

Trego Golden Eagles Athletics

Trego Grade School

612 Junction Ave., WaKeeney, KS 67672
Phone: (785) 743-2472
Fax: (785) 743-5244

Trego Community High School

1200 Russell Ave., WaKeeney, KS 67672
Phone: (785) 743-2061
Fax: (785) 743-2449

Unified School District #208

612 Junction Ave. Suite B, WaKeeney, KS 67672
Phone: (785) 743-2145
Fax: (785) 743-2071



To: Cross Country Coaches
RE: Trego Community High School Cross Country Invitational
From: Jeremy Samson & Shea Rothchild

DATE	-	September 18, 2025
PLACE	-	Big Creek Golf Course – WaKeeney, Kansas
TIME	-	4:30 p.m. JH Girls and JH Boys 5:00 p.m. Girls' Race (JV & Varsity Together) 5:30 p.m. Boys' Race (JV & Varsity Together)
AWARDS	-	Plaques to Top Varsity Boys & Girls' Team Team Medals to Top Two Varsity Boys & Girls' Teams Individual Medals to Top 15 Varsity Boys & Girls Individual Medals to Top 10 J.V. Boys & Girls Individual Medals to Top 5 J.H. Boys & Girls
ENTRY FEE	-	\$40 boys' team / \$40 girls' team; or \$6.00 individual Total payment not to be over \$80.
ENTRIES	-	Due by Monday, September 15, 2025: Trego Community XC Meet 2025 - Meet Information
RUNNERS	-	Boys & Girls' Varsity, 7 runners or less Junior Varsity unlimited - JH unlimited
SCHOOLS	-	CFE, Colby, Ellis, Golden Plains, Goodland, Hill City, Hoxie, Northern Valley, Oakley, Palco, Plainville, Quinter, Russell, St. Francis, TMP, Trego, Wallace Co.
MISCELLANEOUS	-	Coaches packets will be available at the timing trailer. Team Scoring per Class 2A rules will be followed. Awards to be given as soon as possible after the tabulation of results near the finish line. All races will be 5K. JH will run 3200m. Water will be permitted on the course. A water station will be located at the finish line as well. Port-A-Potties will be available, please DO NOT use the club house restrooms unless handicap accessibility is needed.

Sincerely,
Jeremy Samson - A.D.

Superintendent

Matt Smith
msmith@tregoeagles.com

TCHS Principal

Shea Rothchild
hsprin@tregoeagles.com

TCHS/TGS AD

Jeremy Samson
jsamson@tregoeagles.com

Volleyball

Jami Albers
jalbers@tregoeagles.com

Football

Pat Haxton
phaxton@tregoeagles.com

Cross Country

Shea Rothchild
hsprin@tregoeagles.com

Girls Tennis

Lori Dietz
ldietz@tregoeagles.com

Boys Basketball

Nolan Smith
nsmith@tregoeagles.com

Girls Basketball

Lance Ziegler
lziegler@tregoeagles.com

Wrestling

Michael Malay
mmalay@tregoeagles.com

Boys/Girls Track

Pat Haxton
pahaxton@tregoeagles.com

Boys Golf

Darin Keyser
dkeyser@tregoeagles.com

Boys Tennis

Amelia Dirks
adirks@tregoeagles.com

PRE-ACTIVITY TIME OUT

Football

Administrators: Jeremy Samson 785-821-1115

Shea Rothchild 785-694-8859

Matt Smith 620-622-7304

Tyler Flavin 785-657-1109

Medical Professional: Golf – There will be an ambulance on site.

AED Location: Blue Bag at the start/finish line.

Emergency Exits: N/A

Storm Shelter: Club House

Rapid Body Cooling Plan: Cross Country Immersion Tub

Leadership Communication: Exchange of Administrators contact information

Communication to Public: Public Address Announcement