



2025 Powder River Cross Country Championship

Site: Tongue River High School and IXL Ranch

Course Open:	9:00 am
Presentation of Colors	9:40
Star Spangled Banner	9:45
MS Girls	10:00 am
MS Boys	10:30
HS Girls	11:00
HS Boys	11:40
Awards	12:30 (Possibly earlier if HS Boys race finishes early)

We invite all athletes and coaches to join the TR XC Team in the singing of the Star Spangled Banner. We hope you will consider joining us. We're not a choir, so don't be bashful about joining us! Love to have you join us.

The HS course starts with a full lap on the TRHS track, transitions off the track onto a service road and then enters the IXL ranch onto a two track ranch road. Much of the course will be run on the ranch road. There is one loop HS athletes will run twice. Athletes will exit the ranch back on to TRHS campus and then enter the stadium back onto the track for ½ a lap and finish down the middle of the football field. The MS race starts outside the stadium, but has the same finish pattern. Course will be marked with flags, cones and paint. Spikes are allowed.

Team Camps may be set up outside the football field on the grassy area between the school and the stadium. Team camps are not allowed on the football field. If weather is poor, we will make our school commons available.

Hospitality Room for Drivers, Coaches and workers will be in shed near grandstand.

Concessions will be available for spectators at concession stand next to grandstand.

Restrooms are next to grandstand.

TRHS athletic trainer Jesse Kulynych-Griffith will be on site and available for help.

Parking in TRHS parking lot; additional parking at TRVCC next to TRHS.

Spectators will not be allowed on the ranch property, but will have great viewing of the start and finish. Spectators are also not allowed on the football field.



Timing will be provided by Competitive Timing.

The weather looks like a great Fall day, but will be cold at start times. Right now the weather shows rain Thursday into the overnight. We will continue to monitor the weather, but understand if you choose not to participate on Friday.

Please do not hesitate to reach out to Chad Aksamit (caksamit@sheridan.k12.wy.us) (307)763-1710 or Coach Maze for any questions, or concerns.

We are excited to host and look forward to seeing all our conference teams!