



**2025 UIL Area Track and Field  
Districts 21-5A and 22-5A  
Friday April 11, 2025  
Traylor Stadium - LCISD**



**General Meet Information:**

- Location – Traylor Stadium, 1000 E Stadium Drive, Rosenberg, TX 77471
- Infield will only be open for warm-ups, contestants need to come to the infield race ready
- Entries will open on April 7<sup>th</sup> and will close on April 10<sup>th</sup>

**Certification:**

- The top 4 finishers in each event from each District Meet will qualify for participation in the Area Meet
- All participants in the UIL Area Track and Field Meet MUST be certified by their District Meet Director by sending complete district meet results to Devin Gabbard, Area Meet Director, at [Charles.gabbard@lcisd.org](mailto:Charles.gabbard@lcisd.org)
- **NOTE: Certified submitted results DO NOT serve as official entries for the Area Meet. Please read carefully and follow the instructions below for submitting entries.**

**Entry Procedures**

- Coaches will be required to submit entries online through TX Mile Split online at: <https://tx.milesplit.com/>
- Entries will close on Thursday, April 10<sup>th</sup> at Noon.
- Entries must include FIRST and LAST name, grade level and event.
- **Times submitted for the running events are to be the times from the district finals race only.**
- Lanes in running events will be assigned based on qualifying performances from the district meet FINALS race only.
- **Performances submitted for the field events are to be the best performances (best mark) from the district meet.**
- Flight order in the field events will be based on the best qualifying performance from the district meet.

**Scratches and Adds – District Meet Directors**

- All Scratches and/or additions must be certified by the District Meet Director.
- Coaches scratching an athlete must contact the District Meet Director and the next place coach.
- The District Meet Director is to verify with the next place coach if the alternate athlete accepts or denies participation at the Area Meet.
- Once verified, the Area Meet Director is to email the information to Devin Gabbard at, [Charles.gabbard@lcisd.org](mailto:Charles.gabbard@lcisd.org) AND Meet Results Coordinator Kevin Roberts at [Keroberts@lcisd.org](mailto:Keroberts@lcisd.org)
- Scratches and Additions will be accepted until Noon, Thursday April 10<sup>th</sup>.

### **Coaches Meeting and Hospitality**

- We will provide a meal for each worker and coach. Coaches and workers will receive meal ticket and can pick up their meal from 6-7:30pm.
- We will have a coaches meeting at 4:15pm that will cover the entire meet.
- For coaches that only have runners we will recap the coaches meeting for the racing portion at 5:30 at the finish line.

### **Officials / Protests**

- Any protest must first be submitted by appeal form to the Meet Official, Tony Warner.
- Further appeals must be submitted in writing on the UIL appeal form to the Jury of Appeals no more than 30 minutes after results of the event have been announced.
- The Jury of appeals will consist of the Athletic Director or District appointed designee from each participating district.

### **Entry Fees**

- Lamar CISD Athletics will pay up front for all meet costs. At the conclusion of the meet the costs will be divided and split between the participating districts..

### **Heat and Flight Packets**

- Heat and Flight packets will be available online at <https://tx.milesplit.com/>
- There will be 2 copies provided at the coaches meeting for each participating school.

### **UIL Meet Guidelines**

- Events will start at the time announced unless delayed by uncontrollable events
- No excuses will be accepted for late arrivals to an event.
- Any contestant who fails for any reason to report at the time an event is announced shall forfeit his/her right to compete.
- Athletes and coaches may utilize electronic devices to aid in the athletes performance so long as the use does not slow down or interfere with the normal flow of the event/meet
- The top 4 finishers of each event will advance to the Regional Meet.
- Coaches will be allowed in designated areas only. Head Coaches will be given a wrist band and allowed access to the athlete warm up area. All other coaches must be behind the flagged areas that are designated for Coaches and Athletes viewing areas

### **Event Results**

- Live meet results will be posted at <https://tx.milesplit.com/>

### **Track Access**

- Each team will be allowed to designate 1 athletic trainer to have field access for treatment
- Access to the track on Thursday will be available prior to the running of the 3200m at 6:00PM. The track will reopen at the conclusion of the 3200 until 7:00 PM.
- Only designated meet officials and meet workers will be allowed on the infield during running events.

- Competing athletes will be allowed access to the track based on the provided schedule

### **Opening Heights**

- Opening Heights for the Field events are below
  - Pole Vault – Girls 6' ; Boys 8'
  - High Jump – Girls 4' ; Boys 5'

### **Implement Weigh-In / Pole Vault Certification**

- Implement Check in for ALL Shot, Discus, and Pole Vault Certification begins at 4pm and will be located at the visitors locker room at the athlete entrance.

### **Timing**

- Finishlynx timing will be used for all races

### **Athlete Check In**

- Athletes can report to the hip check in table 20min before the start of their race to get their hip number and to be escorted onto the field.
- Once on the field athletes will be escorted to the starting clerk
- Relay teams will submit relay cards to the start clerk

### **Awards**

- First through 4<sup>th</sup> place medals will be awarded at the podium.
- Plaques will be awarded to the team champions and runner up.

### **Admission Charge**

- Gate admission will be charged for stadium entrance – All Tickets \$4 Gates open 30 minutes prior to the first field event.
- Please explain the location of the field events with your parents. Many of our field events can be viewed from outside of our stadium and will not require admission unless they want access to the stadium for the racing portion of the meet. Long lump, triple jump, discus, and shot are all in areas the best viewing points are from a chair right outside the stadium by the event as opposed to the bleachers in the stadium.
- Accepted Passes: THSCA, TGCA, THSADA, District 23 5A, District 24 5A. All passes are cardholder plus one

### **Parking / Team Entrance / Team Camps / Restrictions / Coaches Meeting**

- Buses will park at the LCISD Natatorium: 1011 Horace Mann Ave, Rosenberg, TX 77471
- Team Camps should be set up in the visiting bleachers.
- There will be a designated warm up area on the infield for runners.
- In shot put, discus, triple jump, and long jump there will 3 attempts in prelims. After 3 attempts the competitors (that have a legal throw or jump in the prelims) will be flighted reverse of the best performance for the 3 final attempts. The best mark from the prelims will carry over to the finals. (Rule 6, S2, A3 (throwing) Rule7, S2, A3)
- No tape is to be used on track surfaces, flat markers only.

- Coaches will confirm their relay contestants with Kevin Roberts at [keroberts@lcisd.org](mailto:keroberts@lcisd.org), Relay cards will be distributed at the coaches meeting and the starting leg of the relays will turn them into the starting clerk (not the hip number clerk).
- Hospitality for Coaches and workers will be provided in the Visitors Locker Room beginning at 6pm.
- Head Coaches meeting will be in the Visitors Locker room adjacent to the track at 4:15pm. That will cover field events and running.
- For Coaches that only have runners and no field event participants we will have another brief meeting at the finish line at 5:30pm to cover the running portion of the area meet. If you attend the first meeting you will not need to attend the second meeting, it will be the same information as it pertains to the running.

### Schedule Summary

2025 Area Track Meet District 21-5A and 22-5A Traylor Stadium Friday, April 11, 2025				
<b>Session 1</b>		5:00pm	<b>Running Event</b>	<b>Time</b>
Boys Shot			Girls 3200	6:00PM
Girls Discus			Boys 3200	Conclusion of Girls
Girls Pole Vault				
Boys High Jump			<b>Running Events</b>	<b>Time</b>
Girls Long Jump			4X100 Relay Girls	7:15PM
Boys Triple Jump			4X100 Relay Boys	
			800M Girls	7:25PM
			800M Boys	
<b>Session 2</b>		6:15pm	100M Hurdles Girls	7:40PM
Girls Shot			110M Hurdles Boys	
Boys Discus			100M Girls	7:55PM
Boys Pole Vault			100M Boys	
Girls High Jump			4X200M Relay Girls	8:05PM
Boys Long Jump			4X200M Relay Boys	
Girls Triple Jump			400M Girls	8:25PM
			400M Boys	
			300M Hurdles Girls	8:35PM
			300M Hurdles Boys	
			200M Girls	8:50PM
			200M Boys	
			1600M Girls	9:00PM
			1600M Boys	
		4X400M Relay Girls	9:20PM	
		4X400M Relay Boys		