

2025 Midwest Athletic Conference Cross Country Championships

TIME SCHEDULE: 9:00 am Varsity Boys
 9:45 am Varsity Girls
 10:30 am Jr. High Boys
 11:00 am Jr. High Girls

LEAGUE AWARDS: Meet trophy awarded to winning team in boys and girls. We must have at least 5 teams for a team championship. Top 7 only eligible for awards. 1-12 League Conference plaques. The preceding awards will be presented at the League Banquet. If we have at least 5 teams or more in either junior high race, we will award a team trophy, sponsored by the League.

The following awards will be presented the day of the meet:

JH Boys and Girls Team Championship Trophies (passed out in the chute)
13-30 Boys Varsity Ribbons
13-30 Girls Varsity Ribbons
1-15 Jr. High Boys Ribbons
1-15 Jr. High Girls Ribbons

Team scores will be kept for all races. Results will be available at Ohio MileSplit shortly after each race.

The course is flat and grassy except for the 300 meters on the track. Athletes wearing spikes are **NOT** permitted to wear more than 1/4" spikes. No needlepoint please.

CONCESSIONS and LEAGUE SHIRTS WILL BE AVAILABLE.

Coaches:

1. Runners need to report 10 minutes prior to race time.
2. Coaches will need to follow the officials expectations at the start of the race.
3. Runners will be disqualified for cutting the course and flipping the flags.
4. Results should be available on Ohio MileSplit shortly after the completion of each race.

Course Records:

VG, Sunni Olding, Minster, 17:39, 2003
VB, Bennett Lehman, Ansonia, 2024, 15:24.71
JHB, Steve Johns, Wapakoneta, 10:17, 1984
JHG, Sunni Olding, Minster, 11:08, 1999

League Records:

VB, Samuel Praker, Versailles, 15:36, 2010
VG, Sunni Olding, Minster, 17:39, 2003
JHB, Sam Praker, Versailles, 10:18, 2009
JHG, Sunni Olding, Minster, 11:08, 1999

Thanks,
Connie May
Meet Manager
419-678-3331 (school)
419-953-0529 (cell)

Marty Schoenherr/Jenny Alig
CC Coaches
419-678-3331 (school)

OTHER REMINDERS:

Couple of Race Day Notes:

1. We will park buses on the west side of the stadium.
2. TEAM CAMPS - Please set up your camp in an area in the park.
3. Runners need to report 10 minutes prior to race time.

***ATHLETE NUMBERS & TIMING CHIPS :

*****We will be using a finish timing chip system. They are disposable and are on the back of their bib number! Please make sure your athletes have attached their bib securely and clearly on the front of their jersey***

4. Mile and 2-mile times will be shouted out at each point.
5. Runners will be disqualified for cutting the course, flipping the flags, and wearing anything over 1/4" spikes
6. No spectators or coaches are permitted on the track in the finish area. Only volunteer workers and race personnel will be allowed on the track at the finish line. As the athletes finish, they must get away from the finish line to allow other competitors to finish without interference.
7. Results should be available on Ohio MileSplit shortly after the completion of each race.
8. ** I am hoping to use MileSplit Live...for the first time...so, I cannot guarantee anything, but I am willing to try.

Best of luck!

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Cross Country Championships

ATHLETE COUNT AND BOX ASSIGNMENTS

Box #		Varsity Boys 9:00am	Varsity Girls 9:45am	JH Boys 10:30am	JH Girls 11:00am	
7	Coldwater	15	15	8	9	
3	St. Johns	12	13	5	3	
4	Ft. Recovery	9	5	8	7	
9	Marion Local	10	10	5	6	
2	Minster	15	17	5	12	
1	New Bremen	21	13	6	14	
5	New Knoxville	6	5	10	1	
6	Parkway	8	16	3	3	
10	St. Henry	11	10	7	6	
8	Versailles	27	22	12	21	
	TOTAL	134	126	69	82	411





