

**83rd Boys & 51st Girls**  
**“John E. Nagel Memorial”**  
**Jersey City Cross Country Championship**  
 Lincoln Park, Jersey City / Wednesday - October 8, 2024

School: \_\_\_\_\_ Coach / Mobile: \_\_\_\_\_

Email: \_\_\_\_\_ AD Signature: \_\_\_\_\_

<b>Division</b>		<b>Team</b>		<b>Ind.</b>
Freshmen Boys		_____		_____
Freshmen Girls		_____		_____
JV Boys		N/A		_____
IV Girls		N/A		_____
Varsity Boys		_____		_____
Varsity Girls		_____		_____
<b>No. Teams</b>	\$100 x	_____	=	\$ _____
<b>No. Individuals</b>	\$20 x	_____	=	\$ _____
<b>Total Entry Fee</b>				\$ _____

**Entry Information**

- 1 Team, 7 runner maximum in Varsity.
- Unlimited entry in Freshmen & Jr. Varsity.
- Top 7 Freshmen will score as a team. All others may run as individuals. Only top 7 may medal.
- Schools must run a Varsity team of at least 5 runners before entering Jr. Varsity.
- Freshmen may run Freshmen race regardless of Varsity team status.
- Boys & Girls races may be combined if entry numbers warrant

*MEET WILL NOT BE RUN AT A LOSS & IS SUBJECT TO CANCELLATION IF ENTRY / ENTRY FEES ARE LOW. WHILE THERE IS NO MINIMUM ENTRY PLEASE ENTER FULL TEAM IF POSSIBLE.*

**ORDER OF EVENTS** *Varsity / JV 3-loop 5,000m course / Freshmen run 2-loop course*

- **4:00 pm**            **Freshmen Boys**
- **4:15 pm**            **Freshmen Girls**
- **4:45 pm**            **Varsity Boys**
- **5:10 pm**            **Varsity Girls**
- **5:45 pm**            **JV Boys & Girls combined / non-scoring**

Check Payable To:    **HCTCA**  
 Mail Check / Entry:   **McNair Academic, 123 Coles St., JC, NJ 07302 ATTN: Matt Hogan**  
 Meet Dir. /Timer:     **Maurice Bell / Viper Timing LLC**