



2025 Colfax Track Meet

Thursday, April 24th, 2025



Time: Coaches Meeting @ 3:15 PM -- Field Events @ 4:00 PM -- Running Events @ 4:45 PM

Contracted Schools: Bloomer, Boyceville, Butternut, Colfax, Drummond, EPC, Flambeau, Lac Courte Orielles, McDonell, Osseo-Fairchild, Washburn

Entry: Entries will be done online at wi.milesplit.com -- Entries will close at **noon** on Tuesday, April 22nd, 2025 -- Please visit the site well in advance so you have adequate time in the event of questions/problems.

School Entry Fee: Entry fees for this meet are \$150 per gender-\$300 total -- please make checks payable to Colfax High School or Colfax School District

Contact Information: Please contact Michael Hodel (Colfax High School Athletic Director - hodel@colfax.k12.wi.us) with any issues that may arise.

Entry Limits: 4 entries for running and field events with 2 relays allowed per school. Schools are also to follow WIAA guidelines in regards to event participation for each athlete (no more than 4 total events, no more than 3 of which may be either running or field events.)

Finals: Everything runs as a final.

Coaches Meeting: Only scratches will be allowed at the coaches meeting prior to the meet -- additions will not be accepted -- Pole Vault Verification Forms must be provided at this meeting in order to compete.

Heat Sheets: Heat sheets will be posted by 6:00 PM on Wednesday, April 23rd, 2025, at wi.milesplit.com.

Opening Heights (Pole Vault/High Jump): Opening heights will be determined after a review of the entrants for each event -- opening height information will be released to coaches at the coaches meeting.

Facility Information: 1/4" spikes are allowed for all running events, pole vault, high jump, and horizontal jump events -- No Christmas tree or pin spikes please -- Bathrooms are available immediately upon entering the track and field facility (south end of the track and field complex) --

spectators, team camps, coaches, and non-competing athletes are not allowed on the infield area at any time -- all throwing rings are concrete.

Timing: Fully Automatic Timing will be utilized with FinishLynx

Admission: \$4 for adults and \$3 for students, 6 and under are free.

Scoring: This meet will be scored 10, 8, 6, 5, 4, 3, 2, 1 for individual and relay events.

Clerking: Hip numbers for all running events need to be picked up at the staging area near the 100M dash start line after the 1st call for that event -- all races will be clerked near the 100M start line.

Results: Live results will be available at wi.milesplit.com.

Training: We will not have an athletic trainer.

Officials: Brian Arnold, James Porter and Joe Rapacz

Jury Of Appeals: James Porter, Joe Rapacz, Boy's Coach (Boyceville), Girl's Coach (Washburn) --
Alternates - Boy's Coach (Colfax)

Order of Events/Meet Schedule

Field Events (Starting @ 4:00 PM)

Pole Vault -1 pit each for boys and girls

High Jump - Girls First followed by Boys

Long Jump - Girls first, followed by boys -- 4 jumps

Triple Jump - Boys first, followed by girls -- 4 jumps

Shot Put - Girls first, followed by boys -- 3 throws, top 9 to finals

Discus - Boys first, followed by girls -- 3 throws, top 9 to finals

Running Events (Starting @ 4:45 PM)

All running events will have the girls race first, followed by the boys race!

3200M Relay

100M/110M Hurdles

100M Dash

100M Wheelchair

1600M Run

800M Relay-Exchange Zone 1 & 3-Boyceville/McDonell

400M Dash

400M Relay-Exchange Zone 1-Colfax/Washburn, 2- Drummond/Bloomer, 3-Osseo/EPC

300M Low/Intermediate Hurdles

800M Run

200M Dash

3200M Run

1600M Relay