

Borough Freshman/Sophomore Cross Country Championships

October 14th, 2025 - Girl's Borough frosh/soph (Brooklyn/Bx/Manhattan/Queens)-Staten Island (Boys and Girls in SI only)

October 15th, 2025 - Boy's Borough frosh/soph (Brooklyn/Bx/Manhattan/Queens)

Race Times- Sophomore races at 4:15, freshman races at 5:00pm

For the frosh/soph borough championship – freshman will run 1.5 miles and sophomores will run 2.5 miles. (Staten Island will run 5K).

On both race dates medals will be awarded to the top 15 finishers. Trophies will be awarded to the top three teams in each race.

Runners will not be allowed on the starting line without their assigned PSAL number. Coaches should be sure to bring assigned numbers to all weekday events.

Under no circumstances may sophomores, juniors or seniors run in the freshman race. Under no circumstances may freshman, juniors or seniors run in the sophomore race.