

St. Vincent Cross Country Invitational

Thursday, September 4, 2025

- Location:** Seminary Picnic Grounds
1816 W St Joseph St, Perryville, MO 63775
Please see map below for bus/spectator parking.
Overflow spectator parking is available across the road at the Miraculous Medal Shrine.
- Schedule:** 3:30 Packets available at the stage by the finish line.
4:30 Coaches Meeting
5:00 HS Boys (full team together with the top 5 finishers per team scored for points)
5:45 HS Girls (full team together with the top 5 finishers per team scored for points)
Awards following conclusion of the last race.
- Entry Fees:** \$75 per gender or \$20 per runner, whichever is lower.
Checks payable to St. Vincent High School
210 S Waters Street, Perryville, MO 63775
- Entries:** Entries will be online at MileSplit and available at a later date.
- Meet Questions:** John McLain (Head Coach) jmclain@svdepaul.org
- Awards:** Mascot "Medals" – top 15 individuals in each race
Cookie Cake "Trophies" – top two teams in each race
- Course:** Same 5K course that we used last year.
Terrain will be fairly even with a short-cut grass trail and a sparse amount of gravel spots. Spikes are recommended. Course will be marked at the first and second miles.
Please know that there might be a few areas with rough footing. Note the map below and/or allow time for your athletes to examine the course.
- Scoring:** This year we are transitioning to chip timing done by Big River Race Management. Results will be available on their website, www.brrm.com and will be available later on mo.milesplit.com. Points will be awarded to the top 7 runners. All others will be ignored. Team scores will be determined on the top 5 from each finishing team.
- Heat/Weather:** Even with later start times, our meet tends to be hot. If the forecast looks exceptionally warm, we may reduce the race distance and will notify coaches of any changes. PLEASE do not race any athletes that are not prepared for competition. We will do everything in our power to run the meet that evening, but not at the risk of anyone's health.
- Facilities:** Tents are welcome. Restrooms will be available.
- Medical Staff:** An athletic trainer will be on site. EMTs will be on site on standby.
- Water:** Water will be provided to racers at the finish line. Teams may provide water elsewhere on the course in compliance with NFHS rules.
- Concessions:** There will be a concession stand with food and drink available. We will also have Luna's Shaved Ice and 1UP Food Truck present.

Meet Record Holders

Boys: Bair Hopkins, Perryville - 16:42 (2024)

Girls: Tegan Bishop, Perryville - 20:20 (2022)

2024 Individual Winners

Boys: Bair Hopkins, Perryville - 16:42

Girls: Madelyn Griffard, Valle Catholic - 21:05

High School



A: Packet Pickup/Awards

B: Restrooms

C: Concessions/Shirts