

## 2026 CONN-MADDEN RELAYS FINAL INSTRUCTIONS

1. **ATHLETES** who ride the school bus will be dropped off at the athlete's gate located on the side near McDonalds. Athletes need to be dressed in school issued track gear. The same rules apply to athletes who drive. Athletes can **NOT** leave out of the facilities once they enter the stadium unless they are done for the day. This is for safety reasons.
2. **ATHLETES GATE** – the entrance will be locked at 9:00 a.m. Athletes arriving late must contact their Head Coaches to meet them and enter dressed for competition through the main gates.
3. **BUSES** – All buses must park behind the stadium on the **Home** side on the driving range after dropping off your athletes.
4. **PARKING** – spectator parking is in the main parking lot.
5. **TEAM AREAS** – located on the visitor's side (**1st**) for team tents. Teams that camp out on the **HOME** side need to do so at the top.
6. **TENTS** – please secure your tents and stage them. If you use the bleachers move them to the top for paid spectators track meet visibility.
7. **TRASH** – Please use trash bags that will be distributed and clean up your areas.
8. **EQUIPMENT/VALUABLES** – make sure that they are always secure. **NNPS** is not responsible for lost or stolen items.
9. **SECURITY** – will be on site if needed. They ask that everyone stay in the bleachers and off the fence located around the track.
10. **ATHLETIC TRAINER** – will be located near the gate closest to the finish line. Water containers will be in that area. Please bring some tape and pre-wrap.
11. **HOSPITALITY** – will be located outside the small gate by the concession stand. Each volunteer, coach and official will receive a wristband to use for breakfast and lunch. Please be respectful of others who want to refresh themselves.
12. **MEDALS/TEAM TROPHIES** – will be given to coaches **at the end of the meet**. Please make sure you check to make sure you have received all your medals. Medals for 1st, 2nd & 3rd place Individual and Relays and Team Trophies to 1st and 2nd place overall teams. Frosh (8<sup>th</sup> & 9<sup>th</sup> grade) races results will NOT be added in the team scoring.
13. **COACHES MEETING** – will take place @ 8:30 a.m. at the Finish Line.
14. **CLERKING AREA – OFF LIMITS** to coaches and parents. Come dressed and race ready. Check-in on the **1<sup>st</sup> call**. **ALL** relay team members need to check-in together. We will combine heats if needed.
15. **HEATS** – Fast to slow, heats 1-5 can use starting blocks **ONLY**.
16. **FIELD EVENTS** – less to best. Standards with each athlete getting **(3)** throws or jumps with **(1)** measured if they meet the **standards (posted online) NO FINALS!**
17. **VHSL/NFHS** – rules will be enforced. Please discuss the following with your athletes:
  - a. School issued uniforms
  - b. electronic devices
  - c. Profanity
  - d. NO Head gear (unless worn for religious/medical reasons with a signed note)
18. **T-SHIRTS** – will be on sale near the concessions stand.
19. **TEAM FEES** - located on milestat.com. **(5+) ATHLETES** is a **TEAM**. **(1) Team \$200 (2) Teams \$300. CHECK written to: Denbigh HS. ATTENTION: Athletic Department**
20. **SPECTATOR FEES** - \$10 per person 5 & under FREE. Have electronic payments available