

Dear Coach:

The 2026 District 2-2A Track Championships will be held at Ouachita Christian School on WEDNESDAY, April 22. The OCS Boys and Beekman/OCS Girls were champions in 2025 and will co-host the 2026 District Meet. **Field Events will begin at 10:30** (except Girls Triple Jump) and Running Events around 12:30. **Please look at your school's assigned area of responsibility and be sure to educate yourself with the rules of that event.** Registration will take place through LAmilesplit.com. Entry Fee will be \$130 per boys' team and \$130 per girls' team (\$260 per school) and can be mailed to Ouachita Christian or brought on the day of the meet. For your entries, you will enter your athletes on <https://la.milesplit.com> **Please have the entries done by 4:00 Tuesday, April 21.** If you have Any questions regarding the entry process, please let myself or Coach Zemarcus Mays of Beekman Charter know.

### **Further Instructions:**

- \*Tents are only allowed on the TOP ROWS of the Stadium. Bleachers may be used on BOTH sides of the field. No Camping on the turf as we do not want food and drink on the turf.
- \***Spikes: 1/4 pyramid.**
- \***PLEASE USE CHALK or Rubber Strips that we will provide instead of tape for RELAYS (Chalk will be provided).** We have a new track and want to keep it looking great.
- \***Meet will be conducted according to LHSAA rules.**
- \***Pole Vaulters** will need to weigh-in and bring their pole vault verification form by 9:45.
- \***All Throwing implements** will be weighed and marked for use (**weigh-in begins at 9:30**)
- \*Please bring your own blocks.
- \*There will be at least 10 minutes between the **start** of each girls' race.
- \*We will have places in the BACK Parking lot designated for your buses.
- \*Restrooms are located adjacent to the concession stand.
- \*We will present the Top 3 Medalists in the Field Events as well as the Boy and Girl *Sharplin Positive Attitude Awards* during the time between the field and running events.
- \***Check-Ins** for Distance races (800, 1600, 3200) and 4x800 and 4x400 Relays will take place at the Benches located near the 25-yard line. All other races will check in at the benches located at the East end of the track behind the 100-meter mark.

### **Awards:**

Medals to top 3 in individual events. Top 3 winners will be recognized at Midfield. Field Events will take place at the conclusion of the field events. Running event presentations will be made after each race.

Team trophies will be awarded to 1<sup>st</sup> and 2<sup>nd</sup> place overall.

At the conclusion of the meet, High Point Awards will be given for the Track, the Field, & Overall.

If you have any questions, feel free to email me or call me at 450-7855.

Thanks!

Coach Steven Fitzhugh

# *2026 District 2-2A Championship*

## **FIELD EVENTS:**

**10:30 AM** ALL throws and jumps will have three attempts in the prelims and the top 7 marks will advance to the finals where three more attempts will be granted. The best mark from prelim or final will count for that individual.

**LONG Jump – Girls (New Pit behind the scoreboard).**

Boys will do Long Jump on runway in front of scoreboard once Triple jump is completed.

**TRIPLE Jump– Girls will begin Triple at 10:00** on the runway in front of scoreboard.

Boys to follow on the pit in front of the scoreboard.

**Shot Put – Boys / Girls to follow (Ring on the West end of the Lower field)**

**Discus – Girls / Boys to follow (Ring on the South end of the Lower field)**

**Pole Vault – Girls / Boys (combined if no objections) (athletes enter at desired height)**

**Javelin – Boys / Girls to follow (Behind the Tennis Courts)**

**High Jump – Girls / Boys to follow**

**Athletes who are involved with field events with a bar will do those as priority and will be allowed to do other field events when completed with the bar events. Athletes may go back and forth if so desired. We will have Golf carts to shuttle the athletes who have two field events occurring at the same time.**

**12:30** 4x800 M Relay -Girls, Boys  
100 M. Hurdles- Girls  
110 M. Hurdles- Boys  
100 M. Dash- Girls, Boys  
4X200 M. Relay- Girls, Boys (Green, Green, Yellow)  
1600 M. Run- Girls, Boys  
4X100 M. Relay- Girls, Boys (All Yellow)  
400 M. Dash- Girls, Boys  
300 M. Hurdles- Girls, Boys  
800 M. Dash- Girls, Boys  
200 M. Dash- Girls, Boys  
3200 M. Run- Girls, Boys  
4X400 M. Relay- Girls, Boys (All Blue)

## **SCORING:**

**INDIVIDUAL** Events will be: 10-8-6-4-2-1

**RELAY** Events will be: 10-8-6-4-2-1