



**LCU Course Preview
October 4th 2025
LCU Cross Course
2611 Frankford Ave Lubbock Texas 79407**

Junior High Race:

2 Mile

High School Race:

5k for JV and Varsity Boys

5k for Varsity Girls

2M for JV Girls

Time (these are tentative):

8:15am HS Girls 2M

8:45am HS Boys 5k

9:15am JV Girls 2M

9:45am JV Boys 5k and Varsity Girls 5k

10:15am JH Girls 2M

10:45am JH Boys 2M

11:15am Elementary Mile

Entries:

All entries will be through Milesplit and close Sept 30th Tuesday at Noon.

Please create an account now if you don't already have one.

Cost:

HS \$14 per athlete up to \$140 per gender

JH \$10 per athlete up to \$100 per gender.

Max Total per school district would be \$480

Checks only, made out to:

LCU Cross Country

Checks can be brought to meet or mailed to:

Leigh Cordes - LCU Athletics

5601 19th Street

Lubbock Texas 79407

Receipts will be provided at meet - no refunds -Entry fee is based off of final entries submitted.

Awards:

Top team and top 3 finishers for JH/HS Boys/Girls Divisions. Top 15 in all races will get recognized over the PA system and in addition to receiving a top 15 medal.

Timing:

We will have chip timing with back-up system(s) in place.

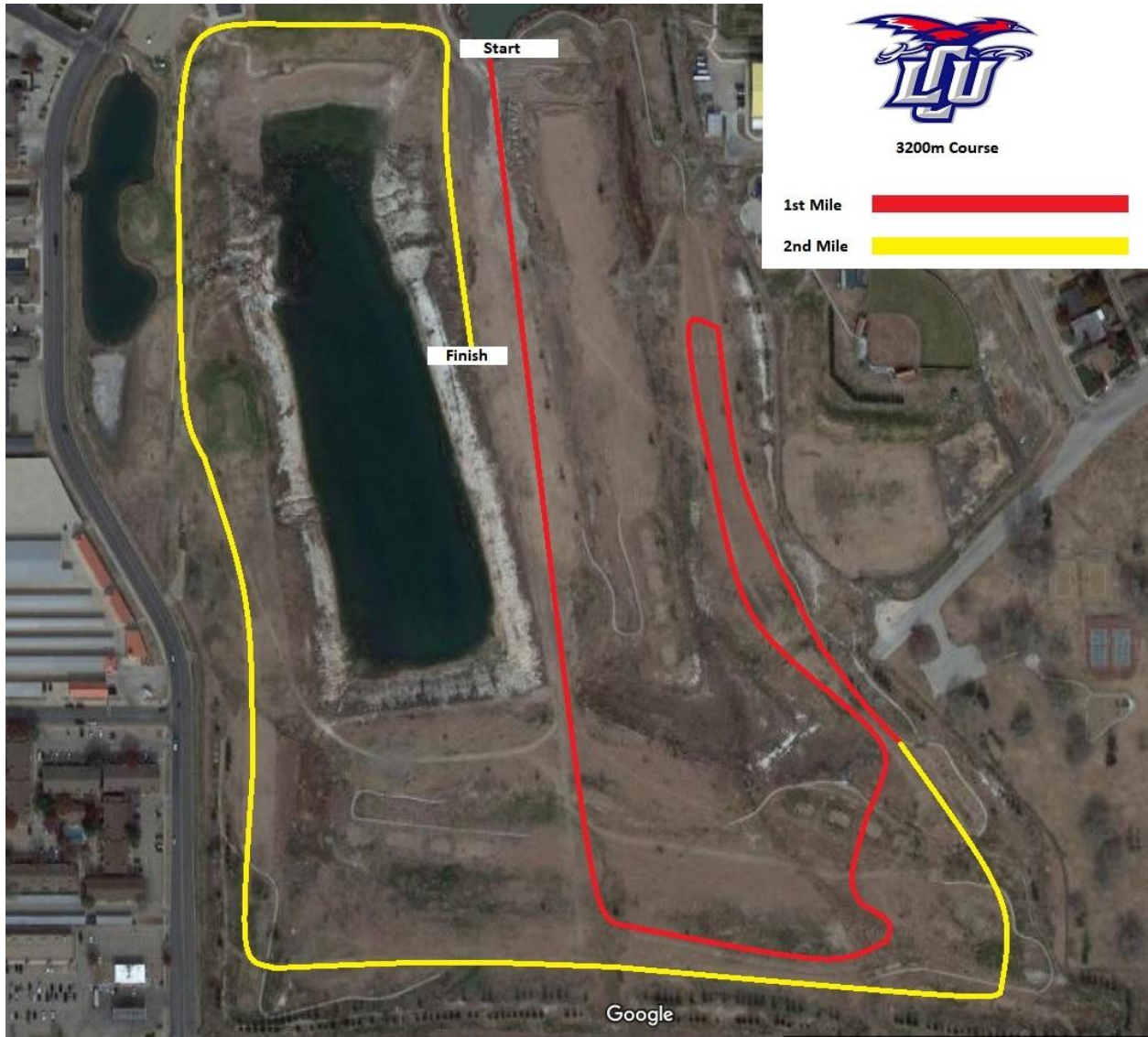
Course:

A mixture of flat and rolling hills. This course will challenge runners but will vary enough that it will keep the runners focused and engaged. Great ability for spectators to see the overwhelming majority of the race without having to move around much.

Questions:

Please direct questions and comments to leigh.cordes@lcu.edu and I will respond back as quickly as possible.





3200m Course

1st Mile



2nd Mile

