

2026 PAC-X Middle School League Track Championships

Friday, March 27, 2026

SCHEDULE

2:00 - PM Coaches' Meeting

2:35 - Field Events Session 1

Girls Long Jump, Boys Discus, Girls Shot, Boys Triple Jump, Girls High Jump (Girls Triple Jump to start after Boys Triple Jump), Pole Vault Exhibition

We will be on a rolling schedule: This means we could get ahead of schedule. Standard order is girls followed by boys for all events.

3:00 - 3200m .

4:15 - Field Events Session 2

Boys High Jump, Boys Long Jump, Boys Shot, Girls Discus

Rolling Schedule

4 x 800m Relay Exhibition

4 x 100m Relay

100m Hurdles

100m Dash

4 x 200m Relay Exhibition

1600m Run

400m Dash

800m Run

200m Dash

300m Hurdles Exhibition

4 x 400m Relay