FOLDS of HONOR

2nd ANNUAL OKLAHOMA HS THROWS COMPETITION

We invite you to our 2nd Annual Throws Indoor Competition. The meet will feature both the Shot Put and Weight Throw. High school coaches will need to register their athletes, and we will change their status to unattached entries. This event will be conducted as an open/unattached competition.

MEET INFORMATION:

- Saturday, February 7th, 2026
- Owasso High School Indoor Facility; 12901 E. 86th St. N. Owasso, Ok 74055 (see map)
- Check in at 8:00 am
- Weigh-In Starts at 8:00 am
- Warm-ups are available before your event.
- Event starts at 9:00 am
- Sign up early through OK MILESPLIT up to the day of the event....OR
- Sign up at the door. (No Price Change at the door)
  - You'll get your bib once you've made your payment.
  - Checks made out to Owasso Track Booster Club.
  - You can also pay with Square at the door.
- Scoring:
  - No Team Scoring
  - Cross Roads Timing will record all throws.
  - Mile Split will be used.
  - Meet officials have the discretion to withhold any throwing implements that do not meet the weight requirements.

Schedule: We will try our best to stay on time.

- 9:00 am
  - 14-Under Girls Shot
  - HS (9-12) Girls Shot
- 9:00 am
  - 14-Under Boys Shot
  - HS (9-12) Boys Shot
- 11:30 (We will only have these events if we have enough sign-ups.)
  - HS Girls Weight Throw
  - HS Boys Weight Throw

- Steve Parker, Owasso Head Coach, 918-808-1412; Email: steve.parker@owassops.org