



Dear Athletic Director and Middle School Cross Country Coaches:

Monument Academy will be hosting a CCAL Cross Country meet, held at Greenland Open Space on **Friday, August 29, 2025**. Directions and course map are below.

Cost: \$50 per school. Check made out payable to Monument Academy, turned in on race day, or mailed to:

Monument Academy
ATTN: Lannie Vance
4303 Pinehurst Circle
Colorado Springs, CO 80908

Entries: Entries for the meet will be through **MileSplit** – see next page for details.

Schedule:

- 3:30 pm Check in
- 4:00 pm Coaches Meeting
- 4:30 pm Boys “A” race (*top 6 runners*)
- 4:55 pm Girls “A” race (*top 6 runners*)
- 5:20 pm Boys “B” race (*unlimited entries*)
- 5:50 pm Girls “B” race (*unlimited entries*)
- 6:20 pm Awards

Course: The course is 2.0 miles (measured by Garmin) which starts near the North entrance to the Greenland Open Space in Douglas County. The course is 100% dirt and gravel trails. A map of the course and directions to the park are attached. Distance markers are approximate; locations marked with signs during the meet.

NOTE – The condition of some parts of the trail are at the whim of the latest rainstorm, so there can be ruts and/or sandy spots in some sections of the course.

Awards: Medals to 1st through 3rd and ribbons to 4th through 10th in all races. Plaques to 1st and 2nd Place teams in the “A” races.

Parking: The primary parking lot is adjacent to the Pavilion and next to the dog park on the east side of the Greenland Trail Head. **(P)**
Secondary parking is across the railroad track to the west of the Greenland Trail Head at the Spruce Meadows Trail Head. This is the location where all buses will park during the meet. Buses may drop off athletes and then proceed to the lot. **(B)(P)**

Team Camps: Team camp areas are indicated on the map below. **(C)**

If you have any questions, please contact Monument Academy’s Meet Coordinator, Tom Eller at (719) 505-0656 or teller1210@gmail.com

Thank you!

Tom Eller
Meet Coordinator

Patrick Hall
Head Coach

Joel Gheen
Assistant Coach

Lannie Vance
Athletic Director



Meet entries will be through **MileSplit**. Hopefully most teams have a presence and administrator for their team on there from CCAL Track or XC last year. So, if you already know how that works, then there are two events for Boys and two for Girls:

EVENT NAME	DIVISION	MAX ENTRIES/TEAM
Boys-A 2500m	Middle School	6
Boys-B 2500m	Middle School	Unlimited
Girls-A 2500m	Middle School	6
Girls-B 2500m	Middle School	Unlimited

Team score is determined by placement of the top 4 runners on each team. Teams with less than 4 runners completing the race will not be counted in team scoring. Tie-breaker is 5th runner finish position.

Teams should fill their A-Team **first** (6 runners), then **remaining** runners on the B-Teams; contact Meet Coordinator Tom Eller for exceptions.

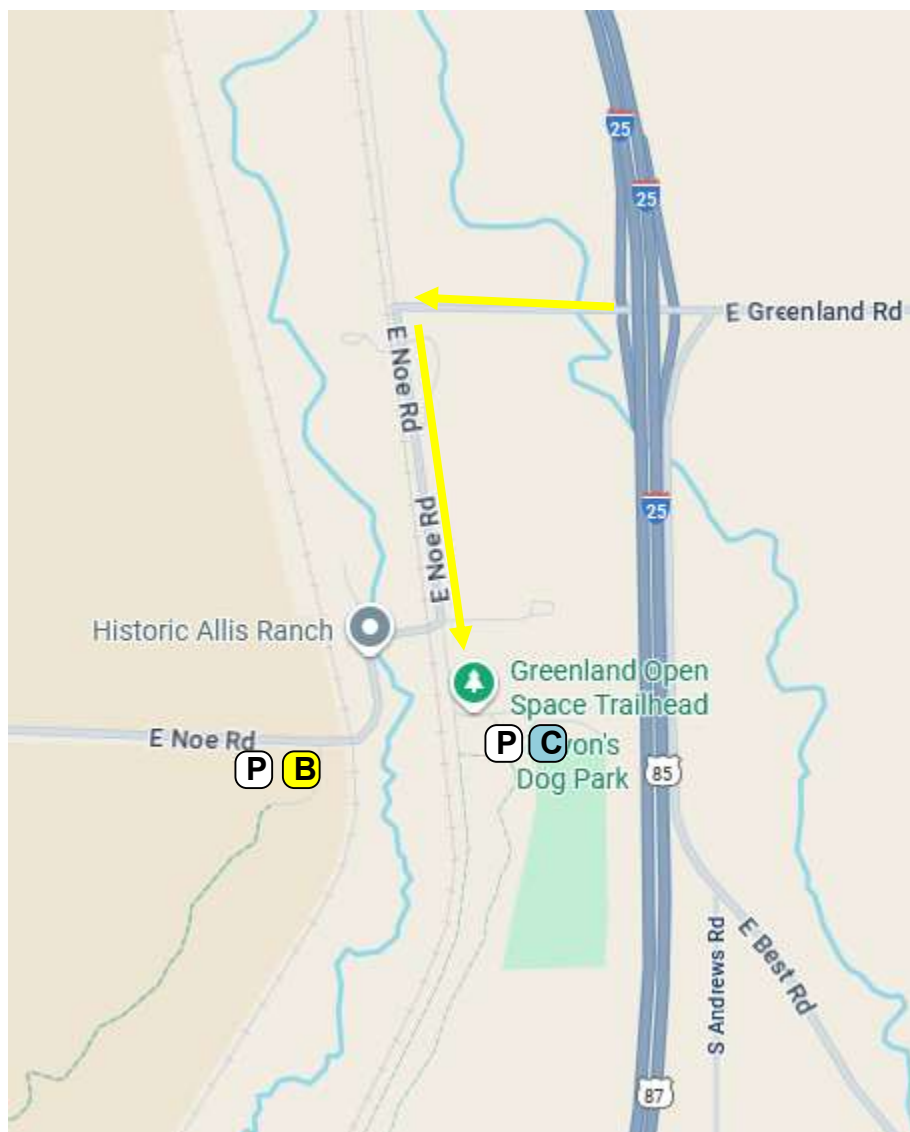
MileSplit link for **CCAL-MA** meet: <https://co.milesplit.com/meets/701157-ccal-ma-2025>

Make sure your rosters are current for the 2025 Cross Country Season, and then you can click on the **Register Online Now** at the page above. If you need more detailed instructions on how to use MileSplit, let us know and we can help out. *NOTE – if you have to add athletes to your roster, remember that MileSplit uses **High School** graduation year, not Middle School.*

MA will pre-print tags and place them on race bibs that will be handed out in the team race packets on check-in. Registration will close at 7:00 PM the night before the meet so that we can process all the entries and get the race bibs ready. You can make A-B changes after that point, but if you have any other race-day changes, you will need to make sure and come early to the meet to get those squared away. Any changes will be limited to athletes on the MileSplit Rosters, so make sure those are complete. **Make sure the name tag on the bib matches the runner!**



Places and times will be recorded at the finish line using the name tag labels from the tear-off section of the bibs, and the corresponding time from the master timer. Results will be printed and posted as soon as all runners are recorded for the race. Team scores will be tallied and posted as soon as they are available.



Greenland Open Space – 1532 Noe Rd., Larkspur CO 80118

Directions to MA East Campus

From I-25, take the E. Greenland Rd. exit west to Noe Rd., then south on Noe Rd. to the parking lot by the trailhead. There's a false front "General Store" building which is where the Check-In will be.

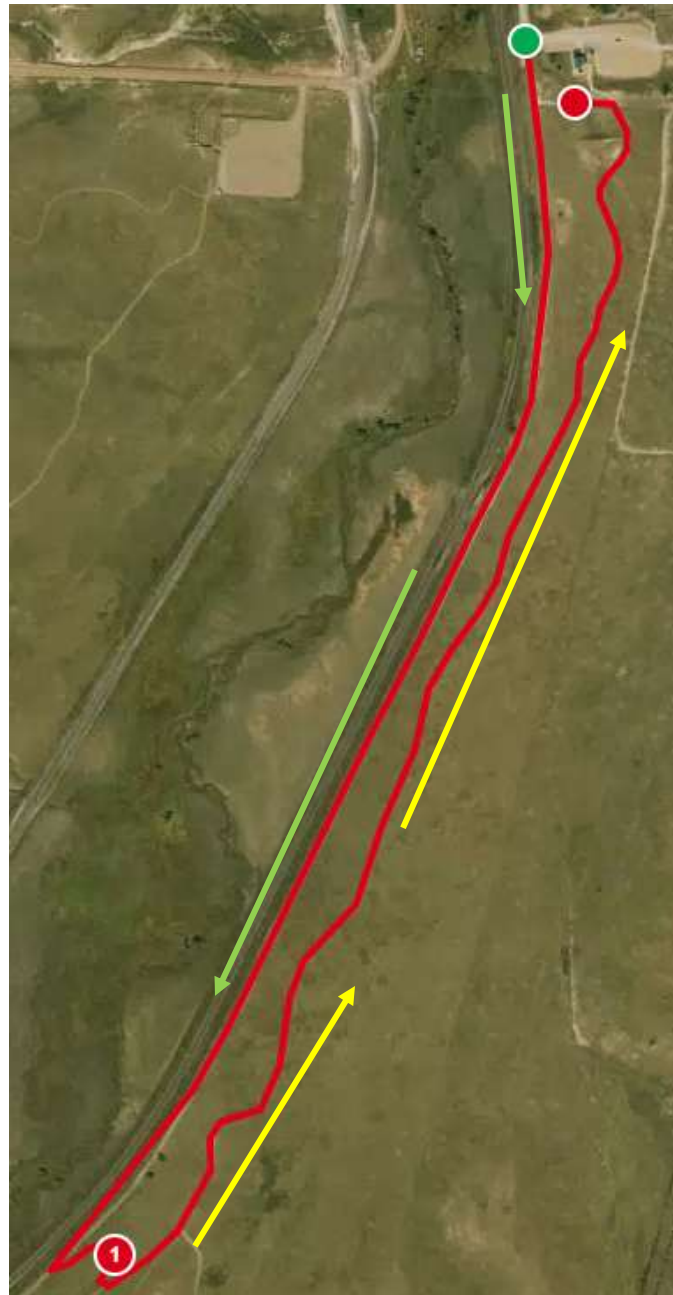


Central Colorado Athletic League

MA @ Greenland Open Space



Friday, August 29, 2025



Elevation

Start	Max	Gain
6,927 ft	7,040 ft	99 ft

