

97th MENTOR CARDINAL RELAYS

Sponsored by Nike and Second Sole

Friday, April 17th 2026

3:00pm ALL FIELD EVENTS – 2 Person Relay

Pole Vault Relay (2 athletes per team) Girls 1st/Boys 2nd

Discus Relay (2 athletes per team) Girls 1st/Boys 2nd

Shot Put Relay (2 athletes per team) Boys 1st/Girls 2nd

High Jump Relay (2 athletes per team) Boys 1st/Girls 2nd

Long Jump Relay (2 athletes per team) Girls 1st/Boys 2nd

Shot, Discus and Long Jump will consist of 4 attempts by each contestant. All attempts are final.

RUNNING EVENTS

3:30pm Boys Nike Elite 5000 Heat #1

4:00pm Girls Nike Elite 5000

4:30pm Boys Nike Elite 5000 Heat #2 Fast Heat

5:00pm Girls Sprint Medley Relay (100-100-200-400)

5:15pm Boys Sprint Medley Relay (100-100-200-400)

5:30pm National Anthem and Senior Night

6:00pm 4x800 Meter Relay (Followed by rolling time schedule) Girls/Boys

100/110 Meter Hurdles

100 Meter Dash

4x200 Meter Relay

Distance Medley Relay (1200-400-800-1600)

4x100 Meter Relay

Paige Floriea 400 Meter Dash

Harley Howells 400 Meter Dash

Aysha-Muhammad 300 Meter Hurdles

Nick Ivancic 300 Meter Hurdles

Savannah Dennison 1600 Meter Run

Ron Stapleton 1600 Meter Run

4x400 Meter Relay