

WINTHROP HIGH SCHOOL CROSS COUNTRY

COURSE SUMMARY

Course Records

- ! Male Record – Ben Allen (Winthrop) – 17:41.00 – 9-10-2014
- ! Female Record – Alexa Allen (Monmouth) – 20:57.4 – 9-17-2021

The courses current configuration was established in 2012.

The trail consists fields, Ichabod's orchard trail and the Guerette Community Trail. The surfaces are either grass or gravel.

The course starts on the left field foul line of the baseball field and heads in to Ichabod's Orchard. After a short loop the course re-enters the baseball field from center field and then proceeds behind both dugouts and heads out toward the Guerette Community Trail. Two loops of this trail are completed in a clockwise direction. Both the 1-mile and 2-mile marks are located on the bottom stretch of the loop. After the second lap the trail heads back toward the baseball field to complete a large loop through the Ichabod's Orchard, emerging once again in centerfield and finally finishing by the away team's dugout on the 1st base side of the baseball field.

Due to the nature of the running surface on the Guerette Community Trail cross-country spikes can be worn but are not recommended.

See course map on next page.

WHSXC – COURSE MAP



Roger Guerette

WINTHROP -- Roger Leon Guerette, 77, died in Portland on Jan. 19, 2010, the result of an accident. He was born in Winthrop on Jan. 14, 1933, to Charles and Julia (Currier) Guerette, Roger lived in Winthrop most of his life. After graduating from Winthrop High School in 1951, he joined the Navy and served a tour in Cuba. Upon returning to Maine, he was elected road commissioner in Winthrop. He resigned in 1959 to take a position with the Winthrop Water District. He then moved on to the Augusta Water District, where he served as assistant superintendent until retiring in 1995. The Maine Water Association awarded him the Sid Anthony Award as Man of the Year in 1990. Roger served nine years as a selectman and Town Council member for the town of Winthrop. He was also active in the Winthrop Fire Department, serving as fire chief at one point. Roger married Ellen Dunn in 1960. This summer would mark 50 beautiful years together. He loved his family, the town of Winthrop and his church, St. Francis Xavier. One of his greatest achievements later in life was the creation of the Winthrop Community Trail that bears his name. He was given the Spirit of America Award for his hard work and dedication toward the completion of the trail.

Winthrop Greening – Ichabod Howe Farm

Late Summer-Fall. Ichabod Howe Farm, Winthrop, ME, before 1800. Ichabod Howe (1731-1810) laid out many of Winthrop's roads, organized construction of its first church, was an accomplished trapper and hunter, served seven terms as selectman and was, appropriately enough, Winthrop's first orchardist. One of the few Maine apples to receive attention from outside the state over the years. Quite popular throughout central Maine as late as 1920; now all but unknown. Large flattish-oblate beautiful fruit, light green with a red-orange wash, small greenish dots and splashes and ribs of russetting, usually with a patch of russet radiating from the stem. Very sweet interesting flavor, medium-low acidity, with a crunch. Zone 4.