

71st Annual Bellaire Relays
Special Information Sheet

- Scratches are ASAP.
- Each team shall supply throwing implements.
- Athletes are expected to have proper equipment. Coaches shall verify on the form supplied that all competitors are equipped in compliance with the NFHS Rule Book and OHSAA regulations and presented to a Co-Director prior to the meet. **Spikes shall be 1/8" pyramid or less, or 1/8" showing for recessed designed spikes.**
- Pole vault competitors, to be permitted to compete, shall have proper pole vault and a completed certification form submitted to the designated official. **All pole vault poles used for warm-ups or competition shall be inspected by the designated official before being used. Any pole found not to comply with NFHS rules must be immediately removed from the competition area.**
- All qualifiers in preliminary races shall be qualified based on the six (6) best times.
- Lapped runners are to remain on the track. Coaches are urged to use discretion to remove their athlete if the lapped runner might be embarrassed or delay the meet extensively. For the Girls 3200 Run, athletes will be removed after the 15-minute mark or after being lapped twice and when the athlete arrives at the finish line. For the Boys 3200 Run, athletes will be removed after the 12-minute mark or after being lapped twice and when the athlete arrives at the finish line. Discretion will be utilized to assure there remains enough place winners.
- **Coaches' boxes for all field events will be at marked designated areas.**
- Twelve (12) or less will be the assignment per flight for the discus, shot put and long jump.
- Starting Heights/Successive Heights:

| | Starting Heights | Successive Heights |
|------------------|------------------|--------------------|
| Girls High Jump | TBD | 2" |
| Boys High Jump | TBD | 2" |
| Boys Pole Vault | TBD | 6" |
| Girls Pole Vault | TBD | 6" |

[Starting heights will be based on entries and are subject to change based upon weather conditions.]

Minimum measurement for discus/shot
Girls = SHOT: 25'0" DISCUS: 65'0"
Boys = SHOT: 35'0" DISCUS: 95'0"
[Minimum distances will be based on entries and are subject to change based upon weather conditions.]
- Marking material for relay exchanges and field events: tennis balls, tongue depressors and popsicle sticks. In exception, chalk is permitted on high jump pad. No chalk permitted on all other surfaces. No tape on all surfaces.
- Clerical or scoring errors must be corrected before the track facility is closed on the evening of the meet and the meet co-directors exit. Results (order of finish) are final 30 minutes after last event of the meet and after results are announced.
- Awards will be: Plaques (1st through 6th), 1st and 2nd Place Team Awards, High Point Individual Track and High Point Individual Field for both boys and girls.