

To: Principal/Head Track and Field Coach
From: Charlie Neal – Maurepas High School
RE: 2026 Regional Track and Field Championships

Maurepas High School is happy to serve as the meet host for the Region III – C Track and Field Championships at the Denham Springs High School Track and Field Complex in Denham Springs, Louisiana. Enclosed is information regarding the meet that I would like for you to look at closely and feel free to contact me if you see any problems that we may have over-looked.

The meet will be officiated by members of the LSU Track and Field Officials Association, USATF Certified officials, LSU track officials and coaches and officials from the New Orleans area. Timing will be F.A.T. by Coach Dennis Panepinto/Jose Becerra with the Crescent City Timing Corp. We will also have several back-up timing systems (Sprint 8), with the F.A.T. times determining the official places.

In heats against time athletes will be assigned to two heats (8/8 the 2nd heat will be the fast heat) based on their times from the district meets. Lane preferences will be: 4-5-3-6-7-2-8-1.

Please bring your pole vaulter's weight verification forms with you if they qualify for the competition and remember to inform your throwers that all throwing implements must be weighed and measured before the athletes will be allowed to use them in the competition. Implements will be kept(good/bad) and brought to each of the throwing events. Vaulter's will be weighed at the event. Please bring your own starting blocks! Also, there are only a limited seats (small roll-out stands), you may want to bring your chairs.

We are looking forward to being your meet host.

Charlie Neal
Maurepas High School
985-320-616

Region 3 – C Regional Track and Field Information Sheet

Date: Monday, April 27, 2026

Site: Denham Springs High School
1000 N. Range, Ave.
Denham Springs, Louisiana 70726

Facility: Tartan Track & Runways Wear ¼ “ spikes
Javelin (Tartan Runway)

Entry Fees: **\$200.00 per school**
Payable to: Maurepas School
Teams will not be allowed to compete if entry fee has not been paid!!!!

Spectators: \$10.00 per person to enter the facility.
Coaches must present his/her LHSAA Coaches card and ID to get into venue.

Time
Schedule: 2:00 p.m. Implement Weigh-In
 2:30 p.m. Scratch Meeting
 3:30 p.m. Field Events
 5:30 p.m. Running Events

Meet Director: Charlie Neal - Maurepas

Meet Referee: Brad Neal

Jury of
Appeals: Brad Neal/Bruce Williams/Adrian Scriber

Timers: Crescent City Timing

Team
Entries: All entries will automatically be advanced on Milesplit.com.

Relays: Each school should list (4) runners plus an additional (2) alternates.
Only designated alternates may be substituted at meet.

Awards: The Champion and Runner-up will receive team awards, while the top(3). Individuals will receive regional medals.

Region III-C Track and Field Championships
Monday, April 27, 2026 at Denham Springs High School

FIELD EVENTS and ASSIGNMENTS

3:00 pm	Girls Pole Vault (Boys will follow) Girls High Jump Boys Long Jump Girls Javelin	Maurepas First Baptist Pheonix Lutheran
3:45 pm	Boys High Jump Girls Long Jump Boys Javelin	First Baptist Pheonix Lutheran
4:30 pm	Boys Triple Jump Girls Shot Put Boys Discus	VB Glenco Charter False River/Grand Isle Northside Christian/ Family Christian
5:15 pm	Girls Triple Jump Boys Shot Put Girls Discus	VB Glencoe Charter False River/Grand Isle Northside Christian/ Family Christian

RUNNING EVENTS

5:45 pm	100m Hurdles 110m Hurdles 100 Meters 800 Meter Relay (4 x 200) 1600 Meters 400 Meter Relay (4 x 100) 400 Meters 300 Meter Hurdles 800 Meters 200 Meters 3200 Meters 1600 Meter Relay (4 x 400)
8:00 pm	Team Awards