



# CROSSROADS CONFERENCE CHAMPIONSHIPS 2025



**TUESDAY, MAY 6, 2025 - 4 PM • FRONTIER JUSTICE FIELD**

**1510 SW Jefferson Street • Lee's Summit, MO 64081**

*Barstow High School, Pembroke Hill High School, St. Michael the Archangel,  
Summit Christian Academy, University Academy, Van Horn High School*

- ENTRIES:** Deadline for entries is Monday, May 5 at 9:00 AM  
Entries may be edited up to Monday, May 5 at 8:00 PM  
[Crossroads Conference Championships 2025 2025 - Meet Information](#)
- ENTRY LIMITS:** 2 entries per running & field event; 1 entry per relay
- SCRATCHES:** At coaches meeting (3:30 PM - lower level press box); No additions
- STARTER:** Gary Hinton
- TIMER:** B&B Race KC: [Upcoming Events](#) | [B & B Race KC](#)
- HOST ATH. DIR:** Lance Quessenberry; [lquessenberry@sca-kc.org](mailto:lquessenberry@sca-kc.org)
- HOST HD COACH:** Kyle Miller; [kmiller@sca-kc.org](mailto:kmiller@sca-kc.org)
- SCORING:** 8-6-4-2-1
- AWARDS:** Top 3 for each event; 1st Place Team Plaque; Top 3 All-Conference
- SPIKES:** 1 / 4" Pyramid
- TEAM SET-UP:** West bleachers  
Tents welcome - please use west side of stadium outside of track fence

**CHALK MARKINGS ONLY ON TRACK & JUMPING SURFACES - NO TAPE**

## **FACILITIES** **(SEE MAP BELOW)**

- ADMISSION:** Adults \$5.00; School age students and Seniors \$3.00; Children under 5 are free
- CONCESSIONS:** Southwest corner of Field House
- RESTROOMS:** South side of Field House; **Please do not use locker room restrooms**

**PLEASE KEEP OUTSIDE GAME FIELD BARRIER OF THE INFIELD GRASS - THANK YOU!**

## ORDER OF EVENTS

[Each team should plan to provide one event worker for this meet according to XRC Bylaws]

**BULLPEN:** Southeast corner of track behind 100 Meter start line

**COACHES MEETING:** 3:30 PM Lower level press box

**EVENT WORKERS:** 3:45 PM Lower level press box

**FIELD EVENTS:** **All Finals**

3:30-3:55 PM Event locations open for warm-up

3:45 PM Pole Vault (G/B) - South end of football field inside track

4:00 PM Discus (G/B) - North of stadium outside fence

Javelin (G/B) - West of stadium through gate

Long Jump (G/B) - North end of football field inside track

High Jump (B/G) - South end of football field inside track

Shot Put (B/G) - NW corner of track

Triple Jump (B/G) - North end of football field inside track

Opening Heights and runway directions to be set at coaches meeting

**RUNNING EVENTS:**

**(Rolling Schedule)**

**(All Events to be G/B)**

**All Finals**

4:30 PM 4x800 M. Relay

100 M. IH

110 M. HH

100 M. Dash

4x200 M. Relay (1-3 = Red to Red; 4 = Yellow to Yellow)

1600 M. Run

4x100 M. Relay (All Yellow to Yellow)

400 M. Dash

300 M. LH / IH

800 M. Run

200 M. Dash

3200 M. Run

4x400 M. Relay (All Blue to Blue)

