

District 19-3A Cross Country Meet

2025 *** Need updated schedule.(I have updated dates, but not sure if timing is correct)**

District Host: Cameron ISD

Meet Director:

Timing Company: Pro-Fit Race Timing

Date: Monday, October 6th JV/Varsity
Saturday, October 4th, MS

Location: Cameron

Make-up Days: October 9th, 2024???

Schedule Oct. 6th:

Packet Pickup	7:45-8:50 am
Workers Meeting	8:25-8:30 am
Varsity Girls	9:00 am
Varsity Boys	9:30 am
JV Girls	10:00 am
JV Boys	10:30 am
Awards Ceremony	11:05 am

Schedule Oct. 4th:

Packet Pickup	7:45-8:50 am
Workers Meeting	8:25-8:30 am
JH Girls	9:00 am
JH Boys	9:30 am
Awards Ceremony	10:05 am

Distances:

High School Girls	3200 meters
High School Boys	5000 meters
Junior High	3200 meters

Team Limit: Each school may enter one varsity team comprised of a minimum of 5 and a maximum of 7 runners. Junior varsity and junior high may enter one team of a minimum of 5 runners. A school may enter less than 5 runners, but will only run as individuals.

Team Score: The first 5 finishers on each team will count for the total team score. A school may enter less than 5 runners; however, it can not compete for team standings.

Awards: Academy HS will order all awards. Plaques and individual championship medals will be given to the top 2 teams in all divisions. Medals will be given to the top 3 teams in all divisions. Individual medals will be given to the top 10 runners in each division with the exception of the Junior High division. Top 10 medals will be given for both 7th & 8th grade individually in the JH divisions (40 JH medals total). The 7th & 8th grade runners will still be combined for team points in the JH divisions.

Entries: Entries are due Tuesday, October 3rd JH and Thursday, October 5th HS, 5 days prior to the district meet. Varsity Eligibility should already be in using UIL Portal. All entries will be completed online using tx.milesplit.com

Miscellaneous: Each competing school will supply ONE worker for each event. Athletes must run in the appropriate division. UIL rules apply.