

Districts 9-4A and 10-4A Track & Field Championship
Hoss Memtsas Stadium at West Jefferson HS
Tuesday, April 21st, 2026

Host School: Belle Chasse High School

Meet Location: Hoss Memtsas Stadium at West Jefferson High School
2200 8th Street, Harvey, LA 70058

Meet Director: Micah Simoneaux

Timing Company: Crescent City Timing

Packet Pick-Up: Beginning at 12:00 PM at the finish line.

District 9-4A Schools (6): Academy of Our Lady, Archbishop Shaw, Belle Chasse, Kenner Discovery Health Science, St. Charles, The Willow School

District 10-4A Schools (7): Abramson, Eleanor McMain, Frederick A. Douglass, George Washington Carver, McDonough #35, N.O. Charter Science and Math, New Orleans Military & Maritime Academy

* If any of the thirteen (13) schools listed above decide not to participate in this district championship track & field meet, an additional entry fee will be requested of those schools participating to cover the costs of hosting the district championship.

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Jury of Appeals:

1. Archbishop Shaw (9-4A)
2. Belle Chasse High School (9-4A)
3. Kenner Discovery (9-4A)
4. George Washington Carver High School (10-4A)
5. Eleanor McMain (10-4A)
6. McDonough #35 (10-4A)
7. New Orleans Military & Maritime Academy (10-4A)

Meet Director: Micah Simoneaux

Starter: Eddie Dollis

Clerk of Course: Dorothy Price

Track Referee: Coach Kenneth White

Field Referee: Lorenza Winn

Finish Line Judge: Dennis Panepinto

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Event Assignments:

Please be at your field event at least **30 minutes prior to the start time**. Make sure you **bring all necessary equipment to run your event**. We will stay on schedule. Check-in and warm ups should begin as soon as possible to keep the meet on time.

Pole Vault: Belle Chasse

Long Jump: George Washington Carver, St. Charles Catholic

Triple Jump: Eleanor McMain, N.O. Charter Science & Math (Sci High)

High Jump: The Willow School, Kenner Discovery

Shot Put: Archbishop Shaw, Abramson

Discus: N.O. Charter Science & Math (Sci High), New Orleans Military & Maritime Academy

Javelin: Belle Chasse, Academy of Our Lady

*** The assigned schools must work BOTH the girls and boys events for BOTH districts.**

Exchange Zone Judges:

4x800m – Dennis Panepinto

4x200m – G.W. Carver, McDonough #35, Belle Chasse, The Willow School

4x100m – AoL, Eleanor McMain, G.W. Carver, Shaw, Fredrick A. Douglas

4x400m – Dennis Panepinto

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Schedule of Events:

12:00 PM – Packet pick-up at the finish line

12:45 PM – Scratch-only meeting

1:30 PM – Field events BEGIN. *Student/athletes will have 15 minutes from the time an announcement is made to arrive when going back and forth between two events as agreed upon in our coaches meeting. They must check in at the start of the event.*

Group 1

Girls Long Jump (9-4A, 10-4A)

Girls Pole Vault, Start at 5' 6" (10-4A, 9-4A)

Girls Discus (9-4A, 10-4A)

Boys Shot Put (9-4A, 10-4A)

Boys Triple Jump (9-4A, 10-4A)

Boys Javelin (10-4A, 9-4A)

Boys High Jump, Start at 5' 0" (10-4A, 9-4A)

Group 2

Girls Shot Put (9-4A, 10-4A)

Girls Triple Jump (9-4A, 10-4A)

Girls High Jump, Start at 4' 0" (10-4A, 9-4A)

Girls Javelin (10-4A, 9-4A)

Boys Discus (9-4A, 10-4A)

Boys Pole Vault, Start at 6' 6" (10-4A, 9-4A)

Boys Long Jump (9-4A, 10-4A)

Running Events

The meet will follow a rolling start with the first running event beginning at 5:00 PM.

Girls running events precede boys; District 9-4A precedes 10-4A

5:00 PM – 4x800m Relay

100/110m Hurdles

100m Dash

4x200m Relay

1600m Run

4x100m Relay

400m Dash

300m Hurdles

800m Run

200m Dash

3200m Run

4x400m Relay

Presentation of Awards