



War Eagle Relays
Saturday, March 14th 2026

- 9:00a Coaches Meeting**
- 9:15a Field Events – Session 1**
Girls Long Jump, Followed by Boys Long Jump (4 attempts)
Boys High Jump
Girls Discus (4 attempts)
Boys Shotput (4 attempts)
- 10:30a 4x1600m Relay**
- 11:15a Field Events – Session 2**
Girls Triple Jump, Followed by Boys Triple Jump (4 attempts)
Girls High Jump
Boys Discus (4 attempts)
Girls Shotput (4 attempts)
- 11:30a Running Events (Rolling Schedule, Girls followed by Boys)**
Sprint Medley Relay (200-200-400-800)
4x100m Relay
300m Hurdles Relay
4x800m Relay
4x200m Relay
Distance Medley Relay (1200-400-800-1600)
Throwers 4x100m Relay
4x400m Relay