

KEN LAMPERT ALL-COMERS

Norfolk, VA
 Norfolk Academy
 Weather: Warm, cloudy, slight breeze
 Host: Chad Byler
 Saturday, April 25, 2026

MEET OFFICIALS

Meet Director:
 Zach Lampert



OFFICIAL MEET REPORT
 printed: 4/24/2026 11:10 AM

START LIST**#89 Girls Discus (Varsity)****9:15 AM**

Lane Name	Team	Mark	
Flight 1 of 2			
1	Salib, Emily	Norfolk Academy	60' 0"
2	McDaniel, Eden	Atlantic Shores Christia	60' 1"
3	Amos, Elyse	Hampton Christian	62' 2"
4	Grimes, Tayliyah	Nandua	62' 4"
5	Hentschel, Grace	Catholic High School	62' 5"
6	Smith, Zaida	Nandua	65' 3"
7	Mugaisi, Abigail	Nansemond-Suffolk Ac	66' 9"
8	Burno, Olivia	New Kent	67' 0.50"
9	Rhue, Makenzie	Princess Anne High Sc	67' 4"
10	Schmid, Lauren	Atlantic Shores Christia	67' 4"
11	Brown, Teaghan	Norfolk Academy	68' 3"
12	Olds, Alauna	Princess Anne High Sc	71' 6"
13	New, Sophia	Cox	73' 1"
14	Maitre, Norldgena	Arcadia	73' 3.50"
Flight 2 of 2			
1	Rosado Flores, Mayrilliz	New Kent	73' 6"
2	Boswell, Georgia	Catholic High School	73' 10"
3	Holcomb, Katelyn	Princess Anne High Sc	73' 10.50"
4	Waldemar, Evangeline	Atlantic Shores Christia	79' 0"
5	Warrick, Zia	Tallwood	80' 7"
6	Jones, Eva	Nandua	81' 8"
7	Walrond, Olivia	Stonebridge School	85' 3"
8	Martinez, Carena	Cox	87' 0"
9	Garcia, Olivia	Atlantic Shores Christia	94' 9"
10	Smith, Kelse	Atlantic Shores Christia	95' 1"
11	Fadairo, Tife	Atlantic Shores Christia	96' 9"
12	Stern, Trinity	Nandua	100' 10"
13	Blocker, Adirah	Hampton Christian	102' 1"
14	Michel, Kyiah	Atlantic Shores Christia	103' 0"
15	Armstead, Amiya	New Kent	105' 1"

#86 Boys Discus (Varsity)**11:30 AM**

Lane Name	Team	Mark	
Flight 1 of 3			
1	Griffin, Zach	Norfolk Academy	85' 0"
2	Konikoff, Ashten	Norfolk Academy	85' 0"
3	Scolnick, Henry	Cape Henry Collegiate	85' 8"
4	Willman-Johnson, Willia	Nansemond-Suffolk Ac	86' 1"
5	Ford, Brycen	Atlantic Shores Christia	87' 7"
6	Boyd, Steven	Dinwiddie	89' 0"
7	Jimenez, Ryder	Catholic High School	92' 11"
8	Roberts, Jonathan	Smithfield	93' 5"
9	Kim, Nathan	Hickory High School	97' 2.50"

#86 Boys Discus (Varsity) (cont'd)**11:30 AM**

Lane Name	Team	Mark	
10	Wallace, Carson	Arcadia	97' 4.75"
Flight 2 of 3			
1	Tisdale, Tyler	Atlantic Shores Christia	97' 7"
2	Davis, Isaiah	Arcadia	98' 2"
3	Johnson, Chase	Tallwood	98' 8"
4	Moore, Aiden	Arcadia	99' 9.25"
5	Pitchford, Kavion	Dinwiddie	102' 1"
6	Joyce, Silas	Hampton Christian	102' 5"
7	Gutierrez, Daivd	Smithfield	104' 8"
8	Pugh, Christopher	Tallwood	107' 4"
9	Balsacao, Jawiershan	Tallwood	108' 6"
10	Lee, Marvin	Greenbrier Christian Ac	108' 9"
Flight 3 of 3			
1	Lee, Devin	Princess Anne High Sc	111' 0"
2	Lemma, Sonny	Catholic High School	113' 6"
3	Moore, Sean	New Kent	113' 6"
4	Normil, Brinley	Arcadia	113' 11"
5	Phillips, Jared	Nandua	114' 0"
6	Shotwell, Parker	Nandua	115' 1"
7	Ha, Yechan	Norfolk Christian	116' 1"
8	Pearson, Brendan	New Kent	127' 6"
9	Tutt, Elijah	Tallwood	127' 6"
10	Sistare, Logan	Smithfield	135' 0"
11	Ankley, Chris	Catholic High School	137' 5.50"
12	Allen, Robert	Princess Anne High Sc	139' 6"
13	Hoang, Alex	Tallwood	141' 5"
14	Ye, Steven	Broadwater Academy	152' 7"

#81 Boys Shot Put (Varsity)**9:15 AM**

Lane Name	Team	Mark	
Flight 1 of 3			
1	Konikoff, Ashten	Norfolk Academy	32' 6"
2	Boyd, Steven	Dinwiddie	32' 8"
3	Keith, David	Cox	33' 0"
4	Willman-Johnson, Willia	Nansemond-Suffolk Ac	33' 0.50"
5	Normil, Brinley	Arcadia	33' 5"
6	Daley, Richard	Princess Anne High Sc	33' 9"
7	Putze, Thomas	New Kent	33' 9"
8	Johnson, Chase	Tallwood	33' 9.50"
9	Lemma, Sonny	Catholic High School	34' 11.25"
10	Ford, Marx	Peninsula Catholic	35' 4"
11	Tillman, Ezekiel	Great Bridge High Scho	35' 10"
12	Kim, Nathan	Hickory High School	35' 11"
Flight 2 of 3			

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START LIST**#81 Boys Shot Put (Varsity) (cont'd)****9:15 AM**

Lane	Name	Team	Mark
1	Pugh, Christopher	Tallwood	36' 0.25"
2	Fawcett, Owen	Nansemond-Suffolk Ac	36' 2"
3	Scolnick, Henry	Cape Henry Collegiate	36' 7.50"
4	Roberts, David	Smithfield	36' 9"
5	Ha, Yechan	Norfolk Christian	36' 11"
6	Tisdale, Tyler	Atlantic Shores Christia	37' 9"
7	Burrell, Elijah	Smithfield	37' 11"
8	Walters, James	Catholic High School	38' 2"
9	Simpson, Josh	Nansemond-Suffolk Ac	38' 3.50"
10	Ford, Brycen	Atlantic Shores Christia	38' 7"
11	Pitchford, Kavion	Dinwiddie	38' 8"

Flight 3 of 3

1	Moore, Aiden	Arcadia	40' 2.50"
2	Lee, Devin	Princess Anne High Sc	40' 6.50"
3	Lee, Marvin	Greenbrier Christian Ac	40' 8"
4	Pearson, Brendan	New Kent	41' 0"
5	Ross, Henry	Nansemond-Suffolk Ac	41' 8"
6	Davis, Isaiah	Arcadia	41' 8.50"
7	Moore, Sean	New Kent	42' 1"
8	Tutt, Elijah	Tallwood	42' 3"
9	Ankley, Chris	Catholic High School	44' 1.50"
10	Hoang, Alex	Tallwood	45' 4"
11	Sistare, Logan	Smithfield	47' 9"
12	Ye, Steven	Broadwater Academy	49' 3"

#85 Girls Shot Put (Varsity)**11:30 AM**

Lane	Name	Team	Mark
Flight 1 of 2			
1	Smith, Zaida	Nandua	23' 3"
2	Grimes, Tayliyah	Nandua	23' 7"
3	Harrison, Zyanna	Dinwiddie	23' 7.50"
4	Cerefice, Kristyn	Hickory High School	24' 2"
5	Boggs, Trinity	Atlantic Shores Christia	24' 5"
6	Randles, Kalea	Hampton Christian	25' 4"
7	Schmid, Lauren	Atlantic Shores Christia	25' 9"
8	Frazier, Mariah	Hickory High School	25' 11"
9	Rhue, Makenzie	Princess Anne High Sc	25' 11"
10	Mugaisi, Abigail	Nansemond-Suffolk Ac	26' 3"
11	Holcomb, Katelyn	Princess Anne High Sc	26' 4"
12	Hentschel, Grace	Catholic High School	26' 6"
13	Walrond, Olivia	Stonebridge School	26' 8"
14	Hoskins, Taniyah	Stonebridge School	27' 4.50"

Flight 2 of 2

1	McDaniel, Eden	Atlantic Shores Christia	28' 3"
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#85 Girls Shot Put (Varsity) (cont'd)**11:30 AM**

Lane	Name	Team	Mark
2	Chavis, Zameia	New Kent	29' 5.50"
3	Waldemar, Evangeline	Atlantic Shores Christia	29' 6"
4	Garcia, Olivia	Atlantic Shores Christia	29' 6"
5	Hammond, Miranda	Nansemond-Suffolk Ac	30' 1"
6	Armstead, Amiya	New Kent	30' 9"
7	Warrick, Zia	Tallwood	31' 1.50"
8	Fadairo, Tife	Atlantic Shores Christia	32' 0"
9	Martinez, Carena	Cox	32' 1"
10	Smith, Kelse	Atlantic Shores Christia	32' 3"
11	Olds, Alauna	Princess Anne High Sc	33' 5"
12	Michel, Kyiah	Atlantic Shores Christia	34' 0"
13	Avery, Milla	Norfolk Academy	34' 2"
14	Blocker, Adirah	Hampton Christian	34' 5"

#69 Boys Long Jump (Varsity)**9:15 AM**

Lane	Name	Team	Mark
Flight 1 of 3			
1	Graves, DaCori	Princess Anne High Sc	20' 4.50"
2	Cartagena, David	Bayside High School	20' 4.75"
3	White, Evan	Hickory High School	20' 5.50"
4	Neet, Preston	Hickory High School	20' 6.50"
5	Johnson, Marleake	Tallwood	20' 9.50"
6	Haith, Jeremiah	Hickory High School	20' 10"
7	Cropper, Jordan	Arcadia	20' 11.50"
8	Meeks, James	Hickory High School	20' 11.50"
9	O'Neal, Uriah	Tallwood	21' 1"
10	White Jr., Brian	Arcadia	21' 1"
11	Goodwin, Malachi	Smithfield	21' 5"
12	Tankard, Mark	Northampton	21' 6.75"
13	Williams, Zaikwon	Cox	22' 2.75"
14	Thomas, Jamal	Nansemond-Suffolk Ac	22' 2.75"
15	Robinson, R J	Bayside High School	22' 4"

Flight 2 of 3

1	Robertson, Ryan	Princess Anne High Sc	18' 7"
2	Christian, Blaze	New Kent	18' 7.50"
3	Bryant, Titus	Tallwood	18' 8.25"
4	Lovell, Will	Norfolk Academy	18' 10.25"
5	Cropper Jr., Travar	Arcadia	19' 0"
6	Lacorte, Jackson	Catholic High School	19' 1"
7	Payne, Owen	New Kent	19' 2"
8	Leeper, Rashad	New Kent	19' 4.50"
9	Biesack, Caleb	Cox	19' 6.50"
10	Mitchell, Sebastian	Nansemond-Suffolk Ac	19' 10"
11	Odom, Jalen	Tallwood	20' 2"

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START LIST**#69 Boys Long Jump (Varsity) (cont'd)****9:15 AM**

Lane	Name	Team	Mark
12	Perez, Ayden	Catholic High School	20' 3.50"
Flight 3 of 3			
1	Barnes, Serani	Bayside High School	17' 2.50"
2	Wallace, Danny	Arcadia	17' 2.50"
3	Wilson, Nakahi	Arcadia	17' 3"
4	Macklin, Genesis	Dinwiddie	17' 3.50"
5	Adkins, Jason	Cape Henry Collegiate	17' 5"
6	Bailey, Ja'Myne	Nandua	17' 6"
7	Corbin, Mervion	Nandua	17' 7.50"
8	Boykins, Tyrese	Dinwiddie	17' 9.50"
9	Falk, Chase	Norfolk Academy	17' 10"
10	King, Jayden	Nandua	17' 11"
11	Major, Ty	Cape Henry Collegiate	18' 0.50"
12	Sadler, Noah	Cox	18' 4"

#73 Girls Long Jump (Varsity)**9:15 AM**

Lane	Name	Team	Mark
Flight 1 of 2			
1	Pope, Gisele	Smithfield	14' 10.50"
2	Hamlin, Kaydence	Smithfield	15' 3"
3	Ware, Lila	Norfolk Academy	15' 3"
4	Outlaw, Avery	Dinwiddie	15' 4"
5	Lowry, Sophia	Hickory High School	15' 7.50"
6	Clements, Madison	New Kent	16' 0.50"
7	Booth, Mary	Cox	16' 2"
8	Griffith, Ryan	New Kent	16' 3"
9	Quarles, Kara	Tallwood	16' 4"
10	Hammond, Miranda	Nansemond-Suffolk Ac	16' 7"
11	Ofole, Chiamaka	Stonebridge School	17' 1.25"
12	Smith, Imani	Catholic High School	17' 2.25"
13	Bell, Aliya	Tallwood	17' 10"
14	Ricks, Nakiyah	Tallwood	17' 11"
15	Carnes, Simone	Smithfield	18' 1.50"
Flight 2 of 2			
1	Campbell, Savannah	Tabb	12' 11"
2	Smith, Abby	Tabb	12' 11"
3	Brown, Chelsea	New Kent	13' 2"
4	Conway, Alexa	Peninsula Catholic	13' 3.50"
5	Loucks, Haven	New Kent	13' 6"
6	DiGiovanni, Josephina	Nansemond-Suffolk Ac	13' 6"
7	Holden, Jada	Arcadia	13' 7"
8	Brazier, Audrey	Hickory High School	13' 8"
9	Davis, Makiyah	Arcadia	13' 9"
10	Fiero, Maddie	Nansemond-Suffolk Ac	13' 10.50"

#73 Girls Long Jump (Varsity) (cont'd)**9:15 AM**

Lane	Name	Team	Mark
11	Wetherell, Elizabeth	New Kent	13' 11.50"
12	Benn, Rayven	Atlantic Shores Christia	14' 0"
13	Smith, Alyssa	Hickory High School	14' 0"
14	Harris, Janiya	Arcadia	14' 5"
15	Ingargiola, Sophie	Hickory High School	14' 9"

#75 Boys Triple Jump (Varsity)**11:30 AM**

Lane	Name	Team	Mark
Flight 1 of 2			
1	Christian, Blaze	New Kent	37' 6"
2	Hinshelwood, Owen	Stonebridge School	37' 7"
3	Torres, Gabe	Catholic High School	38' 6.75"
4	Lucas, Djasley	Arcadia	39' 0"
5	Falk, Chase	Norfolk Academy	39' 0"
6	Mitchell, Sebastian	Nansemond-Suffolk Ac	39' 1"
7	Dubose, Serjio	Princess Anne High Sc	41' 2.25"
8	Cropper, Jordan	Arcadia	41' 7"
9	Biesack, Caleb	Cox	43' 0"
10	Nwafor, Chima	Stonebridge School	43' 1.25"
11	Goodwin, Malachi	Smithfield	43' 4"
12	Tankard, Mark	Northampton	44' 8.50"
13	Thomas, Jamal	Nansemond-Suffolk Ac	47' 2.25"
Flight 2 of 2			
1	Mason, Zaelon	Dinwiddie	34' 4.25"
2	Lapointe, Raymond	Northampton	35' 6"
3	Major, Ty	Cape Henry Collegiate	35' 7.75"
4	Salter, Wyatt	Norfolk Academy	36' 3.50"
5	Corbin, Mervion	Nandua	36' 5"
6	Scholz, Justus	Broadwater Academy	36' 8.50"
7	Lang, Dale	Arcadia	37' 3.50"
8	Villasis, Alex	Catholic High School	37' 4"

#77 Girls Triple Jump (Varsity)**11:15 AM**

Lane	Name	Team	Mark
Flight 1 of 2			
1	Ware, Lila	Norfolk Academy	30' 7"
2	Vitug, Gabby	Catholic High School	31' 0.50"
3	Booth, Mary	Cox	31' 1.50"
4	Holden, Jada	Arcadia	31' 7.25"
5	Jackson, Sara	Tallwood	31' 10.25"
6	Pittman, Kendall	Nansemond-Suffolk Ac	32' 6.50"
7	Hamlin, Kaydence	Smithfield	33' 9"
8	Chapman, Sam	Cox	33' 10.50"

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START LIST**#77 Girls Triple Jump (Varsity) (cont'd)****11:15 AM**

Lane	Name	Team	Mark
9	Hammond, Miranda	Nansemond-Suffolk Ac	34' 10"
10	Griffith, Ryan	New Kent	35' 1.75"
11	Kulow, Taylor	Norfolk Academy	36' 4"
12	Brumage, Wynta	Princess Anne High Sc	37' 3.50"

Flight 2 of 2

1	Loucks, Haven	New Kent	27' 9"
2	Christensen, Kamryn	Atlantic Shores Christia	28' 4.75"
3	Harris, Janiya	Arcadia	28' 9"
4	O'Connor, Macy	Catholic High School	29' 0"
5	Brown, Chelsea	New Kent	29' 6.50"
6	Pettaway, Danielle	Dinwiddie	29' 8.75"

#68 Boys Long Jump (JV678)**1:00 PM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Drummond, Chavis	Broadwater Academy	NM
2	Wilson, Cayden	Arcadia	NM
3	Sweeney, Chase	Nansemond-Suffolk Ac	NM
4	DeValda, David	Cape Henry Collegiate	NM
5	Work, Andrew	Nansemond-Suffolk Ac	11' 5"
6	Anthony, Jack	St. Matthew's	11' 11.50"
7	Courtenay, Christian	St. Matthew's	12' 4.50"
8	Lacy, Maddox	New Kent	12' 10.25"
9	Terry, Aiden	Broadwater Academy	13' 0"
10	Stevens, Grayson	New Kent	13' 3.50"
11	Pierce, Johnathan	Norfolk Christian	14' 6.50"
12	Chouraqui, Noah	Norfolk Academy	14' 7"
13	Hodge, Rolstan	Norfolk Christian	15' 1"

#71 Girls Long Jump (JV678)**12:45 PM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Marcelin, Nahla	Arcadia	NM
2	Davis, Maleyah	Arcadia	NM
3	Michalski, Isarra	St. Matthew's	11' 3"
4	Elder, Sophia	Norfolk Christian	12' 0"
5	Foster, Emory	New Kent	12' 4.75"
6	Kassuba, Anabel	Greenbrier Christian Ac	13' 2"
7	Shen, Crystal	Broadwater Academy	13' 3.75"
8	Marshall, Lucy	St. Matthew's	14' 0"

#76 Boys Triple Jump (JV678)**1:45 PM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Higgins, Walter	Broadwater Academy	NM
2	Higgins, Nathaniel	Broadwater Academy	24' 7"

#78 Girls Triple Jump (JV678)**1:15 PM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Kornreich, Giuliana	New Kent	NM
2	Washnock, Della	New Kent	NM
3	Humphrey, Karen	St. Matthew's	18' 0"

#59 Boys High Jump (Varsity)**9:15 AM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Exantus, Madoche	Arcadia	5' 0"
2	pillay, jayden	Bayside High School	5' 0"
3	Cropper Jr., Travar	Arcadia	5' 2"
4	Salter, Wyatt	Norfolk Academy	5' 2"
5	Nolan, Amari	Princess Anne High Sc	5' 2"
6	Marchigiani, Alfred Jose	Stonebridge School	5' 2"
7	Kastrounis, Collin	Norfolk Academy	5' 2"
8	Graves, Kaleb	Cape Henry Collegiate	5' 2"
9	Alexander, Nathaniel	Atlantic Shores Christia	5' 2"
10	Balsacao, Jawiershan	Tallwood	5' 2"
11	Falk, Chase	Norfolk Academy	5' 4"
12	Wimber, Cam'ron Hall	Northampton	5' 4"
13	Kumar, Sajan	Norfolk Academy	5' 4"
14	Lucas, Djasley	Arcadia	5' 4"
15	Singleton, Christiann	Hickory High School	5' 4"
16	Payne, Owen	New Kent	5' 6"
17	Courtney, Landon	Princess Anne High Sc	5' 6"
18	Torres, Gabe	Catholic High School	5' 6"
19	Brooks, Jordan	Cox	5' 8"
20	Martin, Cameron	Tallwood	5' 8"
21	Hinshelwood, Owen	Stonebridge School	5' 8"
22	Hines, Thomas	Norfolk Christian	5' 8"
23	Cheshire, Daniel	Cape Henry Collegiate	5' 8"
24	Williams, Gabe	Princess Anne High Sc	5' 10"
25	Hannon, Parker	Hickory High School	5' 10"
26	Lowe, Max	Catholic High School	5' 10"
27	Tankard, Mark	Northampton	6' 0.75"
28	Thomas, Jamal	Nansemond-Suffolk Ac	6' 3"
29	Collier, Kellan	Tallwood	6' 5"

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START LIST**#59 Boys High Jump (Varsity) (cont'd)****9:15 AM**

Lane	Name	Team	Mark
30	Cropper, Jordan	Arcadia	6' 6"
31	Jean, Oberto	Nandua	6' 7"

#62 Girls High Jump (Varsity)**12:00 PM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Pittman, Kendall	Nansemond-Suffolk Ac	4' 0"
2	Alexander, Maryne	Norfolk Academy	4' 2"
3	Lindor, Amy	Arcadia	4' 2"
4	Gilbert, MeKenzie	Nansemond-Suffolk Ac	4' 4"
5	Cazedessus, Elizabeth	Catholic High School	4' 4"
6	Davis, Makiyah	Arcadia	4' 4"
7	Benn, Rayven	Atlantic Shores Christia	4' 4"
8	Pettaway, Danielle	Dinwiddie	4' 6"
9	Manley, Savannah	Great Bridge High Scho	4' 8"
10	Redmond, Ayanna	Tallwood	4' 8"
11	Jones, Eva	Nandua	4' 8"
12	Saunders, Mariah	Princess Anne High Sc	4' 8"
13	Hobson, Iva	Peninsula Catholic	4' 10"
14	Coles, Mia	Cox	4' 10"
15	Shepard, Bella	Catholic High School	4' 10"
16	Wetherell, Elizabeth	New Kent	4' 10"
17	Conway, Alexa	Peninsula Catholic	4' 10"
18	Stoddard, Bianca	Tallwood	5' 0"
19	Williams, Grace	Tallwood	5' 0"
20	Latimer, Ariana	Arcadia	5' 0"
21	Griffith, Ryan	New Kent	5' 0"
22	Kulow, Taylor	Norfolk Academy	5' 4"

#58 Boys High Jump (JV678)**2:00 PM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Stevens, Grayson	New Kent	NM
2	Terry, Aiden	Broadwater Academy	4' 8"

#60 Girls High Jump (JV678)**2:00 PM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Shen, Crystal	Broadwater Academy	3' 6"
2	Marshall, Lucy	St. Matthew's	4' 2"

#67 Girls Pole Vault (Varsity)**9:15 AM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Bore, Eloise	Norfolk Academy	6' 0"
2	Burno, Olivia	New Kent	6' 0"
3	Rollins, Faith	New Kent	6' 0"
4	Rader, Sofia	Broadwater Academy	6' 0"
5	Hicks, Seri	Arcadia	6' 0"
6	Moore, Zariyah	Atlantic Shores Christia	6' 0"
7	Reed, Jemelia	Arcadia	6' 6"
8	Hecker, Alaina	Cape Henry Collegiate	7' 6"
9	Davis, Sierra	Atlantic Shores Christia	7' 6"
10	Robbins, Elizabeth	Princess Anne High Sc	9' 0"
11	Coates, Rylee	Northampton	11' 6"

#65 Boys Pole Vault (Varsity)**9:15 AM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Kastrounis, Collin	Norfolk Academy	8' 0"
2	Salter, Wyatt	Norfolk Academy	9' 0"
3	Normil, Kerson	Arcadia	9' 6"
4	Christian, Blaze	New Kent	10' 0"
5	Lucas, Djasley	Arcadia	10' 6"
6	Repole, Alex	Norfolk Academy	11' 0"
7	Walker, Keegan	Tallwood	11' 0"
8	Schallasny, Mason	New Kent	12' 6"
9	Holloway, Liam	New Kent	12' 6"
10	Walker, Brayden	Tallwood	13' 6"

#63 Boys Pole Vault (JV678)**9:15 AM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Lacy, Maddox	New Kent	NM

#159 Girls Pole Vault (JV678)**9:15 AM**

Lane	Name	Team	Mark
Flight 1 of 1			
1	Kassuba, Anabel	Greenbrier Christian Ac	NM
2	wilson, blaire	Stonebridge School	5' 6"
3	Drummond, Mary	Broadwater Academy	NM
4	Shen, Crystal	Broadwater Academy	NM

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START LIST**#6 Girls 100 Meters (JV678)****10:15 AM**

Lane Name	Team	Time	
Section 1 of 8			
1	Tschanz, Monica	St. Patrick Catholic Sch	14.49
2	Whitaker, Caidence	Atlantic Shores Christia	14.37
3	Harper, Nyala	Dinwiddie	14.05
4	Davis, Brea	Smithfield	13.61
5	Torres, Amor	Tabb	12.61
6	Hewitt, Annaliese	Atlantic Shores Christia	13.46
7	Marshall, Lucy	St. Matthew's	14.04
8	Vickers, Elle	Atlantic Shores Christia	14.16
Section 2 of 8			
1	Baker, Bailey	St. Patrick Catholic Sch	15.10
2	DeRyder, Paige	St. Patrick Catholic Sch	15.08
3	Marcinevich, Addison	New Kent	14.85
4	McNeill, Raeya	St. Patrick Catholic Sch	14.62
5	Staves, Nyrie	Dinwiddie	14.53
6	Speller, Ariane	Norfolk Christian	14.61
7	Foster, Emory	New Kent	14.64
8	wilson, blaire	Stonebridge School	14.99
Section 3 of 8			
1	Howard, Paisley	Dinwiddie	15.63
2	Castillo, Sophia	St. Matthew's	15.59
3	Yurkovich, Abby	St. Patrick Catholic Sch	15.44
4	Elder, Sophia	Norfolk Christian	15.25
5	Alexander, Lina	Tabb	15.14
6	Martin, Annabelle	Tabb	15.22
7	Roughton, Carly	Arcadia	15.33
8	Mclver, Nilah	Dinwiddie	15.49
Section 4 of 8			
1	McQueen, Cali	Atlantic Shores Christia	16.23
2	Williams, Jazmyn	Tabb	16.15
3	Rasberry, Ella	Stonebridge School	16.06
4	Kiger, Arabelle	St. Matthew's	15.97
5	Towns, Michaiya	Stonebridge School	15.72
6	Weaver, Charlotte	Atlantic Shores Christia	15.78
7	Rodriguez, Isabella	Nansemond-Suffolk Ac	16.00
8	Williams, Isla	St. Patrick Catholic Sch	16.07
Section 5 of 8			
1	Archi, Deborah	Arcadia	16.96
2	O'Mara, Lola	St. Matthew's	16.68
3	Bear, Anna	Denbigh Baptist	16.53
4	Drummond, Mary	Broadwater Academy	16.50
5	Rakes, Nyssa	Atlantic Shores Christia	16.43
6	Shen, Crystal	Broadwater Academy	16.43
7	Holloman, Ivy	Greenbrier Christian Ac	16.53
8	Davis, Maleyah	Arcadia	16.67

#6 Girls 100 Meters (JV678) (cont'd)**10:15 AM**

Lane Name	Team	Time	
Section 6 of 8			
1	Beckner, Esme	Stonebridge School	18.27
2	Patel, Ariya	Tabb	17.72
3	Moore, Faith	Dinwiddie	17.56
4	May, Lily	Nansemond-Suffolk Ac	17.38
5	Scholl, Brooklyn	Stonebridge School	16.96
6	Moorefield, Hanna	New Kent	17.21
7	Lindburg, Olivia	St. Matthew's	17.53
8	gardner, olivia	Stonebridge School	17.62
Section 7 of 8			
1	Polinice, Ruth	Nandua	NT
2	Berryhill, Perris	Nandua	NT
3	Humphries,, Aislin	New Kent	NT
4	McPeek, Emalynn	Nansemond-Suffolk Ac	20.13
5	Battle, Nadia	Stonebridge School	19.72
6	Blakey, Harmony	St. Matthew's	19.95
7	Payne, Maddie	Norfolk Christian	20.90
8	Loatman, Serenity	Nandua	NT
Section 8 of 8			
3	Washnock, Della	New Kent	NT
4	Mears, Brooklyn	Nandua	NT
5	Forrest, Mya	New Kent	NT
6	Kornreich, Giuliana	New Kent	NT
7	Broughton, Saniya	Nandua	NT
8	Carrasco, Jada	Nandua	NT

#3 Boys 100 Meters (JV678)**10:23 AM**

Lane Name	Team	Time	
Section 1 of 7			
1	Laprade, Kenneth	Dinwiddie	13.10
2	Bass, Jonas	Hampton Christian	13.03
3	DeValda, David	Cape Henry Collegiate	13.01
4	Fang, Andrew	Tabb	12.50
5	Davis, Cooper	Dinwiddie	12.13
6	Davis, Brennan	Smithfield	12.17
7	Leflame, Trevor	Tabb	12.50
8	Myles, Chase	Hampton Christian	13.01
Section 2 of 7			
1	Remington, Collin	Tabb	13.99
2	Murphy, Anthony	Norfolk Christian	13.92
3	Hines, Edward	Norfolk Christian	13.71
4	Keene, Tristan	New Kent	13.50
5	Stevens, Grayson	New Kent	13.26
6	Anderson, Josiah	Norfolk Christian	13.45

KEN LAMPERT ALL-COMERS

Norfolk, VA
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START LIST**#3 Boys 100 Meters (JV678) (cont'd)****10:23 AM**

Lane	Name	Team	Time
7	Anderson, Logan	St. Patrick Catholic Sch	13.64
8	Nguyen, Nathan	Nansemond-Suffolk Ac	13.76

Section 3 of 7

1	Courtenay, Christian	St. Matthew's	14.66
2	Patel, Eshaan	Norfolk Academy	14.53
3	Lacy, Maddox	New Kent	14.45
4	Vu, Benjamin	St. Matthew's	14.05
5	Jones, Rylan	Tabb	13.99
6	Angaw, Ezana	Tabb	14.00
7	Pierce, Johnathan	Norfolk Christian	14.08
8	Artis, Rayden	Hampton Christian	14.47

Section 4 of 7

1	Shannon, Ethan	New Kent	15.49
2	Fellers, Jackson	Norfolk Christian	15.32
3	Heath, Kenseth	Tabb	15.09
4	Kinney, Aydan	Norfolk Christian	14.86
5	Wani, Martin	St. Matthew's	14.66
6	Patragas, Killian	St. Matthew's	14.71
7	Muqaddim, Kam	Atlantic Shores Christia	14.92
8	Thigpen, Magnus	Nansemond-Suffolk Ac	15.29

Section 5 of 7

1	Noland, Wyatt	Greenbrier Christian Ac	16.83
2	Schompert, Ryan	Nansemond-Suffolk Ac	16.68
3	Nguyen, Chris	Nansemond-Suffolk Ac	16.44
4	Work, Andrew	Nansemond-Suffolk Ac	16.21
5	Decker, Malak	Greenbrier Christian Ac	15.50
6	Chambley, Brandon	Greenbrier Christian Ac	16.14
7	Sweeney, Chase	Nansemond-Suffolk Ac	16.23
8	Drummond, Chavis	Broadwater Academy	16.46

Section 6 of 7

1	Decker, Rafael	Greenbrier Christian Ac	17.42
2	Higgins, Walter	Broadwater Academy	17.37
3	Patel, Krish	Norfolk Academy	17.30
4	Freeman, Tucker	Norfolk Christian	17.08
5	Bear, Mark	Denbigh Baptist	17.03
6	Higgins, Nathaniel	Broadwater Academy	17.05
7	Curry, David	Nansemond-Suffolk Ac	17.14
8	Warden, Hudson	Norfolk Christian	17.32

Section 7 of 7

4	Smith, Zion	Nandua	NT
5	Allen, Bryce	Atlantic Shores Christia	18.94
6	e, Mason	St. Matthew's	19.67
7	Perkins, Shane	Dinwiddie	NT

#56 Girls 4 x 800m Relay (Varsity)**10:33 AM**

Lane	Team	Time
Section 1 of 1		
1	New Kent (A)	10:37.61
	1) Eacho, Amelia	2) Hudson, Olivia
	3) Loucks, Aubrey	4) Hudson, Audrey
2	Greenbrier Christian Academy (A)	11:19.58
	1) Castelov, Vivian	2) Buckley, Sophia
	3) Smith, Carissa	4) Prince, Rachel
	5) Smith, Jenna	6)
3	Nandua (A)	13:21.40
	1) Brinkley, Destiny	2) Bacchi, Chloe
	3) Donahoe, Arianna	4) Martinez, Briseida

#55 Boys 4 x 800m Relay (Varsity)**10:47 AM**

Lane	Team	Time
Section 1 of 1		
1	Tallwood (A)	8:32.99
	1) Cardona, Elijah	2) Huffman, Aiden
	3) Faison, Eli	4) Griggs, Austin
	5) Crawford, Bryce	6)
2	Catholic High School (A)	8:53.90
	1) Anderson, Tj	2) Wilson, Cooper
	3) Fender, Logan	4) Nicoletti, James
3	Great Bridge High School (A)	9:03.57
	1) Brown, Emmett	2) Dutton, Eugene
	3) McCormack, James	4) Khalil, David
4	Northampton (A)	9:27.57
	1) Bailey, Michael	2) Lapointe, Raymond
	3) Sunkins, Tourean	4) Morris, Jayden
5	Peninsula Catholic (A)	9:40.26
	1) Woodruff, Jacob	2) Ware, Casey
	3) Gisanrian, Locklan	4) Slat, Chris
6	Arcadia (A)	9:48.34
	1) Ross, Gage	2) Exantus, Madoche
	3) Archil, Marc	4) Lang, Dale
7	Nandua (A)	9:52.68
	1) Wharton, Josiah	2) Nevarez-Soto, Erik
	3) Gutierrez, Kevin	4) Flynn, Ayden
8	Greenbrier Christian Academy (A)	10:19.94
	1) Youngblood, Landon	2) Smith, Adam
	3) Douglas, Lathan	4) Hudgins, Benja
9	Nansemond-Suffolk Academy (A)	10:21.90
	1) Howell, Avery	2) Goldbach, Trevor
	3) Ricks, Nick	4) Starkey, Grant
	5) Grimes, Garrett	6)

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START LIST**#55 Boys 4 x 800m Relay (Varsity) (cont'd)****10:47 AM**

Lane	Team	Time
10	Peninsula Catholic (B)	9:40.26
	1) Fowler, Ben	2) Ramirez, Damien
	3) Wallace, Johnny	4) Mahn, Marshall

#35 Girls 100m Hurdles (Varsity)**10:58 AM**

Lane Name	Team	Time	
Section 1 of 4			
1	Robinson, Emmalee	Greenbrier Christian Ac	19.54
2	Gilbert, MeKenzie	Nansemond-Suffolk Ac	18.93
3	Cowen, Summer	Cox	17.94
4	Kulow, Taylor	Norfolk Academy	15.19
5	Coates, Rylee	Northampton	14.45
6	Gough, Cheyenne	Bayside High School	14.97
7	Holden, Jada	Arcadia	17.92
8	O'Bryant, Corren	Cox	18.32
Section 2 of 4			
1	Coleman, Ashlin	New Kent	20.21
2	Way, Isabelle	Atlantic Shores Christia	20.17
3	Walrond, Olivia	Stonebridge School	20.04
4	Thompson, Aliyah	Tallwood	19.71
5	Reed, Jemelia	Arcadia	19.58
6	Newton, Raegan	Dinwiddie	19.65
7	Enfield, Holland	Stonebridge School	19.97
8	Clark, Beatrix	Norfolk Academy	20.10
Section 3 of 4			
1	Bailey, Jayla	Nandua	21.88
2	Hogan, Evey	Nansemond-Suffolk Ac	21.49
3	Moore, Zariyah	Atlantic Shores Christia	21.07
4	Palmer, Carter	Stonebridge School	20.76
5	Ten Thoren, Finja	Atlantic Shores Christia	20.65
6	Davis, Makiyah	Arcadia	20.72
7	Loucks, Haven	New Kent	21.00
8	DiGiovanni, Josephina	Nansemond-Suffolk Ac	21.33
Section 4 of 4			
5	Barnes, Vitaliya	Norfolk Academy	30.27
6	Griffin, Caroline	Atlantic Shores Christia	23.51
7	Perillo, Sophia	Hickory High School	25.27
8	Beckett, Alionna	Arcadia	NT

#34 Girls 100m Hurdles (JV678)**11:03 AM**

Lane Name	Team	Time	
Section 1 of 1			
1	Roughton, Carly	Arcadia	21.67

#34 Girls 100m Hurdles (JV678) (cont'd)**11:03 AM**

Lane Name	Team	Time	
2	Marshall, Lucy	St. Matthew's	18.41
3	McDermott, Evelyn	St. Matthew's	21.47
4	O'Mara, Lola	St. Matthew's	22.86

#37 Boys 110m Hurdles (Varsity)**11:07 AM**

Lane Name	Team	Time	
Section 1 of 3			
1	Reid, Campbell	Norfolk Academy	17.46
2	Flores, Anthony	Princess Anne High Sc	17.45
3	Tankard, Mark	Northampton	17.01
4	Files IV, Carl	Hickory High School	16.89
5	Scarborough, Amari	Nandua	15.45
6	Young, Carlos	New Kent	15.81
7	Lucas, Djasley	Arcadia	17.00
8	Leeper, Rashad	New Kent	17.20
Section 2 of 3			
1	Bradley, Lamarion	Dinwiddie	19.24
2	Dubose, Serjio	Princess Anne High Sc	19.24
3	Doctor, Kemaun	Smithfield	18.97
4	Lewis, Alex	Norfolk Academy	17.95
5	Brooks, Jordan	Cox	17.81
6	Semsey, Jacob	Cox	17.87
7	Normil, Kerson	Arcadia	18.58
8	Countiss, Brady	Greenbrier Christian Ac	19.11
Section 3 of 3			
2	Bonaparte, Aiden	Greenbrier Christian Ac	22.92
3	Repole, Alex	Norfolk Academy	21.81
4	Wood, Jude	Stonebridge School	19.72
5	Moran, Mason	Smithfield	19.38
6	Keene, Jshaun	New Kent	19.65
7	Starkey, Grant	Nansemond-Suffolk Ac	19.90
8	Vetter, Seth	Nansemond-Suffolk Ac	22.26

#38 Boys 110m Hurdles (JV678)**11:10 AM**

Lane Name	Team	Time	
Section 1 of 1			
1	Lacy, Maddox	New Kent	NT

#5 Girls 100 Meters (Varsity)**11:13 AM**

Lane Name	Team	Time	
Section 1 of 13			
1	Nguyen, Kaitlynn	Peninsula Catholic	13.07
2	Branan, Rachel	Peninsula Catholic	13.03

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START LIST**#5 Girls 100 Meters (Varsity) (cont'd)****11:13 AM**

Lane	Name	Team	Time
3	Ofole, Zara	Stonebridge School	12.92
4	Moore, Makenzie	Tallwood	12.63
5	Smith, Imani	Catholic High School	12.52
6	Scott, Adaline	Norfolk Academy	12.56
7	Ofole, Chiamaka	Stonebridge School	12.90
8	Williams, K'alee	Princess Anne High Sc	12.94

Section 2 of 13

1	Hobson, Jada	Princess Anne High Sc	13.36
2	Cheeseman, Chawney	New Kent	13.33
3	Clements, Madison	New Kent	13.28
4	Hall, Nevaeh	Princess Anne High Sc	13.15
5	Lowry, Sophia	Hickory High School	13.10
6	Griffith, Ryan	New Kent	13.14
7	Bartley, Miyonni	Tallwood	13.16
8	Dimino, Annemarie	Catholic High School	13.32

Section 3 of 13

1	Williams, Harmone	Princess Anne High Sc	13.67
2	Way, Isabelle	Atlantic Shores Christia	13.64
3	Shepard, Bella	Catholic High School	13.60
4	Wiles, Brooklyn	New Kent	13.55
5	Norman, Brianna	Norfolk Christian	13.48
6	Seidensticker, Marga	Catholic High School	13.48
7	Uncapher, Emma	Norfolk Academy	13.57
8	Burke, Zaria	Smithfield	13.61

Section 4 of 13

1	Brazier, Audrey	Hickory High School	13.92
2	Joseph, Janiyah	Nandua	13.91
3	Outlaw, Avery	Dinwiddie	13.80
4	Hobson, Iva	Peninsula Catholic	13.78
5	Jones, De'Asia	Nandua	13.72
6	Green, Danielle	Princess Anne High Sc	13.78
7	Ingargiola, Sophie	Hickory High School	13.79
8	Pope, Gisele	Smithfield	13.81

Section 5 of 13

1	Witter, Eva	Catholic High School	14.24
2	Jackson, Sara	Tallwood	14.24
3	Ford, Kaidyn	Tabb	14.11
4	Mitchell, Gaunni	Princess Anne High Sc	14.00
5	Thompson, Nyasia	Princess Anne High Sc	13.95
6	Holmes, Erika	Great Bridge High Scho	13.96
7	Mack, Kelsey	Hampton Christian	14.10
8	Quilala, Charem	Princess Anne High Sc	14.12

Section 6 of 13

1	Eichelberger, Geneviev	Atlantic Shores Christia	14.64
2	Richardson, Kenya	Dinwiddie	14.62

#5 Girls 100 Meters (Varsity) (cont'd)**11:13 AM**

Lane	Name	Team	Time
3	Mack, Kailee	Hampton Christian	14.48
4	Lawrence, K'Naria	Dinwiddie	14.41
5	Miller, Michaiah	Stonebridge School	14.30
6	Pittman, Kendall	Nansemond-Suffolk Ac	14.31
7	Artis, Natile	Great Bridge High Scho	14.43
8	Grech, Dahlia	New Kent	14.61

Section 7 of 13

1	Nguyen, Victoria	Peninsula Catholic	14.94
2	Rodriguez, Jazlene	Cox	14.86
3	Frazier, Mariah	Hickory High School	14.78
4	Beckett, Alionna	Arcadia	14.75
5	Boles, Crystal	Northampton	14.68
6	Becker, Abigail	Princess Anne High Sc	14.74
7	Campbell, Savannah	Tabb	14.76
8	Odom, Laylah	Tabb	14.80

Section 8 of 13

1	Beekwilder, Kathleen	Dinwiddie	15.43
2	Krenz, Isabelle	Greenbrier Christian Ac	15.29
3	Fiero, Maddie	Nansemond-Suffolk Ac	15.21
4	Buckley, Aryanna	Greenbrier Christian Ac	15.11
5	Carter, Zoe	Stonebridge School	14.99
6	Damato, Mia	Atlantic Shores Christia	15.06
7	Zydron, Addie	Nansemond-Suffolk Ac	15.16
8	Perez- Rosario, Camilla	Norfolk Academy	15.25

Section 9 of 13

1	Smith, Nyima	Nandua	15.82
2	Byrd, Ikerya	Nandua	15.74
3	Covill, Zoe	Stonebridge School	15.61
4	Smith, Samia	Cox	15.53
5	Christensen, Kamryn	Atlantic Shores Christia	15.44
6	Vu, Lynn	Great Bridge High Scho	15.52
7	Wilson, Isabella	New Kent	15.57
8	DeVita, Raegan	Stonebridge School	15.63

Section 10 of 13

1	Gilkin, Isabella	Stonebridge School	16.17
2	Harrell, Siana	Hickory High School	16.16
3	Holt, Cali	Hickory High School	16.13
4	Estell, Mia	Denbigh Baptist	15.96
5	Etherton, Hadley	Nansemond-Suffolk Ac	15.84
6	Gladden, Jayd	Atlantic Shores Christia	15.91
7	Tobola, Isabel	Nansemond-Suffolk Ac	16.10
8	Smith, Melani	Nandua	16.15

Section 11 of 13

1	Mizal, Megan	Greenbrier Christian Ac	16.97
2	Muriira, Joslen	Tallwood	16.86

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START LIST**#5 Girls 100 Meters (Varsity) (cont'd)****11:13 AM**

Lane	Name	Team	Time
3	Riddick, Destiny	Norfolk Christian	16.76
4	Cheballo, Alanna	Cox	16.50
5	Ineus, Brianny	Nandua	16.18
6	Dryden, Lilly	Hampton Christian	16.22
7	Grissinger, Sam	Hickory High School	16.70
8	Moore, Nize'	Nansemond-Suffolk Ac	16.77

Section 12 of 13

1	Brown, Chelsea	New Kent	NT
2	Quintana, Audrey	Atlantic Shores Christia	NT
3	Ustick, Riley	Greenbrier Christian Ac	17.85
4	Dimatore-Grubbs, Auror	Hickory High School	17.55
5	Hudgins, Emma	Greenbrier Christian Ac	17.09
6	Phillips, Gracelyn	Atlantic Shores Christia	17.37
7	Etheridge, Imani	Tallwood	17.56
8	Baines, Amy	Stonebridge School	17.93

Section 13 of 13

1	Carroll, Haven	Norfolk Academy	NT
2	Christensen, Loralie	Hickory High School	NT
3	Ware, Destiny	Princess Anne High Sc	NT
4	Houlihan, Cailin	Peninsula Catholic	NT
5	Potter, Kavarie	Dinwiddie	NT
6	Lawrence, Delana	Cox	NT
7	Gillis, Serenity	Dinwiddie	NT
8	Brown, Myoni	Arcadia	NT

#1 Boys 100 Meters (Varsity)**11:29 AM**

Lane	Name	Team	Time
------	------	------	------

Section 1 of 18

1	Coleman, Jady	Bayside High School	11.28
2	Lovell, Will	Norfolk Academy	11.26
3	Kirby, Kamaari	Bayside High School	11.11
4	Mccarty, Isaiah	Bayside High School	11.05
5	Ramseur, Kyree	Bayside High School	10.76
6	Ross, Henry	Nansemond-Suffolk Ac	11.01
7	Meeks, James	Hickory High School	11.09
8	Meeks, Jimmy	Hickory High School	11.25

Section 2 of 18

1	Neet, Preston	Hickory High School	11.50
2	Skinner, Aubrie	Princess Anne High Sc	11.48
3	Busquets, Makoa	Chincoteague	11.46
4	Hancock, Tavaris	Smithfield	11.43
5	Meekins, Dayton	New Kent	11.36
6	White, Evan	Hickory High School	11.41
7	Haith, Jeremiah	Hickory High School	11.45

#1 Boys 100 Meters (Varsity) (cont'd)**11:29 AM**

Lane	Name	Team	Time
8	Pinnock, Justin	Smithfield	11.47

Section 3 of 18

1	Galligan, Thomas	Hickory High School	11.65
2	Snead, Juelz	Nandua	11.64
3	Majors, Cayden	Cox	11.59
4	Burnside, Jaiden	Princess Anne High Sc	11.56
5	Allen, Robert	Princess Anne High Sc	11.51
6	Harmon, Zyair	Arcadia	11.51
7	Dinh, Maxwell	Atlantic Shores Christia	11.57
8	Robinson, R J	Bayside High School	11.59

Section 4 of 18

1	Perez, Ayden	Catholic High School	11.80
2	Sutherland, Timothy	Atlantic Shores Christia	11.79
3	Ryant, Amir	Bayside High School	11.76
4	Jurolien, Jean	Bayside High School	11.71
5	Cartagena, David	Bayside High School	11.67
6	Payne, Owen	New Kent	11.67
7	Gaines, Makai	Bayside High School	11.72
8	Gnandt, Nicholas	Catholic High School	11.76

Section 5 of 18

1	Lacorte, Jackson	Catholic High School	11.96
2	Nwafor, Chima	Stonebridge School	11.96
3	Pinion, Colin	Atlantic Shores Christia	11.92
4	Cropper Jr., Travar	Arcadia	11.88
5	Ortiz, Karmani	Princess Anne High Sc	11.83
6	Williams, Gabe	Princess Anne High Sc	11.85
7	Williams, Zaikwon	Cox	11.89
8	Vu, Llyod	Great Bridge High Scho	11.93

Section 6 of 18

1	Ruff, Marcus	Hampton Christian	12.13
2	Woods, Kinoe	Hampton Christian	12.12
3	Milan, Nick	Catholic High School	12.09
4	Odom, Jalen	Tallwood	11.99
5	White Jr., Brian	Arcadia	11.96
6	Willie, Ja'Anthony	Princess Anne High Sc	11.97
7	Sadler, Noah	Cox	12.08
8	Wells, Travis	Smithfield	12.12

Section 7 of 18

1	Brooks, Jordan	Cox	12.29
2	Hall, Hunter	New Kent	12.26
3	Thomas, Jamal	Nansemond-Suffolk Ac	12.21
4	Nelson, Andrew	New Kent	12.15
5	Culler, Jaden	Great Bridge High Scho	12.13
6	Macklin, Genesis	Dinwiddie	12.15
7	Hayden, Jack	Nansemond-Suffolk Ac	12.15

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START LIST**#1 Boys 100 Meters (Varsity) (cont'd)****11:29 AM**

Lane	Name	Team	Time
8	Osyf, Colin	Atlantic Shores Christia	12.21
Section 8 of 18			
1	Mason, Zaelon	Dinwiddie	12.37
2	Santos, Jahmaal	Smithfield	12.37
3	Cottrell, Caleb	Hampton Christian	12.35
4	Hope, Charles	Northampton	12.32
5	Boze, Milo	Catholic High School	12.31
6	Lane, Rj	Nansemond-Suffolk Ac	12.31
7	Johnson, Marleake	Tallwood	12.34
8	Robertson, Ryan	Princess Anne High Sc	12.36
Section 9 of 18			
1	Edmunds, Kymari	Dinwiddie	12.64
2	Destine, Amio	Nandua	12.54
3	Mannato, Luke	Greenbrier Christian Ac	12.51
4	McMann, Gavin	Cox	12.40
5	Matkins, Wyatt	Greenbrier Christian Ac	12.38
6	Parker, Isaac	Nandua	12.40
7	Smaw, Quentin	Arcadia	12.46
8	Bowser, Tareio	Cox	12.53
Section 10 of 18			
1	Townsend, Zayden	Arcadia	12.78
2	Kurt, Kayra	Norfolk Academy	12.77
3	Armstrong, Sean	Princess Anne High Sc	12.75
4	Boykins, Tyrese	Dinwiddie	12.71
5	Vega, Jaden	Cox	12.66
6	Shandour, Caine	Tabb	12.70
7	Harris, Bryce	Catholic High School	12.73
8	Jacob, Zachary	Hampton Christian	12.76
Section 11 of 18			
1	Wilson, Nakahi	Arcadia	13.02
2	Noland, Parker	Greenbrier Christian Ac	12.99
3	Valera, Vicente	Princess Anne High Sc	12.99
4	Gonzalez, Sabian	Greenbrier Christian Ac	12.92
5	Perry, Caleb	Tabb	12.89
6	Oakley, Jaden	Norfolk Christian	12.91
7	Partin, Will	Stonebridge School	12.95
8	Dryden, Tim	Hampton Christian	12.99
Section 12 of 18			
1	Smith, Markees	Nandua	13.16
2	Slawter, Carmine	Tallwood	13.14
3	Joseph, Jasiel	Northampton	13.06
4	Bryant, Titus	Tallwood	13.04
5	Rickman, Joshua	Norfolk Christian	13.02
6	Porter, Ezra	Smithfield	13.03
7	Thompson, Landon	Catholic High School	13.06

#1 Boys 100 Meters (Varsity) (cont'd)**11:29 AM**

Lane	Name	Team	Time
8	Hoffman, Caiden	Nandua	13.09
Section 13 of 18			
1	Ferguson, Travis	Tallwood	13.49
2	Bennetch, Waverly	Princess Anne High Sc	13.48
3	Bakian, Tristan	Denbigh Baptist	13.47
4	Ortiz, Nick	Greenbrier Christian Ac	13.38
5	Christian, Blaze	New Kent	13.27
6	Joyner, Jamel	Tabb	13.31
7	Reandeau, Vincent	Tabb	13.39
8	Cho, Han	Tallwood	13.48
Section 14 of 18			
1	Gaita, Aaron	Hampton Christian	14.00
2	Parker, Caden	Hampton Christian	13.94
3	Smith, Christopher	Greenbrier Christian Ac	13.88
4	Johnson, Riley	Nandua	13.73
5	Reed, Benjamin	Greenbrier Christian Ac	13.59
6	White, Deshawn	Tallwood	13.67
7	Valentine, Isaiah	Tabb	13.76
8	Maldonado, Carlos	Hickory High School	13.91
Section 15 of 18			
1	Christian, Owen	Norfolk Academy	14.51
2	Payne, Logan	Norfolk Christian	14.13
3	Chaing, Preston	Norfolk Academy	14.10
4	Curry, Nathan	Nansemond-Suffolk Ac	14.07
5	Malaisamy, Ro	Nansemond-Suffolk Ac	14.03
6	Sykes, Joshua	Tabb	14.05
7	Bell, Nicholas	Peninsula Catholic	14.07
8	John, Daniel	Greenbrier Christian Ac	14.12
Section 16 of 18			
1	Michalski, Zachary	Hampton Christian	17.50
2	Burch, Jayden	Stonebridge School	16.27
3	Schrade, Jack	Tabb	15.69
4	Landry, Lucas	Stonebridge School	14.81
5	Nguyen, Joseph	Peninsula Catholic	14.54
6	Sanders, Grayson	Nansemond-Suffolk Ac	14.62
7	Sawyer, Noah	Tallwood	14.82
8	Burke, Jahmairie	Nansemond-Suffolk Ac	16.09
Section 17 of 18			
1	Truax, Mason	Great Bridge High Scho	NT
2	Fonseca-Aponte, Jayde	Hickory High School	NT
3	Davis, Isaiah	Arcadia	NT
4	Moore, Aiden	Arcadia	NT
5	Kinard, Wyatt	Nansemond-Suffolk Ac	18.15
6	Eason, Ari	Cox	NT
7	Hannon, Parker	Hickory High School	NT

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START LIST**#1 Boys 100 Meters (Varsity) (cont'd)****11:29 AM**

Lane	Name	Team	Time
8	Wallace, Carson	Arcadia	NT
Section 18 of 18			
1	Pruitt, Jacy	Great Bridge High Scho	NT
2	Dowdell, Kayden	Hickory High School	NT
3	Trudeau, Emerson	Great Bridge High Scho	NT
4	Collins, JyAire	Bayside High School	NT
5	Melsheimer, Nicholas	Greenbrier Christian Ac	NT
6	Brown, Aiden	Great Bridge High Scho	NT
7	Dunlow, Brennan	Nansemond-Suffolk Ac	NT
8	Wallace, Danny	Arcadia	NT

#28 Girls 1600 Meters (Varsity)**11:51 AM**

Lane	Name	Team	Time
Section 1 of 2			
1	Prince, Rachel	Greenbrier Christian Ac	5:16.11
2	Rice, Alexis	Hickory High School	5:19.60
3	Jones, Alex	Nansemond-Suffolk Ac	5:33.13
4	Hedley, Lilly Beth	Norfolk Academy	5:34.71
5	Tyler, Elle	Hickory High School	5:35.20
6	Clove, Ella	Smithfield	5:36.98
7	Kimener, Morgan	Hickory High School	5:41.85
8	Hudson, Olivia	New Kent	5:43.81
9	Hudson, Audrey	New Kent	5:44.64
10	Sanders, Addison	Smithfield	5:45.43
11	Edmonson, Jaquelyn	Hickory High School	5:45.88
12	Ogden, Teagan	Catholic High School	5:48.02
Section 2 of 2			
1	Castelow, Vivian	Greenbrier Christian Ac	5:56.60
2	Engstrom, Kylee	Smithfield	5:57.44
3	Reynolds, Kate	Great Bridge High Scho	5:57.52
4	Lynch, Rachel	Stonebridge School	6:04.57
5	Quimby, Krista	Hickory High School	6:09.02
6	Gardner, Rae	Catholic High School	6:10.69
7	Spero, Leah	Smithfield	6:12.59
8	Carson, Eliana	Nansemond-Suffolk Ac	6:13.24
9	Morgan, Rachel	Smithfield	6:13.54
10	Moulton, Madison	Hickory High School	6:13.88
11	LaRue, Zori	Smithfield	6:18.07
12	Fancher, JoAnna	Hickory High School	6:19.52
13	Fann, Yasmeen	Smithfield	6:19.56
14	McGuigan, Mary Kate	Cape Henry Collegiate	6:20.23

#29 Girls 1600 Meters (JV678)**12:04 PM**

Lane	Name	Team	Time
Section 1 of 1			
1	Metcalf, Abby	Atlantic Shores Christia	6:01.84
2	Dallaire, Nicole	New Kent	6:06.74
3	Kassuba, Anabel	Greenbrier Christian Ac	6:17.26
4	Webster, Vivienne	Denbigh Baptist	6:29.60
5	Carmean, Lizzie	New Kent	6:32.97
6	Yurkovich, Eliza	Smithfield	6:40.00
7	McGrath, Layla	Smithfield	6:45.00
8	Shipp, Sarah	Norfolk Christian	6:48.75
9	Stravino, Lucy	Broadwater Academy	6:49.70
10	Fogarty, Aedan	Norfolk Christian	6:52.00

#25 Boys 1600 Meters (Varsity)**12:11 PM**

Lane	Name	Team	Time
Section 1 of 2			
1	McGuigan, Matthew	Cape Henry Collegiate	4:19.60
2	Mudd, Daniel	Hickory High School	4:32.62
3	Bousman, Matt	Norfolk Academy	4:36.37
4	Sides, James	Bayside High School	4:37.39
5	Edmonson, Bryce	Hickory High School	4:37.68
6	Burnham, Luke	Cape Henry Collegiate	4:39.03
7	Fontana, Caden	Smithfield	4:39.22
8	Reed, Sammy	Norfolk Christian	4:41.20
9	Baum, Jonathan	Hickory High School	4:41.95
10	Brown, Joe	Cox	4:42.39
11	Thompson, Brennen	Smithfield	4:50.36
12	Brunner, Parker	Hickory High School	4:51.74
13	Nedelin, Aleksander	Norfolk Christian	4:52.79
14	Wood, Randy	Tallwood	4:53.72
15	Segro, Sebastain	Cox	4:54.68
Section 2 of 2			
1	Nieter, Blake	Great Bridge High Scho	4:56.36
2	Black, Rowan	Smithfield	4:57.15
3	Lee, Braxton	New Kent	4:59.19
4	Eason, Brandon	Catholic High School	5:02.30
5	Miller, Nate	Smithfield	5:03.21
6	Palencia, Kai	Smithfield	5:04.48
7	Owens, Noah	Smithfield	5:06.71
8	Dove, Maddox	Smithfield	5:07.56
9	Ankley, Michael	Catholic High School	5:07.82
10	Nicoletti, James	Catholic High School	5:09.22
11	Anderson, Tj	Catholic High School	5:13.68
12	Yurkovich, Owen	Smithfield	5:13.79
13	Hudgins, Benja	Greenbrier Christian Ac	5:13.92

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START LIST**#25 Boys 1600 Meters (Varsity) (cont'd)****12:11 PM**

Lane	Name	Team	Time
14	Burrell, Khari	Dinwiddie	5:14.91
15	Gonzalez, Levi	Stonebridge School	5:15.00
16	Lackey, Jacob	Smithfield	5:15.00
17	Longworth, Kaden	Cape Henry Collegiate	5:15.00
18	Lackey, Jacob	Smithfield	NT

#27 Boys 1600 Meters (JV678)**12:22 PM**

Lane	Name	Team	Time
Section 1 of 1			
1	Desai, Aransh	Norfolk Academy	5:19.97
2	Brown, Isaiah	Smithfield	5:20.12
3	Senterfit-Schultz, Arche	Smithfield	5:26.02
4	Webster, Cole	Denbigh Baptist	5:46.27
5	Constantineau, Andy	Cape Henry Collegiate	5:53.13
6	Koplin, Miles	Nansemond-Suffolk Ac	6:10.77
7	Carmean, Thomas	New Kent	6:12.34
8	Shipp, Simon	Norfolk Christian	6:15.36
9	Girardier, Ben	Greenbrier Christian Ac	6:16.61
10	Courtenay, Christian	St. Matthew's	6:20.11
11	Anthony, Jack	St. Matthew's	6:23.95
12	Athey, Weston	Dinwiddie	6:23.95
13	Pappas, Theo	St. Matthew's	6:24.01
14	Henning, Jameson	New Kent	6:28.04
15	Warden, Everett	Norfolk Christian	6:32.71
16	Cristaldi, Christian	St. Matthew's	6:40.01
17	Lengkeek, Sawyer	Norfolk Christian	6:41.58
18	Baugher, Brandon	Norfolk Christian	6:42.65
19	Palma, Tildon	Greenbrier Christian Ac	6:53.40
20	Inge, Joshua	Dinwiddie	6:53.59
21	Barrett, Charlie	Cape Henry Collegiate	6:57.73
22	Prince, Luke	Greenbrier Christian Ac	6:58.23

#48 Girls 4 x 100m Relay (Varsity) (cont'd)**12:29 PM**

Lane	Team	Time
4	New Kent (A) 1) Cheeseman, Chawney 2) Wiles, Brooklyn 3) Clements, Madison 4) Griffith, Ryan	51.40
5	Tallwood (A) 1) Galloway-Lewis, GiNia 2) Moore, Makenzie 3) Quarles, Kara 4) Ricks, Nakiyah	49.08
6	Princess Anne High School (A) 1) Saunders, Mariah 2) Williams, K'alee 3) Olds, Amaya 4) Hall, Nevaeh	49.54
7	Cox (A) 1) O'Bryant, Corren 2) Cowen, Summer 3) Coles, Mia 4) Chapman, Sam	51.51
8	Catholic High School (A) 1) Seidensticker, Marga 2) Shepard, Bella 3) Dimino, Annemarie 4) Smith, Imani	52.35

Section 2 of 2

1	Tallwood (B) 1) Bartley, Miyonni 2) White, Erianna 3) Weir, Kamora 4) Harris-Byrnes, Jaiden	49.08
2	Nansemond-Suffolk Academy (B) 1) Moore, Nize' 2) Tobola, Isabel 3) Hogan, Evey 4) Etherton, Hadley	56.39
3	Hickory High School (A) 1) Christensen, Loralie 2) Lowry, Sophia 3) Ingargiola, Sophie 4) Sapakoff, Monica	NT
4	Nandua (A) 1) Ineus, Brianny 2) Galo-Vasquez, Jassuri 3) Byrd, Ikerya 4) Jones, De'Asia	1:01.76
5	Nansemond-Suffolk Academy (A) 1) Mugaisi, Abigail 2) DiGiovanni, Josephina 3) Fiero, Maddie 4) Hammond, Miranda	56.39
6	Northampton (A) 1) Boles, Crystal 2) Daggins, Jada 3) Foeman, Amerie 4) Reaves, Alise	1:01.15
7	Tabb (A) 1) Smith, Abby 2) Miller, Kailey 3) Ford, Kaidyn 4) Grant, Aniya	1:07.00
8	Peninsula Catholic (A) 1) Hobson, Iva 2) Nguyen, Kaitlynn 3) Houlihan, Cailin 4) Branam, Rachel	NT

#48 Girls 4 x 100m Relay (Varsity)**12:29 PM**

Lane	Team	Time
Section 1 of 2		
1	Greenbrier Christian Academy (A) 1) Ustick, Riley 2) Mizal, Megan 3) Buckley, Aryanna 4) Krenz, Isabelle	56.34
2	Norfolk Academy (A) 1) Chambliss, KB 2) Kulow, Taylor 3) Clark, Beatrix 4) Ware, Lila 5) Uncapher, Emma 6) Bore, Eloise	53.43
3	Arcadia (A)	52.13

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START LIST**#49 Girls 4 x 100m Relay (JV678)****12:35 PM**

Lane	Team	Time
Section 1 of 1		
1	St. Matthew's (B) 1) Humphrey, Karen 3) Lindburg, Olivia	1:03.92
2	Tabb (A) 1) Osborne, Chuy'niel 3) Williams, Jazmyn	1:17.00
3	Nandua (A) 1) Polinice, Ruth 3) Broughton, Saniya	1:01.76
4	New Kent (A) 1) Foster, Emory 3) Fischer, Mackenzie	56.35
5	Arcadia (A) 1) Archi, Deborah 3) Davis, Maleyah	52.13
6	Atlantic Shores Christian (A) 1) Hewitt, Annaliese 3) Whitaker, Caidence	54.12
7	St. Patrick Catholic School (A) 1) DeRyder, Paige 3) Williams, Isla	1:01.21
8	St. Matthew's (A) 1) Michalski, Isarra 3) Huffman, Faith	1:03.92

#46 Boys 4 x 100m Relay (Varsity)**12:38 PM**

Lane	Team	Time
Section 1 of 3		
2	Arcadia (A) 1) Wilson, Nakahi 3) Cropper Jr., Travar	45.36
3	New Kent (A) 1) Young, Carlos 3) Leeper, Rashad	44.23
4	Hickory High School (A) 1) Dartez, Alexander 3) Dowdell, Kayden	43.59
5	Bayside High School (A) 1) Coleman, Jadyne 3) Ramseur, Kyree	42.00
6	Princess Anne High School (A) 1) Armstrong, Sean 3) Robertson, Ryan	43.24

#46 Boys 4 x 100m Relay (Varsity) (cont'd)**12:38 PM**

Lane	Team	Time
7	Tallwood (A) 1) Hailu, Amanuel 3) Marcelino, Christian	43.75
8	Norfolk Academy (A) 1) Reid, Campbell 3) Kumar, Sajan 5) Lovell, Will	44.37
Section 2 of 3		
2	Tabb (A) 1) Joyner, Jamel 3) Reandeau, Vincent	1:05.00
3	Hampton Christian (A) 1) Ruff, Marcus 3) Gaita, Aaron	48.39
4	Norfolk Christian (A) 1) Banks, Isiah 3) Hines, Thomas	47.23
5	Catholic High School (A) 1) Milan, Nick 3) Torres, Gabe 5) Lacorte, Jackson	45.75
6	Northampton (A) 1) Collins, Jasheem 3) Young, Aaiden	46.56
7	Nansemond-Suffolk Academy (A) 1) Lane, Rj 3) Vetter, Seth	47.26
8	Greenbrier Christian Academy (A) 1) Smith, Christopher 3) John, Daniel	48.80
Section 3 of 3		
2	Hampton Christian (B) 1) Woods, Kinoe 3) Myles, Chase	48.39
3	Princess Anne High School (B) 1) Vaszil, Carver 3) Armstrong, Adam	43.24
4	New Kent (B) 1) Nelson, Andrew 3) Christian, Blaze	44.23
5	Bayside High School (B) 1) J Robinson, R 3) Collins, JyAire	42.00

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START LIST**#46 Boys 4 x 100m Relay (Varsity) (cont'd)****12:38 PM**

Lane	Team	Time
6	Arcadia (B)	45.36
	1) Townsend, Zayden	
	2) Lucas, Djas	
	3) Smaw, Quentin	
	4) Wallace, Danny	

#45 Boys 4 x 100m Relay (JV678)**12:47 PM**

Lane	Team	Time
Section 1 of 1		
3	St. Matthew's (A)	55.95
	1) Shaddeau, Joseph	
	2) Patragas, Killian	
	3) Pappas, Theo	
	4) Stetzer, Benjamin	
4	New Kent (A)	48.75
	1) Keene, Tristan	
	2) Lacy, Maddox	
	3) Bowden, Knox	
	4) Stevens, Grayson	
5	Norfolk Christian (A)	47.23
6	Nansemond-Suffolk Academy (A)	47.26
	1) Thigpen, Magnus	
	2) Grimes, Maxwell	
	3) Schompert, Ryan	
	4) Nguyen, Nathan	
7	Greenbrier Christian Academy (A)	48.80
	1) Decker, Malak	
	2) Noland, Wyatt	
	3) Decker, Rafael	
	4) Chambley, Brandon	

#16 Girls 400 Meters (Varsity)**12:50 PM**

Lane	Name	Team	Time
Section 1 of 4			
1	Jablonski, Alexa	Tallwood	1:06.52
2	Williams, Harmone	Princess Anne High Sc	1:06.08
3	Norman, Brianna	Norfolk Christian	1:04.00
4	Ojo, Micah	Princess Anne High Sc	1:00.78
5	Mobley, Masirah	Smithfield	59.84
6	Uncapher, Emma	Norfolk Academy	1:00.16
7	Hattermer, Emma	Smithfield	1:01.52
8	Hobson, Jada	Princess Anne High Sc	1:04.04
Section 2 of 4			
2	Francois, Ariana	New Kent	1:09.27
3	Eichelberger, Geneviev	Atlantic Shores Christia	1:09.24
4	Chee, Marcella	Nansemond-Suffolk Ac	1:08.80
5	Johnson, Brynn	Cape Henry Collegiate	1:06.90
6	Green, Danielle	Princess Anne High Sc	1:06.98
7	Hodges, Izzy	Smithfield	1:08.94
8	Brown-Jones, Justice	Catholic High School	1:09.25
Section 3 of 4			
2	Gray, Aniyah	Princess Anne High Sc	1:11.69
3	Robbins, Elizabeth	Princess Anne High Sc	1:10.77

#16 Girls 400 Meters (Varsity) (cont'd)**12:50 PM**

Lane	Name	Team	Time
4	Ankley, Sara	Catholic High School	1:10.03
5	Anderson, Faith	Stonebridge School	1:09.82
6	Lindor, Amy	Arcadia	1:09.85
7	Healey, Keilani	Catholic High School	1:10.26
8	Brown, Kemoni	Arcadia	1:11.38
Section 4 of 4			
2	Saini, Seher	Hickory High School	1:14.70
3	Oswald, Mallory	Stonebridge School	1:13.63
4	Benn, Rayven	Atlantic Shores Christia	1:12.53
5	Wetherell, Elizabeth	New Kent	1:11.84
6	Teague, Isabella	Hickory High School	1:11.88
7	Bell, Sadie	Norfolk Academy	1:12.60
8	Gilikin, Isabella	Stonebridge School	1:14.25

#17 Girls 400 Meters (JV678)**12:55 PM**

Lane	Name	Team	Time
Section 1 of 3			
2	Castillo, Sophia	St. Matthew's	1:15.56
3	Baker, Bailey	St. Patrick Catholic Sch	1:15.21
4	Foster, Emory	New Kent	1:11.78
5	Fischer, Mackenzie	New Kent	1:09.25
6	Van Aman, Madilynn	Smithfield	1:11.28
7	Voros, Josslyn	Smithfield	1:13.37
8	DeRyder, Paige	St. Patrick Catholic Sch	1:15.21
Section 2 of 3			
2	Speller, Ariane	Norfolk Christian	1:21.94
3	Webster, Vivienne	Denbigh Baptist	1:19.39
4	Huffman, Faith	St. Matthew's	1:16.73
5	Raspberry, Ella	Stonebridge School	1:15.58
6	wilson, blaire	Stonebridge School	1:16.18
7	Battle, Nadia	Stonebridge School	1:18.42
8	Michalski, Isarra	St. Matthew's	1:21.65
Section 3 of 3			
4	Weaver, Annabella	New Kent	1:33.44
5	Shen, Crystal	Broadwater Academy	1:25.28
6	Drummond, Mary	Broadwater Academy	1:28.53
7	Lindburg, Olivia	St. Matthew's	1:40.58

#13 Boys 400 Meters (Varsity)**12:59 PM**

Lane	Name	Team	Time
Section 1 of 9			
2	Perez, Ayden	Catholic High School	52.27
3	McKnew, Michael	Cape Henry Collegiate	51.75

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Lane	Name	Team	Time
4	Fancher, Tristan	Hickory High School	51.26
5	Tragert, Owen	Cape Henry Collegiate	49.28
6	Burse, Jayden	Tallwood	50.76
7	Busquets, Makoa	Chincoteague	51.47
8	Webster, Daylen	Smithfield	51.95

Section 2 of 9

2	Hagerman, Gabriel	Catholic High School	54.34
3	Lowe, Max	Catholic High School	53.88
4	Henning, Carter	New Kent	53.19
5	Eason, Milo	Cox	52.44
6	Martin, Jaquez	Tallwood	52.98
7	Biesack, Caleb	Cox	53.70
8	Taylor, Hudson	Northampton	53.94

Section 3 of 9

2	Wilson, Nakahi	Arcadia	54.75
3	Trago, Tyler	Hickory High School	54.58
4	Chavez, Julio	Nandua	54.46
5	Neth, Ayden	Smithfield	54.40
6	Nedelin, Aleksander	Norfolk Christian	54.44
7	Pinion, Colin	Atlantic Shores Christia	54.52
8	Osyf, Colin	Atlantic Shores Christia	54.68

Section 4 of 9

2	Jones, Taj	Smithfield	55.35
3	Taylor, Logan	Smithfield	55.13
4	Destine, Arnoldson	Nandua	55.05
5	Bradley, Jayden	Great Bridge High Scho	54.81
6	Singletary, Christiann	Hickory High School	54.95
7	Busquets, Mikah	Chincoteague	55.09
8	Sarver, Noah	Hickory High School	55.30

Section 5 of 9

2	Cheshire, Daniel	Cape Henry Collegiate	56.24
3	Gaines, Makai	Bayside High School	55.92
4	Huffman, Aiden	Tallwood	55.75
5	Smith, Alex	Smithfield	55.35
6	Duffy Jr., Sean	Norfolk Academy	55.41
7	Dowdell, Kayden	Hickory High School	55.81
8	Sadler, Noah	Cox	56.19

Section 6 of 9

2	Courtney, Landon	Princess Anne High Sc	56.96
3	Robinson, Ben	Hickory High School	56.37
4	Collins, JyAire	Bayside High School	56.33
5	Vance, Colin	Catholic High School	56.30
6	Amarillo, Anthony	Smithfield	56.32
7	Robinson, Truth	Smithfield	56.36
8	Zito, Isaac	Norfolk Academy	56.50

#13 Boys 400 Meters (Varsity) (cont'd)**12:59 PM**

Lane	Name	Team	Time
Section 7 of 9			
3	Jurolien, Jean	Bayside High School	58.24
4	Hollingsworth, Clint	Hickory High School	57.87
5	Gucer, Berk	Cape Henry Collegiate	57.28
6	Wimber, Cam'ron Hall	Northampton	57.79
7	Cardona, Elijah	Tallwood	57.97
8	Sutherland, Timothy	Atlantic Shores Christia	58.27

Section 8 of 9

3	McClung, Gavin	Stonebridge School	59.02
4	Dougherty, Brendan	Catholic High School	58.54
5	Marchesano, Jake	Hickory High School	58.39
6	Major, Ty	Cape Henry Collegiate	58.50
7	Hines, Samuel	Norfolk Christian	58.91
8	King, Zackariah	New Kent	59.59

Section 9 of 9

3	Graves, Kaleb	Cape Henry Collegiate	59.99
4	Morris, Jayden	Northampton	59.88
5	Smaw, Quentin	Arcadia	59.66
6	Gonzalez, Levi	Stonebridge School	59.72
7	Vaszil, Carver	Princess Anne High Sc	59.91

#15 Boys 400 Meters (JV678)**1:09 PM**

Lane	Name	Team	Time
Section 1 of 3			
1	Stetzer, Benjamin	St. Matthew's	1:09.91
2	Bowden, Knox	New Kent	1:08.52
3	Grimes, Maxwell	Nansemond-Suffolk Ac	1:06.99
4	Nguyen, Nathan	Nansemond-Suffolk Ac	1:04.79
5	Davis, Cooper	Dinwiddie	57.13
6	Chouraqui, Noah	Norfolk Academy	58.97
7	Hodge, Rolstan	Norfolk Christian	1:05.00
8	Hines, Edward	Norfolk Christian	1:07.15

Section 2 of 3

1	Haney, Carter	Stonebridge School	1:16.10
2	Backens, Luke	Stonebridge School	1:15.10
3	Spivey, Ethan	Stonebridge School	1:12.15
4	Galbreath, Amarian	Tabb	1:12.06
5	Angaw, Ezana	Tabb	1:10.00
6	Miller, Finn	New Kent	1:10.53
7	Atiq, Arham	Tabb	1:12.07
8	Thompson, William	Tabb	1:14.00

Section 3 of 3

1	Yang, Austen	Nandua	NT
2	Wilson, Cayden	Arcadia	NT

KEN LAMPERT ALL-COMERS

Norfolk, VA
 Norfolk Academy
 Weather: Warm, cloudy, slight breeze
 Host: Chad Byler
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START LIST**#15 Boys 400 Meters (JV678) (cont'd)****1:09 PM**

Lane	Name	Team	Time
3	Drummond, Chavis	Broadwater Academy	NT
4	Higgins, Walter	Broadwater Academy	1:33.32
5	Koplin, Miles	Nansemond-Suffolk Ac	1:20.95
6	Higgins, Nathaniel	Broadwater Academy	1:31.33
7	Gusman, Brayden	St. Matthew's	1:44.55
8	Shannon, Ethan	New Kent	NT

#42 Girls 300m Hurdles (Varsity)**1:17 PM**

Lane	Name	Team	Time
Section 1 of 4			
1	Weir, Kamora	Tallwood	53.75
2	Way, Isabelle	Atlantic Shores Christia	53.20
3	Gilbert, MeKenzie	Nansemond-Suffolk Ac	52.60
4	Coates, Rylee	Northampton	47.11
5	Gough, Cheyenne	Bayside High School	45.70
6	Belton, Kerra	Tallwood	46.64
7	Griffith, Ryan	New Kent	50.60
8	Pittman, Kendall	Nansemond-Suffolk Ac	52.99
Section 2 of 4			
1	Clark, Beatrix	Norfolk Academy	57.46
2	Ten Thoren, Finja	Atlantic Shores Christia	57.29
3	Griffin, Caroline	Atlantic Shores Christia	57.02
4	Newton, Raegan	Dinwiddie	56.31
5	O'Bryant, Corren	Cox	54.92
6	Washington, Aryanna	Tallwood	55.51
7	Reed, Jemelia	Arcadia	56.96
8	Loucks, Haven	New Kent	57.16
Section 3 of 4			
1	Davis, Makiyah	Arcadia	1:01.88
2	Hogan, Evey	Nansemond-Suffolk Ac	1:01.66
3	Palmer, Carter	Stonebridge School	59.66
4	Rader, Sofia	Broadwater Academy	58.84
5	Stoddard, Bianca	Tallwood	57.62
6	Moore, Zariyah	Atlantic Shores Christia	58.39
7	Robinson, Emmalee	Greenbrier Christian Ac	59.65
8	Coleman, Ashlin	New Kent	59.72
Section 4 of 4			
3	Enfield, Holland	Stonebridge School	NT
4	Perillo, Sophia	Hickory High School	1:04.98
5	Beckett, Alionna	Arcadia	1:02.83
6	Smith, Melani	Nandua	1:04.24
7	Buckley, Aryanna	Greenbrier Christian Ac	NT
8	Becker, Abigail	Princess Anne High Sc	NT

#43 Girls 300m Hurdles (JV678)**1:21 PM**

Lane	Name	Team	Time
Section 1 of 1			
4	McDermott, Evelyn	St. Matthew's	1:03.14
5	Wirtz, Emmy	Stonebridge School	1:01.40
6	Baker, Bailey	St. Patrick Catholic Sch	1:02.68

#39 Boys 300m Hurdles (Varsity)**1:25 PM**

Lane	Name	Team	Time
Section 1 of 5			
1	Parker, Isaac	Nandua	45.24
2	Reid, Campbell	Norfolk Academy	45.15
3	Lewis, Alex	Norfolk Academy	44.17
4	Raphael, Nicholas	Bayside High School	43.27
5	Scarborough, Amari	Nandua	42.40
6	Leeper, Rashad	New Kent	42.73
7	Young, Carlos	New Kent	43.71
8	Semsey, Jacob	Cox	44.83
Section 2 of 5			
1	Files IV, Carl	Hickory High School	47.44
2	Lucas, Djasley	Arcadia	47.30
3	Mason, Zaelon	Dinwiddie	47.13
4	Bradley, Lamarion	Dinwiddie	46.15
5	Bush, Joshua	Tallwood	45.44
6	Liriano, Felix	Tallwood	45.58
7	Tankard, Mark	Northampton	46.68
8	Ha, Yechan	Norfolk Christian	47.29
Section 3 of 5			
1	Martindale, Andrew	Hickory High School	49.14
2	Macklin, Genesis	Dinwiddie	49.09
3	Normil, Kerson	Arcadia	48.55
4	Salter, Wyatt	Norfolk Academy	48.23
5	Wood, Jude	Stonebridge School	48.16
6	Gary, Damont'e	Bayside High School	48.18
7	Repole, Alex	Norfolk Academy	48.38
8	Starkey, Grant	Nansemond-Suffolk Ac	48.98
Section 4 of 5			
3	Bonaparte, Aidan	Greenbrier Christian Ac	58.02
4	Young, Kyle	New Kent	50.67
5	Robinson, Ben	Hickory High School	49.48
6	pilley, jayden	Bayside High School	50.04
7	Vetter, Seth	Nansemond-Suffolk Ac	53.55
8	Melsheimer, Nicholas	Greenbrier Christian Ac	58.98
Section 5 of 5			
6	Huber, George	Stonebridge School	NT
7	Wallace, Danny	Arcadia	1:00.75

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START LIST**#39 Boys 300m Hurdles (Varsity) (cont'd)****1:25 PM**

Lane	Name	Team	Time
8	Lucas, Djas	Arcadia	NT

#41 Boys 300m Hurdles (JV678)**1:29 PM**

Lane	Name	Team	Time
Section 1 of 1			
2	Anderson, Logan	St. Patrick Catholic Sch	55.72
3	Terry, Aiden	Broadwater Academy	50.34
4	Courtenay, Christian	St. Matthew's	54.11
5	Chambley, Brandon	Greenbrier Christian Ac	NT

#22 Girls 800 Meters (Varsity)**1:31 PM**

Lane	Name	Team	Time
Section 1 of 4			
1	Manipon, Laila	Hickory High School	2:20.16
2	Frost, Eve	Stonebridge School	2:22.85
3	Scott, Magdelene	Great Bridge High Scho	2:23.73
4	Maynor, Danielle	Cox	2:26.49
5	Sapakoff, Monica	Hickory High School	2:28.12
6	Hulatt, Zoey	Tallwood	2:28.43
7	Stufflebeem, Ella	Norfolk Academy	2:28.63
8	Hand, Jules	Great Bridge High Scho	2:30.60
9	Nunziata, Josie	Stonebridge School	2:31.54
10	Rice, Alexis	Hickory High School	2:31.80
11	Quilala, Charem	Princess Anne High Sc	2:31.87
12	Stephenson, Heidi	Cox	2:33.32
13	Hudson, Olivia	New Kent	2:34.89
14	Hedley, Lilly Beth	Norfolk Academy	2:34.99
Section 2 of 4			
1	Banks, Hannah	Peninsula Catholic	2:36.48
2	Hudson, Audrey	New Kent	2:38.20
3	Manley, Savannah	Great Bridge High Scho	2:38.56
4	Norton, Ava	Tallwood	2:38.56
5	Finister, Amya	Cox	2:39.64
6	Ogden, Teagan	Catholic High School	2:40.13
7	Porzio, Kierra	Smithfield	2:40.13
8	Loucks, Aubrey	New Kent	2:42.46
9	Smith, Alyssa	Hickory High School	2:42.69
10	Marshall, Megan	Norfolk Academy	2:43.02
11	Anderson, Faith	Stonebridge School	2:44.11
12	Buckley, Sophia	Greenbrier Christian Ac	2:46.37
13	Ward, Cadence	Hickory High School	2:46.49
14	Carson, Eliana	Nansemond-Suffolk Ac	2:46.94
Section 3 of 4			

#22 Girls 800 Meters (Varsity) (cont'd)**1:31 PM**

Lane	Name	Team	Time
1	Gardner, Rae	Catholic High School	2:48.22
2	Sheppard, Claire	Norfolk Academy	2:48.43
3	Nator, Isabella	Cape Henry Collegiate	2:49.91
4	Gillis, Serenity	Dinwiddie	2:49.99
5	Trembath, Marybelle	Norfolk Academy	2:50.37
6	Lynch, Rachel	Stonebridge School	2:51.75
7	O'Connor, Macy	Catholic High School	2:53.11
8	Shin, Hannah	New Kent	2:53.11
9	Eacho, Amelia	New Kent	2:53.32
10	Clove, Ava	Smithfield	2:54.06
11	Warren, Adair	Hickory High School	3:01.08
12	Beekwilder, Kathleen	Dinwiddie	3:02.24
13	Hocking, Kate	Hickory High School	3:02.77
14	DiStefano, McKinley	Smithfield	3:06.43
15	Oswald, Mallory	Stonebridge School	3:06.55

Section 4 of 4

1	Hancock, Taylor	Denbigh Baptist	3:07.38
2	Wilson, Blinda	Catholic High School	3:07.92
3	Gallimore, Scarlett	Northampton	3:08.90
4	Bacchi, Chloe	Nandua	3:15.00
5	Hunt, Ava	Tabb	3:15.00
6	Brinkley, Destiny	Nandua	3:23.00
7	Martinez, Briseida	Nandua	3:23.41
8	Beckner, Millie	Stonebridge School	3:29.90
9	Perkins, Annabelle	Hickory High School	3:46.15
10	Aurova, Nadia	Hickory High School	NT
11	Beltran, Samantha	Dinwiddie	NT
12	Brunner, Adeline	Hickory High School	NT
13	Fowler, Abigail	New Kent	NT
14	Mateo, Leila	Catholic High School	NT
15	Schwoeppe, Mckenzie	Catholic High School	NT
16	Tragert, Ella	Cape Henry Collegiate	NT

#24 Girls 800 Meters (JV678)**1:44 PM**

Lane	Name	Team	Time
Section 1 of 1			
1	Fischer, Mackenzie	New Kent	2:45.75
2	Metcalf, Abby	Atlantic Shores Christia	2:52.79
3	Tschanz, Monica	St. Patrick Catholic Sch	2:54.10
4	Carmean, Lizzie	New Kent	2:59.41
5	Shipp, Sarah	Norfolk Christian	3:02.67
6	Huffman, Faith	St. Matthew's	3:09.55
7	Lindsay, Bria	Stonebridge School	3:10.26
8	Morgan, Louisa	Tabb	3:15.00

KEN LAMPERT ALL-COMERS

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START LIST**#24 Girls 800 Meters (JV678) (cont'd)****1:44 PM**

Lane Name	Team	Time
9 Akauliya, Auroja	Tabb	3:17.37
10 Smith, Jenna	Greenbrier Christian Ac	3:18.13
11 Stravino, Lucy	Broadwater Academy	3:21.12
12 Wright, Tenley	Greenbrier Christian Ac	3:34.88
13 Yost, Charlotte	St. Matthew's	4:03.77
14 Fogarty, Aedan	Norfolk Christian	NT
15 McGrath, Layla	Smithfield	NT
16 Weaver, Annabella	New Kent	NT
17 Yurkovich, Eliza	Smithfield	NT

#20 Boys 800 Meters (Varsity)**1:49 PM**

Lane Name	Team	Time
Section 1 of 5		
1 Schubert, Zach	Hickory High School	1:56.78
2 Guzik, Finn	Norfolk Academy	2:00.11
3 Greer, Caleb	Smithfield	2:02.29
4 Kucha, Ewan	Smithfield	2:02.67
5 Scourfield, Mason	Hickory High School	2:04.64
6 Canady, Zachary	Smithfield	2:05.36
7 Sistare, Lucas	Smithfield	2:05.37
8 Adams, Kash	Great Bridge High Scho	2:08.68
9 Sides, James	Bayside High School	2:09.03
10 Henning, Carter	New Kent	2:09.82
11 Zito, Isaac	Norfolk Academy	2:10.02
12 Khalil, David	Great Bridge High Scho	2:13.64
13 Flores, Anthony	Princess Anne High Sc	2:14.43
14 Wise, Taylor	Catholic High School	2:14.73
Section 2 of 5		
1 Copeland, Isaac	Princess Anne High Sc	2:15.51
2 Lang, Dale	Arcadia	2:15.55
3 Griggs, Austin	Tallwood	2:16.09
4 Burrell, Khari	Dinwiddie	2:16.55
5 Villasis, Alex	Catholic High School	2:16.68
6 Lackey, Jacob	Smithfield	2:17.77
7 Dutton, Eugene	Great Bridge High Scho	2:17.88
8 Williams, Jasiah	Princess Anne High Sc	2:18.15
9 Hines, Samuel	Norfolk Christian	2:18.97
10 Fender, Logan	Catholic High School	2:18.99
11 Lee, Braxton	New Kent	2:19.61
12 Rowe, Jack	Smithfield	2:19.69
13 Brown, Emmett	Great Bridge High Scho	2:19.75
14 Walker, Tyler	Catholic High School	2:22.19
15 McCormack, James	Great Bridge High Scho	2:22.35
16 Sarver, Eli	Hickory High School	2:22.68

#20 Boys 800 Meters (Varsity) (cont'd)**1:49 PM**

Lane Name	Team	Time
17 Xu, Ivan	Norfolk Academy	2:24.07
18 Kite, Preston	Cape Henry Collegiate	2:24.24
Section 3 of 5		
1 Archil, Marc	Arcadia	2:24.63
2 Hogaboom, Joe	Hickory High School	2:24.65
3 Adkins, Jason	Cape Henry Collegiate	2:25.10
4 Crawford, Bryce	Tallwood	2:25.22
5 Butela, Holden	Cape Henry Collegiate	2:25.65
6 Ashton, Matthew	Hickory High School	2:25.96
7 Wilson, Cooper	Catholic High School	2:26.97
8 Ross, Gage	Arcadia	2:27.37
9 Desai, Aransh	Norfolk Academy	2:27.38
10 Slat, Chris	Peninsula Catholic	2:29.01
11 Salib, Andrew	Norfolk Academy	2:29.19
12 Longworth, Kaden	Cape Henry Collegiate	2:29.38
13 Wharton, Josiah	Nandua	2:29.64
14 Russell, Emerson	Tallwood	2:29.67
15 Bailey, Michael	Northampton	2:31.01
16 Stanishevsky, Dennis	Hickory High School	2:31.41
17 Hanna, Ben	Norfolk Christian	2:31.97
18 Wiegert, Max	Atlantic Shores Christia	2:32.70
Section 4 of 5		
1 Metcalf, Sam	Atlantic Shores Christia	2:32.75
2 Graham, Gunnar	Hickory High School	2:33.76
3 Martin, Cameron	Tallwood	2:34.09
4 Gutierrez, Kevin	Nandua	2:34.60
5 SMITH, Jamiah	Nandua	2:35.18
6 Nevarez-Soto, Erik	Nandua	2:35.92
7 Holmes, Landon	Stonebridge School	2:36.92
8 Tam, Connor	Hickory High School	2:37.75
9 Goldbach, Trevor	Nansemond-Suffolk Ac	2:38.50
10 Nguyen, Ethan	Tallwood	2:39.12
11 Purcell, Jackson	Tallwood	2:39.67
12 Scholz, Justus	Broadwater Academy	2:42.56
13 Leung, Quentin	Hickory High School	2:43.11
14 Smaw, MarQue	Arcadia	2:45.13
15 Ricks, Nick	Nansemond-Suffolk Ac	2:46.99
16 Hall, Xavier	Dinwiddie	2:53.62
17 Porter, Liam	Norfolk Christian	2:53.72
18 Demetros, Caleb	Tabb	2:53.97
19 Spangler, Callum	Tabb	2:57.86
Section 5 of 5		
1 Cole, Conor	Tabb	3:04.09
2 Douglas, Lathan	Greenbrier Christian Ac	3:09.00
3 Berge, Elijah	Smithfield	3:09.98

KEN LAMPERT ALL-COMERS

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START LIST**#20 Boys 800 Meters (Varsity) (cont'd)****1:49 PM**

Lane	Name	Team	Time
4	Jones, Jackson	New Kent	3:11.26
5	Gibbs Jr., Thomas	Dinwiddie	3:12.95
6	Harrinston, Jonah	Atlantic Shores Christia	3:14.73
7	DeBose, Adrian	Cape Henry Collegiate	NT
8	Dillender, Michael	Stonebridge School	NT
9	Faison, Eli	Tallwood	NT
10	Flynn, Ayden	Nandua	NT
11	Fox, Carter	Northampton	NT
12	Galda, Rohan	Princess Anne High Sc	NT
13	Howell, Avery	Nansemond-Suffolk Ac	NT
14	Jaeger, Dmitri	Hickory High School	NT
15	Parkerson, Lawrence	Stonebridge School	NT
16	Peebles, Khristian	Peninsula Catholic	NT
17	Russell, Jakoddi	Princess Anne High Sc	NT
18	Wallace, Johnny	Peninsula Catholic	NT
19	Ware, Casey	Peninsula Catholic	NT
20	West, Cooper	Smithfield	NT

#19 Boys 800 Meters (JV678)**2:04 PM**

Lane	Name	Team	Time
Section 1 of 1			
1	Brown, Isaiah	Smithfield	2:23.99
2	Senterfit-Schultz, Arche	Smithfield	2:32.00
3	Laprade, Kenneth	Dinwiddie	2:38.66
4	Webster, Cole	Denbigh Baptist	2:41.56
5	Kamarek III, Liam	Norfolk Academy	2:42.02
6	Byrne, Jackson	Norfolk Christian	2:42.04
7	Pappas, Theo	St. Matthew's	2:44.87
8	Warden, Everett	Norfolk Christian	2:49.85
9	Anthony, Jack	St. Matthew's	2:51.56
10	Chouraqui, adam	Norfolk Academy	2:51.82
11	Haney, Carter	Stonebridge School	2:51.97
12	Shaddeau, Joseph	St. Matthew's	2:56.23
13	Backens, Luke	Stonebridge School	2:56.57
14	Athey, Weston	Dinwiddie	2:59.30
15	Conroy, John "Jay"	Atlantic Shores Christia	2:59.63
16	Lengkeek, Sawyer	Norfolk Christian	3:00.89
17	Kellam, Colt	Stonebridge School	3:01.74
18	Bowden, Knox	New Kent	3:03.97
19	Shipp, Simon	Norfolk Christian	3:06.67
20	Baughner, Brandon	Norfolk Christian	3:12.10
21	Carmean, Thomas	New Kent	3:13.14
22	Perkins, Shane	Dinwiddie	3:18.34
23	Cristaldi, Christian	St. Matthew's	3:19.62

#19 Boys 800 Meters (JV678) (cont'd)**2:04 PM**

Lane	Name	Team	Time
24	Inge, Joshua	Dinwiddie	3:26.10
25	Miller, Finn	New Kent	NT
26	Stetzer, Benjamin	St. Matthew's	NT

#12 Girls 200 Meters (Varsity)**2:08 PM**

Lane	Name	Team	Time
Section 1 of 12			
1	Smith, Imani	Catholic High School	26.88
2	Hall, Nevaeh	Princess Anne High Sc	26.58
3	Bell, Aliya	Tallwood	26.43
4	Williams, K'alee	Princess Anne High Sc	26.24
5	Quarles, Kara	Tallwood	25.84
6	Carnes, Simone	Smithfield	25.92
7	Gough, Cheyenne	Bayside High School	26.41
8	Norman, Brianna	Norfolk Christian	26.46
Section 2 of 12			
1	Seidensticker, Marga	Catholic High School	27.49
2	Ofole, Chiamaka	Stonebridge School	27.37
3	Chambliss, KB	Norfolk Academy	27.30
4	Clements, Madison	New Kent	27.16
5	Coles, Mia	Cox	26.98
6	Lowry, Sophia	Hickory High School	27.05
7	Scott, Adaline	Norfolk Academy	27.20
8	Cheeseman, Chawney	New Kent	27.33
Section 3 of 12			
1	Brown, Kemoni	Arcadia	27.91
2	White, Erianna	Tallwood	27.76
3	Wells, Neveah	Smithfield	27.69
4	Williams, Harmone	Princess Anne High Sc	27.65
5	Ofole, Zara	Stonebridge School	27.51
6	Hobson, Jada	Princess Anne High Sc	27.53
7	Wiles, Brooklyn	New Kent	27.67
8	Dimino, Annemarie	Catholic High School	27.76
Section 4 of 12			
1	Brazier, Audrey	Hickory High School	28.68
2	Hammond, Miranda	Nansemond-Suffolk Ac	28.51
3	Booth, Mary	Cox	28.34
4	Shepard, Bella	Catholic High School	28.27
5	Christensen, Loralee	Hickory High School	28.16
6	Thompson, Nyasia	Princess Anne High Sc	28.19
7	Elliot, Katalina	Tallwood	28.28
8	Burke, Zaria	Smithfield	28.42
Section 5 of 12			
1	Mitchell, Gaunni	Princess Anne High Sc	29.13

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START LIST**#12 Girls 200 Meters (Varsity) (cont'd)****2:08 PM**

Lane	Name	Team	Time
2	Finister, Amya	Cox	29.13
3	Mack, Kailee	Hampton Christian	29.07
4	Joseph, Janiyah	Nandua	28.98
5	Green, Danielle	Princess Anne High Sc	28.72
6	Ingargiola, Sophie	Hickory High School	28.87
7	Johnson, Brynn	Cape Henry Collegiate	29.02
8	Outlaw, Avery	Dinwiddie	29.08

Section 6 of 12

1	Miller, Kailey	Tabb	30.03
2	Holmes, Erika	Great Bridge High Scho	29.89
3	Cowen, Summer	Cox	29.36
4	Ford, Kaidyn	Tabb	29.28
5	Miller, Michaiiah	Stonebridge School	29.15
6	Harris-Byrnes, Jaiden	Tallwood	29.21
7	Redmond, Ayanna	Tallwood	29.33
8	Ware, Lila	Norfolk Academy	29.70

Section 7 of 12

1	Boles, Crystal	Northampton	31.00
2	Pettaway, Danielle	Dinwiddie	31.00
3	Lindor, Amy	Arcadia	30.47
4	Benn, Rayven	Atlantic Shores Christia	30.27
5	Frazier, Mariah	Hickory High School	30.09
6	Chee, Marcella	Nansemond-Suffolk Ac	30.12
7	Lawrence, Delana	Cox	30.33
8	Mack, Kelsey	Hampton Christian	30.50

Section 8 of 12

1	Smith, Abby	Tabb	31.85
2	Vu, Lynn	Great Bridge High Scho	31.80
3	Damato, Mia	Atlantic Shores Christia	31.66
4	Richardson, Kenya	Dinwiddie	31.55
5	Brown-Jones, Justice	Catholic High School	31.09
6	Carter, Zoe	Stonebridge School	31.55
7	Bell, Sadie	Norfolk Academy	31.63
8	Zydron, Addie	Nansemond-Suffolk Ac	31.66

Section 9 of 12

1	Wilson, Isabella	New Kent	33.16
2	Covill, Zoe	Stonebridge School	33.12
3	Bore, Eloise	Norfolk Academy	32.98
4	Christensen, Kamryn	Atlantic Shores Christia	32.62
5	DeVita, Raegan	Stonebridge School	32.15
6	Perez- Rosario, Camilla	Norfolk Academy	32.43
7	Simmons, Jasmine	Nandua	32.75
8	Cheballo, Alanna	Cox	33.07

Section 10 of 12

1	Holt, Cali	Hickory High School	35.95
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#12 Girls 200 Meters (Varsity) (cont'd)**2:08 PM**

Lane	Name	Team	Time
2	Grissinger, Sam	Hickory High School	35.42
3	Estell, Mia	Denbigh Baptist	34.80
4	Harrell, Siana	Hickory High School	34.17
5	Dryden, Lilly	Hampton Christian	33.42
6	Gladden, Jayd	Atlantic Shores Christia	33.78
7	Etherton, Hadley	Nansemond-Suffolk Ac	34.35
8	King, Ja'Nia	Nandua	34.84

Section 11 of 12

1	Dimatore-Grubbs, Auro	Hickory High School	NT
2	Francois, Ariana	New Kent	NT
3	Lawrence, K'Naria	Dinwiddie	NT
4	Phillips, Gracelyn	Atlantic Shores Christia	37.25
5	Riddick, Destiny	Norfolk Christian	36.18
6	Beckner, Millie	Stonebridge School	36.79
7	Baines, Amy	Stonebridge School	38.42
8	Potter, Kavarie	Dinwiddie	NT

Section 12 of 12

4	Donahoe, Arianna	Nandua	NT
5	Ware, Destiny	Princess Anne High Sc	NT
6	Witter, Eva	Catholic High School	NT

#10 Girls 200 Meters (JV678)**2:20 PM**

Lane	Name	Team	Time
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Section 1 of 6

1	Vickers, Elle	Atlantic Shores Christia	30.40
2	Harper, Nyala	Dinwiddie	30.23
3	Patel, Ariya	Tabb	30.00
4	Marcinevich, Addison	New Kent	29.55
5	Hewitt, Annaliese	Atlantic Shores Christia	28.03
6	Davis, Brea	Smithfield	28.18
7	Osborne, Chuy'niel	Tabb	30.00
8	Whitaker, Caidence	Atlantic Shores Christia	30.07

Section 2 of 6

1	Howard, Paisley	Dinwiddie	32.42
2	Humphries,, Aislin	New Kent	31.80
3	Speller, Ariane	Norfolk Christian	31.33
4	Martin, Raleigh	Smithfield	30.50
5	Santos, Samiah	Smithfield	30.44
6	Mboyi, Jocelyn	Smithfield	30.44
7	McNeill, Raeya	St. Patrick Catholic Sch	30.61
8	Elder, Sophia	Norfolk Christian	31.45

Section 3 of 6

1	Rakes, Nyssa	Atlantic Shores Christia	35.30
2	Forrest, Mya	New Kent	34.83

KEN LAMPERT ALL-COMERS

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START LIST**#10 Girls 200 Meters (JV678) (cont'd)****2:20 PM**

Lane	Name	Team	Time
3	Weaver, Charlotte	Atlantic Shores Christia	34.14
4	Mclver, Nilah	Dinwiddie	33.28
5	Robinson, Saree	Tabb	33.11
6	Yurkovich, Abby	St. Patrick Catholic Sch	33.20
7	Rodriguez, Isabella	Nansemond-Suffolk Ac	33.93
8	Michalski, Isarra	St. Matthew's	34.24

Section 4 of 6

1	Wirtz, Emmy	Stonebridge School	36.69
2	May, Lily	Nansemond-Suffolk Ac	36.63
3	Bear, Anna	Denbigh Baptist	36.46
4	Scholl, Brooklyn	Stonebridge School	35.91
5	Towns, Michaiya	Stonebridge School	35.43
6	McQueen, Cali	Atlantic Shores Christia	35.53
7	Humphrey, Karen	St. Matthew's	36.27
8	gardner, olivia	Stonebridge School	36.50

Section 5 of 6

3	McPeeck, Emalynn	Nansemond-Suffolk Ac	44.46
4	Beckner, Esme	Stonebridge School	40.87
5	Moore, Faith	Dinwiddie	39.22
6	Blakey, Harmony	St. Matthew's	40.11
7	Holloman, Ivy	Greenbrier Christian Ac	42.67

Section 6 of 6

2	Marcelin, Nahla	Arcadia	NT
3	Washnock, Della	New Kent	NT
4	Loatman, Serenity	Nandua	NT
5	Kornreich, Giuliana	New Kent	NT
6	Archi, Deborah	Arcadia	NT
7	Staves, Nyrie	Dinwiddie	NT

#9 Boys 200 Meters (Varsity)**2:26 PM**

Lane	Name	Team	Time
2	Busquets, Mikah	Chincoteague	22.65
3	Ross, Henry	Nansemond-Suffolk Ac	22.45
4	Mccarty, Isaiah	Bayside High School	22.26
5	Ramseur, Kyree	Bayside High School	21.67
6	Jones, Cameron	Princess Anne High Sc	21.83
7	Kirby, Kamaari	Bayside High School	22.29
8	Meeks, James	Hickory High School	22.54

Section 2 of 18

2	Skinner, Aubrie	Princess Anne High Sc	23.07
3	White, Evan	Hickory High School	23.00
4	O'Neal, Uriah	Tallwood	22.81
5	Ryant, Amir	Bayside High School	22.66

#9 Boys 200 Meters (Varsity) (cont'd)**2:26 PM**

Lane	Name	Team	Time
6	Wallace, Gavin	Tallwood	22.72
7	Meekins, Dayton	New Kent	22.88
8	Fancher, Tristan	Hickory High School	23.02

Section 3 of 18

2	Banks, Isiah	Norfolk Christian	23.34
3	Collier, Kellan	Tallwood	23.25
4	Majors, Cayden	Cox	23.19
5	Brumsey, Amir	Tallwood	23.09
6	Lovell, Will	Norfolk Academy	23.14
7	Meeks, Jimmy	Hickory High School	23.23
8	Harmon, Zyair	Arcadia	23.29

Section 4 of 18

1	Destine, Amio	Nandua	23.80
2	Payne, Owen	New Kent	23.77
3	Burnside, Jaiden	Princess Anne High Sc	23.66
4	Tragert, Owen	Cape Henry Collegiate	23.42
5	Neet, Preston	Hickory High School	23.37
6	Eason, Milo	Cox	23.40
7	Gaines, Makai	Bayside High School	23.56
8	Haith, Jeremiah	Hickory High School	23.77

Section 5 of 18

1	Mitchell, Sebastian	Nansemond-Suffolk Ac	24.48
2	Pinion, Colin	Atlantic Shores Christia	24.33
3	Singletary, Christiann	Hickory High School	24.23
4	White, Eric	Bayside High School	24.08
5	Galligan, Thomas	Hickory High School	23.87
6	Bowe, Deion	Smithfield	24.03
7	Thomas, Mekhi	Smithfield	24.17
8	Jean, Oberto	Nandua	24.33

Section 6 of 18

1	Thomas, Jamal	Nansemond-Suffolk Ac	24.66
2	Willie, Ja'Anthony	Princess Anne High Sc	24.64
3	Hall, Hunter	New Kent	24.61
4	Dartez, Alexander	Hickory High School	24.57
5	Dubose, Serjio	Princess Anne High Sc	24.54
6	White Jr., Brian	Arcadia	24.55
7	Marcelino, Christian	Tallwood	24.57
8	Sutherland, Timothy	Atlantic Shores Christia	24.63

Section 7 of 18

1	Young, Aaiden	Northampton	25.07
2	McClung, Gavin	Stonebridge School	25.03
3	Nelson, Andrew	New Kent	24.99
4	Robertson, Ryan	Princess Anne High Sc	24.82
5	Sarver, Noah	Hickory High School	24.74
6	Moreno, Ryan	Tallwood	24.81

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START LIST**#9 Boys 200 Meters (Varsity) (cont'd)****2:26 PM**

Lane	Name	Team	Time
7	Duffy Jr., Sean	Norfolk Academy	24.93
8	Woods, Kinoe	Hampton Christian	25.00

Section 8 of 18

1	Diaz, Gamaliel	Tallwood	25.27
2	Maximin, Miles	Tallwood	25.26
3	Torres, Gabe	Catholic High School	25.22
4	Osyf, Colin	Atlantic Shores Christia	25.18
5	Ruff, Marcus	Hampton Christian	25.16
6	Brooks, Jordan	Cox	25.18
7	Cottrell, Caleb	Hampton Christian	25.19
8	Graves, Kaleb	Cape Henry Collegiate	25.24

Section 9 of 18

1	Boze, Milo	Catholic High School	25.64
2	Taylor, Hudson	Northampton	25.63
3	Barnes, Serani	Bayside High School	25.52
4	Kurt, Kayra	Norfolk Academy	25.43
5	Hines, Thomas	Norfolk Christian	25.28
6	Cropper Jr., Travar	Arcadia	25.29
7	Boyer, MacKenth	Nandua	25.46
8	Keene, Jshaun	New Kent	25.62

Section 10 of 18

1	Pruitt, Jacy	Great Bridge High Scho	25.94
2	Vaszil, Carver	Princess Anne High Sc	25.91
3	Gucer, Berk	Cape Henry Collegiate	25.89
4	Peterson, Christian	Great Bridge High Scho	25.73
5	Milan, Nick	Catholic High School	25.70
6	Exantus, Madoche	Arcadia	25.71
7	Cheshire, Daniel	Cape Henry Collegiate	25.74
8	McMann, Gavin	Cox	25.89

Section 11 of 18

1	Oakley, Jaden	Norfolk Christian	26.46
2	Townsend, Zayden	Arcadia	26.45
3	Christian, Blaze	New Kent	26.22
4	Kite, Preston	Cape Henry Collegiate	26.10
5	Morris, Jayden	Northampton	26.01
6	Jacob, Zachary	Hampton Christian	26.06
7	Norman, Chace	Cape Henry Collegiate	26.13
8	Truax, Mason	Great Bridge High Scho	26.27

Section 12 of 18

1	Thompson, Landon	Catholic High School	26.72
2	Johnson, Riley	Nandua	26.72
3	Lane, Rj	Nansemond-Suffolk Ac	26.62
4	Valera, Vicente	Princess Anne High Sc	26.57
5	King, Zackariah	New Kent	26.50
6	Reed, Isaiah	Tallwood	26.55

#9 Boys 200 Meters (Varsity) (cont'd)**2:26 PM**

Lane	Name	Team	Time
7	Lapointe, Raymond	Northampton	26.61
8	Brown, Aiden	Great Bridge High Scho	26.63

Section 13 of 18

1	Huber, George	Stonebridge School	27.41
2	Armstrong, Adam	Princess Anne High Sc	27.23
3	Sunkins, Tourean	Northampton	26.96
4	Boykins, Tyrese	Dinwiddie	26.86
5	Kumar, Sajjan	Norfolk Academy	26.73
6	Taylor, Elijah	Cape Henry Collegiate	26.75
7	Hoffman, Caiden	Nandua	26.94
8	Williams, Franklin	Bayside High School	27.06

Section 14 of 18

1	Graumann, Kenneth	Tabb	28.50
2	Sykes, Joshua	Tabb	28.32
3	Eason, Ari	Cox	27.89
4	Joyner, Jamel	Tabb	27.71
5	Bennetch, Waverly	Princess Anne High Sc	27.47
6	Kastrounis, Collin	Norfolk Academy	27.60
7	Bakian, Tristan	Denbigh Baptist	27.80
8	Rodriguez, Felipe	Northampton	28.15

Section 15 of 18

1	Chaing, Preston	Norfolk Academy	29.54
2	Destegul, Burak	Cape Henry Collegiate	29.51
3	Taylor, Joshua	Tabb	29.33
4	Hills, Cayden	Nansemond-Suffolk Ac	29.00
5	Parker, Caden	Hampton Christian	28.72
6	Curry, Nathan	Nansemond-Suffolk Ac	28.97
7	Khuu, Jonathan	Tabb	29.00
8	Gaita, Aaron	Hampton Christian	29.40

Section 16 of 18

1	Nguyen, Joseph	Peninsula Catholic	32.71
2	Malaisamy, Ro	Nansemond-Suffolk Ac	31.38
3	Moore, Lonnel	Tabb	30.00
4	Kimaru, Mark	Norfolk Christian	29.69
5	Sanders, Grayson	Nansemond-Suffolk Ac	29.62
6	Dillender, Michael	Stonebridge School	29.68
7	Christian, Owen	Norfolk Academy	29.72
8	Landry, Lucas	Stonebridge School	30.49

Section 17 of 18

1	Grimes, Garrett	Nansemond-Suffolk Ac	NT
2	Edmunds, Kymari	Dinwiddie	NT
3	Dinh, Maxwell	Atlantic Shores Christia	NT
4	Boyer, Rycken	Nandua	NT
5	McBride, Kelly	Norfolk Academy	34.16
6	Michalski, Zachary	Hampton Christian	38.66

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Lane	Name	Team	Time
7	Bradley, Jayden	Great Bridge High Scho	NT
8	Dryden, Tim	Hampton Christian	NT

Section 18 of 18

1	Williams, Zaikwon	Cox	NT
2	Webster, Daylen	Smithfield	NT
3	Major, Ty	Cape Henry Collegiate	NT
4	Lucas, Djasley	Arcadia	NT
5	Hailu, Amanuel	Tallwood	NT
6	Lebrecht, Hampton	Nansemond-Suffolk Ac	NT
7	Mahn, Marshall	Peninsula Catholic	NT
8	Vega, Jaden	Cox	NT

#7 Boys 200 Meters (JV678)**2:46 PM**

Lane	Name	Team	Time
Section 1 of 6			
1	Fang, Andrew	Tabb	28.00
2	Jackson, Glen	Tabb	27.72
3	Myles, Chase	Hampton Christian	27.38
4	Bass, Jonas	Hampton Christian	26.45
5	Keene, Tristan	New Kent	24.25
6	Davis, Brennan	Smithfield	26.29
7	Chouraqui, Noah	Norfolk Academy	27.10
8	Stevens, Grayson	New Kent	27.47

Section 2 of 6

1	Grimes, Maxwell	Nansemond-Suffolk Ac	30.06
2	Wani, Martin	St. Matthew's	30.04
3	Leflame, Trevor	Tabb	30.00
4	Jones, Rylan	Tabb	29.60
5	Patel, Eshaan	Norfolk Academy	28.89
6	Kinney, Aydan	Norfolk Christian	29.34
7	Artis, Rayden	Hampton Christian	29.97
8	Atiq, Arham	Tabb	30.00

Section 3 of 6

1	Sweeney, Chase	Nansemond-Suffolk Ac	32.95
2	Decker, Malak	Greenbrier Christian Ac	32.51
3	Anderson, Logan	St. Patrick Catholic Sch	31.74
4	Shannon, Ethan	New Kent	31.36
5	Muqaddim, Kam	Atlantic Shores Christia	30.91
6	Litton-Bullock, Kaden	Cape Henry Collegiate	31.25
7	Patragas, Killian	St. Matthew's	31.57
8	Spivey, Ethan	Stonebridge School	32.50

Section 4 of 6

1	Decker, Rafael	Greenbrier Christian Ac	37.58
2	Bear, Mark	Denbigh Baptist	35.66

#7 Boys 200 Meters (JV678) (cont'd)**2:46 PM**

Lane	Name	Team	Time
3	Noland, Wyatt	Greenbrier Christian Ac	34.47
4	Work, Andrew	Nansemond-Suffolk Ac	33.10
5	Heath, Kenseth	Tabb	33.05
6	Fellers, Jackson	Norfolk Christian	33.06
7	Nguyen, Chris	Nansemond-Suffolk Ac	34.43
8	Freeman, Tucker	Norfolk Christian	34.73

Section 5 of 6

4	Gusman, Brayden	St. Matthew's	40.47
5	Allen, Bryce	Atlantic Shores Christia	40.11
6	Patel, Krish	Norfolk Academy	40.15
7	e, Mason	St. Matthew's	45.84

Section 6 of 6

3	Smith, Zion	Nandua	NT
4	DeValda, David	Cape Henry Collegiate	NT
5	Kellam, Colt	Stonebridge School	NT
6	Yang, Austen	Nandua	NT
7	Wilson, Cayden	Arcadia	NT

#32 Girls 3200 Meters (Varsity)**2:54 PM**

Lane	Name	Team	Time
Section 1 of 1			
1	Maynor, Danielle	Cox	11:18.85
2	Fetsch, Ellie	Smithfield	12:35.37
3	Smith, Carissa	Greenbrier Christian Ac	13:02.84
4	Karsanac, Ava	Cape Henry Collegiate	13:45.14
5	Thomas, Olivia	Norfolk Academy	14:24.27

#31 Boys 3200 Meters (Varsity)**2:54 PM**

Lane	Name	Team	Time
Section 1 of 1			
1	Bousman, Matt	Norfolk Academy	10:05.65
2	Bekele, Kaleb	Stonebridge School	10:17.67
3	Brown, Joe	Cox	10:17.86
4	Sides, James	Bayside High School	10:23.46
5	Wood, Randy	Tallwood	10:50.31
6	Woodruff, Jacob	Peninsula Catholic	10:56.09
7	Youngblood, Landon	Greenbrier Christian Ac	10:58.84
8	Chenoweth, Victor	Norfolk Academy	11:30.00

#54 Girls 4 x 400m Relay (Varsity)**3:09 PM**

Lane	Team	Time
Section 1 of 1		

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START LIST**#54 Girls 4 x 400m Relay (Varsity) (cont'd)****3:09 PM**

Lane	Team	Time
3	Catholic High School (A) 1) Ankley, Sara 2) Gardner, Rae 3) O'Connor, Macy 4) Ogden, Teagan	4:31.67
4	Peninsula Catholic (A) 1) Branan, Rachel 2) Nguyen, Kaitlynn 3) Houlihan, Cailin 4) Banks, Hannah	4:26.77
5	Princess Anne High School (A) 1) Williams, K'alee 2) Saunders, Mariah 3) Ojo, Micah 4) Olds, Amaya	4:10.70
6	Smithfield (A) 1) Hattemer, Emma 2) Sanders, Addison 3) Clove, Ella 4) Mobley, Masirah 5) Engstrom, Kylee 6) Spero, Leah 7) Hodges, Izzy 8) Porzio, Kierra	4:22.68
7	Greenbrier Christian Academy (A) 1) Buckley, Sophia 2) Castelow, Vivian 3) Krenz, Isabelle 4) Prince, Rachel	4:30.84
8	Arcadia (A) 1) Beckett, Alionna 2) Davis, Makiyah 3) Hicks, Seri 4) Lindor, Amy	NT

#52 Boys 4 x 400m Relay (Varsity)**3:15 PM**

Lane	Team	Time
Section 1 of 2		
1	Norfolk Christian (A) 1) Banks, Isiah 2) Hines, Thomas 3) Reed, Sammy 4) Nedelin, Aleksander	3:49.27
2	Northampton (A) 1) Coston, Traquan 2) Wimber, Cam'ron Hall 3) Taylor, Hudson 4) Collins, Kendrick	3:39.07
3	Princess Anne High School (A) 1) Allen, Robert 2) Williams, Gabe 3) Williams, Jasiah 4) Ortiz, Karmani	3:38.80
4	Bayside High School (A) 1) Cartagena, David 2) Jurolien, Jean 3) pilley, jayden 4) Gaines, Makai	3:31.82
5	Hickory High School (A) 1) Trago, Tyler 2) Fancher, Tristan 3) Mudd, Daniel 4) Schubert, Zach	3:22.95
6	Tabb (A)	3:26.55

#52 Boys 4 x 400m Relay (Varsity) (cont'd)**3:15 PM**

Lane	Team	Time
7	Smithfield (A) 1) Canady, Zachary 2) Sistare, Lucas 3) Greer, Caleb 4) Kucha, Ewan 5) Neth, Ayden 6) Palencia, Kai 7) Owens, Noah 8)	3:35.34
8	Nandua (A) 1) Chavez, Julio 2) Destine, Amio 3) Destine, Arnoldson 4) Parker, Isaac	3:39.02
Section 2 of 2		
1	Catholic High School (B) 1) Ankley, Michael 2) Walker, Tyler 3) Eason, Brandon 4) Wise, Taylor	3:51.09
2	Princess Anne High School (B) 1) Copeland, Isaac 2) Pines-Wyatt, Ardan 3) Gammill, Evan 4) Courtney, Landon	3:38.80
3	Hickory High School (B) 1) Meeks, James 2) Meeks, Jimmy 3) White, Evan 4) Neet, Preston	3:22.95
4	Peninsula Catholic (A) 1) Mahn, Marshall 2) Ramirez, Damien 3) Fowler, Ben 4) Bell, Nicholas	4:28.28
5	Catholic High School (A) 1) Hagerman, Gabriel 2) Vance, Colin 3) Lowe, Max 4) Perez, Ayden	3:51.09
6	Greenbrier Christian Academy (A) 1) Mannato, Luke 2) Noland, Parker 3) Smith, Adam 4) Matkins, Wyatt	4:01.15
7	Arcadia (A) 1) Wilson, Nakahi 2) Ross, Gage 3) Smaw, Quentin 4) Lang, Dale	NT
8	Greenbrier Christian Academy (B) 1) Melsheimer, Nicholas 2) Douglas, Lathan 3) Youngblood, Landon 4) Hudgins, Benja	4:01.15

#143 Boys 4 x 400m Relay (JV678)**3:24 PM**

Lane	Team	Time
Section 1 of 1		
4	St. Matthew's (A) 1) Wani, Martin 2) Pappas, Theo 3) Anthony, Jack 4) Shaddeau, Joseph	4:53.35
5	Tabb (A) 1) Atiq, Arham 2) Galbreath, Amarian 3) Thompson, William 4) Webb, Israel	3:26.09
6	Norfolk Christian (A)	3:54.19