

# 97<sup>th</sup> Mentor Cardinal Relays – Meet Information

**Ticket Sales** - Online pre-sale and day of cash sale. Pre-sale link on Milesplit will go live the week of.

**Scratches/Subs** - Scratches and substitutions can be made at the GCXC Trailer by the finish line.

**Buses** - Drop off at the stadium and park at the high school

**Team Packets** – 50yard line tent

**Team Camps** - Please use the East bleachers for your team camps and reserve the south bleachers for spectators. No team camps on the infield.

**Warmups Warm ups** - Infield is off limits except the Endzones.

**Nike Elite 5000** – Custom Nike Meets bibs (Found in Team Packet) Top 3 get Custom Nike Back Packets

**Clerking** - Clerking for running events will occur at the North end of the home straight (Flag Pole end) EXCEPT for the 5000, 200 and the 300 hurdles which will be clerked near the start line of those events.

**High Jump** – Boys first, followed by Girls.

Boys progression: 5-03, 5-06, 5-08, 5-10, 6-00, then 1 inch

Girls progression: 4-03, 4-06, 4-08, 4-10, 5-00, then 1 inch

**Long Jump** Girls: open pit from 3:00 to 4:30

Boys: open pit from 4:30 to 6:30

**Pole vault** – Girls first, followed by Boys.

Girls progression: 6-00, 7-00, 7-06, 8-00, 8-06, 9-00, 9-06, 10-00, then 3 inches

Boys progression: 8-00, 9-00, 9-06, 10-00, 10-06, 11-00, 11-06, 12-00, then 3 inches

**Discus** - Girls followed by Boys

**Shot Put** - Boys followed by girls

**Implement Weigh-Ins** – South End of the Stadium from 1:45-2:45pm

**Scoring** - 10-8-6-5-4-3-2-1 for all relays and individual events

**Live results** - Available on Milesplit

**Awards** - Team champion trophy. Boys and Girls meet MVP.

**Medals** – 1<sup>ST</sup> Place Relays and Top 4 in each individual race will be taken directly to the podium.

**Nike Elite 5000** – 1<sup>st</sup>-3<sup>rd</sup> Custom Mentor Cardinal Relays Nike back packs. Top 8 to Podium

**Meet Swag** – Nike Mentor Cardinal Relays Meet Tee-Shirts (\$20) - Second Sole Tent - Main Entrance to Stadium

**Nike Photo Booth** - Main Entrance to Stadium

**Concessions** - Under home bleachers

**Coaches Hospitality** – South Weight room starting at 4:30pm

**Questions** Bill Dennison, [dennison@secondsolementor.com](mailto:dennison@secondsolementor.com) 440-478-7110