7	Livingston, Coelton	Northside	1:05.95

Section 5 of 5 Finals			
2	Bell, Evan	Brookwood	NT
3	Smith, Nick	Hale County	1:15.82
4	Sweatt, Kale	Northside	1:10.51
5	Vanhorn, Gaige	Hale County	1:15.46
6	Burden, Cameron	Hale County	1:25.75
7	Simms, Kamden	Pickens Coun	NT

Event 20 Girls 4x100 Meter Relay Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		53.16	4/6/2024 Northridge High School
J Eatmon, Q Watkins, A Maye, T Ivory			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Selma		1:08.93
4	Hale County		53.28
5	Meridian Mid		53.42
6	Hale County	B	1:15.00

Event 70 Boys 4x100 Meter Relay Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		44.20	4/6/2024 Hale County
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Hale County	B	49.70
3	Meridian Mid		49.39
4	Hale County		44.54
5	Central - Tu		45.32
6	Central - Tu	B	49.65

Event 120 Girls 4x100 Meter Relay High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		48.20	4/5/2025 Meridian High School
Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Demopolis		52.70
3	Tuscaloosa C		51.15
4	Meridian Hig		48.31
5	Central - Tu		49.71
6	Ramsay		52.67
7	Holt		52.95
Section 2 of 2 Finals			
3	Brookwood		NT
4	Greensboro H		57.24
5	American Chr		1:00.88
6	Pickens Coun		NT

Event 220 Boys 4x100 Meter Relay High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		42.27	4/5/2025 Meridian High School
Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Hillcrest HS		44.00
3	Tuscaloosa C		42.75
4	Meridian Hig		41.99
5	Central - Tu		42.72
6	Demopolis		43.46
7	American Chr		44.11

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Section 2 of 2 Finals...(Event 220 Boys 4x100 Meter Relay High School)			
3	Pickens Coun	NT	_____
4	Greensboro H	44.74	_____
5	Holt	45.91	_____
6	Brookwood	NT	_____

Event 224 Girls 4x100 Meter Relay Throwers Rel High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 56.96 4/1/2023 Tuscaloosa County			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Greensboro H	NT	_____
3	American Chr	NT	_____
4	Meridian Hig	1:44.21	_____
5	Ramsay	NT	_____
6	Holt	NT	_____
7	Tuscaloosa C	NT	_____

Event 225 Boys 4x100 Meter Relay Throwers Rel High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 50.35 4/1/2023 Goshen			
Q Coleman, L Cowart, J Terry, K Lampley			
Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Hillcrest HS	NT	_____
3	Hale County	NT	_____
4	Meridian Hig	1:29.57	_____
5	Tuscaloosa C	NT	_____
6	American Chr	NT	_____
Section 2 of 2 Finals			
3	Greensboro H	NT	_____
4	Holt	NT	_____
5	Brookwood	NT	_____
6	Northside	NT	_____

Event 4 Girls 800 Meter Run Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 2:42.98 3/30/2019 Mary Mac Collins			
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Brak, Anna	Holy Spirit	2:51.36 _____
2	Blue, Molly	American Chr	3:19.28 _____
3	Jones, Tansley	American Chr	3:20.57 _____
4	McIntosh, Kynzli	Meridian Mid	3:21.59 _____
5	Edmonds, Tylee	Meridian Mid	3:22.39 _____
6	Renicks, Ava	American Chr	3:25.46 _____
7	Rojas, Mia	Holt	3:27.88 _____
8	Webb, Mika	Hale County	NT _____
9	DiChiara, Mary Jewel	Holy Spirit	NT _____
10	Perry, Makayla	Demopolis	NT _____
11	Jones, Jalaya	Demopolis	NT _____

Event 54 Boys 800 Meter Run Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 2:17.75 4/5/2025 Coelton Livingston			
Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Stephens, Brayden	Hale County	2:17.29 _____
2	Livingston, Coelton	Northside	2:17.53 _____
3	Weatherspoon, Jaden	Hale County	2:20.38 _____
4	McLaurine, Sam	Holy Spirit	2:27.52 _____
5	Burrage, Lajaveious	Meridian Mid	2:35.72 _____
6	Campos, Samuel	Tuscaloosa C	2:37.47 _____
7	Ogonowski, Staszu	Northside	2:37.62 _____
8	Lewis, Zion	Hale County	2:39.38 _____
9	Wilson, Tavon	Hillcrest HS	2:40.00 _____
10	Coster, Bretton	Hale County	2:41.48 _____
11	Wallace, Devin	Meridian Mid	2:41.70 _____
Section 2 of 2 Finals			
1	Williams, Joshua	Tuscaloosa C	2:44.27 _____
2	Shuttlesworth, Conner	Tuscaloosa C	2:46.85 _____
3	Cormier, Wilkes	Sipsey Valle	2:47.43 _____
4	Tims, Tracy	Meridian Mid	2:48.70 _____
5	Wallace, Joshua	Hale County	2:48.89 _____
6	Blake, Tristan	Demopolis	2:49.88 _____
7	Shumpert, Zahmad	Tuscaloosa C	2:52.01 _____
8	Williams, Brayden	Tuscaloosa C	2:52.23 _____
9	Jones, Christopher	Demopolis	2:53.48 _____
10	Goree, Preston	Northside	3:00.11 _____
11	Parker, Jaxson	Northside	NT _____
12	Richardson, Oakley	Northside	NT _____

Event 104 Girls 800 Meter Run High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 2:20.76 3/31/2018 Presley Miles			
Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Brown, Brianna	Meridian Hig	2:27.02 _____
2	Moore, Chloe	Holy Spirit	2:28.90 _____
3	Case, Jenna	Northside	2:37.88 _____
4	Hobbs, Emma Grace	Northside	2:38.55 _____
5	Coma, Ciel	Holy Spirit	2:40.29 _____
6	Austin, Kylie	Tuscaloosa C	2:40.77 _____
7	Mowry, Madeline	Holy Spirit	2:42.17 _____
8	Kirk, Zaireonna	Demopolis	2:42.60 _____
9	Tensley, Aniya	Demopolis	2:48.25 _____
10	Parker, Charlie	Brookwood	2:53.31 _____
11	Lightsey, Reagan	American Chr	2:54.46 _____

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Section 2 of 2 Finals...(Event 104 Girls 800 Meter Run High School)

1	Tran, Tori	American Chr	3:01.41	_____
2	Walker, Adilyn	Tuscaloosa C	3:03.37	_____
3	Nail, Hallie	Tuscaloosa C	3:09.03	_____
4	Randle, Layla	Meridian Hig	3:14.05	_____
5	Sullivan, Hayden	American Chr	3:14.14	_____
6	Akins, Charlee	Northside	3:18.37	_____
7	Holley, Jada	Greensboro H	3:23.53	_____
8	Hardy, Serenity	Greensboro H	3:46.71	_____
9	vaughns, Zaria	Greensboro H	3:50.51	_____
10	Ferrell, Ayanna	Meridian Hig	NT	_____

Event 204 Boys 800 Meter Run High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 1:59.47 3/31/2018 Tanner King**

Lane	Name	School	Seed Time	
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Section 1 of 2 Finals

1	Naylor, Bobby	Meridian Hig	2:04.62	_____
2	Mosley, Jordan	Meridian Hig	2:04.72	_____
3	Cotton, John	Meridian Hig	2:10.09	_____
4	Steele, Braylon	Central - Tu	2:10.96	_____
5	Carmean, Luke	Northside	2:15.00	_____
6	James, Gabe	Northside	2:16.28	_____
7	James, Jonah	Northside	2:18.00	_____
8	Walker, Zhaelyn	Demopolis	2:19.23	_____
9	Gladden, Arkell	Hillcrest HS	2:19.25	_____
10	Scholz, Jack	Tuscaloosa C	2:20.08	_____
11	Branch, Kaleb	Demopolis	2:20.45	_____
12	Humber, Dex	Tuscaloosa C	2:21.60	_____

Section 2 of 2 Finals

1	Morgan, Kendrick	Central - Tu	2:23.36	_____
2	Lake, Clover	Tuscaloosa C	2:26.24	_____
3	Hoag, Thoryn	Brookwood	2:28.78	_____
4	Burroughs, Thomas	Holt	2:43.77	_____
5	Sanders, DeShon	Holt	2:47.03	_____
6	Heartsill, Isaiah	Greensboro H	2:47.60	_____
7	Hudson, Iain	Hale County	2:48.51	_____
8	Etheridge, Brody	Brookwood	2:50.05	_____
9	Gowdy, Elijah	Hale County	2:55.00	_____
10	Agnew, Aiden	Greensboro H	2:56.81	_____
11	Green, Melvin	Greensboro H	3:11.45	_____
12	Randolph, Colton	Brookwood	NT	_____

Event 2 Girls 200 Meter Dash Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 26.74 3/31/2018 Adriana Jones**

Lane	Name	School	Seed Time	
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Section 1 of 3 Finals

1	Stephens, Leah	Hale County	30.10	_____
2	Jackson, Paris	Tuscaloosa C	29.41	_____
3	Hill, BraLeigh	Hale County	29.06	_____
4	Hurt, JaQuerria	Hale County	28.29	_____
5	McClelland, Julie	Meridian Mid	28.34	_____
6	Beasley, Lilla	American Chr	29.10	_____
7	Bester, Raneisha	Meridian Mid	29.51	_____
8	Stabler, Alana	Hillcrest HS	30.17	_____

Section 2 of 3 Finals

1	Billups, McKenzie	Hale County	31.47	_____
2	Horne, Carley	Hale County	31.34	_____
3	Evans, Markia	Selma	31.10	_____
4	Johnson, Ivy	Holy Spirit	30.22	_____
5	Constantine, Anaria	Demopolis	31.07	_____
6	Hall, Samaria	Holt	31.17	_____
7	Jones, Alana	Hillcrest HS	31.39	_____
8	Perry, Makayla	Demopolis	31.49	_____

Section 3 of 3 Finals

2	Rogers, Jriyah	Selma	NT	_____
3	Collins, Kadence	Hillcrest HS	33.65	_____
4	Ray, Madison	American Chr	32.22	_____
5	Crowell, Leah	Hillcrest HS	32.92	_____
6	Cone, Jordan	Selma	NT	_____
7	Taylor, Maddie Claire	Holy Spirit	NT	_____

Event 52 Boys 200 Meter Dash Junior Varsity**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 22.94 4/6/2024 Erius Hamilton**

Lane	Name	School	Seed Time	
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Section 1 of 5 Finals

1	Lowe, Jaiden	Hale County	24.61	_____
2	McClain, Michael	Central - Tu	24.22	_____
3	Atchenson, Exavier	Central - Tu	24.00	_____
4	Scott, Ziaylon	Hale County	23.00	_____
5	Sterling, JaQuan	Hale County	23.27	_____
6	Simmons, Michael	Hale County	24.07	_____
7	Ware, Jermaine	Central - Tu	24.22	_____
8	Williams, Walter	Hale County	24.70	_____

Section 2 of 5 Finals

1	Agnew, Christopher	Tuscaloosa C	25.99	_____
2	Baylor, Justin	Meridian Mid	25.38	_____
3	McDaniel, Britten	Sipsey Valle	25.15	_____
4	Stringer, Joshua	Hillcrest HS	24.74	_____
5	Campbell, Robert	Meridian Mid	24.96	_____
6	Gregory, Alden	Sipsey Valle	25.34	_____
7	Greenwood, Umair	Selma	25.46	_____
8	Barnette, Evan	Holy Spirit	26.11	_____

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Section 3 of 5 Finals...(Event 52 Boys 200 Meter Dash Junior Varsity)

1	Huff, Evan	Central - Tu	26.87	_____
2	Dickinson, Max	American Chr	26.73	_____
3	Rhone, Johnathan	Demopolis	26.57	_____
4	Dixon, Ben	Hillcrest HS	26.12	_____
5	Taylor, Anthony	Tuscaloosa C	26.12	_____
6	Williams, Larry	Central - Tu	26.61	_____
7	Witherspoon, Xaden	Selma	26.85	_____

Section 4 of 5 Finals

1	Stidham, Porter	Northside	30.32	_____
2	Rodriguez, Jaxon	Northside	29.95	_____
3	Brown, Aiden	Demopolis	28.10	_____
4	Hall, Noah	Demopolis	27.67	_____
5	Craig, Kylan	Holy Spirit	28.08	_____
6	Tensley, Gavin	Demopolis	29.51	_____
7	Sweatt, Kale	Northside	29.98	_____

Section 5 of 5 Finals

2	Dearing, Levi	American Chr	NT	_____
3	Kightlinger, Alex	Northside	NT	_____
4	Ember, Josh	American Chr	30.85	_____
5	Dearing, Logan	American Chr	33.18	_____
6	Pate, Luke	Northside	NT	_____
7	Glenn, Caiden	Demopolis	NT	_____

Event 102 Girls 200 Meter Dash High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 25.20 4/1/2017 Qymeshia Mayhew**

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

1	Crooks, Zy'Iona	Holt	27.59	_____
2	Brown, Jakiara	Central - Tu	27.35	_____
3	Stewart, Cerenity	Hillcrest HS	25.96	_____
4	Clark, Zaurie	Meridian Hig	24.73	_____
5	Boyd, Makilah	Meridian Hig	25.93	_____
6	Jones, Timmiya	Tuscaloosa C	26.10	_____
7	Clark, Foster	Tuscaloosa C	27.50	_____
8	Dumas, Ava	Ramsay	27.77	_____

Section 2 of 5 Finals

1	Taylor, Maddie Claire	Holy Spirit	29.20	_____
2	Feagan, Zoey	Ramsay	28.70	_____
3	Luogon, Salima	Holy Spirit	28.33	_____
4	Stevenson, Dyamond	Holt	27.96	_____
5	Eatmon, Rayne	Tuscaloosa C	28.30	_____
6	Leatherwood, Aubrey	Central - Tu	28.45	_____
7	Spencer, Freya	Pickens Coun	29.07	_____
8	Chapman, Carleigh	Greensboro H	29.31	_____

Section 3 of 5 Finals

1	Briggins, Asharia	Greensboro H	30.02	_____
2	Holley, Jada	Greensboro H	29.92	_____
3	Rose, Kennedy	Ramsay	29.50	_____
4	Willmore, Aspyn	Northside	29.38	_____
5	Simmons, Jaidyn	Demopolis	29.39	_____
6	Samuel, Camya	Holt	29.69	_____
7	Granger, Kennidi	Hillcrest HS	29.96	_____
8	Black, Piper	Demopolis	30.36	_____

Section 4 of 5 Finals

1	Bester, TeLaysia	Hale County	37.57	_____
2	Dunn, Sydney	Brookwood	31.97	_____
3	King, Emily	Holy Spirit	31.22	_____
4	Bishop-Colvin, A'Nyla	Sipsey Valle	30.39	_____
5	Woods, Makayla	Demopolis	30.94	_____
6	Simmons, Alyssia	Sipsey Valle	31.51	_____
7	Crummie, Londyn	Brookwood	33.38	_____
8	Anderson, CorDaejah	Hale County	38.65	_____

Section 5 of 5 Finals

2	Jones, Eva	Northside	NT	_____
3	Jones, Kaitlyn	Pickens Coun	NT	_____
4	Hall, TadLashia	Hale County	40.00	_____
5	Coley, Kensley	Brookwood	NT	_____
6	Prude, Jordan	Pickens Coun	NT	_____

Event 202 Boys 200 Meter Dash High School**Saturday 3/28/2026 - 10:00 AM****KOW Rec: 22.11 4/1/2023 Jeffery Gathright**

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

1	Prince, Patrick	Hillcrest HS	23.25	_____
2	Winfield, Micheal	Meridian Hig	22.57	_____
3	Fowler, Levi	American Chr	21.76	_____
4	Boyd, Chad	Meridian Hig	21.32	_____
5	Wade, Omyri	Meridian Hig	21.73	_____
6	Freeman, James	Central - Tu	22.55	_____
7	Hill, Anquian	Central - Tu	22.63	_____
8	Williams, Jatayvion	Hillcrest HS	23.51	_____

Section 2 of 5 Finals

1	Bates, Charles	Brookwood	24.28	_____
2	Robertson, Keith	Hillcrest HS	23.85	_____
3	Eatmon, La'Quintin	Central - Tu	23.59	_____
4	Seay, Nygel	Holy Spirit	23.52	_____
5	Bryant, Kobe	Tuscaloosa C	23.56	_____
6	Richardson, Aj	Tuscaloosa C	23.67	_____
7	Thurman, Jalen	Demopolis	23.97	_____
8	Jones, Christian	Demopolis	24.33	_____

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Section 3 of 5 Finals...(Event 202 Boys 200 Meter Dash High School)			
1	Collier, Zayvion	Demopolis	25.12
2	Jimenez, Levi	Northside	24.91
3	Johnson, Aiden	American Chr	24.82
4	Simmons, KaDamion	Holt	24.38
5	Hines, Caleb	American Chr	24.56
6	Carlisle, Calyxx	Greensboro H	24.84
7	Witherspoon, James	Brookwood	24.94
8	Crooks, Brendan	Greensboro H	25.47

Section 4 of 5 Finals			
2	Veillion, Kasen	Holy Spirit	26.32
3	Gee, Kaden	Holt	25.91
4	Kennedy, Amaury	Brookwood	25.51
5	Nixon, Amonte	Greensboro H	25.81
6	Stewart, LaDerrick	Pickens Coun	26.02
7	Larkin, Tate	Northside	27.76

Section 5 of 5 Finals			
2	Gardner, Davis	Pickens Coun	NT
3	Vanhorn, Gage	Hale County	30.00
4	Burden, Cameron	Hale County	30.00
5	Cousette, Kendrick	Hale County	30.00
6	Kightlinger, Austin	Northside	NT
7	Latham, Quincy	Pickens Coun	NT

Event 8 Girls 300 Meter Hurdles Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		48.06	4/6/2024 Aliya Pippen
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Byrd, Khi	Selma	1:25.87
2	Bell, Zeria	Selma	1:01.26
3	Suttles, Ja'Nyla	Selma	1:00.39
4	Landrum, Imoni	Meridian Mid	50.88
5	Stewart, Jamirra	Meridian Mid	52.45
6	Sanders, Kaniaya	Meridian Mid	1:00.88
7	Wright, Talayla	Selma	1:05.37

Event 108 Girls 300 Meter Hurdles High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		43.66	4/2/2022 Rashni Walker
Lane	Name	School	Seed Time
Section 1 of 3 Finals			
2	Knott, Xzavionna	Meridian Hig	51.87
3	James, Mariah	Demopolis	50.02
4	Arrington, Kyndal	Meridian Hig	47.32
5	Prude, Sahara	Brookwood	49.78
6	Gray, Montaeja	Central - Tu	50.12
7	Thomas, Jaliyah	Central - Tu	52.00

Section 2 of 3 Finals			
2	Prewitt, Kynnedi	Ramsay	56.03
3	Black, Piper	Demopolis	54.00
4	Holcombe, Jada	Brookwood	52.26
5	London, Cameron	Tuscaloosa C	52.60
6	Hill, Amia	Meridian Hig	56.02
7	Gray, Jennifer	American Chr	56.44

Section 3 of 3 Finals			
2	Kendrick, Mary Ella	Northside	NT
3	Nall, Bailee	Hillcrest HS	NT
4	Dumas, Aliyah	Ramsay	58.02
5	Willis, Katelan	Ramsay	59.99
6	Burch, Janiya	Greensboro H	NT

Event 58 Boys 300 Meter Hurdles Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		42.92	4/6/2024 Martez Phillips
Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Reese, Cristian	Selma	51.83
2	Long, Telly	Hale County	49.05
3	Robinson, Marcus	Selma	46.31
4	Campbell, Robert	Meridian Mid	44.38
5	Williams, Walter	Hale County	45.99
6	Neely, Jeremiah	Sipsey Valle	47.99
7	McClain, Michael	Central - Tu	49.42
8	Lanier, Jaquez	Meridian Mid	54.49

Section 2 of 2 Finals			
2	Turner, Corey	Central - Tu	NT
3	Ember, Josh	American Chr	NT
4	Webb, Jayden	Meridian Mid	55.64
5	Ray, Ahdeverrette	Meridian Mid	56.98
6	Savage, Joshua	Hillcrest HS	NT

Event 208 Boys 300 Meter Hurdles High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec:		40.47	4/5/2025 Peyton Thomas
Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Clark, Jaden	Meridian Hig	45.73
2	Smith, Cason	Tuscaloosa C	43.56
3	Carmean, Luke	Northside	42.51
4	Wilson, Stephen	Meridian Hig	42.34
5	Marshall, Dee	Tuscaloosa C	42.40
6	Cowan, Dayton	Holt	42.94
7	James, Carlow	Demopolis	45.06
8	Steele, Braylon	Central - Tu	45.90

Section 2 of 3 Finals			
2	Agnew, Aiden	Greensboro H	48.76
3	Bucural, Tyson	Demopolis	47.86
4	Warren, Tarmarus	Central - Tu	46.80
5	Giles, Traylien	Central - Tu	47.30
6	Powell, Xzavion	Meridian Hig	48.30

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Section 3 of 3 Finals...(Event 208 Boys 300 Meter Hurdles High School)			
2	Norfleet, Khylan	Hillcrest HS	NT
3	Howell, Brandon	Tuscaloosa C	54.08
4	Bailey, Jailyn	Greensboro H	49.91
5	Hurt, Jacouri	Greensboro H	50.15
6	Cooke, Jaylin	Hillcrest HS	NT

Event 206 Boys 3200 Meter Run High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 10:39.48 4/5/2025		Logan Rogers	
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	James, Gabe	Northside	10:01.14
2	Mosley, Jordan	Meridian Hig	10:47.34
3	Richardson, Canyon	Northside	10:50.09
4	Harbin, Brody	Northside	11:18.30
5	Greene, Caleb	American Chr	11:42.06
6	Cormier, Wilkes	Sipsey Valle	12:06.61
7	Colbert, Samuel	Tuscaloosa C	12:26.22
8	Reynolds, Webb	Demopolis	12:43.29
9	Ramos, Ramier	Meridian Hig	13:39.67
10	Bletten, Austin	Tuscaloosa C	14:05.15
11	Wilson, Dylan	Demopolis	NT
12	Naylor, Thomas	Meridian Hig	NT
13	Bucural, Tyson	Demopolis	NT

Event 56 Boys 3200 Meter Run Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 11:38.21 4/5/2025		Coelton Livingston	
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
14	Grissett, Sawyer	Northside	NT

Event 106 Girls 3200 Meter Run High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 11:01.69 3/31/2018		Presley Miles	
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
15	Patton, Katelyn	Northside	12:03.87
16	McKinney, Madeleine	American Chr	14:31.33
17	Kephart, Mari Jayne	Meridian Hig	15:22.65
18	Walker, Adilyn	Tuscaloosa C	16:04.96
19	Randle, Layla	Meridian Hig	16:54.99
20	Austin, Kylie	Tuscaloosa C	NT
21	Riley, Markiyah	Tuscaloosa C	NT

Event 6 Girls 3200 Meter Run Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 12:16.70 4/6/2024		Lillie Gould	
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
22	Young, Abbie	American Chr	NT

Event 22 Girls 4x400 Meter Relay Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 4:42.90 4/1/2023		Tupelo High School	
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
5	Selma		NT
6	Hale County		4:37.37
7	Meridian Mid		5:35.72

Event 72 Boys 4x400 Meter Relay Junior Varsity			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 3:51.90 3/31/2018		Landmark Christian School	
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Meridian Mid		4:15.21
4	Hale County		3:44.47
5	Demopolis		3:48.84
6	Hale County	B	4:25.00

Event 122 Girls 4x400 Meter Relay High School			
Saturday 3/28/2026 - 10:00 AM			
KOW Rec: 4:00.63 4/1/2017		Paul W. Bryant High School	
Q Mayhew, S Franklin, D Hodges, T Brown			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Greensboro H		4:46.98
3	Tuscaloosa C		4:29.00
4	Meridian Hig		4:03.34
5	Northside		4:24.32
6	Demopolis		4:38.10
7	Ramsay		4:56.18
8	Holy Spirit		NT

Event 222 Boys 4x400 Meter Relay High School					
Saturday 3/28/2026 - 10:00 AM					
KOW Rec:		3:25.86	3/31/2018	Northridge High School	
T Abrams, V Taylor, M Moore, G Winston					
Lane	Team	Relay		Seed Time	
Section 1 of 1 Finals					
2	Holy Spirit			NT	_____
3	Northside			3:45.04	_____
4	Demopolis			3:34.84	_____
5	Tuscaloosa C			3:34.00	_____
6	Central - Tu			3:34.21	_____
7	Meridian Hig			3:36.89	_____
8	Greensboro H			4:13.39	_____