

APS Pete Shockey MS City Championships

1. Meet to be held at Alamogordo High School on Tuesday April 22, 2025.
2. Register athletes no later than **Monday, April 21, 2025 by 12:00pm**. Please register through nm.milesplit.com
3. We use the label system. Please write the athletes' name, school, gender, and event on the label. They will need a label for each individual race and 1 label for the anchor of the relay.
4. In all running events, indicate his/her seed times for heat placement.
5. **Scratch Meet: 3:00 pm** – High School Concession Stand.
6. Running events have precedence over field events, but we ask that field event participants check in with the judge when a running event conflicts with the field event. *****PLEASE REPORT BACK TO FIELD EVENT AS SOON AS POSSIBLE.*****
7. Schools can enter more than one relay. However, only the fastest relay from each school will be scored.
8. **Athletes may enter four (4) events, but no more than three (3) may be running or field events.**
9. All long jump and triple jump participants will be allowed three (3) jumps.
10. All high jump participants will be allowed three (3) jumps at each height attempt.
11. All shot and discus participants will be allowed three (3) throws.
12. All jumping marks must be marked by 4 PM. If they are not marked by 4 PM, you will have to wait until the end of the event.
13. Scratch marks for field events.

Girls Shot	15 ft
Boys Shot	25 ft
Girls Discus	30 ft
Boys Discus	40 ft

Girls Long Jump	8'0"
Boys Long Jump	10'0"
Girls Triple Jump	No Mark
Boys Triple Jump	No Mark

STARTING HEIGHTS ARE AS FOLLOWS:

High Jump – Girls
3'10" 2" thereafter

High Jump – Boys
4'4" 2" thereafter

14. Scoring: Individual – 5-3-2-1
Relays – 5-3
15. No spikes longer than $\frac{1}{4}$ " will be permitted. Athletes will be disqualified from further participation in the meet for wearing longer spikes or abusing the track or runways in any way. **Takeoff marks for relays should be marked with tennis balls and not scratched into the track.**
16. To avoid congestion on the infield, the following rules have been established:
 - (a) Participant will enter the infield **only** after the first call for his/her event.
 - (b) Coaches will be allowed on the field.
 - (c) Each team will be allowed only two (2) managers on the field.
 - (d) Athletes should remain in the stands unless they are preparing for an event.
NO CAMPS ON THE FIELD.
17. **No** speakers will be allowed to be played in the stands during the meet.
18. **No** athlete will be permitted in the bleachers with spikes on.

**APS City Championships
Track Meet Schedule
April 22, 2025**

Scratch Meet: 3:00

Running Events: 1st Call 4:00pm

4:15pm	1600 Meter Run (Girls & Boys)
	400 Meter Relay (Girls & Boys)
	100 Meter Hurdles (Girls)
	110 Meter Hurdles (Boys)
	100 Meter Dash (Girls & Boys)
	800 Meter Run (Girls & Boys)
	800 Meter Relay (Girls & Boys)
	400 Meter Dash (Girls & Boys)
	300 Meter Hurdles (Girls & Boys)
	1600 Meter Medley Relay (Girls & Boys)
	200 Meter Dash (Girls & Boys)
	1600 Meter Relay (Girls & Boys)
	400m Weight Men/Women Relay (NO POINTS)

Field Events:

High Jump:	4:15pm (Girls)
	5:00pm (Boys) or immediately following Girls High Jump
Shot Put:	4:15pm (Boys)
	5:00pm (Girls) or immediately following Boys Shot Put and Girls Discus
Discus:	4:15pm (Girls)
	5:00pm (Boys) or immediately following Girls Discus and Boys Shot Put
Long Jump:	4:15pm (Boys)
	5:00pm (Girls) or immediately following Girls Triple Jump
Triple Jump:	4:15pm (Girls)
	5:00pm (Boys) or immediately following Boys Long Jump