

2025 ANTWERP JH INVITE

Here is the updated order of events with some changes:

4:30

Girls Long Jump
Girls Discus
Girls High Jump
Boys Pole Vault
Boys Shot Put
THEN SWITCH
Boys Long Jump
Boys Discus
Boys High Jump
Girls Pole Vault
Girls Shot put

4X800 WILL BE COMBINED (ONLY EVENT THAT WILL BE)

STARTING HEIGHTS:

BOYS PV-6'0

GIRLS PV-5'0

BOYS HJ-4'0

GIRLS HJ-3'10