

SANDUSKY BAY CONFERENCE TRACK AND FIELD MEET

GIBSONBURG HIGH SCHOOL TRACK

TUESDAY, MAY 13TH, 2025 (Bay and River Divisions)

Field Events 3:30PM/Running Events 5:00PM

FRIDAY, MAY 16TH, 2025 (Lake, Bay, River Divisions)

Field Events 3:30PM/Running Finals 5:00PM

1. All entries will be done online via MileSplit. Please visit MileSplit website to familiarize yourself with how the entry process works. The entry window is currently open until Monday, May 12th. The online window will close at 11:00AM on Monday, May 12th. Late scratches should be emailed to tmurr2005@gmail.com by 12:00PM on Tuesday, May 13th for Tuesday events.
Late scratches can be emailed to tmurr2005@gmail.com until Thursday, May 15th, up to 9:00PM for Friday's events. Any emergency scratches on May 13th or May 16th need to be done in the press box as you arrive.
2. Team Drop-Off and Bus Parking: Buses will drop off at the main gate and will park behind the home side bleachers.
3. Team Areas/Camps: Teams may set up their camps in grassy areas at the west end of the stadium (south of bus parking). Camps may be under the bleachers if necessary.
4. Bullpen/Check-In: All running events will check in at the spur located on the concession stand side of the track.
5. Flats or shoes with a maximum of ¼" spikes are permitted on the surface.
6. Contestants must wear school issued uniforms. We will follow the National Federation for tights and undershirts, especially relay teams. There is to be no lettering on undershirts. Please follow the rules on number of logos.
7. Shot and Discus: 3 throws in preliminaries; top 9 go to finals; 3 throws in finals; all 6 throws count in the final results. Implement weigh-ins will be at the tent near the pole vault pit. Weigh ins will be from 2:30-3:00.
8. Long Jump: Open Pit for prelims and finals from 3:30-4:30 for girls
Open Pit for prelims and finals from 4:30-5:30 for boys
*Finals will be run at the conclusion of the prelim jumps
*3 Jumps in prelims; top 9 advance to finals for 3 more jumps; all 6 jumps count in final results
9. Pole Vault: Boys will start at TBD and go up 6" increments until completion.
Girls will start at TBD and go up 6" increments until completion.
When one jumper is left, then he/she can determine height increments to finish.
Pole Vault check-in from 2:30-3:15 @ event site.
10. High Jump: Will start at TBD for girls and TBD for boys, and move in 2" increments till completion. 5 alive will be utilized.
11. Admission: Charge for both days is \$10.00 for adults and \$5.00 for students.

12. Championship Trophies: Will be presented at midfield at the conclusion of the event.
All SBC Conference Medals: 1st Place (Gold), 2nd Place (Silver), 3rd Place (Bronze)
We will not use an award stand and present awards during the meet. To keep the meet moving in a timely manner, all coaches will be asked to pick up their awards/packets at the conclusion of the meet in the press box.
13. Outstanding Performer Award: There will be (2) outstanding performer awards given out per division. One for the most outstanding runner and for the most outstanding field athlete. Coaches will place their votes at the conclusion of the meet. Ballots will be in your meet day packet. Coaches will be asked to turn these in to the press box at the meet ends. Awards will announced and handed out at the conclusion of the meet.
14. Please mark exchange zones and areas with tennis ball. NO chalk or tape!
Chalk and tape can be used to mark the high jump approach. No marks of any kind can be used on the long jump or pole vault approach surface.
15. Please keep the HJ and LJ areas clear of all non-contestants.
16. The concession stand will be open throughout the event.
17. SBC Track and Field T-shirts will be available on site for purchase.
18. Scoring will be for 8 for open events (10-8-6-5-4-3-2-1) and 6 for relays (10-8-6-5-4-3) for both 6 team divisions and scoring will be 8 for both open events and relay events for River (10-8-6-5-4-3-2-1).
19. Once competition begins, a coach may substitute for an injured or ill athlete only. The athlete being removed may longer participate in the meet.
20. We will follow the state format for advancement to the finals. The top (2) runners from each heat will advance and then the next (4) best times in either heat will also advance.
21. Any questions, contact Tim Murray at 419-307-2384.

GIBSONBURG HIGH SCHOOL TRACK MARKINGS

Girls & Boys 4x800 Meter Relay	WHITE Staggered Start Line - 2-turn stagger - WHITE break line at homestretch
Girls 100 Meter Hurdles	WHITE Start Line - Hurdles on YELLOW marks - 1 hole showing at top (33")
Boys 110 Meter Hurdles	WHITE Start Line - Hurdles on BLUE marks - 3 holes showing at top (39") * Move hurdles BACK after 100 meter hurdles
Girls & Boys 100 Meter Dash	WHITE Start Line
Girls & Boys 4x200 Meter Relay	RED Staggered Start Line - 4-turn stagger - Exchange Zones: Red, Red, Yellow
Girls & Boys 1600 Meter Run	GREEN Staggered Start Line - 1-turn stagger - GREEN break line at backstretch
Girls & Boys 4x100 Meter Relay	WHITE Staggered Start Line - 2-turn stagger - Exchange Zones: All are YELLOW
Girls & Boys 400 Meter Dash	WHITE Staggered Start Line
Girls 300 Meter Hurdles	WHITE Staggered Start Lines - WHITE hurdle marks - hurdles at lowest setting (30")
Boys 300 Meter Hurdles	WHITE Start Lines on Stagger - WHITE hurdle marks - 2 holes showing at top (36")
Girls & Boys 800 Meter Run	WHITE Staggered Start Lines - WHITE break line at homestretch
Girls & Boys 200 Meter Dash	WHITE Staggered Start Lines
Girls & Boys 3200 Meter Run	GREEN Staggered Start Line - 1-turn stagger - GREEN break line at backstretch
Girls & Boys 4x400 Meter Relay	BLUE Staggered Start Line - 3-turn stagger - GREEN break line (#2 Runner) at backstretch * Exchanges: BLUE Triangles; #2 Runner staggered; BLUE/GREEN #3 & 4 Runners Stacked