

31st Annual Tim Menke Invitational Cross Country Meet

Date: Saturday, August 29, 2026
Race Site: North Hopkins High School

Race Times: **7:00 Check in/Course open**
8:00 Fun Run (3rd-6th grade)
8:15 Varsity Girls 2 miles
8:45 Varsity Boys 5k
9:15 JV Girls 2 miles
9:45 JV Boys 5k
10:15 JH Girls 2 miles
10:45 JH Boys 2 miles

Times are tentative. We will do a rolling start. As soon as a race is over we will start the next ASAP.

Entries: Entries for all races, high school and middle school, will need to be entered into tx.milesplit by Wednesday, August 27th, 2025. All races will be timed by Cowtown Sports.

Entry Fee: HS team – \$100 MS team – \$75 \$20 per individual if not a full team
Maximum fee per school \$300
Make checks payable to North Hopkins ISD Athletics, ATTN: Kelley Clark
Mail checks to: 1994 FM 71 W Sulphur Springs, TX 75482

Results/Awards: Cowtown Sports will be timing and posting results. Top ten runners in each division will receive a medal. First place teams will receive a plaque.

Bus Parking: All bus parking will be on the west side of the track. That is the opposite side of the track away from the school building. Signs will be posted directing you where to park.

Registration: Register your runners on tx.milesplit.com. Have all of your runners registered online by the deadline.

Team Camps: Team camps may be set up on the infield of the track.

Bathrooms: Located inside our gymnasium.

Contact Info: Kelley Clark: kclark@nhisd.net 817-480-3019 Mike Welch (Cowtown Sports): 817-992-3027