

“Future 7” XC Invitational

Tuesday October 28th 2025

Location: Ocean County Park

Ocean County Park is located minutes off of the Garden State Park in Lakewood, NJ. The course is a 2 loop, flat course over mostly grasses. The course is home to the Ocean County & Shore Conference Championships.

Sponsored by: Jackson XC - Come see WHO your FUTURE 7 are!!

Races

- ALL races will be 5,000M
- Additional races MAY BE added if needed.

Awards

- Medals to top 30 in each race

Entries- We will be using ON-LINE-ENTRY at Njmilesplit.com

- All on-line entries are due by midnight on **Friday October 24th**
- After entry is complete-PLEASE-Print invoice and give to AD for payment
- ONLY those athletes entered on-line will be permitted to run
- NO athletes will be ADDED after the entry deadline or the day of the event

Entry Fees

- \$12.00 per individual for all levels
- \$300.00 Max entry per team per gender
(\$600 MAX for Boys & Girls Teams)

Questions/Issues contact

Stephen Theobald
Meet Director
Phone: 908-433-3570

Email: stheobald@jacksonsd.org

Send ALL Checks to:

Stephen Theobald
2160 Gladfield Drive
Wall, NJ 07719

CHECKS payable to: “Jackson Track Club

Tuesday October 28th 2025

“Future 7” Invitational

Meet Schedule: ALL races are 5,000M

(Time Schedule subject to change depending on # of entry)

		<u># of Entries</u>
Girls	4:00 PM	_____
Boys	4:20 PM	_____

Of Boys Entries _____ **x \$12.00 = Total:** _____

Of Girls Entries _____ **x \$12.00 = Total:** _____

Full Boys Team: \$300 _____ **Full Girls Team \$300** _____

(**Note: If paying for a FULL team please give an estimate of how **MANY** runners in each race!!)

Total amount: \$ _____

Make Checks payable to: “Jackson Track Club”

School Name: _____ **Coach:** _____

School Address: _____

School AD Phone #: _____ **Coach's Phone #:** _____

Coach's email: _____

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Coaches Notes:

OCP does **NOT charge us** to use the park but they have RULES that we MUST follow:

- **NO BUSES** permitted in the park on race day
 - Drop off/Pick-up is at **BACK ENTRANCE** to the park off of RIDGE AVE. (Next to Lakewood High School Track). Coaches and competitors must walk through the trail to the race area.
 - Limited bus parking is available at Lakewood Middle/High School/Track Area
- **NO TENTS**
- All teams must use the porta johns located behind the start area
- Please advise your athletes/parents that ALL buildings in the park are off limits
- Teams **MUST** clean their camp area before leaving

Additional notes:

- Each athlete will be assigned a race number (Bib). (Please bring your own pins)
- **Park CLOSES at 5:30 PM.** We **MUST** be out of the park by then.