

2026 North Georgia Youth Track & Field League: Meet #1

Saturday, March 14th, 2026

Location: White County High School; 2600 Hwy 129 N, Cleveland, GA 30528

8:45 60M Hurdles, 80M Hurdles and 100M Hurdles (All boys and girls)

Immediately After Hurdles: 3200M (All boys and girls)

Girls will compete in running events in the morning session. Boys will compete in field events in the morning session.

Girls Morning Session: Running events will proceed on rolling starts immediately following the 3200M.

50 Meters: 6U Girls, 7-8 Girls; 9-10 Girls

4x100 Meter Relay: 11-12 Girls; 13-14 Girls; 15-18 Girls; 6U Girls; 7-8 Girls; 9-10 Girls

1600 Meters: 7-8 Girls & 9-10 Girls; 11-12 Girls; 13-14 Girls; 15-18 Girls

400 Meters: 6U Girls; 7-8 Girls; 9-10 Girls 11-12 Girls; 13-14 Girls; 15-18 Girls

100 Meters: 6U Girls; 7-8 Girls; 9-10 Girls; 11-12 Girls; 13-14 Girls; 15-18 Girls

800 Meters: 6U Girls; 7-8 Girls; 9-10 Girls; 11-12 Girls; 13-14 Girls; 15-18 Girls

200 Meters: 6U Girls; 7-8 Girls; 9-10 Girls; 11-12 Girls; 13-14 Girls; 15-18 Girls

4x400 Meter Relay: 8U Girls; 9-10 Girls; 11-12 Girls; 13-14 Girls; 15-18 Girls

300 Meter Hurdles: 9-10 Girls; 11-12 Girls; 13-14 Girls; 15-18 Girls

Boys Morning Session: 9:15- Field Events

Time Frame	Field Event 1	Field Event 2	Field Event 3	Field Event 4
9:15 (all on this line)	High Jump (All Boys 9 and older)	Discus (All Boys 11 and older)	Softball Throw Boys (6U, 7-8 & 9-10)	Mini Javelin Boys (11-12, 13-14 and 15-18)
9:15 (all on this line)	Standing Jump Boys (6U, 7-8 and 11-12) Pit 1	Standing Jump Boys (9-10, 13-14 and 15-18) Pit 2	Shot Put (9-10 Boys at 9:15; 11 and older once age groups finish at Discus)	
	Running Long Jump Boys (6U, 7-8 & 11-12) Pit 1 when 6U, 7-8 and 11-12 standing jump is complete	Running Long Jump Boys (9-10, 13-14 and 15-18) Pit 2 when 9-10, 13-14 and 15-18 standing jump is complete	Softball Throw Boys (11-12, 13-14 and 15-18) when 6U, 7-8 and 9-10 are complete	Mini Javelin Boys (6U, 7-8 and 9-10) when 11-12, 13-14 and 15-18 are complete

AFTERNOON SESSION (Begins Once Morning Session Concludes)

Boys Afternoon Session: Running events will proceed on rolling starts.

300 Meter Hurdles: 9-10 Boys; 11-12 Boys; 13-14 Boys; 15-18 Boys

50 Meters: 6U Boys; 7-8 Boys; 9-10 Boys

1600 Meters: 7-8 Boys & 9-10 Boys; 11-12 Boys; 13-14 Boys; 15-18 Boys

4x100 Meter Relay: 6U Boys; 7-8 Boys; 9-10 Boys; 11-12 Boys; 13-14 Boys; 15-18 Boys

400 Meters: 6U Boys; 7-8 Boys; 9-10 Boys; 11-12 Boys; 13-14 Boys; 15-18 Boys

100 Meters: 6U Boys; 7-8 Boys; 9-10 Boys; 11-12 Boys; 13-14 Boys; 15-18 Boys

800 Meters: 6U Boys; 7-8 Boys; 9-10 Boys; 11-12 Boys; 13-14 Boys; 15-18 Boys

200 Meters: 6U Boys; 7-8 Boys; 9-10 Boys; 11-12 Boys; 13-14 Boys; 15-18 Boys

4x400 Meter Relay: 8U Boys; 9-10 Boys; 11-12 Boys; 13-14 Boys; 15-18 Boys

Girls Afternoon Session: Field Events

Time Frame	Field Event 1	Field Event 2	Field Event 3	Field Event 4
Beginning of afternoon session (all on this line)	High Jump (All Girls 9 and older)	Discus (All Girls 11 and older)	Softball Throw Girls (6U, 7-8 & 9-10)	Mini Javelin Girls (11-12, 13-14 and 15-18)
Beginning of afternoon session (all on this line)	Standing Jump Girls (6U, 7-8 and 11-12) Pit 1	Standing Jump Girls (9-10, 13-14 and 15-18) Pit 2	Shot Put (9-10 Girls at beginning of afternoon session; 11 and older once age groups finish at Discus)	
	Running Long Jump Girls (6U, 7-8 & 11-12) Pit 1 when 6U, 7-8 and 11-12 standing jump is complete.	Running Long Jump Girls (9-10, 13-14 and 15-18) Pit 2 when 9-10, 13-14 and 15-18 standing jump is complete.	Softball Throw Girls (11-12, 13-14 and 15-18) when 6U, 7-8 and 9-10 are complete	Mini Javelin Girls (6U, 7-8 and 9-10) when 11-12, 13-14 and 15-18 are complete