

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#5 Girls 55 Meters (JV 6-8)****3:40 PM**

Lane	Name	Team	Time
Section 1 of 4			
1	Mutsch, Addison	Norfolk Christian	8.55
2	Carozzoni, Penelope	Atlantic Shores Christia	8.22
3	Pittman, Kendall	Nansemond-Suffolk Ac	7.98
4	Hewitt, Annaliese	Atlantic Shores Christia	8.04
5	Mihlon, Kate	Norfolk Academy	8.29
6	Nedelin, Emma	Norfolk Christian	8.58
Section 2 of 4			
1	McCaa, Madeleine	Norfolk Academy	8.93
2	Startin, Amelia	Norfolk Christian	8.83
3	Adams, Kayla	Atlantic Shores Christia	8.70
4	Shipp, Sarah	Norfolk Christian	8.81
5	Elder, Sophia	Norfolk Christian	8.85
6	Harrell, Jaelynn	Norfolk Academy	8.93
Section 3 of 4			
2	Codington, Emmylou	Norfolk Academy	9.14
3	Gonzales, Marissa	Norfolk Academy	8.94
4	Christian, Madison	Norfolk Academy	9.01
5	Weaver, Charlotte	Atlantic Shores Christia	9.56
Section 4 of 4			
2	Payne, Maddie	Norfolk Christian	11.62
3	Morales, Claire	Nansemond-Suffolk Ac	9.60
4	Berrios, Kelly	Atlantic Shores Christia	9.78

#1 Boys 55 Meters (JV 6-8)**3:45 PM**

Lane	Name	Team	Time
Section 1 of 6			
1	Nguyen, Nathan	Nansemond-Suffolk Ac	7.83
2	Hamilton, Kingston	Davis Middle School	7.70
3	Rumsey, Owen	Atlantic Shores Christia	7.57
4	Lane, Griff	Cape Henry Collegiate	7.70
5	Emerson, Zyaire	Norfolk Christian	7.81
6	Ford, Jace	Atlantic Shores Christia	7.95
Section 2 of 6			
1	McClure, John	Norfolk Academy	8.37
2	Pierce, Johnathan	Norfolk Christian	8.23
3	Hodge, Rolstan	Norfolk Christian	8.14
4	Williston, Win	Norfolk Academy	8.16
5	Dobratz, Drew	Norfolk Christian	8.28
6	Cash, Collin	Nansemond-Suffolk Ac	8.38
Section 3 of 6			
1	Murphy, Anthony	Norfolk Christian	8.72
2	Branch, Tripp	Nansemond-Suffolk Ac	8.63
3	Kinney, Aydan	Norfolk Christian	8.51

#1 Boys 55 Meters (JV 6-8) (cont'd)**3:45 PM**

Lane	Name	Team	Time
4	Jackson, Connor	Atlantic Shores Christia	8.54
5	Bellamy, Chasen	Norfolk Christian	8.65
6	Holden, Braxton	Nansemond-Suffolk Ac	9.06
Section 4 of 6			
1	Fellner, Ashton	Norfolk Christian	9.28
2	Pierce, Carston	Norfolk Christian	9.12
3	Thigpen, Magnus	Nansemond-Suffolk Ac	9.09
4	Nguyen, Chris	Nansemond-Suffolk Ac	9.12
5	Melton, Ryder	Nansemond-Suffolk Ac	9.17
6	Freeman, Tucker	Norfolk Christian	9.32
Section 5 of 6			
1	Butler, Jackson	Norfolk Christian	9.61
2	Webb, Jack	Nansemond-Suffolk Ac	9.48
3	Work, Andrew	Nansemond-Suffolk Ac	9.32
4	Baur, Charlie	Nansemond-Suffolk Ac	9.44
5	Russo, Aiden	Nansemond-Suffolk Ac	9.57
Section 6 of 6			
2	Carpenter, Brody	Nansemond-Suffolk Ac	10.32
3	Huf, Maxwell	Atlantic Shores Christia	10.00
4	Marchette, Joey	Atlantic Shores Christia	10.01

#49 Girls 4 x 800m Relay (Varsity)**3:53 PM**

Lane	Team	Time
Section 1 of 1		
1	Atlantic Shores Christian (A)	14:00.00
2	Cape Henry Collegiate (A)	11:20.00
3	Stonebridge School (A)	10:41.09
4	Catholic High School (A)	11:00.00
5	Norfolk Academy (A)	10:05.50
6	Norfolk Academy (B)	11:05.05

#48 Boys 4 x 800m Relay (Varsity)**4:07 PM**

Lane	Team	Time
Section 1 of 1		
1	Catholic High School (A)	NT
2	Norfolk Academy (A)	8:59.50
3	Nansemond-Suffolk Academy (A)	9:30.00
4	Norfolk Christian (A)	9:29.78
5	Atlantic Shores Christian (A)	10:46.62
6	Norfolk Academy (B)	9:15.50

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#35 Girls 60m Hurdles (JV 6-8)****4:18 PM**

Lane	Name	Team	Time
Section 1 of 1			
5	Morrall, Aubrey	Norfolk Academy	12.69
6	Fogarty, Aedan	Norfolk Christian	12.98

#34 Boys 60m Hurdles (JV 6-8)**4:21 PM**

Lane	Name	Team	Time
Section 1 of 1			
4	Pierce, Johnathan	Norfolk Christian	12:05.00
5	Hammond, Nate	Nansemond-Suffolk Ac	11.70
6	Dobratz, Drew	Norfolk Christian	12:04.00

#36 Girls 55m Hurdles (Varsity)

S Series Record 8.18 Zamia Stelly 2/5/2019

4:24 PM

Lane	Name	Team	Time
Section 1 of 2			
1	Boatwright, Sharonda	John A. Holmes	11.33
2	Slauson-Blevins, Reaga	Norfolk Academy	11.10
3	Kulow, Taylor	Norfolk Academy	9.09
4	Saunders, Amoni	Northeastern	9.56
5	Mazur, Reese	Nansemond-Suffolk Ac	11.30
6	Harrell, Jaelynn	Norfolk Academy	11.48
Section 2 of 2			
2	Kampmann, Alyssa	John A. Holmes	11.99
3	Enfield, Holland	Stonebridge School	11.54
4	Clark, Beatrix	Norfolk Academy	11.54
5	Wilson, Jocelyn	Stonebridge School	12.23

#32 Boys 55m Hurdles (Varsity)

S Series Record 7.73 Demarcus Henderson 1/13/2026

4:29 PM

Lane	Name	Team	Time
Section 1 of 2			
1	Wood, Jude	Stonebridge School	9.89
2	Reid, Campbell	Norfolk Academy	9.32
3	Thomas, Jamal	Nansemond-Suffolk Ac	8.29
4	Sylvester, Daniel	Pasquotank County	8.54
5	Huber, George	Stonebridge School	9.87
Section 2 of 2			
2	Fornes, Riley	Norfolk Academy	12.20
3	Marchigiani, Alfred Jose	Stonebridge School	10.00
4	Cowan, Barrett	Nansemond-Suffolk Ac	11.43

#4 Girls 55 Meters (Varsity)

S Series Record 7.14 Aziyah Heru 2/4/2025

4:33 PM

Lane	Name	Team	Time
Section 1 of 9			
1	Ofole, Zara	Stonebridge School	7.78
2	Ofole, Chiamaka	Stonebridge School	7.69
3	Kuhre, Makae'Lee	Northeastern	7.58
4	Smith, Imani	Catholic High School	7.59
5	Thomas, Patience	Northeastern	7.70
6	Wood, Stella	Catholic High School	7.79
Section 2 of 9			
1	Fellner, Kaiya	Norfolk Christian	7.96
2	Okobi, Onyebuka	Catholic High School	7.88
3	Way, Isabelle	Atlantic Shores Christia	7.82
4	Dimino, Annemarie	Catholic High School	7.90
5	Butler, Le' Onna	Pasquotank County	7.97
Section 3 of 9			
1	Williams, Baylee	Norfolk Christian	8.06
2	Gebara, Jasmine	Atlantic Shores Christia	8.00
3	Hammond, Miranda	Nansemond-Suffolk Ac	7.99
4	Cannon, Taniya	Stonebridge School	7.99
5	Enfield, Holland	Stonebridge School	8.05
6	Uncapher, Emma	Norfolk Academy	8.07
Section 4 of 9			
1	Pierce, Arden	Norfolk Christian	8.31
2	Dimperio, Julianna	Nansemond-Suffolk Ac	8.21
3	Gilbert, McKenzie	Nansemond-Suffolk Ac	8.13
4	Jervy, Brynn	Norfolk Christian	8.18
5	Stewart, Julia	Norfolk Academy	8.26
6	McCoy, Carleigh	Nansemond-Suffolk Ac	8.32
Section 5 of 9			
1	Carpenter, Zoey	Nansemond-Suffolk Ac	8.54
2	Huddleston, Verity	Norfolk Academy	8.43
3	Tolbert, Andrea	Hampton Roads Acade	8.35
4	Soderberg, Leighton	Norfolk Academy	8.42
5	Eichelberger, Geneviev	Atlantic Shores Christia	8.48
6	Freshwater, Makiya	Northeastern	8.55
Section 6 of 9			
1	Vaughan, Cambree	John A. Holmes	8.63
2	Kuehl, Makenna	Nansemond-Suffolk Ac	8.62
3	Carter, Lyric	Norfolk Academy	8.57
4	Lambert, Sophia	Atlantic Shores Christia	8.59
5	Carroll, Haven	Norfolk Academy	8.63
6	Palazzotto, Alaina	Nansemond-Suffolk Ac	8.64
Section 7 of 9			
1	Carozzoni, Krystiana	Atlantic Shores Christia	8.88
2	Spruill, Amiya	John A. Holmes	8.81

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#4 Girls 55 Meters (Varsity) (cont'd)****4:33 PM**

Lane	Name	Team	Time
3	Dininy, Leylana	Cape Henry Collegiate	8.64
4	Griffin, Caroline	Atlantic Shores Christia	8.71
5	Slades, Juliana	John A. Holmes	8.83
6	Moore, Zariyah	Atlantic Shores Christia	8.88

Section 8 of 9

1	Gray, Bailey	Nansemond-Suffolk Ac	9.27
2	Mazur, Reese	Nansemond-Suffolk Ac	9.11
3	DeVita, Raegan	Stonebridge School	8.98
4	Quintana, Audrey	Atlantic Shores Christia	9.00
5	Bradley, Autumn	Atlantic Shores Christia	9.22
6	Jacocks, Alicia	Northeastern	9.39

Section 9 of 9

2	Shumadine, Charlotte	Norfolk Academy	9.60
3	Owen, Claire	Norfolk Christian	9.48
4	Kamuro, Maya	Pasquotank County	9.58
5	Johnson, Bre	Nansemond-Suffolk Ac	9.74
6	Murphy, Eva	Norfolk Academy	NT

#2 Boys 55 Meters (Varsity)

S	Series Record	6.48	Brehon Daniels	1/24/2012
---	---------------	------	----------------	-----------

4:45 PM

Lane	Name	Team	Time
Section 1 of 12			
1	Liverman, Zacchaus	Northeastern	6.84
2	Gnandt, Nicholas	Catholic High School	6.78
3	Lovell, Will	Norfolk Academy	6.72
4	Ferebee, Christian	Northeastern	6.73
5	Dinh, Maxwell	Atlantic Shores Christia	6.83
6	Adolphe, Dwayne	Northeastern	6.87

Section 2 of 12

1	Basnight, Ja'marion	John A. Holmes	7.02
2	Rodgers, Jeremiah	Norfolk Academy	7.00
3	Thomas, Jamal	Nansemond-Suffolk Ac	6.93
4	Lane, Rj	Nansemond-Suffolk Ac	6.94
5	Bradshaw, Dudley	Pasquotank County	7.02
6	Simmons, Courtland	Norfolk Academy	7.03

Section 3 of 12

1	Jackson, Brody	Norfolk Academy	7.15
2	Lynn, Kamari	Northeastern	7.07
3	Nwafor, Chima	Stonebridge School	7.03
4	Wilson, Chris	John A. Holmes	7.06
5	Hayden, Jack	Nansemond-Suffolk Ac	7.11
6	Woodard, Terrel	Pasquotank County	7.17

Section 4 of 12

1	Bowser, Maurice	Northeastern	7.27
---	-----------------	--------------	------

#2 Boys 55 Meters (Varsity) (cont'd)**4:45 PM**

Lane	Name	Team	Time
2	Leary, Trevor	Hampton Roads Acade	7.27
3	Zook, Carson	Norfolk Christian	7.23
4	Smith, Jaxson	Catholic High School	7.25
5	Wedding, Bryce	Hampton Roads Acade	7.27
6	Crutch, Aaron	Northeastern	7.28

Section 5 of 12

1	Curry, Kaelen	Atlantic Shores Christia	7.32
2	Yi, Simon	Hampton Roads Acade	7.30
3	Sims, Kai	Hampton Roads Acade	7.29
4	Nguyen, Pierce	Norfolk Christian	7.30
5	Croke, Jack	Norfolk Academy	7.32
6	Huber, George	Stonebridge School	7.45

Section 6 of 12

1	Nixon, John	Norfolk Christian	7.51
2	Billups, Gabe	Atlantic Shores Christia	7.49
3	Doherty, Jake	Hampton Roads Acade	7.46
4	Work, Michael	Nansemond-Suffolk Ac	7.48
5	Shearin, Kellan	Nansemond-Suffolk Ac	7.49
6	Washington, Joshua	Stonebridge School	7.52

Section 7 of 12

1	Gray, Mason	Nansemond-Suffolk Ac	7.55
2	Kurt, Kayra	Norfolk Academy	7.54
3	Echevarria, Dominick	Atlantic Shores Christia	7.54
4	McNeil, Jayden	John A. Holmes	7.54
5	Bailey, Nicholas	Nansemond-Suffolk Ac	7.55
6	Ryan, Latrell	John A. Holmes	7.57

Section 8 of 12

1	Crystal, Reid	Nansemond-Suffolk Ac	7.67
2	Musselmani, Adam	Norfolk Academy	7.63
3	Cuyler, Myles	Norfolk Christian	7.60
4	Leary, Keymoni	John A. Holmes	7.60
5	Ha, Yechan	Norfolk Christian	7.65
6	Sessoms, Treyvon	Northeastern	7.69

Section 9 of 12

1	Dorsey, Max	Nansemond-Suffolk Ac	7.99
2	Griffin, Zachary	Norfolk Academy	7.94
3	Oakley, Jaden	Norfolk Christian	7.80
4	Kass, Jonah	Norfolk Academy	7.88
5	Sigmon, Maddox	Stonebridge School	7.94
6	Rubino, Tyler	Cape Henry Collegiate	8.00

Section 10 of 12

1	McClung, Kellan	Stonebridge School	8.21
2	Warburton, Max	Norfolk Academy	8.11
3	Bach, Zach	Cape Henry Collegiate	8.00
4	Carofino, Timmy	Norfolk Academy	8.05

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#2 Boys 55 Meters (Varsity) (cont'd)****4:45 PM**

Lane	Name	Team	Time
5	Malaisamy, Ro	Nansemond-Suffolk Ac	8.13
6	Dorroh, Beck	Norfolk Academy	8.28

Section 11 of 12

2	Payne, Logan	Norfolk Christian	8.35
3	Horan, Connor	Norfolk Academy	8.30
4	Garcia, Joshua	Atlantic Shores Christia	8.32
5	Chaing, Preston	Norfolk Academy	8.35

Section 12 of 12

2	Lebrecht, Hampton	Nansemond-Suffolk Ac	9.50
3	Christian, Owen	Norfolk Academy	8.52
4	Rivera, Nickolas	Atlantic Shores Christia	9.08

#29 Girls 1600 Meters (Varsity)

S Series Record 5:04.98 Michaela Rose 1/27/2020

5:00 PM

Lane	Name	Team	Time
------	------	------	------

Section 1 of 2

1	Frost, Eve	Stonebridge School	5:19.95
2	Barley, Brynn	Cape Henry Collegiate	5:25.39
3	Nunziata, Josie	Stonebridge School	5:27.69
4	Enos, Paisley	Norfolk Academy	5:39.47
5	Karsanac, Ava	Cape Henry Collegiate	5:55.09
6	McDonald, Delaney	Norfolk Christian	5:58.35
7	Adams, Catherine	Norfolk Academy	6:00.45
8	Rapp, Ava	Nansemond-Suffolk Ac	6:03.50

Section 2 of 2

1	Gardner, Rae	Catholic High School	6:14.03
2	Mateo, Leila	Catholic High School	6:14.26
3	Ankley, Sara	Catholic High School	6:15.40
4	Ogden, Teagan	Catholic High School	6:17.24
5	Lynch, Rachel	Stonebridge School	6:23.49
6	Griffin, Tierzah	Atlantic Shores Christia	6:27.15
7	Thomas, Olivia	Norfolk Academy	6:31.86
8	Wratten, Maddison	Atlantic Shores Christia	6:57.50

#28 Girls 1600 Meters (JV 6-8)**5:07 PM**

Lane	Name	Team	Time
------	------	------	------

Section 1 of 1

9	Metcalfe, Abby	Atlantic Shores Christia	6:01.84
10	King, Katherine	Norfolk Academy	6:49.58
11	Stacks, Elizabeth	Norfolk Academy	6:53.19
12	Ostroff, Cecelia	Norfolk Academy	6:59.40

#25 Boys 1600 Meters (Varsity)

S Series Record 4:30.25 Tyler Sylvia 1/13/2020

5:14 PM

Lane	Name	Team	Time
------	------	------	------

Section 1 of 2

1	McGuigan, Matthew	Cape Henry Collegiate	4:19.60
2	Brown, Brogan	Norfolk Academy	4:40.04
3	Burnham, Luke	Cape Henry Collegiate	4:46.86
4	Bousman, Matt	Norfolk Academy	4:47.86
5	Bekele, Kaleb	Stonebridge School	4:58.61
6	Nedelin, Aleksander	Norfolk Christian	4:58.77
7	Kuhre, Kawika	Northeastern	5:03.39
8	Whitfield, Kyle	Cape Henry Collegiate	5:08.77
9	Nicoletti, James	Catholic High School	5:09.22

Section 2 of 2

1	John, Nathan	Norfolk Academy	5:29.31
2	Wyman, Mason	Pasquotank County	5:30.00
3	Butela, Holden	Cape Henry Collegiate	5:31.25
4	Wall, Ronnie	Stonebridge School	5:31.81
5	Desai, Aransh	Norfolk Academy	5:36.07
6	Wiegert, Max	Atlantic Shores Christia	5:37.51
7	Larsen, Noah	Atlantic Shores Christia	6:12.86
8	Martin, David	Norfolk Academy	6:14.59

#26 Boys 1600 Meters (JV 6-8)**5:20 PM**

Lane	Name	Team	Time
------	------	------	------

Section 1 of 1

9	Marek, Brennan	St. Patrick Catholic Sch	5:34.59
10	Conroy, John "Jay"	Atlantic Shores Christia	6:08.36
11	Shipp, Simon	Norfolk Christian	6:18.53
12	Kuehn, Hudson	Norfolk Christian	6:24.59
13	Mutsch, Samuel	Norfolk Christian	6:26.33
14	Koplin, Miles	Nansemond-Suffolk Ac	6:32.88
15	Baughner, Brandon	Norfolk Christian	6:44.36

#42 Girls 4 x 200m Relay (Varsity)

S Series Record 1:47.68 Hampton 1/17/2017

5:27 PM

Lane	Team	Time
------	------	------

Section 1 of 2

2	Cape Henry Collegiate (A)	1:56.10
3	Norfolk Academy (A)	1:52.45
4	Catholic High School (A)	1:53.77
5	Norfolk Christian (A)	1:56.35
6	Stonebridge School (A)	1:56.89

Section 2 of 2

1	Nansemond-Suffolk Academy (A)	2:02.32
---	-------------------------------	---------

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#42 Girls 4 x 200m Relay (Varsity) (cont'd)****5:27 PM**

Lane	Team	Time
2	John A. Holmes (A)	2:06.47

#40 Girls 4 x 200m Relay (JV 6-8)**5:31 PM**

Lane	Team	Time
Section 1 of 1		
3	Norfolk Academy (A)	1:52.45
4	Norfolk Christian (A)	1:56.35
5	Atlantic Shores Christian (A)	2:00.94

#37 Boys 4 x 200m Relay (Varsity)

S Series Record 1:32.30 Northeastern 1/8/2024

5:35 PM

Lane	Team	Time
Section 1 of 2		
1	Nansemond-Suffolk Academy (A)	1:41.34
2	Catholic High School (A)	1:39.31
3	Northeastern (A)	1:34.93
4	Pasquotank County (A)	1:37.53
5	Cape Henry Collegiate (A)	1:41.18
6	John A. Holmes (A)	1:41.69

Section 2 of 2

1	Nansemond-Suffolk Academy (B)	1:41.34
2	Norfolk Christian (A)	1:48.25
3	Hampton Roads Academy (A)	1:44.40
4	Stonebridge School (A)	1:47.60

#39 Boys 4 x 200m Relay (JV 6-8)**5:43 PM**

Lane	Team	Time
Section 1 of 1		
1	Nansemond-Suffolk Academy (B)	2:13.39
2	Nansemond-Suffolk Academy (A)	2:05.54
3	Atlantic Shores Christian (A)	1:44.94
4	Norfolk Christian (A)	1:48.25

#17 Girls 500 Meters (Varsity)

S Series Record 1:14.45 Michaela Rose 2/5/2019

5:47 PM

Lane	Name	Team	Time
Section 1 of 3			
1	Hernandez, Pilar	Norfolk Christian	1:24.86
2	Andrews, Reese	Cape Henry Collegiate	1:26.39
3	Doron, Lauren	Cape Henry Collegiate	1:26.44
4	Cajulis, Maia	Cape Henry Collegiate	1:28.71
5	Rapp, Ava	Nansemond-Suffolk Ac	1:30.14

#17 Girls 500 Meters (Varsity) (cont'd)**5:47 PM**

Lane	Name	Team	Time
6	McDonald, Delaney	Norfolk Christian	1:30.66

Section 2 of 3

1	Browning, Claire	Cape Henry Collegiate	1:32.83
2	Clark, Emma	Norfolk Academy	1:35.31
3	Trembath, Marybelle	Norfolk Academy	1:37.22
4	Anderson, Faith	Stonebridge School	1:37.58
5	Clark, Beatrix	Norfolk Academy	1:37.94
6	Felton, Quane'a	Northeastern	1:39.70

Section 3 of 3

1	Wong, Emily	Norfolk Academy	1:40.65
2	LeBlanc, Sarah	Stonebridge School	1:41.09
3	Jung, Leah	Norfolk Academy	1:43.25
4	Gilikin, Isabella	Stonebridge School	1:44.11
5	Beckner, Millie	Stonebridge School	1:51.35
6	Wilson, Jocelyn	Stonebridge School	1:51.90
7	El-Mahdy, Noor	Cape Henry Collegiate	1:52.50
8	Jones, Alex	Nansemond-Suffolk Ac	2:06.23

#16 Girls 500 Meters (JV 6-8)**5:53 PM**

Lane	Name	Team	Time
------	------	------	------

Section 1 of 1

1	Fogarty, Aedan	Norfolk Christian	1:41.34
2	Eubanks, Josie	Norfolk Academy	1:46.95
3	Patel, Kayla	Norfolk Academy	1:47.38
4	Rathbone, Ellie	Norfolk Academy	1:50.60
5	Desai, Seva	Norfolk Academy	1:56.39

#14 Boys 500 Meters (Varsity)

S Series Record 1:06.82 Michail Rose 1/26/2023

5:55 PM

Lane	Name	Team	Time
------	------	------	------

Section 1 of 3

1	Butts, Cameron	Pasquotank County	1:12.44
2	Shamblee, Keese	Norfolk Academy	1:15.62
3	Kite, Preston	Cape Henry Collegiate	1:17.87
4	Felton, Lance	Northeastern	1:18.48
5	Seutter, Gabriel	Hampton Roads Acade	1:18.71
6	Launi, James	Norfolk Christian	1:19.60

Section 2 of 3

1	Thompson, Drew	Nansemond-Suffolk Ac	1:21.05
2	Repole, Alex	Norfolk Academy	1:22.99
3	Lewis, Alex	Norfolk Academy	1:23.23
4	Jain, Aditya	Norfolk Academy	1:23.32
5	Williams, Donovan	Northeastern	1:23.57

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#14 Boys 500 Meters (Varsity) (cont'd)****5:55 PM**

Lane	Name	Team	Time
6	Johnson, II, Tony	Northeastern	1:23.58
7	Ryan, Latrell	John A. Holmes	1:23.70
8	Leary, Keymoni	John A. Holmes	1:24.91

Section 3 of 3

1	Reed, William	Norfolk Christian	1:25.00
2	Grimes, Garrett	Nansemond-Suffolk Ac	1:25.41
3	Salib, Andrew	Norfolk Academy	1:26.37
4	Lillard, Henri	Cape Henry Collegiate	1:26.69
5	Gucer, Berk	Cape Henry Collegiate	1:26.76
6	Pascual, Liam	Nansemond-Suffolk Ac	1:28.49
7	Levelle, Hunter	Norfolk Collegiate	1:31.90
8	Nied, Randall	Cape Henry Collegiate	1:38.52
9	Barrett, Brady	Cape Henry Collegiate	1:38.78

#13 Boys 500 Meters (JV 6-8)**6:01 PM**

Lane	Name	Team	Time
Section 1 of 1			
1	Lane, Griff	Cape Henry Collegiate	1:19.81
2	Garran, Chris	Cape Henry Collegiate	1:26.21
3	Bellamy, Chasen	Norfolk Christian	1:32.02
4	Dobratz, Drew	Norfolk Christian	1:32.58
5	Patel, Ayaan	Norfolk Academy	1:38.93
6	Sheppard, Trey	Norfolk Academy	1:45.03
7	Pierce, Carston	Norfolk Christian	1:46.78
8	Jenkins, Elijah	Norfolk Collegiate	2:08.43

#23 Girls 1000 Meters (Varsity)

S Series Record 2:50.55 Michaela Rose 2/4/2020

6:03 PM

Lane	Name	Team	Time
Section 1 of 1			
1	Frost, Eve	Stonebridge School	3:04.87
2	Fine, Kate	Norfolk Academy	3:28.49
3	Hires, Lola	Norfolk Academy	3:30.59
4	Britt, Lane	Norfolk Academy	3:33.76
5	O'Connor, Macy	Catholic High School	3:35.47
6	Just, Christina	Atlantic Shores Christia	3:35.82
7	Barnhart, Alana	Hampton Roads Acade	3:36.40
8	Sheppard, Claire	Norfolk Academy	3:45.51
9	Brantley, Kayla	Atlantic Shores Christia	3:58.21
10	McDonald, Ava	Stonebridge School	4:17.08

#22 Girls 1000 Meters (JV 6-8)**6:03 PM**

Lane	Name	Team	Time
Section 1 of 1			
11	Metcalfe, Abby	Atlantic Shores Christia	3:41.93
12	Haltli, Nadine	Norfolk Academy	4:03.33
13	Behl, Simran	Norfolk Academy	4:05.27
14	Improta, Bailey	Atlantic Shores Christia	4:33.46

#20 Boys 1000 Meters (Varsity)

S Series Record 2:35.47 Liam Sullivan 1/31/2023

6:08 PM

Lane	Name	Team	Time
Section 1 of 2			
1	McGuigan, Matthew	Cape Henry Collegiate	2:32.00
2	Guzik, Finn	Norfolk Academy	2:47.13
3	Burnham, Luke	Cape Henry Collegiate	2:48.05
4	Villasias, Alex	Catholic High School	2:52.25
5	Eason, Brandon	Catholic High School	2:52.56
6	Ankley, Michael	Catholic High School	2:53.00
7	Whitfield, Kyle	Cape Henry Collegiate	2:55.57
8	Fitzgerald, Brennan	Nansemond-Suffolk Ac	3:00.00
9	Walker, Tyler	Catholic High School	3:00.00
10	Healey, Matthew	Catholic High School	3:00.35
11	Presnell, Sebastian	Cape Henry Collegiate	3:04.70
12	Butela, Holden	Cape Henry Collegiate	3:05.00
13	Metcalfe, Sam	Atlantic Shores Christia	3:12.71

Section 2 of 2

1	Wyman, Mason	Pasquotank County	3:18.00
2	Parkerson, Lawrence	Stonebridge School	3:24.67
3	Byrne, Jackson	Norfolk Christian	3:26.98
4	McClung, Aiden	Stonebridge School	3:30.35
5	Campbell, Sohan	Stonebridge School	3:32.11
6	Goldbach, Trevor	Nansemond-Suffolk Ac	3:34.26
7	Rumsey, Conlin	Atlantic Shores Christia	3:34.75
8	Ficklin, Tommy	Atlantic Shores Christia	3:36.89
9	Dillender, Michael	Stonebridge School	3:40.36
10	Sigmon, Kade	Stonebridge School	3:41.35
11	Davis, Michael	Nansemond-Suffolk Ac	3:42.23
12	Rockey, Will	Nansemond-Suffolk Ac	3:42.64
13	Conroy, John "Jay"	Atlantic Shores Christia	3:43.27
14	Gray, John	Nansemond-Suffolk Ac	3:58.98

#19 Boys 1000 Meters (JV 6-8)**6:16 PM**

Lane	Name	Team	Time
Section 1 of 1			
1	Marek, Brennan	St. Patrick Catholic Sch	3:19.72

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#19 Boys 1000 Meters (JV 6-8) (cont'd)****6:16 PM**

Lane	Name	Team	Time
2	Chouraqui, adam	Norfolk Academy	3:51.52
3	Kuehn, Hudson	Norfolk Christian	3:55.45
4	Shipp, Simon	Norfolk Christian	3:57.15
5	Mutsch, Samuel	Norfolk Christian	3:57.57
6	Thompson, Robby	Norfolk Academy	3:58.80
7	Baugher, Brandon	Norfolk Christian	4:01.60
8	Gossman, Zach	Atlantic Shores Christia	4:37.71
9	Ellison, Benjamin	Atlantic Shores Christia	4:54.70
10	Teubert, Greyson	Atlantic Shores Christia	4:54.70

#10 Girls 300 Meters (Varsity)

S Series Record 40.49 Michaela Rose 1/13/2020

6:22 PM

Lane	Name	Team	Time
------	------	------	------

Section 1 of 7

1	Saunders, Amoni	Northeastern	45.23
2	Uncapher, Emma	Norfolk Academy	43.77
3	Kuhre, Makae'Lee	Northeastern	41.69
4	Thomas, Patience	Northeastern	43.72
5	Jones, Mia	Norfolk Academy	43.83
6	Campbell, Riya	Stonebridge School	45.89

Section 2 of 7

2	Williams, Baylee	Norfolk Christian	47.26
3	Fellner, Kaiya	Norfolk Christian	46.91
4	Hammond, Miranda	Nansemond-Suffolk Ac	46.06
5	Andrews, Reese	Cape Henry Collegiate	47.07
6	Barnhart, Alana	Hampton Roads Acade	47.29

Section 3 of 7

1	Mulkey, Lia	Cape Henry Collegiate	48.92
2	Way, Isabelle	Atlantic Shores Christia	48.26
3	Butler, Le' Onna	Pasquotank County	47.54
4	Dimperio, Julianna	Nansemond-Suffolk Ac	47.97
5	Griffin, Caroline	Atlantic Shores Christia	48.75
6	Boatwright, Sharonda	John A. Holmes	48.97

Section 4 of 7

1	Gilbert, McKenzie	Nansemond-Suffolk Ac	49.74
2	Kampmann, Alyssa	John A. Holmes	49.55
3	Sharp, Kelly	Cape Henry Collegiate	49.15
4	Browning, Claire	Cape Henry Collegiate	49.25
5	Dininny, Leylana	Cape Henry Collegiate	49.71
6	Tolbert, Andrea	Hampton Roads Acade	49.96

Section 5 of 7

1	Vaughan, Cambree	John A. Holmes	52.50
2	Eichelberger, Geneviev	Atlantic Shores Christia	50.96
3	Wilbanks, Katelyn	Stonebridge School	50.70

#10 Girls 300 Meters (Varsity) (cont'd)**6:22 PM**

Lane	Name	Team	Time
4	Pierce, Arden	Norfolk Christian	50.78
5	Lambert, Sophia	Atlantic Shores Christia	52.13
6	Jacocks, Alicia	Northeastern	53.96

Section 6 of 7

1	Gray, Bailey	Nansemond-Suffolk Ac	55.40
2	Carter, Zoe	Stonebridge School	54.31
3	Moore, Zariyah	Atlantic Shores Christia	54.00
4	Covill, Zoe	Stonebridge School	54.30
5	Slades, Juliana	John A. Holmes	54.48

Section 7 of 7

2	Owen, Claire	Norfolk Christian	59.75
3	McDonald, Ava	Stonebridge School	58.91
4	Kamuro, Maya	Pasquotank County	59.55

#11 Girls 300 Meters (JV 6-8)**6:31 PM**

Lane	Name	Team	Time
------	------	------	------

Section 1 of 3

1	Mihlon, Kate	Norfolk Academy	50.95
2	Hewitt, Annaliese	Atlantic Shores Christia	50.30
3	Pittman, Kendall	Nansemond-Suffolk Ac	47.51
4	Carozzoni, Penelope	Atlantic Shores Christia	49.23
5	Elder, Sophia	Norfolk Christian	50.89
6	Shipp, Sarah	Norfolk Christian	52.16

Section 2 of 3

1	Mutsch, Addison	Norfolk Christian	53.56
2	Bailey, Ila	Norfolk Academy	52.94
3	Nedelin, Emma	Norfolk Christian	52.23
4	Morrall, Aubrey	Norfolk Academy	52.26
5	Adams, Kayla	Atlantic Shores Christia	53.53
6	Christian, Madison	Norfolk Academy	54.83

Section 3 of 3

2	Berrios, Kelly	Atlantic Shores Christia	1:08.78
3	Startin, Amelia	Norfolk Christian	56.02
4	Weaver, Charlotte	Atlantic Shores Christia	1:00.36

#9 Boys 300 Meters (Varsity)

S Series Record 35.80 Izaiah Wingfield 12/12/202

6:35 PM

Lane	Name	Team	Time
------	------	------	------

Section 1 of 7

1	Lovell, Will	Norfolk Academy	37.90
2	Butts, Cameron	Pasquotank County	37.62
3	Lane, Keaton	Cape Henry Collegiate	36.86
4	Tragert, Owen	Cape Henry Collegiate	36.89

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#9 Boys 300 Meters (Varsity) (cont'd)****6:35 PM**

Lane	Name	Team	Time
5	Jackson, Brody	Norfolk Academy	37.72
6	Leary, Tye'von	Northeastern	39.44

Section 2 of 7

1	Yates, Jack	Hampton Roads Acade	40.59
2	Reid, Campbell	Norfolk Academy	40.24
3	Dinh, Maxwell	Atlantic Shores Christia	39.60
4	Bradshaw, Dudley	Pasquotank County	40.14
5	Zook, Carson	Norfolk Christian	40.58
6	Lynn, Kamari	Northeastern	40.64

Section 3 of 7

1	Kite, Preston	Cape Henry Collegiate	41.70
2	Guzman, Ben	Catholic High School	41.53
3	Felton, Lance	Northeastern	40.84
4	Griffin, Zachary	Norfolk Academy	40.95
5	Bailey, Nicholas	Nansemond-Suffolk Ac	41.69
6	Cuyler, Myles	Norfolk Christian	41.80

Section 4 of 7

1	Crutch, Aaron	Northeastern	42.46
2	Dollahon, Trevor	Catholic High School	42.00
3	Hayden, Jack	Nansemond-Suffolk Ac	41.93
4	Doherty, Jake	Hampton Roads Acade	41.93
5	Leary, Keymoni	John A. Holmes	42.34
6	Wood, Jude	Stonebridge School	42.84

Section 5 of 7

1	Ryan, Latrell	John A. Holmes	43.74
2	Washington, Joshua	Stonebridge School	43.18
3	Bowser, Maurice	Northeastern	43.00
4	Rodgers, Jeremiah	Norfolk Academy	43.08
5	Curry, Kaelen	Atlantic Shores Christia	43.73
6	Oakley, Jaden	Norfolk Christian	43.82

Section 6 of 7

1	Gucer, Berk	Cape Henry Collegiate	44.69
2	Billups, Gabe	Atlantic Shores Christia	44.12
3	Seutter, Gabriel	Hampton Roads Acade	43.83
4	McNeil, Jayden	John A. Holmes	44.11
5	Echevarria, Dominick	Atlantic Shores Christia	44.33
6	Gray, Mason	Nansemond-Suffolk Ac	44.82

Section 7 of 7

1	Garcia, Joshua	Atlantic Shores Christia	49.00
2	Sigmon, Maddox	Stonebridge School	46.85
3	Nixon, John	Norfolk Christian	45.03
4	McClung, Kellan	Stonebridge School	45.69
5	Barnes, Cayden	Stonebridge School	48.91

#7 Boys 300 Meters (JV 6-8)**6:44 PM**

Lane	Name	Team	Time
------	------	------	------

Section 1 of 3

1	Emerson, Zyaire	Norfolk Christian	44.41
2	Chouraqi, Noah	Norfolk Academy	43.97
3	Rumsey, Owen	Atlantic Shores Christia	42.13
4	Lane, Griff	Cape Henry Collegiate	42.41
5	Hamilton, Kingston	Davis Middle School	44.08
6	Garran, Chris	Cape Henry Collegiate	44.92

Section 2 of 3

1	Ford, Jace	Atlantic Shores Christia	49.64
2	Kinney, Aydan	Norfolk Christian	47.42
3	Jackson, Connor	Atlantic Shores Christia	45.00
4	Nguyen, Nathan	Nansemond-Suffolk Ac	47.10
5	Hodge, Rolstan	Norfolk Christian	48.80
6	Huf, Maxwell	Atlantic Shores Christia	50.00

Section 3 of 3

1	Hammond, Nate	Nansemond-Suffolk Ac	1:01.13
2	Fellner, Ashton	Norfolk Christian	54.57
3	McClure, John	Norfolk Academy	50.27
4	Williston, Win	Norfolk Academy	51.41
5	Freeman, Tucker	Norfolk Christian	56.04
6	Marchette, Joey	Atlantic Shores Christia	1:01.76

#31 Girls 3200 Meters (Varsity)

S	Series Record	10:44.97	Julia Lambert	12/6/2016
---	---------------	----------	---------------	-----------

6:48 PM

Lane	Name	Team	Time
------	------	------	------

Section 1 of 1

1	Nunziata, Josie	Stonebridge School	11:39.42
2	Jones, Alex	Nansemond-Suffolk Ac	13:16.22
3	Lynch, Rachel	Stonebridge School	14:01.99

#30 Boys 3200 Meters (Varsity)

S	Series Record	9:45.07	Michael McKnew	1/25/2024
---	---------------	---------	----------------	-----------

6:48 PM

Lane	Name	Team	Time
------	------	------	------

Section 1 of 1

1	Reed, Sammy	Norfolk Christian	10:20.49
2	Bekele, Kaleb	Stonebridge School	10:57.32
3	Kuhre, Kawika	Northeastern	11:11.02
4	Presnell, Sebastian	Cape Henry Collegiate	11:30.00
5	Barrett, Brady	Cape Henry Collegiate	11:35.51
6	Coleman, Michael	Cape Henry Collegiate	11:50.53
7	Lillard, Henri	Cape Henry Collegiate	12:00.00
8	Tomeu, Graham	Cape Henry Collegiate	12:00.00
9	Fitzgerald, Brennan	Nansemond-Suffolk Ac	12:44.53

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#46 Girls 4 x 400m Relay (Varsity)**

S Series Record 4:22.57 Northeastern 1/30/2024

7:03 PM

Lane	Team	Time
Section 1 of 1		
1	Norfolk Christian (A)	4:17.33
2	Stonebridge School (A)	4:38.36
3	Catholic High School (A)	4:41.22
4	Nansemond-Suffolk Academy (A)	4:41.82
5	Atlantic Shores Christian (A)	4:53.68

#43 Boys 4 x 400m Relay (Varsity)**7:09 PM**

Lane	Team	Time
Section 1 of 1		
1	Northeastern (A)	3:52.97
2	Pasquotank County (A)	4:02.38
3	Catholic High School (A)	4:02.44
4	Nansemond-Suffolk Academy (A)	4:25.32
5	Stonebridge School (A)	4:08.40
6	Norfolk Christian (A)	4:05.75

#44 Boys 4 x 400m Relay (JV 6-8)**7:09 PM**

Lane	Team	Time
Section 1 of 1		
7	Norfolk Christian (A)	4:05.75

#50 Boys High Jump (Varsity)

S Series Record 6' 6" Jordan Jones 1/27/2020

Lane	Name	Team	Mark
Flight 1 of 1			
1	Christian, Owen	Norfolk Academy	4' 2"
2	Cowan, Barrett	Nansemond-Suffolk Ac	4' 10"
3	Fornes, Riley	Norfolk Academy	5' 0"
4	Crutch, Aaron	Northeastern	5' 2"
5	Marchigiani, Alfred Jose	Stonebridge School	5' 2"
6	Falk, Chase	Norfolk Academy	5' 4"
7	Wilson, Chris	John A. Holmes	5' 4"
8	Felton, Micah	John A. Holmes	5' 4"
9	Brown, Mason	Cape Henry Collegiate	5' 4"
10	Kumar, Sajan	Norfolk Academy	5' 4"
11	Cheshire, Daniel	Cape Henry Collegiate	5' 6"
12	Pruden, Isaiah	Northeastern	5' 6"
13	Basnight, Ja'marion	John A. Holmes	5' 6"
14	Thomas, Jamal	Nansemond-Suffolk Ac	5' 8"
15	Hinshelwood, Owen	Stonebridge School	5' 8"
16	Lowe, Max	Catholic High School	5' 8"
17	Leary, Tye'von	Northeastern	5' 10"

#50 Boys High Jump (Varsity) (cont'd)

Lane	Name	Team	Mark
18	Lewis, Dylan	Cape Henry Collegiate	6' 0"

#52 Girls High Jump (Varsity)

S Series Record 5' 5" Nadia Khoury 12/3/2013

Lane	Name	Team	Mark
Flight 1 of 1			
1	Mulkey, Lia	Cape Henry Collegiate	4' 0"
2	Vaughan, Cambree	John A. Holmes	4' 0"
3	Gilbert, McKenzie	Nansemond-Suffolk Ac	4' 2"
4	Sharp, Kelly	Cape Henry Collegiate	4' 2"
5	Cazedessus, Elizabeth	Catholic High School	4' 4"
6	Cannon, Taniya	Stonebridge School	4' 6"
7	McCloskey, Kate	Catholic High School	4' 6"
8	Shepard, Bella	Catholic High School	4' 8"
9	Gebara, Jasmine	Atlantic Shores Christia	4' 8"
10	Ofole, Zara	Stonebridge School	5' 0"

#54 Boys Pole Vault (Varsity)

S Series Record 15' 0" Ryan Wright 1/14/2025

Lane	Name	Team	Mark
Flight 1 of 1			
1	Kumar, Sajan	Norfolk Academy	6' 0"
2	Salib, Andrew	Norfolk Academy	6' 6"
3	Nyandoro, Vanesu	Atlantic Shores Christia	7' 0"
4	Harris, Matthew	Atlantic Shores Christia	7' 0"
5	Wiegert, Max	Atlantic Shores Christia	7' 0"
6	Larsen, Noah	Atlantic Shores Christia	7' 6"
7	Repole, Alex	Norfolk Academy	10' 9"
8	Guzik, Finn	Norfolk Academy	11' 0"

#59 Girls Pole Vault (Varsity)

S Series Record 11' 6" Rylee Coates 12/16/202

Lane	Name	Team	Mark
Flight 1 of 1			
1	Slauson-Blevins, Reaga	Norfolk Academy	5' 0"
2	Prakash, Hadie	Atlantic Shores Christia	6' 0"
3	Wiegert, Audrey	Atlantic Shores Christia	6' 0"
4	Griffin, Caroline	Atlantic Shores Christia	6' 6"
5	Davis, Sierra	Atlantic Shores Christia	7' 0"

#60 Boys Long Jump (Varsity)

S Series Record 23' 1" Joshua Thomas 1/24/2012

Lane	Name	Team	Mark
Flight 1 of 2			
1	Shearin, Kellan	Nansemond-Suffolk Ac	16' 8.25"
2	Falk, Chase	Norfolk Academy	17' 4"
3	Lacorte, Jackson	Catholic High School	17' 6"
4	Woodard, Terrel	Pasquotank County	17' 7"

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#60 Boys Long Jump (Varsity) (cont'd)**

Lane	Name	Team	Mark
5	Sylvester, Daniel	Pasquotank County	17' 8"
6	Cheshire, Daniel	Cape Henry Collegiate	17' 8"
7	Simmons, Courtland	Norfolk Academy	18' 1.50"
8	Nwafor, Chima	Stonebridge School	18' 6.25"
9	Basnight, Ja'marion	John A. Holmes	18' 7"
10	Lane, Rj	Nansemond-Suffolk Ac	18' 7.75"
11	Lewis, Dylan	Cape Henry Collegiate	19' 1"
12	Brown, Mason	Cape Henry Collegiate	19' 4"
13	Felton, Micah	John A. Holmes	19' 8.25"
14	Ferebee, Christian	Northeastern	20' 6.25"
15	Thomas, Jamal	Nansemond-Suffolk Ac	21' 10.25"

Flight 2 of 2

1	Sigmon, Kade	Stonebridge School	13' 1.50"
2	Warburton, Max	Norfolk Academy	14' 4"
3	McNeil, Jayden	John A. Holmes	14' 5.25"
4	Kass, Jonah	Norfolk Academy	14' 6.75"
5	Carofino, Timmy	Norfolk Academy	14' 10"
6	Gonzalez, Levi	Stonebridge School	15' 2"
7	McClung, Kellan	Stonebridge School	15' 2.75"
8	Bratsiankou, Mikhail	Cape Henry Collegiate	15' 5"
9	Marchigiani, Alfred Jose	Stonebridge School	16' 2.75"

#61 Boys Long Jump (JV 6-8)

Lane	Name	Team	Mark
Flight 1 of 1			
1	Work, Andrew	Nansemond-Suffolk Ac	11' 5"
2	Branch, Tripp	Nansemond-Suffolk Ac	11' 8.75"
3	Melton, Ryder	Nansemond-Suffolk Ac	11' 11.50"
4	Williston, Win	Norfolk Academy	13' 1.75"
5	Jackson, Connor	Atlantic Shores Christia	13' 11"
6	Chouraqui, Noah	Norfolk Academy	14' 2"
7	Hammond, Nate	Nansemond-Suffolk Ac	14' 2"
8	Cash, Collin	Nansemond-Suffolk Ac	14' 2"
9	Sallee, Sean	Atlantic Shores Christia	16' 5.75"
10	Rumsey, Owen	Atlantic Shores Christia	17' 0.75"

#66 Boys Triple Jump (Varsity)

S Series Record 45' 2" Wonderful Banks 2/4/2020

Lane	Name	Team	Mark
Flight 1 of 2			
1	Cowan, Barrett	Nansemond-Suffolk Ac	35' 2.75"
2	Pruden, Isaiah	Northeastern	35' 4.50"
3	Lewis, Dylan	Cape Henry Collegiate	35' 8.50"
4	Falk, Chase	Norfolk Academy	36' 9.50"
5	Adolphe, Dwayne	Northeastern	37' 5.50"
6	Cheshire, Daniel	Cape Henry Collegiate	38' 9"
7	Wilson, Chris	John A. Holmes	40' 2.75"

#66 Boys Triple Jump (Varsity) (cont'd)

Lane	Name	Team	Mark
8	Brown, Mason	Cape Henry Collegiate	40' 7"
9	Felton, Micah	John A. Holmes	40' 7"
10	Nwafor, Chima	Stonebridge School	42' 5.25"
11	Ferebee, Christian	Northeastern	43' 0"
12	Thomas, Jamal	Nansemond-Suffolk Ac	47' 2.25"

Flight 2 of 2

1	McClung, Kellan	Stonebridge School	26' 0"
2	Parkerson, Lawrence	Stonebridge School	26' 10"
3	Marchigiani, Alfred Jose	Stonebridge School	33' 1"
4	Hinshelwood, Owen	Stonebridge School	34' 8.50"
5	Work, Michael	Nansemond-Suffolk Ac	34' 11.50"

#65 Boys Triple Jump (JV 6-8)

Lane	Name	Team	Mark
Flight 1 of 1			
1	Patel, Ayaan	Norfolk Academy	32' 0"
2	Rumsey, Owen	Atlantic Shores Christia	33' 8.75"
3	Sallee, Sean	Atlantic Shores Christia	34' 11.75"

#64 Girls Long Jump (Varsity)

S Series Record 18' 11.50" Jahnelle Saunders 1/5/2021

Lane	Name	Team	Mark
Flight 1 of 2			
1	Kampmann, Alyssa	John A. Holmes	12' 9"
2	DeVita, Raegan	Stonebridge School	12' 9"
3	Sharp, Kelly	Cape Henry Collegiate	13' 0"
4	O'Connor, Macy	Catholic High School	13' 0"
5	Cannon, Taniya	Stonebridge School	13' 7"
6	Ofole, Chiamaka	Stonebridge School	13' 9.50"
7	Capehart, Yezra	John A. Holmes	13' 10.50"
8	Seidensticker, Margaret	Catholic High School	14' 6"
9	Butler, Le' Onna	Pasquotank County	14' 9.50"
10	Ware, Lila	Norfolk Academy	14' 10"
11	Smith, Imani	Catholic High School	15' 6"
12	Gebara, Jasmine	Atlantic Shores Christia	15' 7"
13	Hammond, Miranda	Nansemond-Suffolk Ac	16' 1.50"
14	Kulow, Taylor	Norfolk Academy	16' 6.75"
15	Kuhre, Makae'Lee	Northeastern	17' 2.50"

Flight 2 of 2

1	Wong, Emily	Norfolk Academy	8' 9"
2	Christensen, Kamryn	Atlantic Shores Christia	11' 1"
3	Covill, Zoe	Stonebridge School	11' 3.50"
4	Boatwright, Sharonda	John A. Holmes	11' 7"
5	Just, Christina	Atlantic Shores Christia	12' 1"
6	Bunch, Ava	John A. Holmes	12' 8"
7	Mulkey, Lia	Cape Henry Collegiate	12' 8.50"
8	Carter, Zoe	Stonebridge School	12' 9"

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#63 Girls Long Jump (JV 6-8)**

Lane	Name	Team	Mark
------	------	------	------

Flight 1 of 1

1	Pittman, Kendall	Nansemond-Suffolk Ac	15' 3"
---	------------------	----------------------	--------

#67 Girls Triple Jump (Varsity)

S	Series Record	38' 2.50"	Jordan Hardy	1/17/2017
---	---------------	-----------	--------------	-----------

Lane	Name	Team	Mark
------	------	------	------

Flight 1 of 2

1	Ofole, Chiamaka	Stonebridge School	25' 2.50"
2	Butler, Le' Onna	Pasquotank County	25' 9.25"
3	Ware, Lila	Norfolk Academy	27' 1"
4	Vitug, Gabby	Catholic High School	27' 2"
5	Mulkey, Lia	Cape Henry Collegiate	28' 0"
6	Sharp, Kelly	Cape Henry Collegiate	29' 1"
7	Bunch, Ava	John A. Holmes	29' 2"
8	Cannon, Taniya	Stonebridge School	30' 0"
9	Gebara, Jasmine	Atlantic Shores Christia	32' 4"
10	Saunders, Amoni	Northeastern	32' 10"
11	Hammond, Miranda	Nansemond-Suffolk Ac	33' 2.50"
12	Kulow, Taylor	Norfolk Academy	35' 3"

Flight 2 of 2

1	Carter, Zoe	Stonebridge School	NM
2	Covill, Zoe	Stonebridge School	NM
3	Kampmann, Alyssa	John A. Holmes	25' 0"
4	Just, Christina	Atlantic Shores Christia	25' 0"
5	Ofole, Zara	Stonebridge School	25' 0"

#68 Boys Shot Put (Varsity)

S	Series Record	61' 5"	Junior Payton-Kimble	1/8/2024
---	---------------	--------	----------------------	----------

Lane	Name	Team	Mark
------	------	------	------

Flight 1 of 3

1	Willman-Johnson, Willia	Nansemond-Suffolk Ac	33' 0.50"
2	Hamilton, Landon	Nansemond-Suffolk Ac	33' 3"
3	Mahl, Drew	Catholic High School	34' 0"
4	Jones, Leo	Norfolk Academy	34' 0"
5	Nixon, John	Norfolk Christian	34' 6.50"
6	Bach, Zach	Cape Henry Collegiate	35' 1.75"
7	Ford, Brycen	Atlantic Shores Christia	35' 8.50"
8	Ha, Yechan	Norfolk Christian	36' 9.75"
9	Rubino, Tyler	Cape Henry Collegiate	36' 10.50"
10	Tisdale, Tyler	Atlantic Shores Christia	37' 0"
11	Ankley, Chris	Catholic High School	41' 11"

Flight 2 of 3

1	Pruden, Isaiah	Northeastern	28' 9"
2	Bratsiankou, Mikhail	Cape Henry Collegiate	28' 10"
3	Stewart, Samuel	Catholic High School	29' 0.50"
4	Hills, Cayden	Nansemond-Suffolk Ac	29' 6.50"
5	Lebrecht, Hampton	Nansemond-Suffolk Ac	30' 3"

#68 Boys Shot Put (Varsity) (cont'd)

Lane	Name	Team	Mark
------	------	------	------

6	Jimenez, Ryder	Catholic High School	30' 9.50"
7	Andrews, Parks	Norfolk Academy	31' 2"
8	Fawcett, Owen	Nansemond-Suffolk Ac	31' 11"
9	Johnson, II, Tony	Northeastern	32' 5"
10	Ferebee, Javion	Pasquotank County	32' 10"

Flight 3 of 3

1	Payne, Logan	Norfolk Christian	22' 1.50"
2	Scholl, Bryson	Stonebridge School	22' 10"
3	Barnes, Cayden	Stonebridge School	22' 11.50"
4	Owens, Kaishaun	Pasquotank County	24' 11.50"
5	Martin, David	Norfolk Academy	26' 4"
6	Organ, Micah	Atlantic Shores Christia	27' 1"
7	Desai, Caelus	Cape Henry Collegiate	27' 2.50"
8	Miller, Linkin	Atlantic Shores Christia	27' 5"
9	Washington, Joshua	Stonebridge School	27' 6"
10	Sessoms, Treyvon	Northeastern	27' 7"
11	Washington, Caleb	Stonebridge School	27' 11"

#69 Boys Shot Put (JV 6-8)

Lane	Name	Team	Mark
------	------	------	------

Flight 1 of 1

1	Carpenter, Brody	Nansemond-Suffolk Ac	16' 6.50"
2	Butler, Jackson	Norfolk Christian	16' 8"
3	Holden, Braxton	Nansemond-Suffolk Ac	18' 3"
4	Benitez, Bryce	Atlantic Shores Christia	18' 4.50"
5	Webb, Jack	Nansemond-Suffolk Ac	19' 11.50"
6	Lyerly, Alex	Atlantic Shores Christia	20' 3"
7	Baur, Charlie	Nansemond-Suffolk Ac	21' 1"
8	Murphy, Anthony	Norfolk Christian	21' 4"
9	Gossman, Nathaniel	Atlantic Shores Christia	22' 2"
10	Landis, Jackson	Atlantic Shores Christia	22' 7"
11	Denmark, Aiden	Norfolk Christian	25' 1.50"
12	Hyvarinen, Timothy	Atlantic Shores Christia	27' 3.50"

#71 Girls Shot Put (Varsity)

S	Series Record	40' 5"	Ashley Lindsey	1/10/2022
---	---------------	--------	----------------	-----------

Lane	Name	Team	Mark
------	------	------	------

Flight 1 of 2

1	Hammond, Miranda	Nansemond-Suffolk Ac	24' 2"
2	Wallace, Christina	Nansemond-Suffolk Ac	24' 8.50"
3	Carpenter, Zoey	Nansemond-Suffolk Ac	26' 0.75"
4	Hoskins, Taniyah	Stonebridge School	26' 3"
5	Bernstein, Alex	Cape Henry Collegiate	27' 0.25"
6	Glasper, ZaMiya	Northeastern	28' 4"
7	Lundquist, Anya	Catholic High School	29' 5"
8	Waldemar, Evangeline	Atlantic Shores Christia	29' 6"
9	Fadairo, Tife	Atlantic Shores Christia	32' 0"

LAMPERT TIMING MEET #9

Hampton, VA

Boo Williams Sportsplex

Tuesday, January 27, 2026

MEET OFFICIALS**Meet Director:**

Zach Lampert

**OFFICIAL MEET REPORT**

printed: 1/27/2026 11:19 AM

START LIST**#71 Girls Shot Put (Varsity) (cont'd)**

Lane	Name	Team	Mark
10	Smith, Kelse	Atlantic Shores Christia	32' 3"
11	Michel, Kyiah	Atlantic Shores Christia	34' 0"

Flight 2 of 2

1	Pope, Sara	Catholic High School	16' 0"
2	Litkowski, Lauren	Catholic High School	16' 9"
3	Carter, Zoe	Stonebridge School	17' 0"
4	Freshwater, Makiya	Northeastern	20' 0"
5	Hogan, Evey	Nansemond-Suffolk Ac	20' 0"
6	Devers, Lexi	Nansemond-Suffolk Ac	20' 6.75"
7	Spruill, Amiya	John A. Holmes	21' 11"
8	Dininy, Leylana	Cape Henry Collegiate	23' 3"
9	Northrop, Maiya	Norfolk Christian	23' 5.50"
10	Schmid, Lauren	Atlantic Shores Christia	23' 6"

#72 Girls Shot Put (JV 6-8)

Lane	Name	Team	Mark
Flight 1 of 1			
1	Elder, Sophia	Norfolk Christian	14' 4"
2	Payne, Maddie	Norfolk Christian	16' 0"
3	Startin, Amelia	Norfolk Christian	17' 4.50"
4	Hollowell, Caroline	Norfolk Christian	19' 6.50"
5	Hansen, Leah	Atlantic Shores Christia	19' 9"
6	Kastrounis, Mia	Norfolk Academy	23' 4"
7	McDaniel, Eden	Atlantic Shores Christia	26' 5"

#246 Girls Triple Jump (JV 6-8)

Lane	Name	Team	Mark
Flight 1 of 1			
1	Pittman, Kendall	Nansemond-Suffolk Ac	31' 2"

#190 Boys High Jump (JV 6-8)

Lane	Name	Team	Mark
Flight 1 of 1			
1	Rumsey, Owen	Atlantic Shores Christia	5' 0"
2	Sallee, Sean	Atlantic Shores Christia	5' 2"
3	Jackson, Connor	Atlantic Shores Christia	5' 0"