



## Cross-Country Marty Lewis “Hurry Back” Borough Challenge

October 4, 2025 at 9:00am

VAN COURTLANDT PARK

Coaches Meeting will be held at 8:45am

### ORDER OF EVENTS

<u>Race</u>	<u>Time</u>
Freshman Girls	9:15 AM
Freshman Boys	9:30 AM
Novice Girls	9:45 AM
Novice Boys	10:00 AM
Varsity Girls Team Race	10:15 AM
Varsity Boys Team Race	10:45 AM
Individual Varsity Girls	11:15 PM
Individual Varsity Boys	11:45 PM

#### General Information:

- Freshman will compete running 1.5 miles
- Novice will compete running 1.5mi. This race is open to all sophomores, junior and senior student-athletes.
- Varsity (Individual and Team Races) will compete running 5k (3.1mi)
- To be eligible to run in the team race, you must have a minimum of (5) athletes per gender
- Teams that have more than (7) eligible athletes in the team race must run the additional students in the Individual Varsity race
- Teams with under (5) Varsity runners will compete in the Individual Varsity Race
- Runners will not be allowed on the starting line without an assigned PSAL ID number
- To gain credit for the meet, a school must have a minimum of five runners' finish. Coed programs must have five runners (any combination; 3 boys and 2 girls, 4 boys and 1 girl, etc.)

Award Information:

- Medals will be awarded to the top 25 finishers in the Freshman races
- Medals will be awarded to the top 25 finishers in the Varsity races
- Medals will be awarded to the top 25 finishers in the Novice races
- Varsity Team Race: The top 10 finishers from each borough will score. Team awards will be given to the top 2 boroughs