



St. James High School

Dr. Greg Harlan, Principal
Assistant Principal
Mr. Chad Shockley, Activities Director

101 E. Scioto, St. James, MO 65559
Phone: 573-265-2300
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St. James **XC** Invitational

Dear Activity Director and Coaches:

We are excited to host the **St. James XC Invitational**.

Date: Tuesday, September 30th, at Maramec Spring Park

Meet Entries: All are made online using **mo.milesplit**. Entries are due by 9:00 AM on Monday, September 29th.

Entry Fee: \$200 for all teams or \$50 for each separate team. Individual Runners will be \$5. Please indicate the teams on your payment.

Send payments to: St. James High School
Chad Shockley
101 E. Scioto
St. James, MO 65559

Times Schedule:

3:45 pm Coaches Meeting
4:00 pm Middle School Boys (1.6 miles)
4:10 pm Middle school Girls (1.6 miles)
4:30 pm Varsity Girls (5K)
4:55 pm Varsity Boys (5K)

Awards: Medals, Top 15 Individuals in each race. A trophy for the top team in each race.

If you have any questions, please feel free to contact Chad Shockley:
chad.shockley@stjsschools.org or Coach Hodge: bhodge@stjsschools.org