

2026 DISTRICT 9-3A & DISTRICT 10-2A TRACK & FIELD CHAMPIONSHIPS

GENERAL INFORMATION

- Date: Thursday, April 23
- Location: West Jefferson High School, “Hoss” Memtsas Stadium, 2200 8th St., Harvey, LA
- Facilities: 8 Lane Mondo Track – Wear ¼” (6mm) or smaller spikes
- Admission \$10.00 - 12 and under are free. (Cash will not be accepted at the gate)
- The concession stand accepts cash, credit cards, and apple pay.
- District 9-3A - Fisher, Haynes Academy, Jefferson Rise, **Patrick Taylor Academy (Host School)**, Thomas Jefferson.
- District 10-2A - Newman, Country Day, Sarah Reed, South Plaquemines, St. Katharine Drexel, St. Mary’s Academy, Cohen

MEET EXPENSES

- Timing, Meet Personnel and Hospitality
- Awards - 1st and 2nd place team trophies, Track MVP medals, Field MVP Medals, Overall MVP plaques. Medals for 1st, 2nd and 3rd places (individual & relay events). Each District will be responsible for their awards.

ENTRY FEES

- District 9-3A-**\$160** (timing, awards, hospitality) Checks made payable to **Patrick Taylor Academy**
- District 10-2A-**\$96** (timing) Checks made payable to **Patrick Taylor Academy**
- District 10-2A-**\$162** (awards and hospitality) Checks payable to **Isadore Newman**

STADIUM SECURITY POLICY

- Jefferson Parish Attestation Form must be completed and signed before entering the stadium.
- Coaches, athletes and managers will receive wristbands to be granted field level access.
- Athletes will be allowed to warm-up on the infield 2 events before their event. Not bags on the infield.
- Only water will be allowed on the infield.
- Food, gum, candy, and seeds are not allowed on the infield.
- When not participating, athletes must remain in the team area. Team areas will be in designated areas in the stands.

TIME SCHEDULE:

- 1:00 - 2:30p.m. Implement verification /Packet Pickup
- 2:30 p.m. Pole Vault 2A & 3A- Country Day
- 2:30 p.m. Coaches’ Meeting
- 3:00 p.m. Field Events
- 6:00 Running Events

SCORING:

District 10-3A
Individual Events: 8 – 6 – 4 – 2 – 1
Relay Events: 8 – 6 – 4 – 2

District 9-2A
Individual Events: 10 - 8 - 6 - 4 - 2 - 1
Relay Events: 10 - 8 - 6 - 4 - 2 - 1

REGISTRATION: All entries must be completed on LAMileSplit.com Deadline for entering will be April 21, 2026, 7:00 pm.

GENERAL MEET INFORMATION:

- High Jump will begin 2" below the lowest qualifying height, pole vault will begin 6" below lowest qualifying height
- For the throwing events and horizontal jumps, competitors will get 3 throws/jumps in the preliminary round. The top 7 competitors will advance to the finals, at which time each athlete will get 3 more attempts in order from 7th place to 1st place. An athletes' best attempt, whether in prelims or finals will be counted for scoring
- Uniforms must comply with rules and regulations of NFHS and the LHSAA.
- Relay participants: Each school should list 4 runners and 4 alternates a total of 8 entries. Only those listed may be used as substitutes.
- Protests will be officiated by the meet referee and school principals or principal designee.
- Athletes will be allowed to warm-up on the infield 2 events before their event. Not bags on the infield. Only water will be allowed on the infield. Food, gum, candy, and seeds are not allowed on the infield. When not participating, athletes **must** remain in the team area. Team areas will be in designated areas in the stands.

Exchange zones:

4 x 800-meter relay -	all exchanges	Blue to blue triangles
4 x 200-meter relay -	1 st & 2 nd exchanges	Green to green triangles
	3 rd exchange	Yellow to yellow triangles
4 x 100-meter relay -	all exchanges	Yellow to yellow triangles
4 x 400-meter relay -	all exchanges	Blue to blue triangles

Starts:

4x800 relay, 1600 meter and 3200-meter run	- waterfall
800 meter	- 1 turn stagger
1600-meter relay	- 3 turn stagger

Questions can be directed to:

Brad Womack
Athletic Director, Patrick F. Taylor Academy
(504) 292-3776 - cell
(504) 561-3322 - athletics
brad.womack@jpschools.org

TIME SCHEDULE AND ORDER OF EVENTS

Pole Vault 2:30

Field events Group 1 – 3:00 PM

2A Girls Javelin
3A Boys Triple Jump
2A Girls Long Jump
3A Boys Discus
2A Boys Shot Put
2A Boys High Jump

Field events Group 2 – 3:45 PM

2A Boys Triple Jump
3A Girls Javelin
2A Boys Discus
3A Girls Long Jump
3A Boys Shot Put
3A Boys High Jump

Field events Group 3 – 4:30 PM

2A Boys Javelin
3A Boys Long Jump
2A Girls High Jump
3A Girls Triple Jump
2A Girls Shot Put
3A Girls Discus

Field events Group 4 – 5:15 PM

2A Boys Long Jump
3A Boys Javelin
2A Girls Triple Jump
3A Girls High Jump
2A Girls Discus
3A Girls Shot Put

We will run the 4x800 relay during the third group of field events at approximately 4:45. All other running events will begin following completion of field events. Running event times are approximate, we will run an event-by-event schedule. Coaches should prepare their athletes for a rolling schedule and possible advances or delays.

6:00 p.m. Running events will be contested as follows; 2A Girls, 3A Girls, 2A Boys, 3A Boys
(Times are approximate. Events may go earlier than listed time)

4:45 p.m.	First call for 4x800-meter relay
5:00 p.m.	4x800-meter relay
6:00	100/110-meter hurdles
	100-meter dash
	4x200m Relay
	1600-meter run
	4x100-meter relay
	400-meter dash
	300-meter Intermediate Hurdles
	800-meter run
	200-meter dash
	3200-meter run
	4x400-meter relay

Event Responsibilities

3:00 p.m.	2A Girls Javelin – Cohen 2A Girls Long Jump – St. Katherine 2A Boys Shot Put – Sarah Reed 2A Boys High Jump – Country Day	3A Boys Triple Jump – Thomas Jefferson 3A Boys Discus – Jefferson Rise
3:45 PM	2A Boys Triple Jump – South Plaquemine 2A Boys Discus – Newman	3A Girls Javelin – Fisher 3A Girls Long Jump – <u>St. Mary</u> 3A Boys Shot Put – Patrick Taylor 3A Boys High Jump – Haynes
4:30 PM	2A Boys Javelin – Cohen 2A Girls High Jump – Country Day 2A Girls Shot Put - Sarah Reed	3A Boys Long Jump – <u>St. Mary</u> 3A Girls Triple Jump – Thomas Jefferson 3A Girls Discus – Jefferson Rise
5:15 PM	2A Boys Long Jump – St. Katherine 2A Girls Triple Jump – South Plaquemine 2A Girls Discus – Newman	3A Boys Javelin – Fisher 3A Girls High Jump – Haynes 3A Girls Shot Put – Patrick Taylor

Exchange Zones

4x200

Exchange 1 – Need 2A school and a 3A School

Exchange 2 – Need 2A school and a 3A School

4x100

Exchange 1 – Need 2A school and a 3A School

Exchange 2 – Need 2A school and a 3A School

Exchange 3 – Need 2A school and a 3A School

4x400

Patrick Taylor

4x800

Patrick Taylor

HURDLE FLIGHT ASSIGNMENTS

Patrick Taylor volunteers will put out the hurdles.

Hoss Memtsas Track Markings

<u>EVENT</u>	<u>START</u>	<u>EXCHANGE ZONE / HURDLE EXCHANGE</u>
4 x 800 Relay	White	Waterfall
4 x 200 Relay	Green	1 st - 2 nd green to green triangles 3 rd - 4 th yellow to yellow triangles
1600-meter	White	Waterfall
100-meter hurdles Girls	White	Yellow – 10 Hurdles 33"
110-meter hurdles Boys	White	Blue – 10 Hurdles 39"
100-meter dash	White	
800-meter dash	White	Break line Green, first turn
4 x 100-meter Relay	White	Yellow
400-meter	Yellow	
300-meter LH Girls	White	Black – 8 Hurdles 30"
300-meter IH Boys	White	Black – 8 Hurdles 36"
200-meter dash	White	
3200 meter run	White	Waterfall
4 x 400-meter	Blue	Blue - 3 turn stagger @ Green break line

PROTEST FORM

TO: Referee or Meet Director

Time of Protest: _____ Date: _____

Classification: _____ Boys: Girls:

School: _____ Coach: _____

BASIS FOR PROTEST: _____

ACTION TAKEN: _____

Protest Committee Signatures: _____



Javelin

Backfield Entrance

Discus

Shot Put

Boys Long & Triple

Pole Vault

Team Entrance

Fan and Team Seating

Fan Entrance

Infield Entrance

High Jump

Girls Long & Triple

Harold H. Hester
Empowerment
Church NOVA

JEFFERSON
HIGH SCHOOL

Rest
Human Dev

50

Westbank Expy

Westbank Expy

Brown Ave

Brown Ave

Brown Ave

900

700

620

020

828