



Relay Entry Confirmation Sheet

School _____ Boys _____ Girls _____

Invitational _____ Division _____ Region _____ North/South _____ State _____

According to the National Federation Track & Field Rule 4-2-1, a competitor shall not compete in more than four events including relays. Before each relay a copy of this confirmation sheet must be given to the Clerk of the Course before participation at every track meet.

Entries

4 x 100 Meter Relay

1. _____
2. _____
3. _____
4. _____

4 x 200 Meter Relay

1. _____
2. _____
3. _____
4. _____

4 x 400 Meter Relay

1. _____
2. _____
3. _____
4. _____

4 x 800 Meter Relay

1. _____
2. _____
3. _____
4. _____

*This list becomes certified when the head coach signs and delivers this form to the Clerk of the Course. Any changes made during the meet **MUST** be updated on this form prior to the end of the meet!*

Signature of the Head Coach



Pole Vault Confirmation Sheet

Host School _____ Date of Meet _____

Invitational _____ Division _____ Region _____ North/South _____ State _____

According to the National Federation Track & Field Rule 7-4-5

It is the responsibility of the coach to verify that the vaulter will use a pole rated at or above the vaulter's weight and that legal poles have been provided for that competitor.

Each competition shall affirm by his/her signature that he/she will use the properly rated pole throughout the competition.

Vaulter's Name	Vaulter's Initials	Current Weight	Pole Rating	Coach's Signature
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This form must be presented to the event judge before vaulter is eligible to participate.

School _____

District _____ Division _____

Athletic Director _____

Principal _____



Super Region – North/South Track Meet Team Roster Form

School _____ Coach _____

School Phone # _____ Coach's Cell # _____

Class – 1A 2A 3A 4A 5A 6A 7A (circle one) Year _____

Boys _____ Girls _____

Super Region _____ North/South _____

Please print or type entire team in alphabetical order.

Last Name	First Name
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	
16.	
17.	
18.	
19.	
20.	
21.	
22.	
23.	
24.	
25.	
26.	
27.	
28.	
29.	
30.	

Total number of athletes _____ X \$10.00 = \$ _____ total entry fee.
Please make copies of this form if necessary.

**For the Super Region and North/South track meets:
Make check payable to HOST SITE
Mail this entry fee form and check to the HOST SITE**



2025 REGION 2-6A CHAMPIONSHIP

SCHEDULE OF EVENTS

11:00 COACHES MEETING

11:30 FIELD EVENTS

Each school will provide at least one coach to assist in running off a field event.

Long Jump	Boys	Followed by	Girls	WARREN CENTRAL
Triple Jump	Girls	Followed by	Boys	CALLAWAY
High Jump	Boys	Followed by	Girls	NESHOBA CENTRAL
Shot Put	Girls	Followed by	Boys	RIDGELAND
Discus	Boys	Followed by	Girls	COLUMBUS
Pole Vault	Girls	Followed by	Boys	VICKSBURG

11:30 Girls and Boys 4 X 800 METER RELAYS & Girls 3200 METER RUNS

1:00 ALL OTHER RUNNING EVENTS

NOTE: If field events are complete or close to becoming complete, be ready to start running finals prior to 1:00 pm

100 METER HURDLES GIRLS
110 METER HURDLES BOYS
100 METER DASH GIRLS / BOYS
4 X 200 METER RELAY GIRLS / BOYS
1600 METER RUN GIRLS / BOYS
4 X 100 METER RELAY GIRLS / BOYS
400 METER DASH GIRLS / BOYS
300 METER HURDLES GIRLS / BOYS
800 METER RUN GIRLS / BOYS
200 METER DASH GIRLS / BOYS
3200 METER RUN BOYS
4 X 400 METER RELAY GIRLS / BOYS

PRESENTATION OF TROPHIES

- Competitors will be given three (3) throws or jumps with the top six, plus one receiving three (3) additional throws or jumps in the following events: Shot, Discus, Long Jump & Triple Jump
- Competitors competing in the Pole Vault must turn in a **Pole Vault Confirmation Form** to the Pole Vault judge in order to compete.
- Coaches with a team in the relay must turn in a Relay Confirmation Sheet to the clerk of the course. **Any changes made during the meet must be made on the confirmation sheet prior to the end of the meet. This form must be accurate!!!**
- **NO PRELIMINARIES!!** All events will be finals by time!! The **top four (4) participants** in each event will qualify for the regional meet.
- **Each school will provide one coach to assist in running a field event!**
- Scoring will depend on the number of teams competing in each division.

of teams

6

Individual Scoring

10 - 8 - 6 - 4 - 2 - 1

Relay Scoring

10 - 8 - 6 - 4 - 2

- Athletes must compete in a school issued uniform!
- All field events are contested inside the fenced area of the facility. **NO ONE WILL BE ALLOWED INSIDE THESE AREAS EXCEPT ATHLETES PARTICIPATING IN AN EVENT AND COACHES. AFTER THE CONCLUSION OF THE FIELD EVENTS THESE AREAS WILL BE CLEARED.**
- **Teams will warm up in their designated area starting from the end zone near the score board:**
- Spikes: Meet personnel will be set up by the clerk of the course tent to check spikes. Athletes will not be allowed to access the track or the infield area without having the correct spikes in their shoes. **ONLY 1/8 INCH OR 3/16 INCH PYRAMID OR HEX-HEAD SPIKES ARE ALLOWED!!**
- Markers for steps and relay exchanges will be furnished.
- Starting blocks will be provided. Schools will not be allowed to use their own starting blocks.