

**MARATHON SPORTS ELITE INVITATIONAL
MONDAY, JANUARY 19TH, 2025 – 12:00PM**

MEET QUESTIONS: 603-969-8415 (CELL) ROBERT.WHITTEN@MAINE.EDU

- **ENTRY FEE**. YOU ARE RESPONSIBLE FOR ALL ENTRIES CALCULATED AS ENTRIES CLOSED, **NOT** WHO COMPETES.
- CHECKS OR PO CAN BE MAILED, OR BROUGHT THE DAY OF THE MEET BUT MUST BE RECEIVED BEFORE THE MEET STARTS.
- PLEASE MAKE CHECKS PAYABLE TO: **USM TRACK AND FIELD
37 COLLEGE AVE
GORHAM, ME 04038**

PARKING: THE UNIVERSITY OF SOUTHERN MAINE INSTITUTED A DIGITAL PARKING INITIATIVE THAT REQUIRES ALL USM VISITORS TO PAY FOR PARKING. THIS WILL INCLUDE TEAM VEHICLES, COACHES, PARENTS AND SPECTATORS. MORE INFORMATION CAN BE FOUND [HERE](#)



- FACILITY OPENS NO EARLIER THAN **10:30AM**
- ELECTRONIC DEVICES, ESPECIALLY EARPHONES, ARE **NOT** PERMITTED IN THE COMPETITION AREA AT ANY TIME. THIS INCLUDES WARMING UP ON THE TRACK.
- CONCESSIONS WILL HAVE FOOD, DRINKS, SNACKS AND PIZZA FOR SALE.
- MARATHON SPORTS INVITATIONAL T-SHIRTS WILL BE AVAILABLE FOR SALE.
- AWARDS WILL BE GIVEN FOR THE TOP 3 FINISHERS IN EACH EVENT. RUNNING EVENTS SHOULD PROCEED TO THE PODIUM IMMEDIATELY FOLLOWING THE END OF THE RACES. FIELD EVENTS AS SOON AS ENTRIES ARE FINALIZED WILL BE CALLED TO THE AWARDS AREA.
- **SPIKES WILL BE ALLOWED IN ALL EVENTS – ¼” PYRAMID MAX, NO NEEDLE OR CHRISTMAS TREE SPIKES ALLOWED.**
 - ALL SPIKES WILL NEED TO BE CHECKED AND ZIP TIED AS PART OF THE CHECK IN PROCESS ON THE INFIELD.

MEET PROTOCOL:

TRACK EVENTS

- CHECK IN WILL IN THE MIDDLE OF THE INFIELD.
- EVENTS WILL NOT BE SEEDED UNTIL AFTER FINAL SCRATCHES TAKE PLACE ON MONDAY. IF YOU HAVE ANY 200M SCRATCHES THOUGH OUT THE DAY, PLEASE BRING THEM TO THE TIMER.
- TIMED SECTION FINALS ON THE TRACK WILL BE RUN FASTEST TO SLOWEST.
- 55M / 55H – HEATS WILL BE SEEDED IN SERPENTINE ORDER. TOP 8 TIMES WILL ADVANCE TO THE FINAL.
- 200M – ONLY LANES 3-6 ONLY WILL BE, NO LANES 1 OR 2.
- 400M – ONLY LANES 2-6 WILL BE USED, NO LANE 1.
- 4x200M – LANES 3-6 WILL BE USED, NO LANES 1 OR 2, UNLESS WE NEED A SECTION OF 5 IN THE SLOWEST SECTION.
- STARTING BLOCKS – USM STARTING BLOCKS WILL BE AVAILABLE FOR ALL RACES (HEATS). PLEASE LIMIT THE AMOUNT OF SCHOOL BLOCKS BROUGHT TO THE STARTING AREA TO LIMIT CONGESTION.

FIELD EVENTS

- THERE WILL BE 3 ATTEMPTS IN LJ, TJ AND SP. TOP 8 WILL ADVANCE TO FINALS WITH 3 ADDITIONAL ATTEMPTS.
- ATHLETES SHOULD ARRIVE AT THE MEET WITH A MEASURED RUNWAY MARK. REVERSE RUN THROUGHES WILL NOT BE ALLOWED.
- IMPLEMENT WEIGH IN WILL HAPPEN AT CHECK IN OF EACH EVENT AND WILL BE DONE RIGHT AT THE SHOT PUT CIRCLE.
- OPENING HEIGHTS:
 - GIRLS HIGH JUMP – 4-2
 - GIRLS POLE VAULT – 6-0
 - BOYS HIGH JUMP – 5-0
 - BOYS POLE VAULT – 8-0

2026 MARATHON SPORTS ELITE INVITATIONAL

10:30AM **FACILITY OPENS**

FIELD EVENTS

FIELD EVENTS WILL CHECK IN AT FIRST CALL AT THE EVENT LOCATION

12:00 PM	BOYS LONG JUMP FOLLOWED BY GIRLS LJ (APPROX. 1:00)	
12:00 PM	GIRLS HIGH JUMP FOLLOWED BY BOYS HJ (APPROX. 1:45)	OPENING HEIGHT – 4-2 OPENING HEIGHT – 5-0
12:00 PM	BOYS POLE VAULT FOLLOWED BY GIRLS PV (APPROX. 2:00)	OPENING HEIGHT – 6-0 OPENING HEIGHT – 8-0
12:00 PM	GIRLS SHOT PUT FOLLOWED BY BOYS SP (APPROX. 1:15)	
2:15PM APPROX	BOYS TRIPLE JUMP FOLLOWED BY GIRLS TJ (APPROX. 3:30)	

FINAL TIME SCHEDULE

RUNNING EVENTS (GIRLS FIRST IN ALL TRACK EVENTS EXCEPT 55H FINALS*)

- PLEASE REPORT TO THE CLERKING TABLE ON THE INFIEL
- SEEDED SECTIONS RUN FIRST

1:00 PM	55 HURDLE (G-B)	TRIALS (HEAT WINNER + NEXT X FASTEST TIMES ADVANCE)
1:20 PM	55 DASH	TRIALS (HEAT WINNER + NEXT X FASTEST TIMES ADVANCE)
1:45 PM	MILE RUN	
2:10 PM	55 HURDLES (B-G)	FINALS
2:20 PM	55 DASH	FINALS
2:25 PM	400M	LANES 2-6, NO LANE 1
2:40 PM	800M	
3:00 PM	200M	LANES 3-6, NO LANE 1 OR 2
3:25 PM	TWO MILE RUN	
3:50 PM	4 X 200M RELAY	NO LANE 1

- RESULTS WILL BE POSTED IN THE HALLWAY ON THE TRACK LEVEL AND LIVE RESULTS POSTED ON THE QR CODES AROUND THE FACILITY.
- AWARDS PRESENTATION FOR TOP 3 INDIVIDUALS AND RELAYS WILL TAKE PLACE ON THE INFIEL AS SOON AS RESULTS FOR THAT EVENT ARE FINAL.

FACILITY: **200M MONDO TRACK – NEW SURFACE IN 2018.**
6 OVAL LANES, 8 SPRINT LANES

LJ BOARDS @ 8' AND 12'.
TJ BOARDS @ 25', 31' 6", AND 40' 6"
WOOD CIRCLE FOR SHOT PUT