



2025 CENTRAL MISSISSIPPI SUPER REGIONALS CROSS COUNTRY CHAMPIONSHIPS INFORMATION SHEET THURSDAY, OCTOBER 23

MEET FORMAT & AWARDS: Regions are combined into 3 Super Regions Races. **T-shirts** will be presented to the top 18 individual finishers in each Super Region Race; there will be no team results! Results from each Super Region Race will be separated into individual and team awards for each MHSAA Region. **Medals** will be awarded to the top 3 individual finishers and each member of the championship team in each MHSAA Region. Coaches whose teams earn individual and/or team medals may pick them up at the meet center as soon as the Region results are posted! There will be no award ceremonies!

ORDER OF EVENTS:

2:00	1A/2A/3A Super Region Girls Race	3:45	4A/5A Super Region Boys Race
2:35	1A/2A/3A Super Region Boys Race	4:20	6A/7A Super Region Girls Race
3:10	4A/5A Super Region Girls Race	4:55	6A/7A Super Region Boys Race

Runners are to report to the starting line ten (10) minutes before the start of each race. Starting boxes will not be assigned!

ENTRIES: Entries are limited to 12 runners per team, only the top seven from each school will count for scoring purposes and All-Region (Top 14) Honors.

ENTRY DEADLINE: **Sunday, October 19, Midnight!**

ENTRY FEES: \$190.00 per school / \$15.00 per athlete for incomplete teams (4 or less). **BRING CHECKS OR CASH TO THE MEET, DO NOT MAIL!** Checks **MUST** be made payable to: Pirate Timing (checks made to the MHSAA will not be accepted!!!). Schools that require a W-9 Form from Pirate Timing for payment purposes should email their request to pearlxc@bellsouth.net. **PURCHASE ORDERS WILL NOT BE ACCEPTED!!!** **SCHOOLS WILL NOT BE ALLOWED TO ENTER WITHOUT PAYMENT!!!**

REGISTRATION:

1. Check in at the meet center and pick up your team packet.
2. Pay entry fee: \$190.00 per **school**!
3. A trash bag will be issued to each team during registration!

TIMING & RESULTS: This meet will be chipped-timed! Chip timing instructions will be emailed to all schools the week of the meet. Coaches should read and follow all timing instructions! **Please Note: The race clock will be turned off at 35 minutes for all races. Athletes finishing after the race clock is turned off will not receive a time or place in the meet! This is required to keep the meet on schedule!**

ALL REGION CERTIFICATES: The top 14 finishers in each region will earn All-Region honors! Coaches may download MHSAA All-Region certificates for their athletes who earn this honor from this meet's calendar page on MS.MileSplit.

COURSE DESCRIPTION: Two-loop course. The course is grass, and spikes can be used if desired. All races are 5000 meters. Split times will be called at the mile and 2-mile marks. All races are 5000 meters! Splits will be called at the mile and 2-mile marks.

PARKING FEE: **\$10.00 per car!!! Please pass this information on to all parents, fans and spectators!!!**

UNIFORMS: All athletes on a team must wear the **SAME** school-approved uniform.

LIVE RESULTS: Live results will be posted on **AthleticLIVE!** Go to: <https://live.piratetiming.com> and click Super Region Championships! OFFICIAL results will be listed as soon as each race is completed on the site! Complete results will also be posted on <http://ms.milesplit.com>!

CLEAN UP: Please keep the area clean by disposing of all trash in cans and bags provided at registration. **WHEN LEAVING THE FACILITY PLEASE PLACE ALL TEAM TRASH BAGS IN THE DESIGNATED AREA AT THE SOUTH END OF THE PAVILLON!!!**

SCHOOLS BY REGION:

1A/2A/3A Super Region Race

- 7-1A: Bogue Chitto, Piney Woods, Salem, West Lincoln
- 5-2A: Lake, Newton, Puckett, Scott Central
- 6-2A: Clarkdale, Enterprise, Heidelberg
- 7-2A: Loyd Star, Wesson, West Lincoln
- 5-3A: Pisgah, Quitman, Southeast Lauderdale, Saint Andrew's, Union
- 7-3A: Franklin, Jefferson County, Port Gibson

4A/5A Super Region Race

- 5-4A: Choctaw Central, Leake Central, Newton County, Northeast Lauderdale, West Lauderdale
- 6-4A: Forest, Morton, Raymond, Richland
- 7-4A: Columbia, McComb, Poplarville, South Pike
- 2-5A: Cleveland Central, Florence, Lanier, Provine, Vicksburg
- 3-5A: Brookhaven, Laurel, Natchez, North Pike, South Jones, Sumrall

6A/7A Super Region Race

- 2-6A: Callaway, Canton, Greenville, Neshoba Central, Ridgeland, Warren Central
- 3-6A: Forest Hill, George County, Hattiesburg, Jim Hill, Terry, West Jones
- 2-7A: Clinton, Germantown, Madison Central, Murrah, Oxford, Starkville
- 3-7A: Brandon, Meridian, Northwest Rankin, Oak Grove, Pearl, Petal

Choctaw Trails – 5000 Meters

