



TRACK & FIELD

High School Ice Breaker SATURDAY, January 17th, 2026 — MEET SCHEDULE

9:00 A.M.	FIELDHOUSE OPENS	Please check in 20 minutes before your event
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Rolling Schedule

FIELD EVENT SCHEDULE:

11:00 A.M.	HIGH JUMP FOLLOWED BY SHOT PUT FOLLOWED BY WEIGHT THROW	(GIRLS AND BOYS AT THE SAME TIME) (GIRLS AND BOYS AT THE SAME TIME) 3 throws, top 8 to finals (GIRLS THEN BOYS) 3 throws, top 8 to finals
11:00 A.M.	LONG JUMP FOLLOWED BY TRIPLE JUMP	(BOYS THEN GIRLS) 3 jumps, top 8 to finals (BOYS THEN GIRLS) 3 jumps, top 8 to finals
11:00 A.M.	POLE VAULT	(GIRLS THEN BOYS)

12:20 P.M.	NATIONAL ANTHEM	Please check in 20 minutes before your event
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Rolling Schedule

TRACK EVENT SCHEDULE:

12:30 P.M.	4x200m RELAY (GIRLS THEN BOYS)
	55m HURDLE PRELIMS (GIRLS THEN BOYS) top 16 to finals
	55m DASH PRELIMS (GIRLS THEN BOYS) top 16 to finals
	4x800m RELAY (GIRLS THEN BOYS) *will combine if possible
	55m HURDLE FINALS (GIRLS THEN BOYS)
	55m DASH FINALS (GIRLS THEN BOYS)
	1600m RUN (GIRLS THEN BOYS)
	400m DASH (GIRLS THEN BOYS)
	800m DASH (GIRLS THEN BOYS)
	200m DASH (GIRLS THEN BOYS)
	3200m RUN (GIRLS THEN BOYS) *will combine if possible
	4x400m RELAY (GIRLS THEN BOYS)

***** Schedule Subject To Change *****