



**Southeast/East District Track & Field
Division I District Championships
Monday, May 19, 2025**

4:00 p.m. - Field Events- Preliminary Trials and Finals

Boys Discus	(Prelims: 1-1-1)	(Finals: 1-1-1)
Girls Shot Put	(Prelims: 1-1-1)	(Finals: 1-1-1)
Boys Long Jump	(Prelims: 1-1-1)	(Finals: 1-1-1)
Girls High Jump		
Boys Pole Vault		

5:30 p.m. - Track Events – Rolling Schedule

Unless otherwise noted, advancement from semifinals to finals will be the best eight overall times from all heats.

Girls	4 x 800m Relay	FINAL
Boys	4 x 800m Relay	FINAL

Girls	100m Hurdles (33") semifinals
Boys	110m Hurdles (39") semifinals

Girls	100m Dash semifinals
Boys	100m Dash semifinals

Girls	4 x 200m Relay semifinals	Eight entries. Will be contested as final on Thursday.
Boys	4 x 200m Relay semifinals	

Girls	1600m Run semifinals	Semis will not be contested
Boys	1600m Run semifinals	Semis will not be contested

Girls	4x100m Relay semifinals
Boys	4x100m Relay semifinals

Girls	400m Dash semifinals
Boys	400m Dash semifinals

Girls	300m hurdles (30") semifinals
Boys	300m hurdles (36") semifinals

Girls	800m Run semifinals	Semis will not be contested.
Boys	800m Run semifinals	Semis will not be contested.

Girls	200m Dash semifinals
Boys	200m Dash semifinals

Girls	4 x 400m Relay semifinals
Boys	4 x 400m Relay semifinals

- 1) The first semifinal heat of the girls and boys 4 x 100 relay may begin no sooner than 15 minutes AFTER the beginning of the first semifinal heat of the girls and boys 4 x 200 relay
- 2) The first semifinal heat of the girls and boys 4 x 400 relay may begin no sooner than 20 minutes AFTER the beginning of the first semifinal heat of the girls and boys 200 M Dash (same for boys)



**Southeast/East District Track & Field
Division 1I District Championships
Thursday, May 22, 2025**

4:00 p.m. Field Events- Preliminary Trials and Finals

Girls Discus	(Prelims: 1-1-1)	(Finals: 1-1-1)
Boys Shot Put	(Prelims: 1-1-1)	(Finals: 1-1-1)
Girls Long Jump	(Prelims: 1-1-1)	(Finals: 1-1-1)
Boys High Jump		
Girls Pole Vault		

5:30 p.m. Track Events – Finals

5:30	Girls	100m Hurdles (33")
5:35	Boys	110m Hurdles (39")
5:40	Girls	100m Dash
5:42	Boys	100m Dash
5:45	Girls	4 x 200 Relay
5:55	Boys	4 x 200 Relay
6:05	Girls	1600m Run
6:15	Boys	1600m Run
6:25	Girls	4 x 100m Relay
6:30	Boys	4 x 100m Relay
6:35	Girls	400m Dash
6:40	Boys	400m Dash
6:45	Girls	300m Hurdles (30")
6:50	Boys	300m Hurdles (36")
6:55	Girls	800m Run
7:00	Boys	800m Run
7:05	Girls	200m Dash
7:10	Boys	200m Dash
7:15	Girls	3200m Run
7:30	Boys	3200m Run
7:45	Girls	4 x 400m Relay
7:55	Boy	4 x 400m Relay