

COMFORT MIDDLE SCHOOL RELAYS 2026

3:00PM Coaches Meeting (all changes must be completed by 3:15PM)

3:55PM 2400m 7G, 8G, 7B, 8B

4:00PM Field Event Begin

Shot (Ring 1)	7B	8B	Shot (Ring 2)	7G	8G
Discus (Ring 1)	8G	7G	Discus (Ring 2)	8B	7G
LJ/TJ east pit	8B		LJ/TJ west pit	7B	Boys pits are near the scoreboard
LJ/TJ Lane 4	7G		LJ/TJ Lane 7	8G	Girls pits are near the concession stand
High Jump (Apron)	8G	8B	High Jump (grass)	7B	7G
Polt Vault	Boys	Girls			

5:55PM Running Events Order: 7G, 8G, 7B, 8B - Rolling Schedule

400m Relay

800m

100m hurdles Girls

110m hurdles Boys

100m

800m Relay

400m

300m hurdles

200m

1600m

1600m Relay

Press box will have awards at the end of the meet.